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The clinical significance of a positive Amnisure testTM in women with term labor with intact membranes

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Abstract

Objective. The Amnisure ROMTM test is approved for the diagnosis of rupture of membranes (ROM). Yet, a fraction of patients with a positive test have intact membranes by sterile speculum examination. The objective of this study was to determine the clinical significance of this finding.

Methods. The study population consisted of four groups of nulliparous women at term: (1) not in labor without clinical evidence of ROM ($n = 125$); (2) in labor without clinical ROM with a negative Amnisure testTM ($n = 56$); (3) in labor without clinical ROM with a positive Amnisure testTM ($n = 25$); and (4) in labor with clinical ROM ($n = 30$). The Amnisure testTM was performed in cases without clinical ROM (Groups 1, 2 and 3).

Results. (1) The Amnisure testTM was positive more frequently in women in labor with intact membranes than in patients not in labor at term without ROM (30.9% (25/81 women) *vs.* 4.8% (6/125 women); $p < 0.001$); (2) patients in labor without clinical ROM with a positive Amnisure testTM had a significantly shorter admission-to-delivery interval than those in labor without clinical ROM with a negative Amnisure testTM ($p < 0.05$).

Conclusion. (1) A positive Amnisure testTM is present in about one-third nulliparous women at term presenting in labor with intact membranes; (2) patients with a positive Amnisure testTM had a shorter admission-to-delivery interval than those with a negative test.

Keywords: Amnisure ROM testTM, placental α microglobulin-1, rupture of membranes, labor, term birth

Introduction

The Amnisure ROM testTM is a new method to diagnose rupture of the fetal membranes (ROM). The test detects placental α -microglobulin-1 (PAMG-1) in cervicovaginal fluid. The concentration of this protein in amniotic fluid is 1000–10,000 times higher than in the case of cervicovaginal fluid (2000–25,000 ng/ml *versus* 0.05–2.0 ng/ml) [1–3]. Therefore, the presence of high concentrations of PAMG-1 in cervicovaginal fluid is considered evidence of ROM, and the threshold of the test for the diagnosis of ROM has been set at 5.0 ng/ml.

Clinical experience with this test indicates the existence of a subgroup of patients with a positive Amnisure testTM without evidence of ROM by standard criteria (including pooling, nitrazine, and ferning) [4]. A positive Amnisure testTM without clinical evidence of ROM has been con-

sidered as a false positive test, and the precise clinical significance of this finding has not yet been determined.

Some investigators have proposed that high concentrations of PAMG-1 in cervicovaginal fluid in patients without clinical proof of ROM may represent evidence of microleakage of amniotic fluid [4]. The objective of our study was to determine the frequency of a positive Amnisure testTM in term pregnant women without clinical evidence of ROM, as well as the outcome of such patients.

Methods

Study population

Term nulliparous women with singleton pregnancies admitted to the Seoul National University Hospital were asked to participate in a prospective cohort study

designed to examine the clinical significance of a positive Amnisure ROM testTM in cases with intact membranes. Cases with premature rupture of membranes were not included. A total of 236 women agreed to participate in the study. The Institutional Review Board of Seoul National University Hospital approved this study, and written informed consent was obtained from all patients for the collection and analysis of specimens and clinical data. Patients were divided into four groups according to the presence or absence of labor, clinical evidence of ROM, and the result of Amnisure ROM testTM: Group 1 – without labor or clinical evidence of ROM (admitted for elective Cesarean section or induction of labor) ($n = 125$); Group 2 – in labor without clinical evidence of ROM with a negative Amnisure ROM testTM ($n = 56$); Group 3 – in labor without clinical evidence of ROM with a positive Amnisure ROM testTM ($n = 25$); and Group 4 – labor with clinical evidence of ROM ($n = 30$) (Figure 1). The Amnisure ROM testTM was performed in cases without clinical evidence of ROM (Groups 1, 2 and 3).

Diagnosis of clinical ROM

‘Clinical ROM’ was diagnosed: (1) if the leakage of amniotic fluid from the cervical os was seen on speculum examination or (2) if two of the following three signs were present: pooling of amniotic fluid in the vaginal fornix, a positive nitrazine test, and a positive ferning test. Women who had neither history nor clinical evidence of ROM were considered as those without clinical ROM. Four cases in which a history and clinical evidence showed discrepancy were excluded.

Performance of Amnisure ROM testTM

The Amnisure ROM testTM (PAMG-1 immunoassay, Amnisure ROM test, N-Dia, New York, NY)

was performed in patients without clinical ROM (Groups 1–3), according to manufacturer’s instructions. Briefly, a sterile polyester swab provided by the manufacturer was inserted into the vaginal fornix for 1 min. The swab was placed into the solvent and rinsed for 1 min. After removing the swab, the test strip was dipped into the solvent, and the result was determined after 5–10 min. This immunoassay result was reported as positive or negative.

Statistical analysis

Proportions were compared with the Fisher’s exact test. Kruskal-Wallis analysis of variance test was utilised for comparison of continuous variables among groups. Multiple comparisons of continuous variables between groups were performed with the Mann-Whitney *U*-test. The generalised Wilcoxon test for survival analysis was used to compare the admission-to-delivery interval. Patients who underwent Cesarean delivery during labor had their admission-to-Cesarean section interval treated as censored observations, with a censoring time equal to the admission-to-delivery interval. Cox proportional hazards modeling was used to compare the admission-to-delivery interval between groups after adjustment for confounding variables. A probability value of <0.05 was considered significant.

Results

Result of Amnisure ROM testTM

The Amnisure ROM testTM was performed in 206 patients without evidence of clinical ROM (Groups 1, 2 and 3), and was positive in 4.8% of patients without labor (6/125 in Group 1) and in 30.9% (25/81 in Groups 2 and 3) of patients in labor without clinical ROM. ROM was identified by the leakage of amniotic fluid during the subsequent

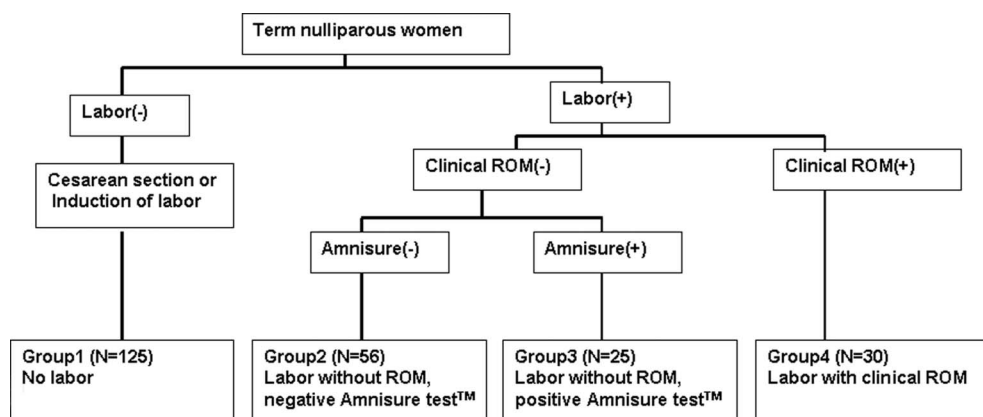


Figure 1. Study population.

course of labor in all cases with labor, but without clinical evidence of ROM at admission (Groups 2 and 3).

Characteristics of the study population

Table I shows the demographic characteristics of the study population. There were no significant differences in maternal age, BMI, gestational age, cervical dilatation and birth weight among three groups of cases with labor at admission (Groups 2, 3 and 4).

Pregnancy outcomes

Figure 2 describes the admission-to-delivery interval among three groups (Groups 2, 3 and 4). In eight patients who were delivered by cesarean section, this interval was censored. The indications for cesarean section were failure to progress in all eight cases. Patients in labor without clinical ROM, but with a positive Amnisure testTM (Group 3), had a significantly shorter admission-to-delivery interval than patients in labor without clinical ROM with a negative Amnisure ROM testTM (Group 2) (median 6.88 h, range 1.18–15.98 h in Group 3 *versus* median 9.79 h, range 2.32–33.07 h in Group 2; $p < 0.05$). However, there was no significant difference in the admission-to-delivery interval between patients without clinical ROM but with a positive Amnisure testTM (Group 3), and those with clinical ROM

(Group 4) ($p > 0.1$, see Figure 2). Multivariate survival analysis demonstrated that the admission-to-delivery interval in patients without clinical ROM

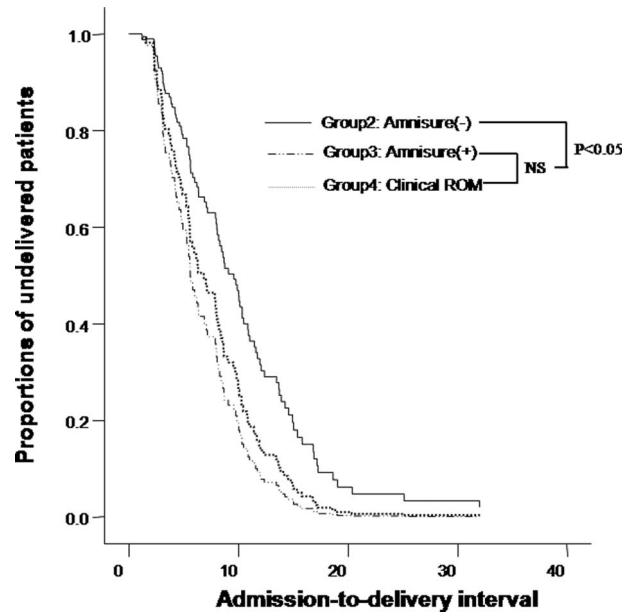


Figure 2. Survival analysis of admission-to-delivery interval, according to the presence of clinical ROM and results of Amnisure testTM [Group 2, in labor without clinical ROM and results of the Amnisure with a negative Amnisure testTM: median, 9.79 h (range, 2.32–33.07); Group 3, in labor without clinical ROM with a positive Amnisure testTM: median, 6.88 h (range, 1.18–15.98); Group 4, in labor with clinical ROM: median, 5.58 h (range, 1.80–33.47)]. NS, not significant.

Table I. Demographics and intra-partum characteristics.

Characteristics	No labor (Group 1; $n = 125$)	Labor without clinical ROM		Labor with clinical ROM (Group 4; $n = 30$)	p
		Amnisure(–) (Group 2; $n = 56$)	Amnisure(+) (Group 3; $n = 25$)		
Maternal age (yr, mean \pm SD)	30.3 \pm 3.5	30.3 \pm 4.0	30.0 \pm 3.6	30.1 \pm 3.7	NS
Maternal age ≥ 35 yr (n (%))	14 (11.2)	9 (16.1)	4 (16)	3 (10.0)	NS
Gestational age at admission (weeks, mean \pm SD)	39.8 \pm 1.2	39.8 \pm 0.9	39.9 \pm 0.8	39.6 \pm 0.9	NS
Cervical dilatation at admission (cm, mean \pm SD)	0.4 \pm 0.6*	2.2 \pm 1.3	2.4 \pm 1.0	2.1 \pm 1.7	< 0.001
Use of regional analgesia (n (%))	56/99 (56.6) [†]	32 (57.1)	16 (64.0)	17 (56.7)	NS
Use of oxytocin (n (%))	76/99 (76.8) ^{†*}	21 (37.5)	9 (36.0)	10 (33.3)	< 0.001
Pre-pregnancy BMI (kg/m^2 , mean \pm SD)	20.9 \pm 2.9 [‡]	20.4 \pm 3.2	20.1 \pm 4.4	19.4 \pm 2.0	< 0.05
Pre-pregnancy BMI $> 29 \text{ kg/m}^2$ (n (%))	2/123 (1.6)	2/51 (3.9)	1/23 (4.3)	0/29 (0)	NS
Gestational age at delivery (weeks, mean \pm SD)	40.0 \pm 1.2 [§]	39.9 \pm 0.9	39.9 \pm 0.8	39.6 \pm 0.9	< 0.001
Birthweight (g, mean \pm SD)	3296 \pm 460	3205 \pm 331	3244 \pm 397	3253 \pm 393	NS
Birthweight $\geq 4 \text{ kg}$ (n (%))	7 (5.6)	0 (0)	1 (4.0)	0 (0)	NS
Cesarean delivery (n (%))	18/99 (18.2) [†]	4 (7.1)	1 (4.0)	3 (10.0)	NS

[†]Number of corresponding cases among patients who were planned for induction ($n = 99$). Twenty-six patients who were admitted for elective cesarean section, were excluded from analysis.

* $p < 0.05$ compared with the other groups (Groups 2, 3 and 4).

[‡] $p < 0.05$ compared with Groups 3 and 4.

[§] $p < 0.05$ compared with Group 4.

but with a positive Amnisure testTM was shorter than that of patients without clinical ROM and with a negative Amnisure ROM testTM, after adjusting for confounding variables such as maternal age, maternal pre-pregnancy BMI, length of gestation, cervical effacement and dilatation at admission, birthweight, the use of oxytocin augmentation, and the use of regional analgesia.

Discussion

Principal findings of the study

(1) The Amnisure ROM TestTM was positive in 31% of term nulliparous women presenting with labor with clinically intact membranes and in 5% of those without labor; (2) a positive Amnisure TestTM was associated with a shorter admission-to-delivery interval.

Clinical and biological background

A conclusive diagnosis of ROM can be made when leakage of amniotic fluid from the cervical os is observed at the time of speculum examination. Sometimes, the diagnosis can be difficult to make in some patients, and standard practice consists of using a combination of pooling of amniotic fluid, a nitrazine test and a ferning test. However, a nitrazine test can give a false positive result if the sample is contaminated with blood, semen or antiseptics, or if the patient has vaginitis or cervicitis [5,6]. On the other hand, false negative results can be obtained when the amount of fluid available for analysis is scant [5]. Ferning suggests amniotic fluid rather than cervical fluid in pregnancy, but this test can also yield incorrect results in the case of the presence of fingerprints on a slide, semen, cervical mucus or blood contamination or a dry swab [7–9].

Several alternative tests – including α -fetoprotein [10], insulin-like growth factor binding protein-1 [11,12], fetal fibronectin [13] and prolactin [14,15] have been suggested for the diagnosis of ROM. However, tests based on these analytes have not produced a satisfactory diagnostic performance.

The Amnisure ROM testTM is an immunoassay that detects high concentrations of PAMG-1 present in amniotic fluid. PAMG-1 is present in very low concentrations in blood or in cervicovaginal fluid when the membranes are intact.

Strength and weakness of the study

Several studies have shown an excellent accuracy of the Amnisure testTM in the diagnosis of ROM. Cousin et al. [3] reported a sensitivity of 98.0%,

specificity of 100%, positive predictive value of 100% and a negative predictive value of 99.1% in a population with a ROM prevalence of 44.8%. Lee et al. demonstrated that the Amnisure testTM has a better diagnostic accuracy than the nitrazine test, even when conventional clinical criteria were used (a combination of pooling, nitrazine and ferning) [4].

In light of the high diagnostic accuracy of the Amnisure testTM, the clinical significance of a positive Amnisure testTM without clinical evidence of ROM needs to be determined. We have proposed that this discrepancy could be attributed to 'microscopic ROM' and leakage of amniotic fluid detected as a positive Amnisure testTM. To our knowledge, ours is the first study to examine the outcome of patients with discrepant clinical tests and findings. We found that the prevalence of discrepant tests is higher in women in labor than in women not in labor. Moreover, we established that patients in labor, with discrepant results, had a shorter interval-to-delivery than those with a negative Amnisure testTM and intact membranes.

Microscopic ROM in other studies

A discrepancy between the results of an Amnisure testTM and sterile speculum examination was also reported in the study of Lee et al. [4]. Among this study's 184 patients, who were admitted with signs or symptoms of ROM, 23 showed a positive Amnisure testTM in spite of a negative sterile speculum examination for ROM. Among these 23 individuals, 10 had labor at presentation (six patients at term and four patients with preterm gestations) and 20 patients were subsequently diagnosed as ROM by repeated examinations performed later during admission. Of major interest is that all patients with preterm labor and intact membranes who had a positive Amnisure testTM delivered within 7 days.

Erdemoglu and Mungan [11] examined the PROM test (detection of IGF BP-1 in cervicovaginal secretions) in patients with a history of PROM, but with a negative sterile speculum examination. In these patients, a positive result of the PROM test was the only predictor of delivery within 7 days. A positive PROM test was also interpreted as reflecting 'microscopic ROM'.

Our study included only term pregnant women, and examined the prevalence of a positive Amnisure testTM in patients without a history and clinical evidence of ROM. The prevalence of a positive Amnisure testTM with a negative sterile speculum examination in women in labor at term was 30.9%. Clearly, this is higher than the prevalence of ROM at term, which is 10%.

Clinical significance

Our finding that patients with labor and a positive Amnisure testTM or clinical ROM had a shorter duration of labor than those without clinical ROM and a negative Amnisure testTM is consistent with the results of Gross et al., who found that labor was much shorter if patients had ROM at admission, although they did not consider the presence of labor at presentation [16].

Unanswered questions and proposal for future research

What is the cause of a positive Amnisure testTM in patients without clinical evidence of ROM? The different prevalence of a positive Amnisure testTM between the group without labor (Group 1) and the groups in labor without clinical ROM (Groups 2 and 3) do not seem to originate from a difference in gestational age, because mean gestational age at admission of Group 1 (no labor) was not significantly different with that of laboring groups (Groups 2 and 3), while the prevalence of a positive Amnisure testTM did not increase with gestational age ($p > 0.1$). In addition, the prevalence of a positive Amnisure testTM was not increased with cervical effacement or dilatation in patients with labor and intact membranes (Groups 2 and 3; $p > 0.1$). This finding suggests that a positive Amnisure testTM may be associated with labor itself, rather than increased gestational age or cervical dilatation. One possible mechanism of a positive Amnisure testTM in patients without clinical evidence of ROM is that labor may cause micro-perforations in fetal membranes, through which only a small amount of amniotic fluid can pass. Another possible mechanism is that labor may induce increased intra-uterine pressure, which could result in increased transudation of amniotic fluid through the chorioamniotic membranes. Mann et al. showed that chorioamniotic membrane pores of ovine fetuses allowed transmembranous passage of non-polar solutes of up to 69 kD molecular weight, which is bigger than 34 kD molecular weight of PAMG-1 [17]. Through this pre-existing membrane porosity, PAMG-1 can transudate with increased intra-uterine pressure. Unlike conventional clinical tests, the high sensitivity of an Amnisure testTM may make it possible to detect a very small amount of PAMG-1 in cervicovaginal fluid which passed chorioamniotic membranes during labor.

The clinical meaning of a positive Amnisure testTM with a negative sterile speculum examination needs to be determined in patients with preterm labor, since the studies of Erdemoglu and Mungan [11] and Lee et al. [4] suggest that microscopic ROM could be associated with delivery within 7 days.

Moreover, the determination of whether a positive Amnisure testTM can detect preterm PROM in its preclinical phase is critical. The relationship between a positive Amnisure testTM and intraamniotic infection and/or inflammation also needs to be determined, because labor itself is associated with intraamniotic infection and/or inflammation, histologic chorioamnionitis and acute inflammation gene expression signature in term pregnant women [18–20].

In conclusion, a positive Amnisure testTM is present in about one-third of term laboring nulliparas who subsequently have a shorter interval-to-delivery than women with a negative test.

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