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#### **RESEARCH ARTICLE**

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# Circ 0035796 depletion inhibits transforming growth factor-B1-induced pulmonary fibrosis in a miR-150-5p/L1CAM-dependent manner

Juan Li, Xiaohong Chen, Baohong Zhang and Chenlu Wang

Department of Clinical Laboratory, Beijing Friendship Hospital, Capital Medical University, Beijing City, P.R. China

#### ABSTRACT

Background: The pathogenesis of pulmonary fibrosis is not fully understood. Previous work has demonstrated the important role of circular RNA (circRNA) in pulmonary fibrosis development. This study aims to analyse the role of circ\_0035796 in pulmonary fibrosis and the underlying mechanism.

Methods: Human foetal lung fibroblast 1 (HFL1) cells were treated with transforming growth factor-β1 (TGF-β1) to mimic a pulmonary fibrosis cell model. The expression of circ\_0035796, microRNA-150-5p (miR-150-5p) and L1 cell adhesion molecule (L1CAM) was determined by quantitative real-time polymerase chain reaction (gRT-PCR). The protein expression of L1CAM, collagen I and fibronectin was detected by Western blot. Cell viability was analysed by CCK-8 assay. Cell proliferation, invasion and migration were investigated by 5-Ethynyl-2'-deoxyuridine (EdU) assay, transwell invasion assay and wound-healing assay, respectively. The secretion of interleukin-6 (IL-6) and tumour necrosis factor- $\alpha$ (TNF-a) was analysed by Enzyme-linked immunosorbent assay (ELISA). Oxidative stress was assessed by detecting Superoxide Dismutase (SOD) activity and Malondialdehyde (MDA) level using commercial kits. The association of miR-150-5p with circ\_0035796 and L1CAM was identified by dual-luciferase reporter assay, RNA pull-down assay and RNA immunoprecipitation (RIP) assay.

Results: Circ\_0035796 and L1CAM expression were dramatically upregulated, while miR-150-5p expression was downregulated in TGF-β1-treated HFL1 cells. TGF-β1 treatment induced cell proliferation, migration, invasion, IL-6 and TNF-a secretion, and oxidative stress, whereas circ 0035796 depletion relieved these effects. In addition, circ\_0035796 acted as a sponge of miR-150-5p and miR-150-5p combined with L1CAM. Moreover, miR-150-5p depletion attenuated circ\_0035796 knockdown-mediated effects in TGF-B1-exposed HFL1 cells. The regulation of miR-150-5p on TGF-B1-induced fibroblast activation involved the downregulation of L1CAM. Further, circ 0035796 modulated L1CAM expression by interacting with miR-150-5p in TGF- $\beta$ 1-exposed HFL1 cells.

**Conclusion:** Circ\_0035796 knockdown ameliorates TGF-B1-induced pulmonary fibrosis through the miR-150-5p/L1CAM axis in vitro.

#### **ARTICLE HISTORY**

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# **KEYWORDS**

Pulmonary fibrosis; circ\_0035796; miR-150-5p; L1CAM

# 1. Introduction

Pulmonary fibrosis is a chronic lung disease, featured by inappropriate scar tissue formation and persistent alveolar epithelial injury in the lung [1]. The potential triggers of pulmonary fibrosis include inhaled toxic material, smoking, infection, ionising radiation, and chemotherapy [2]. The pathogenesis of the disease involves abnormal tissue remodelling, immune response, cell apoptosis, coagulation, fibroblast-to-myofibroblast transition and extracellular matrix (ECM) deposition [3,4]. In terms of mechanism, the dysregulation of profibrotic and antifibrotic mediators, such as transforming growth factor- $\beta$  (TGF- $\beta$ ), leads to defective regeneration as well as aberrant remodelling, finally resulting in the occurrence of pulmonary fibrosis [4]. Thus, investigation of the detailed mechanism of pulmonary fibrosis may provide more effective therapeutic options for the disease.

CircRNA is a special endogenous RNA and has no 5'-3' polarity, showing dynamic expression patterns in various diseases [5]. The unique circular structure of circRNAs endows a stable status to this kind of RNA in cells [6]. Most circRNAs are expressed in the cytoplasm and have many miRNA response elements, therefore competitively binding to microRNA (miRNA) [7]. Currently, the endogenous competitive roles of circRNAs to miRNAs have been widely reported in multiple diseases, including pulmonary fibrosis [7,8]. A recent study showed that circHIPK3 increased glycolysis through miR-30a-3p, thus facilitating fibroblast activation [9]. Circ 0044226 depletion repressed pulmonary fibrosis development through the regulation of cell differentiation cyclin 27 (CDC27) [10]. Another circRNA,

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CONTACT Chenlu Wang 🖾 juanzi3322@163.com 🖻 Department of Clinical Laboratory, Beijing Friendship Hospital, Capital Medical University, No.95 Yong'an Road, Xicheng District, Beijing, 101102, China.

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circ\_0035796, is significantly upregulated in pulmonary fibrosis patients, as determined by hierarchical clustering according to its fold change in the pulmonary fibrosis group and the normal group [11]. However, whether the pathogenesis of pulmonary fibrosis involves circ\_0035796 remains unknown.

MiRNA emerges as a small RNA and regulates gene expression through transcript degradation and/or translation repression during different biological processes [12]. Considerable research demonstrates that miRNAs affect the development of different diseases, such as pulmonary and cardiovascular diseases [13,14]. Some miRNAs like miR-21 [15] and miR-410 [16] are abnormally expressed in fibrotic conditions and may participate in fibrotic activation. MiR-150-5p is an extensively studied miRNA and plays important role in the occurrence of pulmonary diseases [17,18]. Through prediction of the starbase database, we found that circ\_0035796 potentially bound to miR-150-5p. Given that fibroblast-to-myofibroblast transition involved miR-150-5p [19], we hypothesised that the regulation of circ 0035796 towards pulmonary fibrosis development involved miR-150-5p, while no investigator performed the study on the role of the circ\_0035796/miR-150-5p axis in pulmonary fibrosis.

Thus, in this study, we analysed the role of circ\_0035796 in the pulmonary fibrosis process including cell proliferation, invasion, migration, inflammation and oxidative stress using TGF- $\beta$ 1-induced human foetal lung fibroblast 1 (HFL1) cells and determined whether circ\_0035796 regulated pulmonary fibrosis process by targeting miR-150-5p and regulating L1 cell adhesion molecule (L1CAM).

# 2. Materials and methods

### 2.1. Cell culture and treatment

HFL1 cells were purchased from Y-J Biotechnology Co., Ltd. (Shanghai, China) and cultured in RPMI-1640 (Biosun, Shanghai, China) plus 10% foetal bovine serum and 1% penicillin/streptomycin at 37 °C with 5% CO<sub>2</sub>. To generate a pulmonary fibrosis cell model, HFL1 cells were induced using 6 ng/mL TGF- $\beta$ 1 (Thermo Fisher, Waltham, MA, USA) for 48h. The cells treated with the same amount of RPMI-1640 served as controls.

# 2.2. Cell transfection

Songon Biotech (Shanghai, China) provided the small interfering RNAs of circ\_0035796 (si-circ\_0035796, 5'-GCATC ACTATCAGATATCAGA-3') and L1CAM (si-L1CAM,5' -CATCTACCGCTGCTTTGCCAGCAAT-3'), the mimics of miR-150-5p (5'-UCUCCCAACCCUUGUACCAGUG-3'), the inhibitors of miR-150-5p (anti-miR-150-5p, 5'-CACUGG UACAAGGGUUGGGAGA-3'), and the matched controls (si-NC, si-con, miR-NC, and anti-miR-NC). L1CAM overexpression plasmid was achieved by introducing the coding sequence of L1CAM into the pcDNA 3.1 vector. Based on the manufacturer's direction of FuGENE6 (Roche, Basel, Switzerland), HFL1 cells were seeded in 12-well plates and cultured for 12-18h, followed by transfection for 48h.

# 2.3. Quantitative real-time polymerase chain reaction (qRT-PCR)

We separated nuclear/cytoplasmic fractionations of HFL1 cells using ARIS Kit (Thermo Fisher). Total RNA was isolated using RNAprep Pure Tissue reagents (Tiangen, Beijing, China). For RNase R treatment assay,  $2\mu$ g RNA isolated from HFL1 cells was incubated with RNase R (Geneseed, Guangzhou, China) for 20 min. Reverse transcription reaction was conducted using FastKing RT Kit (Tiangen) and a specific miRNA synthesis kit (Thermo Fisher) as per the guidebooks. Subsequently, SYBR Green Mix (Tiangen) was used for qRT-PCR analysis. Data were processed by the  $2^{-\Delta\Delta Ct}$  method with the normalisation to U6 or GAPDH. Primer sequences are listed in Table 1. Random primers and oligo(dT)18 primers were used to identify the circular characteristic of circRNA.

# 2.4. Cell counting kit-8 (CCK-8) assay

HFL1 cells were seeded in 96-well plates overnight and treated with various reagents, followed by culturing for 48 h. Then, CCK-8 reagent (Beyotime, Shanghai, China) was used to culture the cells, lasting 3 h. Finally, microplate reader (REAGEN, Shenzhen, China) was utilised to detect samples.

### 2.5. 5-Ethynyl-2'-deoxyuridine assay

After 48h of treatment, plates were added with 5-Ethynyl-2'-deoxyuridine (EdU) labelling RPMI-1640 and further incubated for 2h at 37°C according to the guidebook of EdU detection reagents (Ribobio, Guangzhou, China). Subsequently, the cells were incubated with Triton X-100, paraformaldehyde and anti-EdU working solution. Finally, EdU-positive cells were determined under fluorescent microscopy.

### 2.6. Transwell invasion assay

In terms of cell invasion analysis, we employed 24-well transwell compartments, which were coated with Matrigel (Qcbio science, Shanghai, China) in advance. HFL1 cells suspended in serum-free RPMI-1640 were added into the

 Table 1. Primer sequences for qRT-PCR.

-	-	
Name		Primers for qRT-PCR (5'-3')
hsa_circ_0035796	Forward	TGGCCGATTGCATCACTAT
	Reverse	TGTTCCCGTTCCTCCTCTT
L1CAM	Forward	GTGTGGCCTCTCCTCCTCT
	Reverse	GTGGCTCCATCACATGGTGT
miR-150-5p	Forward	GTATGAGTCTCCCAACCCTTGTAC
	Reverse	CTCAACTGGTGTCGTGGAG
GAPDH	Forward	AGAAGGCTGGGGCTCATTTG
	Reverse	AGGGGCCATCCACAGTCTTC
U6	Forward	CGCTTCACGAATTTGCGTGTCAT
	Reverse	GCTTCGGCAGCACATATACTAAAAT

upper chambers. After a 24-h incubation, HFL1 cells on the upper chambers were removed, and methanol was added to the lower membrane surface. Finally, a microscope was used for cell counting.

#### 2.7. Wound-healing assay

After various treatments,  $5 \times 10^5$  HFL1 cells were seeded in each well of 6-well plates and cultured to 30–50% confluence. Then, the production of confluent cellular monolayer was conducted using 10µL pipette tips. These cells were cultured with RPMI-1640 plus 1% foetal bovine serum. Twenty-four hours later, a microscope was used to capture images.

#### 2.8. Western blot analysis

Total proteins from HFL1 cells were extracted following the users' instructions for RIPA lysis buffer (Beyotime). 20 µg protein, as determined using NanoDrop 2000 spectrophotometer (Thermo Fisher), was separated by polyacrylamide gels. Membranes were blocked with defatted dry milk prior to incubating with primary antibodies targeting collagen I (Cat#PA1-26204; 1:1000; Thermo Fisher), fibronectin (Cat#PA1-23693; 1:1000; Thermo Fisher), L1CAM (Cat#PA5-85876; 1:1000; Thermo Fisher), and GAPDH (Cat#437000; 1:500; Thermo Fisher). Then, the membranes were probed with secondary antibodies (Thermo Fisher) and immediately imaged using BioSpectrum Imaging System. Protein expression was analysed using Image J software with normalisation to GAPDH.

#### 2.9. Enzyme-linked immunosorbent assay

The levels of interleukin-6 (IL-6) and TNF- $\alpha$  in HFL1 cell supernatant after appropriate transfections and/or treatments were assessed with commercial Enzyme-linked immunosorbent assay (ELISA) kits (Beyotime) referring to the guidebooks. Microplate reader (REAGEN) was used to detect these samples.

# 2.10. Determination of malondialdehyde (MDA) level and Superoxide dismutase (SOD) activity

After appropriate transfections and/or treatments,  $2 \times 10^6$  HFL1 cells were harvested and analysed following the instructions of MDA assay kit (ab118970; Abcam, Cambridge, MA, USA) and SOD activity assay kit (ab65354; Abcam). Measurement of absorbance was performed on a microplate reader (REAGEN).

#### 2.11. Dual-luciferase reporter assay

After prediction of the binding sites of miR-150-5p and circ\_0035796 or L1CAM through the starbase online database (https://rnasysu.com/encori/), the wild-type (WT) and mutant (MUT) reporter plasmids of circ\_0035796 and L1CAM were generated by Songon Biotech, and named as WT-circ\_0035796, MUT-circ\_0035796, WT-L1CAM 3'UTR and MUT-L1CAM 3'UTR. Then, HFL1 cells were co-transfected with the above reporter plasmids, miR-150-5p mimics or miR-NC for 48 h, referring to the guidebook of FuGENE6 (Roche). At last, Dual-Lucy Assay Kit (Solarbio, Beijing, China) was employed for the detection of luciferase activity.

#### 2.12. RNA pull-down assay

GenePharma Co., Ltd. (Shanghai, China) designed biotinlabeled miR-150-5p (bio-miR-150-5p) and bio-miR-NC for RNA pull-down assay. Cell lysates extracted from HFL1 cells have undergone two-hour incubation with bio-miR-150-5p and bio-miR-NC and Streptavidin-coupled Dynabeads (Sigma, St. Louis, MO, USA) were employed for capturing the miR-150-5p-associated miRNA and mRNA complexes. Eventually, qRT-PCR analysis of the pull-down RNAs was conducted.

#### 2.13. RNA immunoprecipitation assay

RNA immunoprecipitation (RIP) assay implicating the use of Magna RNA immunoprecipitation kit (Millipore, Billerica, MA, USA) was performed in HFL1 cells. In brief, cells were lysed according to the guidebook of lysis buffer, and the lysates were subjected to incubation with magnetic beads conjugated with anti-Ago2 antibody (Abcam) or IgG antibody (Abcam). The immunoprecipitated RNAs were examined by qRT-PCR.

#### 2.14. Statistical analysis

All assays were performed in triplicate. GraphPad Prism 7 was used for experimental statistics analysis. Significant differences were compared with Student's *t*-tests or one-way analysis of variance (ANOVA). Data were expressed as means  $\pm$  standard deviations (SD). *p* < 0.05 indicated statistical significance.

#### 3. Results

# **3.1.** Circ\_0035796 depletion ameliorated TGF-β1induced HFL1 cell proliferation, invasion, migration, inflammation and oxidative stress

The results first showed that TGF- $\beta$ 1 treatment induced circ\_0035796 expression in HFL1 cells (Figure 1(A)). We also identified the circular structure of circ\_0035796 using RNase R, random primers and oligo(dT)<sub>18</sub> primers. For instance, circ\_0035796 was resistant to RNase R digestion, whereas linear GAPDH was sensitive to RNase R (Figure 1(B)). Random primers could amply both circ\_0035796 and GAPDH, but oligo(dT)<sub>18</sub> primers mainly amplified GAPDH (Figure 1(C)). Subsequently, we analysed the effects of circ\_0035796 depletion on TGF- $\beta$ 1-induced HFL1 cell dysfunctions. The qRT-PCR data showed that TGF- $\beta$ 1 stimulation increased circ\_0035796 expression, whereas the effect



Figure 1. Circ\_0035796 depletion blocked TGF- $\beta$ 1-induced fibroblast activation. (A) The effect of TGF- $\beta$ 1 treatment on circ\_0035796 expression was analysed by qRT-PCR in HFL1 cells. (B and C) The circular structure of circ\_0035796 was identified using RNase R, random primers and oligo(dT)<sub>18</sub> primers. HFL1 cells were divided into 4 groups, including the control group (untreated HFL1 cells), TGF- $\beta$ 1 group, TGF- $\beta$ 1+si-NC group and TGF- $\beta$ 1+si-circ\_0035796 group, and circ\_0035796 expression was analysed by qRT-PCR (D), cell viability by CCK-8 assay (E), cell proliferation by EdU assay (F), cell invasion by transwell invasion assay (G and H), cell migration by wound-healing assay (I), the protein expression of collagen I and fibronectin by Western blot (J and K), the production of IL-6 and TNF- $\alpha$  by ELISA (L), SOD activity by Superoxide dismutase activity assay kit (M) and MDA level by lipid peroxidation MDA assay kit (N). \*\*p<0.01, \*\*\*p<0.001 and \*\*\*\*p<0.0001.

was relieved after transfection with siRNA of circ\_0035796 (Figure 1(D)). As shown in Figure 1(E and F), TGF- $\beta$ 1 treatment induced HFL1 cell viability and proliferation, while these effects were reversed when circ\_0035796 expression was decreased. We also observed that TGF- $\beta$ 1 stimulation promoted HFL1 cell invasion and migration and the production of collagen I and fibronectin; however, these effects were restored by decreasing circ\_0035796 expression (Figure 1(G and K)). Further, TGF- $\beta$ 1 stimulation increased IL-6, TNF- $\alpha$  and MDA production and decreased SOD activity, but these effects were remitted after circ\_0035796 knockdown (Figure 1(L-N)). Thus, these data demonstrated that circ\_0035796 depletion blocked TGF- $\beta$ 1-induced fibroblast activation.

# 3.2. Circ\_0035796 acted as a miR-150-5p sponge in HFL1 cells

Subsequent data showed that circ\_0035796 was mainly expressed in the cytoplasm of HFL1 cells, as presented in Figure 2(). Given that cytoplasmic circRNAs could act as

miRNA sponges [20], we searched for circ\_0035796-associated miRNAs through Starbase online database. Given many miR-NAs with circ\_0035796-binding sites, we employed the miR-NAs that were lowly expressed in pulmonary fibrosis patients and repressed pulmonary fibrosis development, including miR-506-5p, miR-942-5p and miR-150-5p. As shown in Figure S1A, circ 0035796 depletion significantly upregulated miR-942-5p and miR-150-5p expression, especially miR-150-5p expression. Thus, miR-150-5p was employed for the present work. As presented in Figure 2(B), miR-150-5p, a candidate, contained circ\_0035796-binding sites. Then, we performed a series of experiments to identify the association between the two. The success of miR-150-5p overexpression was shown in Figure 2(C). Dual-luciferase reporter assay showed that miR-150-5p overexpression repressed the luciferase activity of wild-type reporter plasmid of circ\_0035796 but not that of mutant reporter plasmid of circ\_0035796 (Figure 2(D)). Moreover, circ\_0035796 was dramatically enriched in the bio-miR-150-5p group compared with the bio-miR-NC group (Figure 2(E)). The results of RIP assay exhibited that both miR-150-5p and circ\_0035796 were significantly higher in the



Figure 2. Circ\_0035796 bound to miR-150-5p in HFL1 cells. (A) Circ\_0035796 was mainly expressed in the cytoplasm of HFL1 cells. (B) The schematic illustration shows the binding sites of circ\_0035796 for miR-150-5p. (C) The efficiency of miR-150-5p overexpression was analysed by qRT-PCR in HFL1 cells. (D-F) The association of circ\_0035796 with miR-150-5p was identified by dual-luciferase reporter assay, RNA pull-down assay and RIP assay. (G) The effect of TGF- $\beta$ 1 treatment on miR-150-5p expression was determined by qRT-PCR in HFL1 cells. \*\*p < 0.01, \*\*\*p < 0.001 and \*\*\*\*p < 0.0001.



Figure 3. Circ\_0035796 regulated TGF- $\beta$ 1-induced fibroblast activation through miR-150-5p. HFL1 cells were divided into 6 groups, including control group, TGF- $\beta$ 1 group, TGF- $\beta$ 1 + si-Circ\_0035796 group, TGF- $\beta$ 1 + si-circ\_0035796 + anti-miR-NC group or TGF- $\beta$ 1 + si-circ\_0035796 + anti-miR-150-5p, and miR-150-5p expression was assessed by qRT-PCR (a), cell viability by CCK-8 assay (B), cell proliferation by EdU assay (C), cell invasion by transwell invasion assay (D and E), cell migration by wound-healing assay (F), the protein expression of collagen I and fibronectin by Western blot (G), the production of IL-6 and TNF- $\alpha$  by ELISA (H), SOD activity by Superoxide dismutase activity assay kit (I) and MDA level by lipid peroxidation MDA assay kit (J). \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001 and \*\*\*\*p < 0.0001.

Ago2 antibody group than in the IgG antibody group (Figure 2(F)). Further, we observed that miR-150-5p expression was dramatically downregulated in TGF- $\beta$ 1-treated HFL1 cells in comparison with the control group (Figure 2(G)). Thus, the above data suggested that circ\_0035796 bound to miR-150-5p in HFL1 cells.

# 3.3. MiR-150-5p depletion attenuated circ\_0035796 knockdown-induced effects in TGF-β1-treated HFL1 cells

We then silenced both circ\_0035796 and miR-150-5p in TGF- $\beta$ 1-induced HFL1 cells to determine whether the regulation of circ\_0035796 on TGF- $\beta$ 1-induced fibroblast



Figure 4. MiR-150-5p combined with L1CAM in HFL1 cells. (A) the schematic illustration showed the complementary sites of miR-150-5p with L1CAM. (B-D) The association of miR-150-5p with L1CAM was identified by dual-luciferase reporter assay, RNA pull-down assay and RIP assay. (E) The effect of TGF- $\beta$ 1 treatment on L1CAM expression was determined by Western blot in HFL1 cells. \*\*\*p < 0.001 and \*\*\*\*p < 0.001.

activation involved miR-150-5p. As shown in Figure 3(A), circ\_0035796 knockdown increased miR-150-5p expression in TGF- $\beta$ 1-treated HFL1 cells, whereas the effect was relieved after miR-150-5p expression was decreased. Subsequently, we observed that circ\_0035796 knockdown repressed cell viability, cell proliferation, cell invasion and migration and decreased the expression of collagen I and fibronectin in TGF-\u00c31-treated HFL1 cells; however, these effects were remitted by decreasing miR-150-5p expression (Figure 3(B-G)). In addition, the decreased production of IL-6, TNF- $\alpha$  and MDA and increased SOD activity by circ 0035796 silencing were relieved when miR-150-5p expression was downregulated in TGF-B1-treated HFL1 cells (Figure 3(H-J)). Taken together, all data demonstrated that circ\_0035796 regulated TGF-\u00c61-induced fibroblast activation through miR-150-5p.

#### 3.4. MiR-150-5p combined with L1CAM in HFL1 cells

Starbase database was employed to predict the target gene of miR-150-5p. Given many mRNAs with miR-150-5pbinding sites, the present study employed the mRNAs that were highly expressed in pulmonary fibrosis patients and promoted pulmonary fibrosis development, including COL1A1, ZEB1, STAT3, FOXM1, FOXK2, SP1, TGFBR1, and L1CAM. The results then revealed that miR-150-5p introduction decreased COL1A1, STAT3, SP1 and L1CAM expression, especially L1CAM expression (Figure S1B). Therefore, the present work selected L1CAM as a study subject. As shown in Figure 4(A), L1CAM, a candidate, potentially bound to miR-150-5p. Subsequently, miR-150-5p introduction significantly repressed the luciferase activity of WT-L1CAM 3'UTR rather than that of MUT-L1CAM 3'UTR (Figure 4(B)). As analysed by RNA pull-down assay, bio-miR-150-5p dramatically enriched L1CAM compared with bio-miR-NC (Figure 4(C)). Moreover, we observed that both miR-150-5p and L1CAM were higher in the Ago2 antibody-induced silencing complexes than in the control group (Figure 4(D)). Further, L1CAM protein expression was significantly upregulated in the TGF-β1-treated HFL1 in comparison with the control group (Figure 4(E)). Thus, the above findings demonstrated that miR-150-5p combined with L1CAM in HFL1 cells.

# 3.5. L1CAM overexpression relieved miR-150-5pmediated effects in TGF-β1-treated HFL1 cells

The study continued to analyse whether miR-150-5p regulated TGF- $\beta$ 1-induced fibroblast activation by targeting L1CAM. To this end, we overexpressed miR-150-5p and L1CAM in TGF- $\beta$ 1-treated HFL1 cells and then analysed



Figure 5. MiR-150-5p combined with L1CAM to regulate TGF- $\beta$ 1-induced fibroblast activation. HFL1 cells were divided into 6 groups, control group, TGF- $\beta$ 1 group, TGF- $\beta$ 1 + miR-NC group, TGF- $\beta$ 1 + miR-150-5p group, TGF- $\beta$ 1 + miR-150-5p + pcDNA group and TGF- $\beta$ 1 + miR-150-5p + L1CAM group, and L1CAM expression was assessed by Western blot (A), cell viability by CCK-8 assay (B), cell proliferation by EdU assay (C), cell invasion by transwell invasion assay (D and E), cell migration by wound-healing assay (F), the protein expression of collagen I and fibronectin by Western blot (G), the production of IL-6 and TNF- $\alpha$  by ELISA (H), SOD activity by Superoxide dismutase activity Assay kit (I) and MDA level by lipid peroxidation MDA assay kit (J). \*p < 0.01, \*\*\*p < 0.001 and \*\*\*\*p < 0.0001.



Figure 6. Circ\_0035796 controlled L1CAM expression through miR-150-5p in TGF- $\beta$ 1-treated HFL1 cells. HFL1 cells were divided into 6 groups, including control group, TGF- $\beta$ 1 group, TGF- $\beta$ 1+si-Circ\_0035796 group, TGF- $\beta$ 1+si-Circ\_0035796 + anti-miR-NC group or TGF- $\beta$ 

the subsequent effects on cell proliferation, invasion, migration, inflammation and oxidative stress. As presented in Figure 5A, miR-150-5p overexpression decreased L1CAM production in the cells, whereas these effects were attenuated after L1CAM introduction. Subsequently, miR-150-5pinduced inhibition in cell viability, proliferation, invasion, migration and the expression of collagen I and fibronectin was attenuated by increasing L1CAM expression in TGF- $\beta$ 1-stimulated HFL1 cells (Figure 5B-G). Consistently, ectopic L1CAM expression restored the inhibitory effects of miR-150-5p introduction on IL-6, TNF- $\alpha$  and MDA production and the promoting effect on SOD activity in TGF- $\beta$ 1-stimulated HFL1 cells (Figure 5H-J). Moreover, the data showed that L1CAM silencing attenuated TGF- $\beta$ 1 treatment-induced promoting effects on L1CAM expression, cell viability, cell proliferation, cell invasion, cell migration



Figure 7. the Dramatic illustration showed the mechanism by which circ\_0035796 regulated TGF-β1-induced fibroblast activation.

and collagen I, fibronectin, IL-6, and TNF- $\alpha$  production (Figure S2A-I). As presented in Figure S2J and K, TGF- $\beta$ 1 treatment inhibited SOD activity and promoted MDA production, whereas these effects were rescued after L1CAM depletion. Collectively, these data demonstrated that miR-150-5p combined with L1CAM to regulate TGF- $\beta$ 1-induced fibroblast activation.

# **3.6.** Circ\_0035796 silencing repressed L1CAM production through miR-150-5p in TGF-β1-stimulated HFL1 cells

Based on the above results, we further analysed the associations among circ\_0035796, miR-150-5p and L1CAM by transfecting siRNA of circ\_0035796 and inhibitors of miR-150-5p into TGF- $\beta$ 1-stimulated HFL1 cells. As shown in Figure 6A and B, circ\_0035796 knockdown repressed L1CAM mRNA and protein expression in the cells, whereas the effects were relieved after miR-150-5p knockdown, suggesting that circ\_0035796 controlled L1CAM expression through miR-150-5p in TGF- $\beta$ 1-treated HFL1 cells.

### 4. Discussion

CircRNA is a single-stranded molecule that may provide approaches for disease therapy. In recent years, circRNA has been identified in fibrotic disorders [21]. As reported, circ\_0006916 silencing increased the levels of M1 molecules IL-1β and TNF-aand decreased M2 molecule TGF-β1 expression [22], suggesting the contribution of circ\_0006916 to silicosis and pulmonary fibrosis development. Cheng et al. indicated that circ\_0058493 was a potential novel biomarker for silicosis and idiopathic pulmonary fibrosis [23]. Although circRNA appears to serve important parts in pulmonary fibrosis [11], its specific actions remain largely unknown. This study aimed to analyse circ\_0035796 role in pulmonary fibrosis development and the detailed mechanism. The study showed that circ\_0035796 depletion repressed TGF-\u00c61-caused pulmonary fibrosis through the miR-150-5p/L1CAM pathway in vitro.

As determined in the study, circ\_0035796 was upregulated in TGF-\u00df1-exposed foetal lung fibroblast 1 cells and had a circular structure. After lung injury, fibroblasts are activated to proliferate and rebuild extracellular matrix to regulate wound healing for tissue repair [24]. Moreover, at the site, fibroblast-to-myofibroblast transition can produce extracellular matrix components, which can promote wound healing [25]. Based on these theories, we analysed TGF-B1induced foetal lung fibroblast 1 cell proliferation and motility after transfection with si-circ\_0035796. As a result, TGF-<sup>β</sup>1 induced cell proliferation, migration and invasion, which was relieved by decreasing circ\_0035796 expression. Additionally, fibroblasts can lead to extracellular matrix accumulation (collagen I and collagen III) [26]and can express high level of fibronectin. In the present work, TGF-B1 treatment increased collagen I and fibronectin expression in HFL1 cells, whereas these effects were attenuated after circ\_0035796 knockdown. Further, we found that circ\_0035796 silencing restored the promoting effects of TGF-B1 exposure on inflammation and oxidative stress. These findings suggested that circ\_0035796 depletion blocked TGF-\u00c81-induced fibroblast activation.

Cytoplasmic circRNA can serve as a miRNA sponge, further inhibiting miRNA-target interactions and protein function [20]. Our data showed that circ\_0035796 mainly functioned in the cytoplasm. Subsequently, we identified miR-150-5p as a target miRNA of circ\_0035796. Considerable research has demonstrated the involvement of the miRNA in pulmonary diseases. For example, miR-150-5p was involved in the development of lung cancer [27]. An early study reported that the decreased expression of miR-150-5p predicted poor survival rates of patients with chronic obstructive pulmonary disease [17]. In particular, miR-150-5p was downregulated in transforming growth factor-\u00b31-exposed HFL1 cells and combined with long noncoding RNA ZFAS1 and solute carrier family 38 member1 to repress HFL1 cell viability, cell migration, inflammatory cytokine secretion and MDA level [19]. Consistently, we observed the downregulation of miR-150-5p in transforming growth factor-\u03b31-exposed HFL1 cells and the inhibitory effects of miR-150-5p on cell viability, migration, inflammatory

cytokine IL-6 and TNF- $\alpha$  secretion and MDA level in transforming growth factor- $\beta$ 1-exposed HFL1 cells. We also found miR-150-5p exhibited repressing roles in cell proliferation, cell invasion, SOD activity, and the expression of collagen I and fibronectin in TGF- $\beta$ 1-treated HFL1 cells. Further, circ\_0035796/miR-150-5p axis regulated TGF- $\beta$ 1-induced fibroblast activation.

L1CAM is a transmembrane glycoprotein that is highly relevant for nervous system development and tumour tumorigenesis [28]. Previous studies have demonstrated that the protein interacts with different binding partners in cis or trans [29]. In addition, L1CAM can bind to cell adhesion molecules and integrins, and its cytoplasmic tail is capable of interacting with the cytoskeletal proteins ankyrin [30,31]. As reported, L1CAM contributed to lung cancer cell metastatic potential [32]. Recently, Li et al. explained that L1CAM could increase epithelial-mesenchymal transition process in TGF-B1-induced A549 cells through the lncRNA cardiac hypertrophy related factor/miR-146a/L1CAM axis [33]. In terms of mechanism, it has been demonstrated that L1CAM increases metastasis by inducing gelatinase expression [34]. Our data confirmed miR-150-5p targeted L1CAM and that L1CAM expression was increased in TGF-B1-stimulated HFL1 cells. Moreover, ectopic L1CAM expression relieved miR-150-5p-mediated effects in TGF-B1-stimulated HFL1 cells, and L1CAM depletion attenuated TGF-\u00b31-mediated effects in HFL1 cells. These data indicated that the miR-150-5p/L1CAM pathway regulated TGF-β1-induced pulmonary fibrosis in vivo.

However, the authors should validate the *in vitro* data using mouse model assays and determined which was the main cause of TGF- $\beta$ 1-induced fibroblast activation in further investigations, although it was complicated. In addition, other downstream mechanisms of circ\_0035796-mediated pulmonary fibrosis processes deserved to be analysed in the future except for the miR-150-5p/L1CAM pathway.

Taken together, circ\_0035796 depletion ameliorated TGF- $\beta$ 1induced fibroblast activation through the miR-150-5p/ L1CAM pathway (Figure 7), suggesting that the inhibitors of circ\_0035796 might be a potential therapeutic option for pulmonary fibrosis.

### **Disclosure statement**

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