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Anders Grubb, Ulf Nyman & Jonas Björk

To cite this article: Anders Grubb, Ulf Nyman & Jonas Björk (2012) Improved estimation of glomerular filtration rate (GFR) by comparison of $eGFR_{\text{cystatin C}}$ and $eGFR_{\text{creatinine}}$, Scandinavian Journal of Clinical and Laboratory Investigation, 72:1, 73-77, DOI: [10.3109/00365513.2011.634023](https://doi.org/10.3109/00365513.2011.634023)

To link to this article: <https://doi.org/10.3109/00365513.2011.634023>



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Published online: 28 Nov 2011.



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ORIGINAL ARTICLE

Improved estimation of glomerular filtration rate (GFR) by comparison of $\text{eGFR}_{\text{cystatin C}}$ and $\text{eGFR}_{\text{creatinine}}$ ANDERS GRUBB¹, ULF NYMAN² & JONAS BJÖRK³¹Department of Clinical Chemistry, Lund University Hospital, Lund, Sweden, ²Department of Radiology, University of Lund, Lasarettet Trelleborg, Trelleborg, Sweden, and ³Competence Centre for Clinical Research, Lund University Hospital, Lund, Sweden**Abstract**

Objective. GFR-prediction equations based upon cystatin C and creatinine have better diagnostic performance in estimating GFR than equations based upon only one of the two markers. The present work concerns in what way a comparison between separate estimations of GFR based upon cystatin C ($\text{eGFR}_{\text{cystatin C}}$) or creatinine ($\text{eGFR}_{\text{creatinine}}$) can be used to evaluate the diagnostic performance of a combined cystatin C- and creatinine-based estimation of GFR. **Methods.** The difference between $\text{eGFR}_{\text{cystatin C}}$ and $\text{eGFR}_{\text{creatinine}}$ was compared with measured GFR (iohexol clearance) and a combined cystatin C- and creatinine-based estimation of GFR in a Swedish-Caucasian cohort of 857 adult patients. **Results.** A difference between $\text{eGFR}_{\text{cystatin C}}$ and $\text{eGFR}_{\text{creatinine}}$ of $\geq 40\%$ indicated a markedly reduced diagnostic performance of the combined cystatin C- and creatinine-based estimation of GFR. **Conclusion.** Comparison of the agreement between $\text{eGFR}_{\text{cystatin C}}$ and $\text{eGFR}_{\text{creatinine}}$ can be used to evaluate the diagnostic performance of combined cystatin C- and creatinine-based estimations of GFR. If 'threshold values' for discordance are exceeded, it must be considered whether the clinical context requires the use of an invasive gold standard method to measure GFR. In some clinical contexts either creatinine or cystatin C are known to be invalidated as markers of GFR and in these situations the use of only the cystatin C- or the creatinine-based GFR estimate should be considered when the 'threshold values' are exceeded.

Key Words: Kidney function, immunoassays, kidney diseases, cystatin C, creatinine

Introduction

GFR-prediction equations based upon cystatin C ($\text{eGFR}_{\text{cystatin C}}$) or creatinine ($\text{eGFR}_{\text{creatinine}}$) may produce estimated GFR-values, of which 80–85% are within $\pm 30\%$ of GFR measured by invasive gold standard methods. However, the highest percentages of estimated GFR-values within $\pm 30\%$ of measured GFR are obtained using GFR-prediction equations based upon both cystatin C and creatinine ($\text{eGFR}_{\text{cystatin C} + \text{creatinine}}$) [1–9]. The performance of $\text{eGFR}_{\text{creatinine}}$ is reduced *inter alia* if a patient has an abnormally low or high muscle mass, recently ingested boiled meat or is treated with a drug that influences the tubular secretion of creatinine. The performance of $\text{eGFR}_{\text{cystatin C}}$ is reduced *inter alia* if a patient is treated with large doses of

glucocorticoids. In such clinical situations the diagnostic performance of a GFR-prediction equation based upon both cystatin C and creatinine may be inferior to those equations based upon only one of the GFR-markers [1]. See also www.egfr.se. However, such situations may not always be recognized by those ordering a GFR-estimate or by the laboratory performing the tests. It has therefore been suggested that a comparison between separate estimations of GFR based upon cystatin C or creatinine can be used to evaluate the diagnostic performance of a combined cystatin C- and creatinine-based estimation of GFR [1]. The present work concerns the relation between the agreement between $\text{eGFR}_{\text{cystatin C}}$ and $\text{eGFR}_{\text{creatinine}}$ and the diagnostic performance of $\text{eGFR}_{\text{cystatin C} + \text{creatinine}}$.

Correspondence: Anders Grubb, MD, PhD, Department of Clinical Chemistry, Lund University Hospital, SE 221 85 Lund, Sweden. Tel: + 46 46 173964. E-mail: anders.grubb@med.lu.se

(Received 30 June 2011; accepted 18 October 2011)

Material and methods

The patient population studied was identical to the one previously used to analyse various equations to combine creatinine and cystatin C to predict GFR [8]. It consisted of adult patients (Swedish-Caucasians ≥ 18 years) consecutively referred to the Departments of Clinical Chemistry, University Hospitals of Lund and Malmö for determination of GFR by iothexol clearance. Simultaneous measurements of plasma creatinine, plasma cystatin C, weight and height were performed and age and gender recorded.

The Lund population consisted of 451 patients (225 females) and the Malmö population of 425 patients of whom 19 patients were excluded because of missing plasma creatinine values ($n = 6$), missing plasma cystatin C values ($n = 8$) or technical assay errors ($n = 5$) leaving 406 subjects in the Malmö cohort. All procedures involving subjects and data were in accordance with the Helsinki Declaration of 1975 concerning ethical principles for medical research involving human subjects.

The characteristics of the two cohorts and the combined set ($n = 857$) are shown in Table I and included 12 patients with neurological diseases and secondary muscular atrophy. Common indications for referral were diagnosis and follow-up of chronic kidney disease, evaluation of renal function prior to dosage of drugs cleared by the kidneys, evaluation of potential renal donors, follow-up of unilaterally nephrectomized patients, pre-operative evaluation of patients with hyperparathyroidism and control of renal transplants ($n = 44$).

Determination of iothexol clearance

Five mL of iothexol (Omnipaque 300 mg iodine/mL, GE Healthcare, Oslo, Norway) were administered intravenously in an antecubital vein. Iothexol clearance (referred to as 'measured GFR') was calculated from plasma clearance of a single plasma sample of iothexol [10] drawn at varying times, normally 4 hours after injection, according to expected GFR as determined by plasma creatinine concentration

and anthropometric data. The exact time of administration and blood sampling were documented by a specialist nurse. Plasma iothexol concentrations were determined by high-pressure liquid chromatography with a total analytical variation of 2–4% (coefficient of variation, CV%) at the range of iothexol concentrations normally encountered during the study [11]. The Dubois formula was used to adjust the measured GFR values to 1.73 m² body surface area [12].

Determination of plasma creatinine

Plasma concentrations of creatinine were determined at Lund University Hospital by an enzymatic colorimetric assay on a Hitachi Modular P analyzer (Roche Diagnostics, Mannheim, Germany) and with a calibrator traceable to primary reference material with values assigned by isotope dilution mass spectrometry (IDMS) [13]. At Malmö University Hospital a modified Jaffe colorimetric method was used on a Beckman LX20 analyzer (Beckman Coulter, Inc., Fullerton, CA, USA) employing zero-point calibration and a calibrator traceable to primary reference material with values assigned by IDMS [14,15]. Total analytical variation (CV%) of the enzymatic method in Lund was 1.4–3.0% at concentrations of creatinine between 60 and 578 $\mu\text{mol/L}$ and 2.2–2.8% at concentrations between 53 and 631 $\mu\text{mol/L}$ for the Jaffe method in Malmö.

Determination of plasma cystatin C

Plasma cystatin C levels were determined by an automated particle-enhanced immunoturbidimetric method [16] using a Hitachi Modular P analysis system, reagents (code Nos LX002, S2361, X0973, X0974) obtained from DakoCytomation (Glostrup, Denmark) and following the procedure recommended by the reagent producer. The procedure had a total coefficient of variation of 2.1% at a cystatin C level of 1.0 mg/L and of 1.7% at a level of 4.0 mg/L. All samples were analysed within one day after collection or frozen at -20°C until analysed.

Table I. Demographic and anthropometric patient characteristics, plasma creatinine, plasma cystatin C, and iothexol clearance given as median values (2.5 and 97.5 percentiles) in the Lund and Malmö cohorts as well as in the combined set.

Parameters	Lund ($n = 451$)	Malmö ($n = 406$)	Combined ($n = 857$)
Age (years)	58 (24–83)	61 (26–85)	59 (26–85)
Females	225 (50%)	152 (37%)	377 (44%)
Total body weight (kg)	73 (46–115)	78 (49–111)	75 (48–112)
Height (cm)	170 (151–189)	173 (152–190)	171 (152–189)
Body surface area (m ²)	1.83 (1.45–2.31)	1.92 (1.49–2.33)	1.88 (1.46–2.31)
Body mass index (kg/m ²)	25 (18–39)	26 (18–38)	25 (18–38)
Plasma creatinine ($\mu\text{mol/L}$)	92 (39–400)	136 (54–623)	106 (44–545)
Cystatin C (mg/L)	1.18 (0.79–3.07)	1.53 (0.85–4.06)	1.30 (0.81–3.82)
Iothexol clearance (mL/min per 1.73 m ²)	63 (11–124)	42 (8–115)	55 (9–121)

Prediction equations

The Lund-Malmö creatinine-based equation (eGFR_{creatinine}) with age and gender [17] and the Grubb cystatin C-based equation (eGFR_{cystatin C}) based on adults and including gender [2] were selected for the present analysis. Plasma creatinine (pCr) is expressed in $\mu\text{mol/L}$, plasma cystatin C (pCy) in mg/L , age in years and \ln denotes the natural logarithm. Both equations express relative GFR in mL/min per 1.73 m^2 body surface area.

Lund-Malmö creatinine equation (eGFR_{creatinine})

$$\text{GFR} = e^{X - 0.0124 \times \text{age} + 0.339 \times \ln(\text{age}) - 0.226} \text{ (if female)}$$

$$X = 4.62 - 0.0112 \times \text{pCr} \text{ (if pCr} < 150 \mu\text{mol/L)}$$

$$X = 8.17 + 0.0005 \times \text{pCr} - 1.07 \times \ln(\text{pCr}) \text{ (if pCr} \geq 150 \mu\text{mol/L)}$$

Grubb cystatin C equation (eGFR_{cystatin C})

$$\text{GFR} = 86.49 \times \text{pCy}^{-1.686} \times 0.948 \text{ (if female),}$$

equivalent with

$$\text{GFR} = e^{4.46 - 1.686 \times \ln(\text{pCy}) - 0.053} \text{ (if female)}$$

GFR estimates from the combined use of the two analytes (eGFR_{cystatin C + creatinine}) were based on the arithmetic mean of eGFR_{cystatin C} and eGFR_{creatinine}, which has proved as accurate as more complex equations [8].

Statistical evaluation

All statistical analyses were conducted using SPSS release 18.0.1. (SPSS Inc, Chicago, USA). In the statistical testing we regarded p -values in the order of 0.05 as moderate evidence against the null hypothesis, whereas p -values in the order of 0.001 or below were regarded as strong evidence against the null hypothesis [18]. The present study focused on the accuracy of the arithmetic mean of eGFR_{cystatin C} and eGFR_{creatinine}, denoted eGFR_{cystatin C + creatinine}, in relation to the agreement between eGFR_{cystatin C} and eGFR_{creatinine}. The accuracy of eGFR_{cystatin C + creatinine} was reflected by the absolute percentage error:

$|\text{eGFR}_{\text{cystatin C} + \text{creatinine}} - \text{measured GFR}| / \text{measured GFR}$, and summarized as the percentage of estimates within 30% (P_{30}) and 10% (P_{10}) of measured GFR [19]. The agreement was reflected by the difference%, i.e. the absolute difference $|\text{eGFR}_{\text{cystatin C}} - \text{eGFR}_{\text{creatinine}}|$ expressed in percent relative to the arithmetic mean eGFR_{cystatin C + creatinine}.

The following analyses were made:

- (1) Pearson's and Spearman's correlation coefficients (denoted r and r_s) were used to evaluate the overall association between

accuracy (absolute percentage error) and agreement (difference%).

- (2) The accuracy categorized as P_{30} and P_{10} was evaluated in relation to agreement (difference%) rounded to nearest integer and then categorized as $< 10\%$, $10\text{--}19\%$, $20\text{--}29\%$, $30\text{--}39\%$ and $\geq 40\%$ difference. Fisher's exact test was used to evaluate differences in P_{30} and P_{10} across categories of agreement.
- (3) Measured GFR is related to both accuracy and agreement and may thus confound the association between agreement and accuracy. To account for such confounding we modelled accuracy, i.e. P_{30} and P_{10} , respectively, using logistic regression with measured GFR and difference% as continuous covariates.
- (4) We calculated an 'improvement index', defined as the proportion of all GFR estimates for which eGFR_{cystatin C + creatinine}, but not both eGFR_{cystatin C} and eGFR_{creatinine}, were inaccurate according to P_{30} and P_{10} , respectively. This index represents the upper limit of the improvement in accuracy that could be obtained if the most accurate eGFR (i.e. eGFR_{cystatin C + creatinine}, eGFR_{cystatin C} or eGFR_{creatinine}) was consistently applied for each patient. Note that the sum of, e.g. P_{30} and the corresponding improvement index for P_{30} can never exceed 100%.
- (5) The improvement index depends on the accuracy, i.e. the potential for improvement is higher when accuracy is low. To account for such confounding in the association between agreement and the improvement index, we modelled the improvement index using logistic regression with inaccuracy (absolute percentage error) and difference% as continuous covariates.

Results

The overall association between difference% and absolute percentage error was not consistent ($r = 0.13$, $p < 0.001$ but $r_s = 0.05$, $p = 0.12$), however, P_{30} was clearly decreased for differences between eGFR_{cystatin C} and eGFR_{creatinine} exceeding a 'threshold value' of 40% (Table II; $p = 0.02$ when comparing P_{30} for $30\text{--}39\%$ and $\geq 40\%$ difference). The dip in accuracy when expressed as P_{10} seemed to occur already at $30\text{--}39\%$ difference, but the statistical evidence for this dip was weak ($p = 0.09$ when comparing P_{10} for $20\text{--}29\%$ and $30\text{--}39\%$ difference). Measured GFR was noticeably lower for differences exceeding 40%, but the suggested inverse association between difference% and P_{30} remained clear when measured GFR was adjusted for using logistic regression ($p = 0.001$), whereas the association between difference% and P_{10} remained weaker ($p = 0.05$).

Table II. Accuracy of $eGFR_{cystatin\ C + creatinine}$, the arithmetic mean of $eGFR_{cystatin\ C}$ and $eGFR_{creatinine}$, calculated as the percentage of estimates within 30% (P_{30}) and 10% (P_{10}) of measured GFR in relation to the difference% between $eGFR_{cystatin\ C}$ and $eGFR_{creatinine}$, defined as $|eGFR_{cystatin\ C} - eGFR_{creatinine}| / eGFR_{cystatin\ C + creatinine}$. The improvement index, defined as the proportion of all GFR estimates where $eGFR_{cystatin\ C + creatinine}$, but not both $eGFR_{cystatin\ C}$ and $eGFR_{creatinine}$, were inaccurate within 30% and 10% of measured GFR, is also presented.

Difference %	Median measured GFR (mL/min per 1.73 m ²)	Accuracy (%)		Improvement index (%)	
		30%	10%	30%	10%
< 10 ($n = 220$)	59	90.0	43.6	1.8	8.2
10–19 ($n = 200$)	59	91.5	48.5	2.5	25.0
20–29 ($n = 175$)	61	94.3	45.1	5.7	39.4
30–39 ($n = 120$)	54	90.0	35.0	8.3	52.5
≥ 40 ($n = 142$)	39	79.6	40.8	18.3	30.3
Total ($n = 857$)	55	89.5	43.4	6.4	28.4

The improvement index generally suggested higher potential for improvement in accuracy when the difference between $eGFR_{cystatin\ C}$ and $eGFR_{creatinine}$ was considerable (Table II). This association between the agreement (difference%) and the potential for improvement in accuracy remained evident when differences in accuracy across levels of agreement were adjusted for using logistic regression ($p < 0.001$ both for improvement in P_{30} and in P_{10}).

Discussion

The diagnostic performance of $eGFR_{creatinine}$ is reduced *inter alia* if a patient has an abnormally low or high muscle mass, recently ingested boiled meat or is treated with a drug that influences the tubular secretion of creatinine. In these clinical contexts the diagnostic performance of $eGFR_{cystatin\ C}$ is generally unaltered. However, the performance of $eGFR_{cystatin\ C}$ is impaired if a patient is treated with large doses of glucocorticoids and in this situation the performance of $eGFR_{creatinine}$ is still acceptable. Although GFR-prediction equations based upon both cystatin C and creatinine ($eGFR_{cystatin\ C + creatinine}$) generally are superior to GFR-prediction equations based upon either cystatin C ($eGFR_{cystatin\ C}$) or creatinine ($eGFR_{creatinine}$) this may not be the case in these specific clinical contexts. Although these contexts may be easily recognized in some cases, they will not invariably be recognized. There may also be additional, not yet identified, clinical contexts invalidating either cystatin C or creatinine as useful markers for GFR. Comparing $eGFR_{cystatin\ C}$ and $eGFR_{creatinine}$ might be helpful to identify both known and unknown causes when neither cystatin C nor creatinine are suitable as a marker for GFR [1]. To be able to efficiently use such a comparison, it must be known when the discordance between $eGFR_{cystatin\ C}$ and $eGFR_{creatinine}$ is large enough to indicate such a condition. The present study based upon measured GFR and $eGFR_{cystatin\ C}$ and $eGFR_{creatinine}$ in a patient cohort of 857 Swedish-Caucasian adult patients indicates that if

the discordance is 40% or more, the diagnostic performance of $eGFR_{cystatin\ C + creatinine}$ is markedly reduced. Such discordance should initiate a more careful evaluation of the clinical context to disclose conditions invalidating either creatinine or cystatin C as a GFR marker. If such conditions are identified, GFR might be best estimated using a prediction equation based upon only the non-invalidated marker. If such conditions are not identified, it should be realized that the estimation of GFR is unreliable and that an invasive, gold standard, measurement of GFR might be required.

It should be realized, that the discordance value, the 'threshold value', indicating requirement of a further evaluation of the clinical context to improve estimation of GFR, as presented in this work, is influenced by the actual patient cohort and by the equations used for estimating GFR, i.e. $eGFR_{cystatin\ C}$, $eGFR_{creatinine}$ and $eGFR_{cystatin\ C + creatinine}$. For other patient cohorts might contain proportionally more, or fewer patients, with conditions invalidating either cystatin C or creatinine as a GFR marker. The more patients with such conditions in the cohort, the greater the potential for improvement of $eGFR$ by comparison of $eGFR_{cystatin\ C}$ and $eGFR_{creatinine}$. The equations for $eGFR_{cystatin\ C}$, $eGFR_{creatinine}$ and $eGFR_{cystatin\ C + creatinine}$ will also influence the 'threshold value' by being more or less sensitive for patient characteristics reducing the value of creatinine and cystatin C as markers for GFR.

It is possible to calculate an 'improvement index', defined as the proportion of all GFR estimates for which $eGFR_{cystatin\ C + creatinine}$, but not both $eGFR_{cystatin\ C}$ and $eGFR_{creatinine}$, are inaccurate according to P_{30} or P_{10} . This index will represent the upper limit of improvement in accuracy that could be obtained, if the most accurate $eGFR$ (i.e. $eGFR_{cystatin\ C + creatinine}$, $eGFR_{cystatin\ C}$ or $eGFR_{creatinine}$) was consistently applied. In the present study the improvement index was 18.3 % for a discordance threshold of $\geq 40\%$, which means that if an accurate evaluation of the relevant clinical conditions could be performed for each patient the P_{30} -value of 79.6% for $eGFR_{cystatin\ C + creatinine}$ would

theoretically increase to $79.6 + 18.3 = 97.9\%$. This 'improvement index' will, exactly like the 'threshold value' of discordance, also be influenced by the actual patient cohort and by the equations used for $eGFR$, i.e. $eGFR_{cystatin\ C}$, $eGFR_{creatinine}$ and $eGFR_{cystatin\ C + creatinine}$ and for the same reasons.

Acknowledgements

The investigation was supported by grants from the Swedish Science Research Council (Project No. 5196) from the Alfred Österlund Foundation, Greta and Johan Kock Foundation, Medical Faculty of the University of Lund and from Region Skåne.

Declaration of interest: The authors have no conflicts of interest. The authors alone are responsible for the content and writing of the paper.

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