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# Antimycobacterial Activity of Some Turkish Plants

# F. Tosun, Ç. Kızılay, B. Şener, M. Vural & P. Palittapongarnpim

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F. Tosun<sup>1</sup>, Ç. Akyüz Kızılay<sup>1</sup>, B. Şener<sup>1</sup>, M. Vural<sup>2</sup> and P. Palittapongarnpim<sup>3</sup>

<sup>1</sup>Department of Pharmacognosy, Faculty of Pharmacy, Gazi University, Ankara; <sup>2</sup>Department of Biology, Faculty of Arts and Sciences, Gazi University, Ankara, Turkey; <sup>3</sup>Department of Microbiology, Faculty of Sciences, Mahidol University, Bangkok, Thailand

#### Abstract

In this study, 70% ethanol extracts from 98 different plant species distributed among 21 families were evaluated for antimycobacterial activity. Sempervirine was isolated from *Buxus sempervirens* with a minimum inhibitory concentration (MIC) of  $6.25 \,\mu$ g/ml.

**Keywords:** Antimycobacterial activity, *Buxus sempervirens*, *Mycobacterium tuberculosis*.

## Introduction

Tuberculosis remains a major world health problem, in particular, since the incidence of multidrug-resistant tuberculosis has increased in many countries (Cantrell et al., 1998). In recent years, a large number of reports on the structurally effective new antituberculosis natural products from plants have appeared. In this study, 98 different plant species from Turkey were evaluated for antimycobacterial activity and sempervirine was isolated from *Buxus sempervirens* as an active compound.

### Materials and methods

#### General experimental procedures

<sup>1</sup>H NMR and <sup>13</sup>C NMR spectra were recorded on a Bruker 400 MHz spectrometer. Mass spectra were obtained on a HP-1050 VG-Platform Micromass (EI+) instrument. IR spectra were run in KBr discs on a Perkin Elmer 1330 Spectrophotometer. UV spectra were recorded on a Beckman DU 650 UV-vis Spectrophotometer cabled to a Star LC-20 printer recorder.

#### **Plant materials**

Collecting regions and used parts of examined plants are given in Table 1. All voucher specimens were deposited at the "Gazi Universitesi Fen Fakültesi Herbaryumu-GAZİ", in Ankara, Turkey. Plants were identified by M. Vural.

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#### Preparation of extracts and fractions

Ethanol extracts of the air-dried and powdered plant material were prepared by repeated extraction with 70% ethanol at room temperature. For the fractions, air-dried and powdered plant material was sequentially extracted at room temperature with petroleum ether, chloroform, methanol and water. The solvents were removed under vacuum.

#### Antimycobacterial assay

Antimycobacterial bioassay was performed using the microplate Alamar blue assay (MABA) (Collins & Franzblau 1997). Suspensions of Mycobacterium tuberculosis H<sub>37</sub>Ra strains were prepared at a concentration of about 10<sup>5</sup> cells/ml, 100 µl of the bacterial suspension were added to each well of a microtiter plate together with the plant extracts in Middlebrook 7H9 medium to the final volume of 200 µl, and the final concentration of the plant extracts were 50, 100 and 200 µg/ml. After incubation for about 7 days, 20 µl of Alamar blue dye were added to the control well. If the dye turned pink, indicating bacterial growth, the dye was than added to all remaining wells in the plate. The results were read in the following day. If the ethanol extracts of plants were active at 200 µg/ml, the minimum inhibitory concentration (MIC) of the fractions of these active plants was determined. For standard tests, the MIC values of rifampin, isoniazid and

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Address correspondence to: Prof. F. Tosun, Department of Pharmacognosy, Faculty of Pharmacy, Gazi University, 06330 Ankara-Turkey. E-mail: ftosun@gazi.edu.tr

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*Table 1.* Plant materials used for antimycobacterial activity screening and MIC values of their ethanol extracts against *Mycobacterium tuberculosis*  $H_{37}$ Ra.

ts Locations		Plant part*	MIC (µg/ml)
Amaryllidaceae			
Galanthus elwesii Hooker fil.	Antalya-Akseki	В	200
G. ikariae Baker	Trabzon-Sürmene	В	200
Leucojum aestivum L.	Samsun-Terme	В	100
Narcissus tazetta L. ssp. tazetta	Antalya-Kumluca	В	100
Pancratium maritimum L.	Bartın-İnkum	В	100
Anacardiaceae			
Pistacia atlantica Desf.	Karabük-Safranbolu	Br	_
		L	_
		Fr	_
P lentiscus L.	Muğla-Bodrum	Br	_
		L	_
P terebinthus L ssp. palaesting (Boiss) Engler	Mersin-Cennet-Cehennem	Br	200
weisin-cennet-cenenien		L	200
Aspleniaceae			
Asplentum septentrionale (L.) Hoffm. Apiaceae (Umbelliferae)	Trabzon-Altindere	А	_
Angelica sylvestris L. var. sylvestris	Giresun-Şebinkarahisar	А	_
Apium graveolens L.	Cultivated	L	_
Artedia squamata L.	Karabük-Safranbolu	А	200
Astrantia maxima Pallas ssp. maxima	Trabzon-Zigana pass	А	_
Coriandrum sativum L.	Cultivated	Fr	50
Foeniculum vulgare Miller	Cultivated	Fr	50
Heracleum platytaenium Boiss.	Trabzon-Hamsiköy	А	_
1 2	,	Fr	_
Ligusticum alatum (Bieb.) Sprengel	Giresun-Sebinkarahisar	А	_
Pimpinella affinis Ledeb.	Trabzon-Altındere	А	50
P anisum L.	Cultivated	Fr	200
Smvrnium olusatrum L.	İstanbul-Baltalimanı	А	_
Tordvlium apulum L.	İstanbul-Sarıver	A	_
Вихасеае			
Buxus sempervirens L.	Rize-Camlihemsin	L	50
		Br	100
Campanulaceae			
Campanula alliarifolia Willd.	Giresun-Şebinkarahisar	А	-
C. rapunculoides L. ssp. rapunculoides	Trabzon-Altindere	А	200
C. lactiflora Bieb	Giresun-Şebinkarahisar	А	200
Capparaceae			
Capparis spinosa L. var. spinosa	Muğla-Bodrum	Fr	200
		А	—
Caprifoliaceae			
Lonicera etrusca Santi var. etrusca	Aydın-Kuşadası	А	_
Sambucus ebulus L.	Trabzon-Tonya	А	50
S. nigra L.	İzmir-Bozdağ	А	200
Corylaceae			
Carpinus orientalis Miller ssp. orientalis	Trabzon-Altındere	L	_
Corylus avellana L. var. avellana	Giresun-Şebinkarahisar	L	_
Cucurbitaceae			
Ecballium elaterium (L.) A. Rich.	Muğla-Bodrum	А	_
	C C	Fr	_
Momordica charantia L.	Bursa-Akköy	Fr	200
Ericaceae	-		
Erica arborea L.	İstanbul-Büyükada	А	_
Rhododendron luteum Sweet	Trabzon-Altindere	А	_
R. ponticum L. ssp. ponticum	Trabzon-Tonya	А	_
Vaccinium arctostaphylos L.	Trabzon-Tonya	А	_

Table	1.	Continued
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Plants	Locations	Plant part*	MIC (µg/ml)
Euphorbiaceae			
Euphorbia helioscopia L.	Nevşehir-Ürgüp	А	_
E. macroclada Boiss.	Ankara-Çankaya	А	_
E. oblongifolia (C. Koch) C. Koch	Trabzon-Zigana pass	А	_
Fagaceae			
<i>Quercus ithaburensis</i> ssp. macrolepis	Ankara-Cankaya	L	_
Gentianaceae			
Gentiana cruciata L.	Trabzon-Zigana pass	А	200
G. septemfida Pallas	Trabzon-Zigana pass	А	_
Leguminosae	en en en en en en en en en en en en en e		
Acacia dealbata Link	Cultivated	L+F1	200
A. cvanonhvlla Lindlev	Cultivated	L	50
Albizia julibrissin Durazz	Cultivated	L+F1	_
Astragalus caraganae Fisch et Mey	Van-Akdamar	A	_
Astragalus pycnocenhalus Fischer var pycnocenhalus	Van-Akdamar	A	_
Caesalninia gillesii Wall ex Hook	Cultivated	Δ	200
Calicotoma villosa (Poiret) Link	İstanbul Büyükada	Λ	100
Ciaco anistinum I	Cultivotod		100
Cicer ariennam L.	Von Commune of the Univ	A	200
Coronita varia L. ssp. varia	van-Campus of the Oniv.	A	200
Galega officinalis L.	Bolu-Bolu mountain	A	_
Genista sessilifolia DC.	Ankara-Lalahan	A	—
Genista albida Willd.	Ankara-Beynam	A	—
Gonocytisus pterocladus (Boiss.) Spach	Hatay-Narlıca	A	_
Gonocytisus angulatus (L.) Spach	Izmır-Bornova	A	_
Lathyrus pratensis L.	Giresun-Şebinkarahisar	А	-
Lotus corniculatus L. var. corniculatus	Van-Muradiye	А	_
Lupinus angustifolius L.	Aydın-Avcılar	А	—
Mellilotus officinalis (L.) Desr.	Ankara-Batikent	А	—
Parkinsonia aculeata L.	Cultivated	L	200
Robinia pseudoacacia L.	Cultivated	L+F1	-
Spartium junceum L.	İstanbul-Kartal	А	50
Vicia faba L.	Cultivated	А	—
<i>V. sativa</i> L.	İstanbul-Tellibaba	А	200
Wisteria sinensis Sweet	Cultivated	L+F1	—
Liliaceae			
Allium scorodoprasum L. subsp. rotundum(L.) Stearn	Van-Akdamar	В	_
		F1	_
Asphodelus aestivus Brot.	Antakya-Arsuz	L	_
Lilium candidum L.	Antalya-Aspendos	В	_
Ornithogalum armeniacum Baker	Aydın-Avcılar	F1	_
O. umbellatum L.	Afvon-Dinar	В	_
		F1	100
Urginea maritima (L.) Baker	İzmir-Kesre	В	_
Myrtaceae			
Myrtus communis L	İzmir-Aliağa	L	_
Ranunculaceae	izinii Tinaga	Ľ	
Adonis flammea Jaca	Ankara-Batikent	А	_
Consolida orientalis (Gay) Schröd	Van-Campus of the Univ	Δ	_
Ranunculus constantinonolitanus (DC) d'Urv	Bolu-Gerede	A	_
<i>R</i> illuvieus I	Van-Muradive	Δ	—
R. Mynuus L. Thaliatuum minus I. var mains (Cronte) Cronin	Girasun Sahinkarahisar	A	200
<b>P</b> osecono	Onesun-şeonikaranısar	А	200
Alahamilla mallia (Ducar) Dather	Trabzon Zigono noso	٨	
Archemitia motifs (Buser) Kothm.	Tradzon-Zigana pass	A	—
Armeniaca vulgaris Lam.	Cunivated	L	_
		r c	_
		8	—

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Table 1. Continued

Plants	Locations	Plant part*	MIC (µg/ml)	
Cerasus avium (L.) Moench	Cultivated	L	50	
C. vulgaris Miller	Cultivated	L	_	
Chanomeles speciosa (Sweet) Nakai	Cultivated	L+Fr	50	
Cydonia oblonga Miller	Cultivated	L	_	
Fragaria vesca L.	Trabzon-Zigana pass	L+Fr	_	
Laurocerasus officinalis Roemer	Giresun-Giresun castle	L	_	
		Fr	_	
Malus sylvestris Miller ssp. mitis (Wallr.) Mansf.	Cultivated	L	_	
Persica vulgaris Miller	Cultivated	L	_	
Potentilla recta L.	Van-Muradiye	А	_	
Pyracantha coccinea Roemer	Muğla-Bodrum	А	_	
Pyrus communis L. ssp. sativa (DC.) Hegi	Kültür	L	_	
Rosa canina L.	Trabzon-Akçaabat	L+Fr	_	
Rubus sanctus Schreber	Trabzon-Maçka	L+Fr	_	
Scrophulariaceae				
Melampyrum arvense L. var. elatius Boiss.	Trabzon-Tonya	А	_	
Verbascum vulcanicum Boiss. et Heldr.	Nevşehir-Hacıbektaş	А	_	
Veronica anagallis-aquatica L.	Giresun-Şebinkarahisar	А	_	
Ulmaceae				
Celtis glabrata Steven et Planchon	Kastamonu-Araç	L	-	

\*A, aerial; B, bulbs; Br, branches; Fl, flowers; Fr, fruits; L, leaves; P, pulp; S, seeds; -, inactive.

kanamycin were determined each time. The acceptable MIC ranges of drugs were 0.0047–0.0095, 0.05–0.1 and 2.5– $5.0 \mu$ g/ml, respectively.

#### **Isolation of sempervirine**

(+)-Sempervirine, a major alkaloid, was isolated from the alkaloid fraction of the air-dried leaves of *Buxus semper-virens* as previously reported, and its physical and spectral data were in agreement with those published in the literature (Atta-ur-Rahman et al., 1991).

#### **Results and Discussion**

The extracts and fractions that could not prevent growth of the microorganism up to a concentration of 200 µg/ml were considered inactive. Eighteen of the 98 plants inhibited growth at a concentration of 200µg/ml, 6 plants inhibited growth at 100µg/ml, and nine plants inhibited growth at 50 µg/ml concentrations, as listed in Table 1. Fractions prepared from nine active plants at the concentration 50 µg/ml were tested using the same method. As shown in Table 2, the highest level of antimycobacterial activity was found in the chloroform fraction of *B. sempervirens* and petroleum ether fraction of Pimpinella affinis. An alkaloid extract obtained from the leaves and stems of B. sempervirens was previously reported for use in the treatment of tuberculosis, although its exact potency was not reported (Merck and Co., 1957). TLC analysis of the fractions of B. sempervirens showed that alkaloids were the major compound in chloroform and methanol *Table 2.* Minimum inhibitory concentrations of fractions against *Mycobacterium tuberculosis* H<sub>37</sub>Ra.

Plants	MIC (µg/ml)			
	Р	С	М	W
Acacia cyanophylla	100	100	50	50
Buxus sempervirens	200	25	50	200
Cerasus avium	50	50	50	_
Chanomeles speciosa	100	50	_	_
Coriandrum sativum	50	50	_	_
Foeniculum vulgare	100	50	200	_
Pimpinella affinis	25	100	_	200
Sambucus ebulus	100	50	100	_
Spartium junceum	200	50	_	_

P, petroleum ether fraction; C, chloroform fraction; M, methanol fraction; W, water fraction.

fractions. On the basis of these results, the alkaloid fraction obtained from the leaves of *B. sempervirens* and sempervirine isolated from the alkaloid fraction were tested against *M. tuberculosis* separately. The MIC values were determined as 12.5 and  $6.25 \,\mu$ g/ml, respectively. Further investigation of other plants with high activity is currently in progress.

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