



## Meeting Report

Nina L. Etkin

To cite this article: Nina L. Etkin (2002) Meeting Report, Pharmaceutical Biology, 40:1, 80-80, DOI: [10.1076/phbi.40.1.80.5860](https://doi.org/10.1076/phbi.40.1.80.5860)

To link to this article: <https://doi.org/10.1076/phbi.40.1.80.5860>



Published online: 29 Sep 2008.



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An International Symposium on *Lycium* species convened 6–9 August 2001, in Ningxia PR China. The Chair of the Scientific Program, Professor Xiao Peigen, was assisted by Vice Chairs Professors Jan Bruhn (Sweden), Nina Etkin (USA) (all three, former Presidents of the International Society for Ethnopharmacology), H. Wagner (Germany), Tsuneo Namba (Japan), and Cherl-Ho Lee (Korea). Twenty-three researchers discussed the healthful properties of Ningxia wolfberry (*Lycium barbarum* L.) and related species, highlighting pharmacologic and clinical evidence for immune-stimulating, anti-inflammatory, eyesight-improving, and other ‘anti-aging’ actions. Conference participants were further instructed in new achievements in *Lycium* research and anti-aging Chinese medicine products through demonstrations at

the *Lycium* plantations and germ-plasm resource nursery [Ningxia Academy of Agriculture & Forestry Sciences (NAAFS) Research Institute] and the Ningxia Government Lycium Products Exhibition. The symposium was sponsored by The People’s Government of Ningxia Hui Autonomous Region, and organized by Peng Yong in conjunction with NAAFS, and the Shanghai Industrial Investment Company. *Lycium* products are an example of province-level development of indigenous resources with potential for both national and international investment and global distribution.

Nina L. Etkin  
Honolulu