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To cite this article: Xuezhong Xu, Fangyun Liang, Jinmei Chen, Feihong Chen, Lingyi Kong & Yipeng Ding (2023) Association of *FHL5* and *LPA* genetic polymorphisms with diabetes mellitus risk: a case-control study, *The Aging Male*, 26:1, 2235005, DOI: [10.1080/13685538.2023.2235005](https://doi.org/10.1080/13685538.2023.2235005)

To link to this article: <https://doi.org/10.1080/13685538.2023.2235005>



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Published online: 15 Jul 2023.



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## Association of *FHL5* and *LPA* genetic polymorphisms with diabetes mellitus risk: a case-control study

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### ABSTRACT

**Background:** China is one of the countries with the fastest growing prevalence of diabetes mellitus (DM) in the world. This study intended to investigate the association of single nucleotide polymorphisms (SNPs) of *FHL5* and *LPA* with DM risk in the Chinese population.

**Methods:** This case-control study involved 1,420 Chinese individuals (710 DM patients and 710 controls). Four candidate loci (rs2252816/rs9373985 in *FHL5* and rs3124784/rs7765781 in *LPA*) were successfully screened. The association of SNPs with DM risk was assessed by logistic regression analysis. Differences in clinical characteristics among subjects with different genotypes were analyzed by one-way analysis of variance.

**Results:** Overall analysis indicated that rs3124784 was associated with an increased risk of DM. Stratification analysis showed that rs3124784 significantly increased DM risk in different subgroups (male, non-smoking, non-drinking, and BMI > 24), while rs7765781 increased DM risk only in participants with BMI ≤ 24. Rs2252816 was associated with the course of DM. We also found that rs2252816 GG genotype and rs9373985 GG genotype were linked to the increased cystatin c in DM patients.

**Conclusion:** The genetic polymorphisms of *LPA* may be associated with DM risk in the Chinese population, which will provide useful information for the prevention and diagnosis of DM.

### ARTICLE HISTORY

Received 3 April 2023

Revised 3 July 2023

Accepted 5 July 2023

Published online 8 July 2023

### KEYWORDS

Diabetes mellitus; case-control study; *FHL5*; *LPA*; single nucleotide polymorphisms

### Introduction

Diabetes mellitus (DM), characterized by chronic hyperglycemia and disturbances in carbohydrate, protein and fat metabolism, is mainly caused by defective or dysfunctional insulin secretion. DM can be classified as type 1 diabetes (T1D), type 2 diabetes (T2D), gestational diabetes mellitus (GDM), and other types of diabetes from other causes [1], of which T2D is the most common type of DM, accounting for more than 90% of all types [2]. With economic development, diet changes and the aging of population, DM has become a major public health problem worldwide [3]. China is one of the countries with the fastest growing prevalence of DM in the world and the country with the largest number of diabetic patients. In 2021, the number of diabetic patients in China reached 140 million [4]. As we all know, the acute and chronic

complications caused by DM, including multiple organ damage such as blood vessels, eyes, kidneys, and feet, seriously endanger people's health and quality of life and are the main causes of disability and death in DM patients. The study on the burden of DM has shown that in 2016, the number of DM deaths in China exceeded 140,000, and the mortality rate increased from 6.3/100,000 in 1990 to 10.3/100,000 in 2016 [5]. Genetic factors (mainly the polymorphisms of susceptibility genes) and risk factors (age [6], obesity, smoking, drinking, etc.) play a key role in the occurrence and development of DM and its complications [7,8]. In recent years, a number of genetic polymorphisms related to DM have been found, especially some hot-spot genes, such as *TCF7L2* [9,10], *SLC30A8* [11,12], *KCNJ11* [13,14] and so on.

Four-and-a-half LIM domain 5 (*FHL5*), also known as the *ACT* gene, is a member of the four-and-a-half LIM

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domain (*FHL*) protein family, located on chromosome 6q16.1, containing eight exons [15]. The study has found that *FHL5* is expressed in tumor cell lines from leukemia, melanoma and squamous cell carcinoma [16]. Several studies based on genome-wide association studies (GWAS) and meta-analysis have found that polymorphisms of this gene may be associated with the susceptibility to migraine [15,17]. Meanwhile, the study has revealed that *FHL5* is correlated with the susceptibility to Alzheimer's disease (AD) [18]. Some recent studies have shown that there is a certain correlation between AD and T2D. Huang et al. have shown an increased risk of neurocognitive impairment in patients with T2D and AD, and the enrichment analysis of AD and T2D showed that these two diseases are both closely related to synaptic vesicle function and MAPK signaling pathway [19]. Lynn et al. have provide a detailed review of the relationship between DM and AD. Firstly, insulin resistance is present in AD and is also a major component of the pathogenesis of T2D, which can lead to impaired brain glucose metabolism, neurodegeneration and cognitive impairment. Secondly, dysregulation of the insulin receptor and the components of insulin signaling pathway has been reported in these two diseases. In addition, inflammation, oxidative stress, mitochondrial dysfunction, amyloid deposition, and advanced glycation end products can co-occur in these two diseases, AD has been labeled as "type 3 diabetes" [20]. Huang et al. have demonstrated that immune-related biological functions and pathways are closely related to AD, T2D and microvascular complications [21]. Taken together, based on the above research results, we speculated that *FHL5* was closely related to the occurrence of DM. Genetic polymorphisms can affect the function of the certain gene [22]. Therefore, *FHL5* polymorphisms might be involved in DM.

Lipoprotein(a) gene (*LPA*) is located on chromosome 6q26 and contains 40 exons. The protein encoded by the *LPA* gene is a serine protease that constitutes an important part of Lp(a). The study has suggested that Lp(a) may be a biomarker for T2D [23]. The study has shown that increased Lp(a) levels are associated with reduced risk of T2D in a Chinese population with very high cardiovascular risk [24]. Gudbjartsson et al. have reported that Lp(a) concentrations of lower than 10% can increase T2D risk [25]. A study on Lp(a) and DM has pointed out that Lp(a) is negatively correlated with the prevalence of DM and the risk of new-onset DM [26]. Kollerits et al. have shown that high Lp(a) concentrations and low-molecular weight apolipoprotein(a) isoforms are risk predictors of death (infection) in

diabetic hemodialysis patients [27]. The study showed that a large number of *LPA* kringle IV type 2 repeats are associated with an increased risk of T2D in a Chinese population with very high cardiovascular risk [28]. In addition, the study by Singh et al. have demonstrated that two SNPs (rs10455872 and rs3798220) of *LPA* could affect plasma Lp(a) levels [29]. Hence, we speculated that *LPA* genetic polymorphisms might be associated with DM. In other words, the genetic polymorphisms of *FHL5* and *LPA* may be involved in the occurrence of DM, but this relevancy has not been studied in the Chinese population.

To best our knowledge, rs2252816, rs9373985, and rs3124784 had not been reported before. While rs7765781 has only been reported to be associated with premature myocardial infarction [30] and premature coronary artery disease [31]. However, an association study by Jiang et al. has found that alleles of the *FHL5* polymorphism are associated with reduced expression levels of the *FHL5* gene and reduced pre-mRNA alternative splicing levels of the *FHL5* gene in a variety of human tissues [17]. Meanwhile, the study has found that SNPs do not lead to amino acid changes in proteins, but may be in linkage disequilibrium with other genetic variants that could potentially affect gene expression or function [32]. And there is evidence that SNPs affect gene expression [33]. Another study has shown that *LPA* mRNA levels are higher in carriers of *LPA* SNPs than in noncarriers [34]. Thus, the polymorphisms studied in our study may affect the development of DM through the above functional effects.

Therefore, this study selected four candidate SNPs in *FHL5* and *LPA* in 1,420 Chinese individuals, and we overall assessed SNPs that affect the susceptibility to DM. Meanwhile, the association between these SNPs and DM was further stratified by age, gender, smoking, drinking, the course of DM, retinal degeneration and Body Mass Index (BMI). Our study will enrich the genetic data related to DM in the Chinese population, and the discovered susceptibility loci can be identified as genetic markers for DM risk prediction, so as to better offer theoretical reference for the early prevention and diagnosis of DM.

## Materials and methods

### Study participants

This was a case-control study officially approved by the Ethics Committee of People's Hospital of Wanning. All study subjects were enrolled from People's Hospital of Wanning, Hainan Province, and they gave

written informed consent. According to the inclusion and exclusion criteria, a total of 710 unrelated DM patients were assigned to the DM group, and 710 individuals without DM were assigned to the control group. DM patients were newly diagnosed and confirmed by experienced specialists according to the World Health Organization (WHO) 1999 criteria [35]. The inclusion criteria for the DM group were [1]: age  $\geq 18$  years old [2]; fasting plasma glucose (FPG)  $\geq 7.0$  mmol/L, or 2-h plasma glucose (2h PG)  $\geq 11.1$  mmol/L during the oral glucose tolerance test (OGTT), or Hemoglobin A1C (HbA1C)  $\geq 6.5\%$ , or previous diagnosis of DM [3]; no family history of DM [4]; Chinese Han [5]; no family history of DM; and [6] good understanding and communication. The inclusion criteria for the control group were [1]: age  $\geq 18$  years old [2]; FPG  $< 6.1$  mmol/L and OGTT 2h PG  $< 7.8$  mmol/L [3]; no family history of DM [4]; Chinese Han; and [5] good understanding and communication. The exclusion criteria for both groups were [1]: severe consumptive diseases, such as viral infection, hyperthyroidism, malignant tumors, etc. [2]; those who were unwilling to sign the informed consent form and fill in the questionnaire; and [3] the examination items required for the study were incomplete. Besides, a baseline survey of general demographic data (gender, age, height, weight, smoking/drinking status etc.) and disease history (the course and retinal degeneration in DM patients) was conducted by a professional physician for all participants.

### **Blood sample collection and DNA extraction**

Peripheral blood samples were collected from all participants into blood collection tubes containing anticoagulant EDTA and stored in a refrigerator at  $-20^{\circ}\text{C}$ . After that, genomic DNA were extracted using a DNA extraction kit according to the manufactory's instruction (GoldMag Co. Ltd. Xi'an, China). Eventually, the extracted DNA was stored in an ultra-low temperature freezer ( $-80^{\circ}\text{C}$ ) for future research.

### **Selection of SNPs and SNP genotyping**

Rs2252816 G/A and rs9373985 G/C on the *FHL5* gene, as well as rs3124784 A/G and rs7765781 C/G on the *LPA* gene were selected from the 1000 Genomes Project with minor allele frequency (MAF)  $> 0.05$ , Hardy-Weinberg equilibrium (HWE)  $> 0.05$ , and Tagger  $r^2 < 0.8$ . The primers were designed by MassARRAY Assay Design software. All SNPs in this study were genotyped using the MassARRAY system (Agena, San

Diego, CA, USA). SNP genotypes were generated using iPLEX chemistry. Additionally, MALDI-TOF was applied to obtain profiles of different mass peaks for multiple reactions, and finally genotyping was successfully completed.

### **Statistical analysis**

Demographic characteristics of research respondents including age (*t*-test) and gender, smoking, and drinking ( $\chi^2$  test) were tested by SPSS 21.0 (SPSS, Chicago, IL, USA). After that, the genotype frequencies of all SNPs were tested by chi-square to determine whether they satisfied HWE. Odds ratios (ORs) and 95% confidence intervals (CIs) were calculated by logistic regression models to evaluate the association between all candidate SNPs and DM risk. OR  $< 1$  indicated that SNP is a protective factor for DM; OR = 1 indicated that this factor has no effect on DM; and OR  $> 1$  indicated that SNP is a risk factor for DM. A variety of genetic models were evaluated using Plink 1.9 with wild-type alleles as reference. All tests were two-sided, and  $p < 0.05$  was considered statistically significant. Afterwards, the results were analyzed by false positive reporting probability (FPRP) to determine whether they deserved attention. The interaction of four SNPs with the risk of DM was assessed by the multifactorial dimensionality reduction (MDR) method. Differences in clinical characteristics among subjects with different genotypes were analyzed by one-way analysis of variance (ANOVA).

## **Results**

### **Sample overview**

Basic demographic and epidemiological information about the case and control groups is presented in Table 1. There were 1,420 unrelated participants in our study, including 710 DM patients [483 males (68.0%) and 227 females (32.0%)] with an average age of  $57.68 \pm 12.46$  years and 710 healthy individuals [481 males (67.7%) and 229 females (32.3%)] with an average age of  $57.66 \pm 10.42$  years. No statistical differences were observed in mean age ( $p = 0.974$ ), gender distribution ( $p = 0.909$ ), smoking ( $p = 0.524$ ), drinking ( $p = 0.958$ ), and BMI ( $p = 0.248$ ) between the two groups. However, there was a significant difference in the level of FPG, Total cholesterol (TC), Triglyceride (TG), Urea (Ure), Aspartate aminotransferase (AST), AST/Alanine aminotransferase (ALT), Uric acid (UA) between groups.

### Association between candidate SNPs and DM risk

In this study, the genotype distribution of four SNPs conformed to HWE ( $p > 0.05$ ), and MAF was greater than 5% in the study population. The specific information about all candidate SNPs is shown in Table 2. The functions of SNP were studied through the HaploReg database. The results showed that rs2252816 could affect enhancer histone marks. Rs9373985 could affect motifs changed and selected eQTL hits. Rs3124784 and rs7765781 could affect motifs changed (Table 2). In addition, we found significant differences in the allele frequency ( $p = 0.047$ ) of rs3124784 between DM patients and healthy controls (Figure 1). The association between four candidate SNPs and the risk of DM is shown in Figure 2. The results showed that rs3124784 was significantly associated with DM risk, and no correlation was found between the remaining three candidate SNPs and DM risk ( $p > 0.05$ ). Precisely, rs3124784 significantly increased DM risk under the codominant (AG vs. GG: OR = 1.32, 95% CI 1.04–1.68,

$p = 0.024$ ), dominant (AG-AA vs. GG: OR = 1.30, 95% CI 1.03–1.64,  $p = 0.028$ ) and log-additive (OR = 1.24, 95% CI 1.00–1.53,  $p = 0.047$ ) models.

### Association between candidate SNPs and DM risk stratified by clinical characteristics

After stratification by age and gender, the association between four candidate SNPs and DM risk is presented in Table 3. Rs7765781 could notably increase the risk of DM in subjects aged  $\leq 60$  years under a variety of genetic models (allele: OR = 1.29, 95% CI 1.06–1.57,  $p = 0.010$ ; heterozygote: OR = 1.49, 95% CI 1.09–2.02,  $p = 0.011$ ; homozygote: OR = 1.60, 95% CI 1.06–2.42,  $p = 0.025$ ; dominant: OR = 1.51, 95% CI 1.13–2.03,  $p = 0.005$ ; log-additive: OR = 1.30, 95% CI 1.07–1.59,  $p = 0.010$ ). Rs7765781 also was a protective factor for DM patients aged  $>60$  years under the following two genetic models (codominant: OR = 0.65, 95% CI 0.44–0.96,  $p = 0.031$ ; dominant: OR = 0.69, 95% CI 0.48–0.98,

**Table 1.** Characteristics of patients with diabetes mellitus and healthy individuals.

Characteristics		Cases <i>n</i> = 710	Control <i>n</i> = 710	<i>p</i>
Age	Mean $\pm$ SD	57.68 $\pm$ 12.46	57.66 $\pm$ 10.42	0.974
	>60 years	288 (40.6 %)	293 (41.3 %)	
Gender	$\leq 60$ years	422 (59.4 %)	417 (58.7 %)	0.909
	Male	483 (68.0 %)	481 (67.7 %)	
Smoking	Female	227 (32.0 %)	229 (32.3 %)	0.524
	Yes	346 (48.7 %)	334 (47.0 %)	
Drinking	No	364 (51.3 %)	376 (53.0 %)	0.958
	Yes	330 (46.5 %)	329 (46.3 %)	
Course of diabetes mellitus disease	>8 vs $\leq 8$ years	305 (43.0 %)	381 (53.7 %)	
		396 (55.8 %)		
Retinal degeneration	Yes	251 (35.4 %)		
	No	319 (44.9 %)		
BMI	>24 kg/m <sup>2</sup>	410 (57.7 %)	272 (55.9 %)	0.248
	$\leq 24$ kg/m <sup>2</sup>	300 (42.3%)	215 (44.1 %)	
FPG	Mean $\pm$ SD	8.07 $\pm$ 3.81	5.97 $\pm$ 1.42	<0.001
TC	Mean $\pm$ SD	4.03 $\pm$ 1.39	4.80 $\pm$ 0.94	<0.001
TG	Mean $\pm$ SD	2.36 $\pm$ 2.27	1.84 $\pm$ 1.48	<0.001
Ure	Mean $\pm$ SD	55.02 $\pm$ 120.86	5.12 $\pm$ 1.22	<0.001
AST	Mean $\pm$ SD	21.81 $\pm$ 15.11	25.65 $\pm$ 9.36	<0.001
AST/ALT	Mean $\pm$ SD	1.02 $\pm$ 0.41	1.11 $\pm$ 0.44	0.001
UA	Mean $\pm$ SD	264.02 $\pm$ 150.19	329.84 $\pm$ 80.67	<0.001
Cys-c	Mean $\pm$ SD	1.03 $\pm$ 1.81		

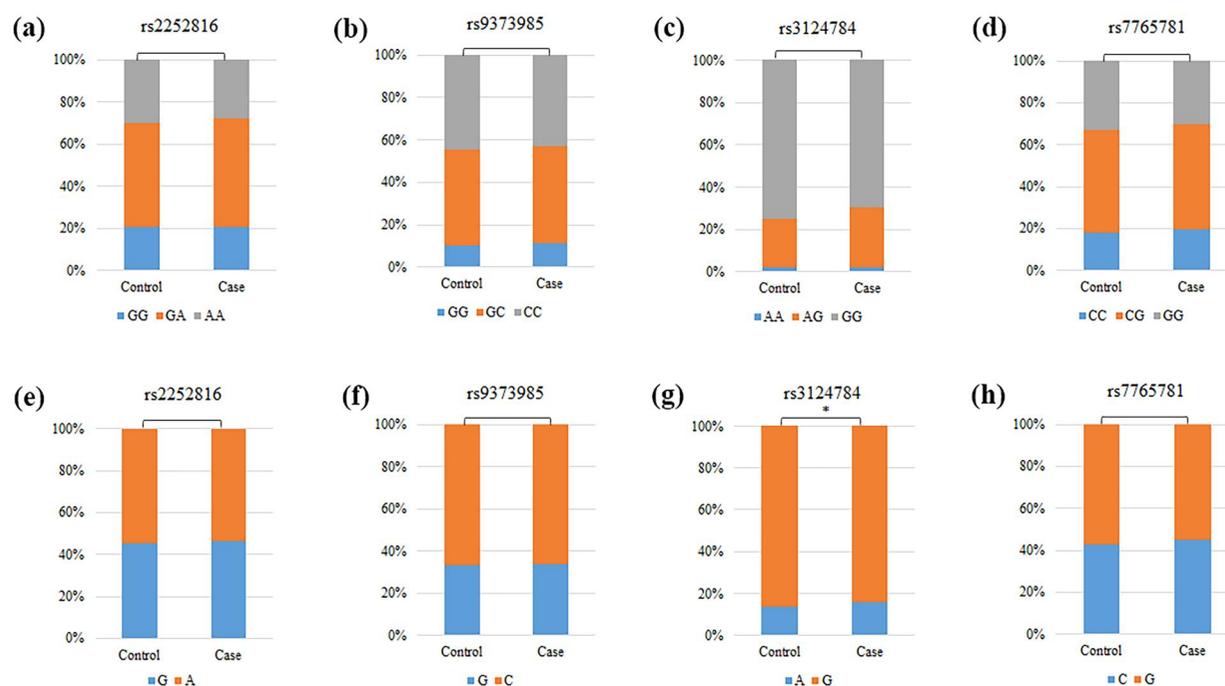
BMI: body mass index; FPG: fasting plasma glucose; TC: total cholesterol; TG: triglyceride; Ure: urea; AST: aspartate aminotransferase; ALT: alanine aminotransferase; UA: uric acid; Cys-c: cystatin c.  
 $p < 0.05$  and bold text indicate statistical significance.

**Table 2.** the Basic information and HWE about the selected SNPs.

Gene	SNP ID	Chrs	Position	Function	Alleles (A/B)	MAF		HWE ( <i>p</i> value)	HaploReg v4.2
						Cases	Control		
<i>FHL5</i>	rs2252816	6	96610698	nonsynonymous	G/A	0.463	0.452	1.000	Enhancer histone marks
<i>FHL5</i>	rs9373985	6	96615646	nonsynonymous	G/C	0.340	0.330	0.611	Motifs changed, Selected eQTL hits
<i>LPA</i>	rs3124784	6	160531806	nonsynonymous	A/G	0.160	0.134	0.872	Motifs changed
<i>LPA</i>	rs7765781	6	160586464	nonsynonymous	C/G	0.448	0.427	1.000	Motifs changed

HWE: Hardy–Weinberg equilibrium; SNP: single nucleotide polymorphisms; Chrs: chromosome number; Alleles (A/B): minor/major allele; MAF: minor allele frequency.

$p > 0.05$  indicates that the genotypes were in Hardy–Weinberg Equilibrium.



**Figure 1.** Comparisons of the genotype frequency and allele frequency of SNPs of *FHL5/LPA* genes in DM case and healthy control. (a) Comparisons of the genotype frequency of rs2252816 of *FHL5* gene between the two groups. (b) Comparisons of the genotype frequency of rs9373985 of *FHL5* gene between the two groups. (c) Comparisons of the genotype frequency of rs3124784 of *LPA* gene between the two groups. (d) Comparisons of the genotype frequency of rs7765781 of *LPA* gene between the two groups. (e) Comparisons of the allele frequency of rs2252816 of *FHL5* gene between the two groups. (f) Comparisons of the allele frequency of rs9373985 of *FHL5* gene between the two groups. (g) Comparisons of the allele frequency of rs3124784 of *LPA* gene between the two groups. (h) Comparisons of the allele frequency of rs7765781 of *LPA* gene between the two groups. ‘\*’ indicate statistical significance at the 0.05 level.

$p=0.041$ ). In addition, the rs3124784 polymorphism could notably increase DM risk in male participants (allele: OR = 1.33, 95% CI 1.03–1.71,  $p=0.028$ ; codominant: OR = 1.41, 95% CI 1.06–1.89,  $p=0.020$ ; dominant: OR = 1.42, 95% CI 1.06–1.89,  $p=0.017$ ; log-additive: OR = 1.37, 95% CI 1.05–1.79,  $p=0.019$ ).

The association between four candidate SNPs and DM risk stratified by smoking and drinking is presented in Table 4. The results indicated that rs3124784 increased the risk of DM in both non-smoking (codominant: OR = 1.46, 95% CI 1.04–2.04,  $p=0.027$ ; dominant: OR = 1.40, 95% CI 1.01–1.94,  $p=0.042$ ) and non-drinking participants (codominant: OR = 1.42, 95% CI 1.02–1.97,  $p=0.038$ ; dominant: OR = 1.38, 95% CI 1.00–1.90,  $p=0.049$ ).

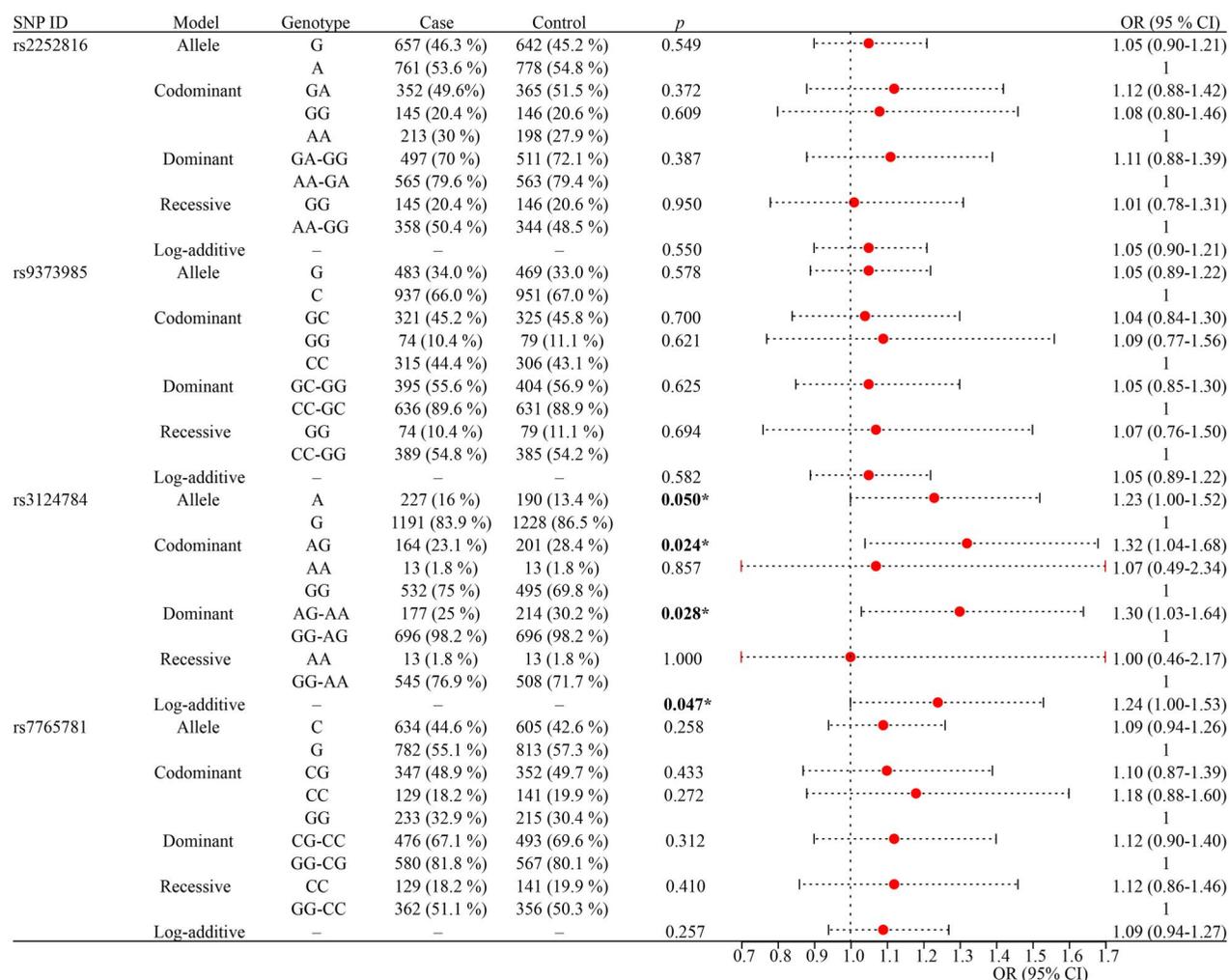
The information about the course of DM and retinal degeneration is shown in Table 5. The results indicated that rs2252816 was linked to the course of DM under a variety of genetic models (heterozygote: OR = 0.67, 95% CI 0.46–0.97,  $p=0.034$ ; homozygote: OR = 0.61, 95% CI 0.38–0.96,  $p=0.035$ ; dominant: OR = 0.65, 95% CI 0.46–0.93,  $p=0.017$ ; log-additive: OR = 0.77, 95% CI 0.61–0.97,  $p=0.026$ ).

As presented in Table 6, the association between four candidate SNPs and DM risk stratified by BMI

indicated that rs3124784 increased the risk of DM in participants with BMI >24 (codominant: OR = 1.57, 95% CI 1.09–2.27,  $p=0.015$ ; dominant: OR = 1.57, 95% CI 1.10–2.25,  $p=0.014$ ; log-additive: OR = 1.50, 95% CI 1.07–2.11,  $p=0.018$ ). Meanwhile, rs7765781 increased the risk of DM in participants with BMI ≤ 24 under the allele (OR = 1.31, 95% CI 1.02–1.69,  $p=0.034$ ), codominant (OR = 1.92, 95% CI 1.10–3.33,  $p=0.021$ ), recessive (OR = 1.64, 95% CI 1.01–2.68,  $p=0.047$ ), and log-additive (OR = 1.36, 95% CI 1.04–1.78,  $p=0.023$ ) models.

### FPRP analysis

Detailed results of the FPRP analysis can be discovered in Table S1. The result showed that the association between rs2252816 and the course of DM under the homozygous gene model was not noteworthy at the prior probability level of 0.25 and FPRP value of 0.2. Meanwhile, the association between rs7765781 and DM risk in participants with BMI ≤ 24 was not noteworthy. The FPRP values of other results were all less than 0.2 at a prior probability level of 0.25, suggesting that these positive results were noteworthy.



**Figure 2.** Analysis of the association between susceptibility of DM and SNPs. DM, diabetes mellitus; SNP, single nucleotide polymorphisms; or, odds ratio; CI, confidence interval; *p* values represent adjusted for age, gender, smoking, and drinking; *p* < 0.05, bold text and ‘\*’ indicate statistical significance.

### MDR analysis

The MDR analysis was carried out to analyze and evaluate SNP-SNP interactions (Figure 3). The red lines showed that there was a synergistic effect of rs7765781 and rs9373985 on DM risk. The blue lines showed that there was a redundant effect of rs3124784 and rs2252816 on DM risk. Details of SNP-SNP interactions are presented in Table 7. The results showed that the best prediction model was the four-site model: rs2252816, rs9373985, rs3124784 and rs7765781 (the largest CVC: 10/10, testing balanced accuracy: 0.501, *p* < 0.0001).

### Differences in clinical characteristics among different genotypes

The associations among the four candidate SNPs and the clinical characteristics of DM patients are shown in

Table 8. The results indicated that the rs2252816 GG genotype was linked to the reduced Ure in DM patients and the increased cystatin c (Cys-c) in DM patients. The rs9373985 GG genotype was associated with the increased Cys-c.

### Discussion

This study is the first to analyze the association between the polymorphisms of *FHL5* (rs2252816 G/A, rs9373985 G/C) and *LPA* (rs3124784 A/G, rs7765781 C/G) and DM risk in the Chinese population. We found that *LPA* polymorphisms (rs3124784 A/G, rs7765781 C/G) were associated with DM risk and played as risk factors in DM.

DM is one of the risk factors for coronary artery disease (CAD) [36]. Previous studies have shown that the *LPA* gene polymorphisms are associated with CAD [37], and other SNPs of *LPA* might be correlated with

**Table 3.** the SNPs associated with susceptibility of diabetes mellitus in the subgroup tests (age and gender).

SNP ID	Model	Genotype	Age				Gender			
			≤ 60 (N=839) OR (95 % CI)	p	> 60 (N=581) OR (95 % CI)	p	Male (N=964) OR (95 % CI)	p	Female (N=456) OR (95 % CI)	p
rs2252816	Allele	G	1.00 (0.82–1.21)	0.975	1.12 (0.89–1.41)	0.334	1.07 (0.90–1.29)	0.435	0.99 (0.76–1.28)	0.936
		A	1		1		1		1	
	Codominant	GA	0.97 (0.71–1.33)	0.853	1.41 (0.96–2.07)	0.076	1.14 (0.85–1.54)	0.379	1.08 (0.70–1.66)	0.733
		GG	1.01 (0.68–1.48)	0.979	1.24 (0.76–2.03)	0.384	1.15 (0.79–1.66)	0.463	0.99 (0.58–1.70)	0.976
	Dominant	AA	1		1		1		1	
		GA-GG	0.98 (0.73–1.32)		1.37 (0.95–1.97)	0.092	1.14 (0.86–1.52)	0.349	1.05 (0.70–1.58)	0.806
	Recessive	AA-GA	1		1		1		1	
		AA-GG	1.02 (0.74–1.42)		0.99 (0.65–1.52)	0.981	1.05 (0.77–1.44)	0.747	0.95 (0.59–1.52)	0.821
	Log-additive	–	1.00 (0.83–1.21)	0.997	1.15 (0.90–1.46)	0.268	1.08 (0.90–1.29)	0.427	1.00 (0.77–1.31)	0.975
	rs9373985	Allele	G	1.04 (0.85–1.27)	0.698	1.05 (0.82–1.34)	0.696	1.07 (0.88–1.29)	0.512	1.00 (0.76–1.32)
C			1		1		1		1	
Codominant		GC	0.93 (0.69–1.24)	0.603	1.24 (0.88–1.76)	0.218	1.04 (0.79–1.36)	0.802	0.97 (0.65–1.44)	0.881
		GG	1.20 (0.76–1.89)	0.423	0.91 (0.51–1.64)	0.759	1.13 (0.73–1.73)	0.581	0.96 (0.50–1.85)	0.894
Dominant		CC	1		1		1		1	
		GC-GG	0.98 (0.74–1.28)		1.18 (0.85–1.64)	0.332	1.05 (0.81–1.36)	0.695	0.97 (0.66–1.41)	0.864
Recessive		CC-GC	1		1		1		1	
		GG	1.25 (0.82–1.92)		0.82 (0.47–1.44)	0.485	1.11 (0.74–1.66)	0.619	0.97 (0.52–1.82)	0.926
Log-additive		–	1.04 (0.85–1.27)	0.715	1.06 (0.82–1.36)	0.669	1.05 (0.87–1.28)	0.598	0.97 (0.73–1.30)	0.863
rs3124784		Allele	A	1.23 (0.93–1.63)	0.141	1.23 (0.90–1.69)	0.186	1.33 (1.03–1.71)	<b>0.028*</b>	1.05 (0.73–1.52)
	G		1		1		1		1	
	Codominant	AG	1.36 (0.98–1.87)	0.063	1.29 (0.89–1.87)	0.181	1.41 (1.06–1.89)	<b>0.020*</b>	1.17 (0.75–1.83)	0.479
		AA	0.93 (0.31–2.80)	0.894	1.41 (0.46–4.33)	0.546	1.50 (0.51–4.41)	0.459	0.86 (0.26–2.83)	0.801
	Dominant	GG	1		1		1		1	
		AG-AA	1.32 (0.97–1.81)		1.30 (0.90–1.86)	0.158	1.42 (1.06–1.89)	<b>0.017*</b>	1.14 (0.74–1.74)	0.552
	Recessive	GG-AG	1		1		1		1	
		AA	0.86 (0.29–2.59)		1.31 (0.43–4.01)	0.632	1.37 (0.47–4.00)	0.568	0.82 (0.25–2.70)	0.750
	Log-additive	–	1.25 (0.94–1.67)	0.125	1.26 (0.91–1.74)	0.162	1.37 (1.05–1.79)	<b>0.019*</b>	1.08 (0.75–1.56)	0.677
	rs7765781	Allele	C	1.29 (1.06–1.57)	<b>0.010*</b>	0.86 (0.68–1.09)	0.209	1.11 (0.93–1.33)	0.250	1.04 (0.80–1.36)
G			1		1		1		1	
Codominant		CG	1.49 (1.09–2.02)	<b>0.011*</b>	0.65 (0.44–0.96)	<b>0.031*</b>	1.25 (0.94–1.67)	0.125	0.82 (0.53–1.27)	0.375
		CC	1.60 (1.06–2.42)	<b>0.025*</b>	0.76 (0.48–1.21)	0.243	1.19 (0.82–1.72)	0.357	1.14 (0.66–1.97)	0.646
Dominant		GG	1		1		1		1	
		CG-CC	1.51 (1.13–2.03)	<b>0.005*</b>	0.69 (0.48–0.98)	<b>0.041*</b>	1.24 (0.94–1.62)	0.129	0.90 (0.60–1.36)	0.616
Recessive		GG-CG	1		1		1		1	
		CC	1.26 (0.87–1.82)	0.218	0.99 (0.66–1.46)	0.946	1.04 (0.75–1.44)	0.824	1.28 (0.80–2.07)	0.303
Log-additive		–	1.30 (1.07–1.59)	<b>0.010*</b>	0.85 (0.68–1.08)	0.180	1.11 (0.93–1.33)	0.256	1.04 (0.79–1.36)	0.798

SNP: Single nucleotide polymorphisms; OR: odds ratio; CI: Confidence interval.  

$p < 0.05$ , bold text and "\*" indicate statistical significance.

the risk of cardiovascular disease (CVD) and CAD [38,39]. So we speculated that *LPA* polymorphisms may play a vital role in DM. In the overall analysis, this study found that *LPA* rs3124784 was associated with an increased risk of DM in the Chinese population. Although no association of *LPA* polymorphisms with DM risk has been reported, the FPRP analysis in this study further validated that our results were still significant. Therefore, we speculated that *LPA* rs3124784 was a risk factor for DM in the Chinese population. DM demonstrates high genetic heterogeneity in populations [40], and further validation of our results in different populations is needed.

Former researches have indicated that a variety of risk factors, such as age [6], gender, smoking, drinking, etc [7,8], contribute to the development of DM. However, a study has suggested that BMI and

smoking are not independent risk factors for DM [6]. Consequently, our study stratified participants by the above factors, and the results indicated that rs3124784 of *LPA* significantly increased DM risk in different subgroups (male, non-smoking, non-drinking, BMI > 24), and gender differences were observed in DM risk. Consistent with our results, Zhang et al. have found that genetic polymorphisms can influence T2D risk in male participants [41]. Contrary to our findings, Cui et al. have indicated that genetic polymorphisms are associated with T2D susceptibility in females [42]. Tarnowski et al. have shown that genetic polymorphisms can influence GDM risk in female participants [43]. A study has indicated that there are significant differences in blood glucose levels among male [44]. Globally, more and more males are being diagnosed as DM. CAD mortality due to DM is higher in males

**Table 4.** the SNPs associated with susceptibility of diabetes mellitus in the subgroup tests (smoking and drinking).

SNP ID	Model	Genotype	Smoking				Drinking			
			Yes (N = 680) OR (95 % CI)	p	No (N = 740) OR (95 % CI)	p	Yes (N = 659) OR (95 % CI)	p	No (N = 761) OR (95 % CI)	p
rs2252816	Allele	G	0.99 (0.80–1.22)	0.904	1.10 (0.90–1.35)	0.351	1.05 (0.85–1.30)	0.658	1.04 (0.85–1.28)	0.684
		A	1		1		1		1	
	Codominant	GA	0.91 (0.63–1.29)	0.586	1.34 (0.95–1.88)	0.092	0.99 (0.69–1.41)	0.939	1.25 (0.90–1.74)	0.184
		GG	0.99 (0.64–1.52)	0.956	1.21 (0.79–1.85)	0.392	1.12 (0.72–1.74)	0.602	1.04 (0.69–1.58)	0.839
		AA	1		1		1		1	
	Dominant	GA-GG	0.93 (0.66–1.30)	0.673	1.30 (0.94–1.79)	0.109	1.03 (0.73–1.44)	0.884	1.19 (0.87–1.63)	0.278
		AA-GA	1		1		1		1	
	Recessive	GG	1.05 (0.73–1.52)	0.790	1.00 (0.69–1.45)	0.999	1.13 (0.78–1.65)	0.511	0.91 (0.63–1.29)	0.584
		AA-GG	1		1		1		1	
	rs9373985	Log-additive	–	0.99 (0.80–1.22)	0.908	1.12 (0.91–1.39)	0.290	1.05 (0.85–1.31)	0.635	1.04 (0.85–1.28)
Allele			G	0.91 (0.73–1.14)	0.416	1.19 (0.95–1.48)	0.123	1.05 (0.84–1.32)	0.671	1.04 (0.84–1.29)
Codominant		C	1		1		1		1	
		GC	0.75 (0.54–1.05)	0.091	1.32 (0.97–1.79)	0.076	0.99 (0.71–1.37)	0.950	1.10 (0.81–1.48)	0.550
		GG	0.90 (0.55–1.46)	0.664	1.28 (0.75–2.18)	0.372	1.17 (0.71–1.93)	0.541	1.02 (0.61–1.68)	0.949
Dominant		CC	1		1		1		1	
		GC-GG	0.78 (0.58–1.07)	0.124	1.31 (0.98–1.76)	0.070	1.03 (0.75–1.40)	0.875	1.08 (0.81–1.44)	0.592
Recessive		CC-GC	1		1		1		1	
		GG	1.03 (0.66–1.63)	0.886	1.10 (0.66–1.84)	0.705	1.18 (0.73–1.89)	0.504	0.97 (0.60–1.57)	0.900
rs3124784		Log-additive	–	0.89 (0.71–1.11)	0.297	1.20 (0.96–1.51)	0.114	1.05 (0.84–1.32)	0.663	1.04 (0.84–1.30)
	Allele		A	1.20 (0.89–1.62)	0.241	1.26 (0.95–1.68)	0.110	1.18 (0.87–1.61)	0.284	1.28 (0.96–1.70)
	Codominant	G	1		1		1		1	
		AG	1.21 (0.85–1.72)	0.287	1.46 (1.04–2.04)	<b>0.027*</b>	1.22 (0.86–1.73)	0.269	1.42 (1.02–1.97)	<b>0.038*</b>
		AA	1.72 (0.52–5.66)	0.376	0.81 (0.28–2.38)	0.702	1.26 (0.38–4.21)	0.702	0.97 (0.35–2.72)	0.954
	Dominant	GG	1		1		1		1	
		AG-AA	1.24 (0.88–1.75)	0.225	1.40 (1.01–1.94)	<b>0.042*</b>	1.22 (0.87–1.72)	0.253	1.38 (1.00–1.90)	<b>0.049*</b>
	Recessive	GG-AG	1		1		1		1	
		AA	1.63 (0.50–5.37)	0.420	0.73 (0.25–2.15)	0.574	1.20 (0.36–3.98)	0.766	0.89 (0.32–2.48)	0.820
	rs7765781	Log-additive	–	1.23 (0.90–1.69)	0.188	1.29 (0.96–1.73)	0.093	1.20 (0.87–1.64)	0.263	1.28 (0.96–1.71)
Allele			C	1.20 (0.97–1.49)	0.096	1.00 (0.81–1.23)	0.981	1.09 (0.88–1.36)	0.433	1.09 (0.89–1.33)
Codominant		G	1		1		1		1	
		CG	1.19 (0.84–1.68)	0.325	1.01 (0.72–1.41)	0.955	1.32 (0.93–1.87)	0.122	0.95 (0.68–1.31)	0.734
		CC	1.45 (0.93–2.27)	0.100	0.96 (0.63–1.47)	0.860	1.13 (0.72–1.77)	0.587	1.24 (0.82–1.88)	0.305
Dominant		GG	1		1		1		1	
		CG-CC	1.26 (0.91–1.74)	0.171	1.00 (0.73–1.36)	0.982	1.26 (0.91–1.76)	0.165	1.02 (0.75–1.39)	0.898
Recessive		GG-CG	1		1		1		1	
		CC	1.31 (0.88–1.94)	0.181	0.96 (0.66–1.38)	0.816	0.96 (0.65–1.41)	0.818	1.29 (0.89–1.85)	0.177
Log-additive		GG-CC	1		1		1		1	
	–	1.20 (0.97–1.50)	0.097	0.98 (0.80–1.21)	0.884	1.09 (0.88–1.36)	0.427	1.09 (0.89–1.34)	0.400	

SNP: Single nucleotide polymorphisms; OR: odds ratio; CI: confidence interval.  

$p < 0.05$ , bold text and **\*** indicate statistical significance.

than female [45]. The above results suggest that the susceptibility to DM may vary by gender. Contrary to our findings, Zhang et al. have found that genetic polymorphisms influence T2D risk in smoking and drinking participants [41]. Tian et al. have shown that genetic polymorphisms associated with the risk of T2D may be closely related to smoking and drinking [46]. Taken together, the association between rs3124784 and the risk of DM may be affected by smoking and drinking. Research has showed that genetic polymorphism affect BMI [44]. Consistent with our results, Matharoo et al. have revealed that genetic polymorphisms influence T2D risk in participants with high BMI and central obesity [47]. Zhang et al. have found that genetic polymorphisms influence T2D risk in participants with BMI > 24 [41]. Tian et al. have shown that the association of genetic polymorphisms with

the risk of T2D might be affected by BMI [46]. In conclusion, the association between rs3124784 and DM risk may be influenced by BMI. We also found that rs2252816 was associated with the course of DM. Consistent with our results, Zhang et al. have found that genetic polymorphisms are linked to the course of T2D [41]. Previous studies of chronic diseases in China have found that the risk of death increases by 13% for each 5-year increase in the course of DM [48]. Therefore, the association between genetic polymorphisms and DM may be affected by the course of the disease.

In addition, we found that the rs2252816 GG genotype and rs9373985 GG genotype were associated with an increased Cys-c in DM patients. It has been found that certain clinical blood parameters may be indicators of biological phenotypes in patients with

**Table 5.** the SNPs associated with susceptibility of diabetes mellitus in the subgroup tests (course of diabetes mellitus and retinal degeneration).

SNP ID	Model	Genotype	Course of diabetes mellitus		Retinal degeneration	
			>8 vs ≤ 8 years (N=701) OR (95 % CI)	<i>p</i>	Retinal degeneration vs no retinal degeneration (N=570) OR (95 % CI)	<i>p</i>
rs2252816	Allele	G	0.82 (0.66–1.01)	0.062	1.05 (0.83–1.33)	0.683
		A	1		1	
	Codominant	GA	0.67 (0.46–0.97)	<b>0.034*</b>	1.23 (0.82–1.84)	0.314
		GG	0.61 (0.38–0.96)	<b>0.035*</b>	1.10 (0.67–1.81)	0.702
	Dominant	AA	1		1	
		GA-GG	0.65 (0.46–0.93)	<b>0.017*</b>	1.19 (0.81–1.74)	0.369
	Recessive	AA-GA	1		1	
		GG	0.79 (0.53–1.17)	0.238	0.96 (0.63–1.47)	0.868
	Log-additive	AA-GG	1		1	
		–	0.77 (0.61–0.97)	<b>0.026*</b>	1.06 (0.83–1.36)	0.629
rs9373985	Allele	G	0.86 (0.69–1.08)	0.190	1.07 (0.84–1.37)	0.592
		C	1		1	
	Codominant	GC	0.81 (0.58–1.13)	0.212	1.36 (0.94–1.97)	0.098
		GG	0.72 (0.42–1.24)	0.240	0.99 (0.56–1.76)	0.977
	Dominant	CC	1		1	
		GC-GG	0.79 (0.57–1.09)	0.149	1.28 (0.90–1.81)	0.168
	Recessive	CC-GC	1		1	
		GG	0.81 (0.49–1.34)	0.411	0.85 (0.49–1.46)	0.552
	Log-additive	CC-GG	1		1	
		–	0.84 (0.66–1.06)	0.143	1.10 (0.85–1.42)	0.462
rs3124784	Allele	A	1.07 (0.80–1.42)	0.664	0.85 (0.61–1.18)	0.328
		G	1		1	
	Codominant	AG	1.06 (0.74–1.50)	0.755	0.74 (0.50–1.10)	0.135
		AA	0.93 (0.29–2.95)	0.901	1.79 (0.45–7.06)	0.407
	Dominant	GG	1		1	
		AG-AA	1.05 (0.74–1.48)	0.785	0.78 (0.53–1.14)	0.201
	Recessive	GG-AG	1		1	
		AA	0.91 (0.29–2.89)	0.880	1.94 (0.49–7.63)	0.343
	Log-additive	GG-AA	1		1	
		–	1.03 (0.76–1.41)	0.837	0.85 (0.60–1.20)	0.348
rs7765781	Allele	C	1.11 (0.90–1.37)	0.348	1.00 (0.79–1.26)	0.994
		G	1		1	
	Codominant	CG	1.29 (0.89–1.86)	0.176	1.15 (0.77–1.71)	0.496
		CC	1.19 (0.75–1.87)	0.460	0.99 (0.61–1.61)	0.962
	Dominant	GG	1		1	
		CG-CC	1.26 (0.89–1.78)	0.193	1.10 (0.75–1.60)	0.627
	Recessive	GG-CG	1		1	
		CC	1.02 (0.68–1.51)	0.938	0.91 (0.59–1.39)	0.653
	Log-additive	GG-CC	1		1	
		–	1.11 (0.89–1.39)	0.370	1.01 (0.79–1.28)	0.955

SNP: Single nucleotide polymorphisms; OR: odds ratio; CI: confidence interval.  
*p* < 0.05, bold text and <sup>\*</sup> indicate statistical significance.

metabolic diseases [49]. Consistent with our results, the study indicated that the increased levels of Cys-c lead to adverse outcomes in women with high-risk pregnancies and GDM [50]. Therefore, rs2252816 G/A and rs9373985 G/C are risk factors for DM patients.

Taken together, we first studied the correlation of between the polymorphisms of *FHL5* and *LPA* with DM risk. The results presented that *LPA* is a risk gene for DM. This study increased the understanding of this gene and provided a basis for subsequent studies. Meanwhile, association studies of this gene with DM will help to develop new therapeutic targets for DM. Furthermore, in terms of individualized health management, early screening of these susceptible loci related to DM may help to understand the pathogenesis and progress of DM, and provide reference for

the early detection, prevention and personalized treatment of DM.

However, our study has certain limitation due to the molecular mechanism of the polymorphisms of *FHL5* and *LPA* in DM in the Chinese population has not been studied. In the future, we will center on this issue. Despite the above shortcoming, our study provides new insights into the association between the gene polymorphisms of *FHL5* (rs2252816 G/A, rs9373985 G/C) and *LPA* (rs3124784 A/G, rs7765781 C/G) and DM risk.

## Conclusion

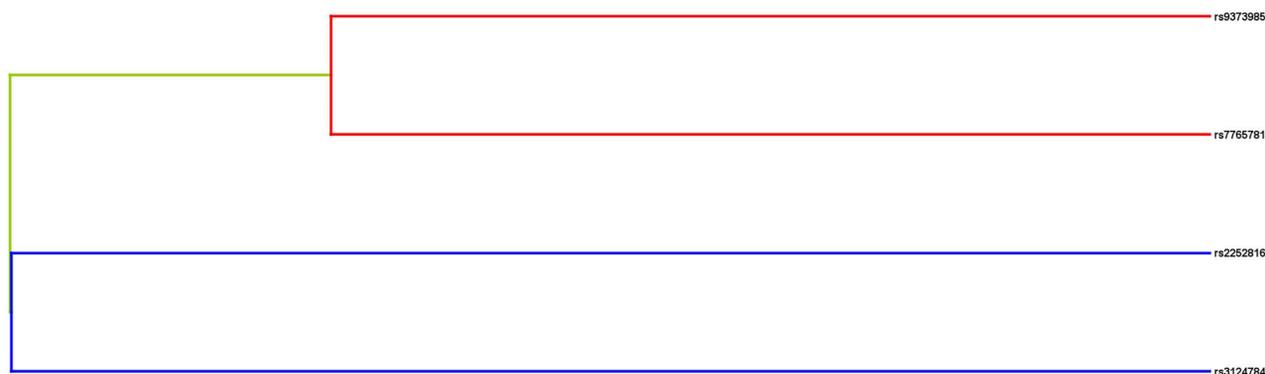
In summary, this study first investigated DM risk in the Chinese population based on polymorphisms of *FHL5* (rs2252816 G/A, rs9373985 G/C) and *LPA* (rs3124784

**Table 6.** the SNPs associated with susceptibility of diabetes mellitus in the subgroup tests (BMI).

SNP ID	Model	Genotype	BMI			
			≤ 24 (N=515) OR (95 % CI)	p	>24 (N=682) OR (95 % CI)	p
rs2252816	Allele	G	1.11 (0.86–1.42)	0.427	1.00 (0.80–1.24)	0.969
		A	1		1	
	Codominant	GA	1.22 (0.81–1.84)	0.347	1.11 (0.77–1.61)	0.572
		GG	1.27 (0.76–2.13)	0.367	1.01 (0.65–1.58)	0.966
		AA	1	1	1	
	Dominant	GA-GG	1.23 (0.84–1.82)	0.292	1.08 (0.76–1.53)	0.664
		AA-GA	1	1	1	
	Recessive	GG	1.12 (0.72–1.76)	0.615	0.94 (0.65–1.38)	0.765
		AA-GG	1	1	1	
	Log-additive	–	1.14 (0.88–1.47)	0.328	1.01 (0.81–1.26)	0.918
rs9373985	Allele	G	1.17 (0.90–1.52)	0.249	0.88 (0.70–1.11)	0.287
		C	1		1	
	Codominant	GC	1.11 (0.76–1.61)	0.598	0.91 (0.65–1.27)	0.563
		GG	1.59 (0.85–2.97)	0.146	0.77 (0.46–1.30)	0.333
		CC	1	1	1	
	Dominant	GC-GG	1.18 (0.83–1.69)	0.357	0.88 (0.64–1.21)	0.420
		CC-GC	1	1	1	
	Recessive	GG	1.51 (0.83–2.74)	0.174	0.81 (0.50–1.33)	0.411
		CC-GG	1	1	1	
	Log-additive	–	1.20 (0.92–1.58)	0.184	0.89 (0.70–1.12)	0.322
rs3124784	Allele	A	1.03 (0.73–1.46)	0.849	1.36 (0.99–1.87)	0.054
		G	1		1	
	Codominant	AG	1.08 (0.72–1.62)	0.703	1.57 (1.09–2.27)	<b>0.015*</b>
		AA	1.18 (0.32–4.33)	0.805	1.48 (0.36–6.15)	0.590
		GG	1	1	1	
	Dominant	AG-AA	1.09 (0.73–1.61)	0.675	1.57 (1.10–2.25)	<b>0.014*</b>
		GG-AG	1	1	1	
	Recessive	AA	1.15 (0.32–4.21)	0.831	1.32 (0.32–5.43)	0.703
		GG-AA	1	1	1	
	Log-additive	–	1.08 (0.76–1.55)	0.662	1.50 (1.07–2.11)	<b>0.018*</b>
rs7765781	Allele	C	1.31 (1.02–1.69)	<b>0.034*</b>	0.99 (0.79–1.23)	0.898
		G	1		1	
	Codominant	CG	1.27 (0.85–1.91)	0.243	1.02 (0.72–1.46)	0.903
		CC	1.92 (1.10–3.33)	<b>0.021*</b>	0.91 (0.58–1.43)	0.686
		GG	1	1	1	
	Dominant	CG-CC	1.40 (0.95–2.07)	0.087	0.99 (0.71–1.38)	0.947
		GG-CG	1	1	1	
	Recessive	CC	1.64 (1.01–2.68)	<b>0.047*</b>	0.90 (0.61–1.34)	0.601
		GG-CC	1	1	1	
	Log-additive	–	1.36 (1.04–1.78)	<b>0.023*</b>	0.96 (0.77–1.20)	0.737

SNP: Single nucleotide polymorphisms; OR: odds ratio; CI: confidence interval.  

$p < 0.05$ , bold text and \* indicate statistical significance.

**Figure 3.** Dendrogram of SNP-SNP interactions. The colors in the tree diagram represent synergy or redundancy.

A/G, rs7765781 C/G). The results showed that there was a certain association between *LPA* gene polymorphisms (rs3124784 A/G) and DM risk. Our study further

enriched the genetic data on DM susceptibility in the Chinese population, and provided a preliminary molecular basis for DM risk.

**Table 7.** SNP–SNP interaction models analyzed by the MDR method.

Model	Training Bal. Acc	Testing Bal. Acc	OR (95 % CI)	<i>p</i> value	CVC
rs3124784	0.527	0.506	1.30 (1.03–1.64)	<b>0.0282</b>	9/10
rs2252816, rs3124784	0.534	0.489	1.28 (1.04–1.58)	<b>0.0208</b>	6/10
rs9373985, rs3124784, rs7765781	0.549	0.489	1.45 (1.18–1.79)	<b>0.0005</b>	6/10
rs2252816, rs9373985, rs3124784, rs7765781	0.561	0.501	1.60 (1.30–1.97)	<b><i>p</i> &lt; 0.0001</b>	10/10

MDR: multifactor dimensionality reduction; Bal. Acc.: balanced accuracy; CVC: cross-validation consistency; OR: odds ratio; 95 % CI: 95 % confidence interval.

*p* values were calculated using  $\chi^2$  tests; *p* < 0.05 and bold text indicate statistical significance.

**Table 8.** Clinical characteristics of patients (*N* = 710) based on the genotypes of selected SNPs.

Characteristics	rs2252816				rs9373985			
	GG	GA	AA	<i>p</i>	GG	GC	CC	<i>p</i>
FPG	7.84 ± 4.15	8.06 ± 3.73	8.27 ± 3.70	0.594	8.57 ± 4.87	7.82 ± 3.55	8.20 ± 3.76	0.207
TC	4.03 ± 1.36	4.02 ± 1.38	4.06 ± 1.43	0.941	4.04 ± 1.56	4.05 ± 1.36	4.01 ± 1.37	0.917
TG	2.35 ± 2.28	2.44 ± 2.33	2.22 ± 1.16	0.554	2.62 ± 2.70	2.33 ± 2.21	2.32 ± 2.22	0.553
LDL-C	2.53 ± 0.79	2.57 ± 0.95	2.64 ± 1.00	0.565	2.44 ± 0.80	2.61 ± 0.97	2.58 ± 0.93	0.360
HDL-C	1.17 ± 1.18	1.09 ± 0.60	1.08 ± 0.30	0.405	1.27 ± 1.56	1.10 ± 0.63	1.06 ± 0.30	0.065
Ure	53.50 ± 120.64	44.84 ± 106.56	75.39 ± 142.58	<b>0.018*</b>	55.63 ± 120.52	46.90 ± 108.26	63.50 ± 132.86	0.234
Cr	66.76 ± 31.73	67.71 ± 44.62	68.84 ± 55.68	0.916	67.92 ± 34.39	68.52 ± 47.34	67.17 ± 46.57	0.935
GFR	105.19 ± 29.79	106.28 ± 31.06	106.20 ± 25.35	0.940	103.88 ± 32.66	105.33 ± 28.54	107.40 ± 29.10	0.599
AST	22.31 ± 15.79	21.93 ± 16.83	21.24 ± 10.91	0.827	23.08 ± 18.54	21.78 ± 15.26	21.53 ± 13.97	0.762
ALT	27.30 ± 30.04	25.43 ± 26.75	24.24 ± 19.65	0.616	28.57 ± 36.62	24.90 ± 19.83	25.21 ± 27.40	0.577
AST/ALT	0.97 ± 0.32	1.02 ± 0.41	1.07 ± 0.46	0.119	0.97 ± 0.29	1.00 ± 0.40	1.06 ± 0.44	0.147
TBA	5.36 ± 6.20	5.68 ± 5.31	5.60 ± 5.33	0.874	6.23 ± 7.98	5.59 ± 5.35	5.40 ± 4.77	0.566
UA	271.22 ± 150.94	271.92 ± 146.02	243.66 ± 155.57	0.134	272.03 ± 145.09	271.53 ± 150.38	254.29 ± 151.32	0.398
GHbA1c	8.38 ± 2.22	8.39 ± 2.30	8.43 ± 2.06	0.978	8.56 ± 2.52	8.38 ± 2.17	8.37 ± 2.19	0.789
Cys-c	1.38 ± 3.87	0.95 ± 0.44	0.94 ± 0.47	<b>0.035*</b>	1.78 ± 5.22	0.94 ± 0.45	0.94 ± 0.42	<b>0.001*</b>

FPG: fasting plasma glucose; TC: total cholesterol; TG: triacylglycerol; LDL-C: Low-density lipoprotein cholesterol; HDL-C: high-density lipoprotein cholesterol; Ure: Urea; Cr: creatinine; GFR: glomerular filtration rate; AST: aspartate aminotransferase; ALT: alanine aminotransferase; TBA: total bile acid; UA: uric acid; GHbA1c: glycosylated hemoglobin A1c; Cys-c: cystatin c.

*p* < 0.05, bold text and \* represent statistical significance.

## Acknowledge

We are very grateful to all volunteers, clinicians and hospital staff who participated in this study.

## Ethical approval and consent to participation

This study fully followed the principles of the Declaration of Helsinki and was approved by the Ethics Committee of People's Hospital of Wanning. Informed consent from all participants was obtained.

## Author contributions

Xuezhong Xu wrote the paper; Xuezhong Xu, Fangyun Liang, Jinmei Chen analyzed and interpreted the data; Yipeng Ding conceived and designed the experiments; Feihong Chen, Lingyi Kong performed the experiments. All authors reviewed the manuscript.

## Disclosure statement

No potential conflict of interest was reported by the author(s).

## Funding

This work was supported by the Hainan Province Medical and Health Scientific Research Project [grant number 21A200287].

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