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EXPERT OPINION

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A multicenter, randomized, observation-controlled clinical trial to evaluate the efficacy and safety of thymalfasin adjuvant therapy in patients with HBV-related HCC after curative resection – first announcement of the protocol

Shuang-Jian Qiu, Zhong-Guo Zhou, Feng Shen, Ai-Jun Li, Min-Shan Chen, Min-Gang Ying, Zhong Chen, Yi-Xin Zhang, Hui-Chuan Sun & Jia Fan[†] [†]Zhongshan hospital and Fudan University, Liver Cancer Institute, Shanghai, China

Hepatocellular carcinoma (HCC), the third leading cause of cancer-related death worldwide, is a disease of immune microenvironment. Chronic Hepatitis B virus (HBV) infection, also an immune-related disease, is the major etiological factor for HCC especially in Asia. As an immune regulator, which has pleiotropic activities on T cells, nature killer cells and dendritic cells and so on, the efficacy of thymalfasin on HCC patients has been proven by several pilot studies as an adjuvant therapy. Combination of thymalfasin significantly improved survival and prolonged the time to tumor recurrence in patients who received transcatheter arterial chemoembolization after tumor resection. An improvement in patients' immunity has also been demonstrated. However, there is no large-scale randomized controlled study so far in resectable HCC patients. To confirm the role of thymalfasin adjuvant therapy in patients with HBV-related HCC after curative resection, a large-scale multicenter randomized controlled trial has been planned in China to investigate the effect of thymalfasin (1.6 mg twice a week for 12 months) on 2-year recurrence-free survival rate and tumor immune microenvironment. Here is the first announcement of the study protocol (ClinialTrials.gov Identifier: NCT02281266).

Keywords: hepatitis B virus, hepatocellular carcinoma, immune regulator, thymalfasin (thymosin- $\alpha 1/Ta1$)

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1. Introduction

1.1 Hepatocellular carcinoma and tumor immune microenvironment

Globally, hepatocellular carcinoma (HCC) is the sixth most common neoplasm and the third most frequent cause of cancer death [1]. The prevalence of HCC is higher in Asia compare to Western countries with half of the disease burden being borne in China [2].

Hepatitis B virus (HBV) and hepatitis C virus infection, alcohol liver disease, non-alcoholic fatty liver disease are the major etiological factors of HCC. In East Asia and Africa, > 80% of HCCs are attributed to HBV infection or exposure to



aflatoxin. Globally, > 50% of HCC patients and almost all pediatrics patients are accompanied with active HBV infection [3].

For patients without cirrhosis and in the very early stage of HCC, surgical resection is the treatment of choice. For patients with cirrhosis, resection still benefits the patients with small tumor, without portal hypertension and with normal total bilirubin level. But the 5-year recurrence rate after resection is as high as 70% because the underlying chronic liver disease continues to put the patient at risk of the development of new carcinoma [2]. Because the higher numbers of young people have HBV-related HCC and milder cirrhosis stage, hepatectomy is much common in Asian countries compared to Western countries [2]. Transarterial chemoembolization (TACE) is optimal choice for the intermediate-stage patients. For patients who have either failed TACE or who present with more advanced HCC, sorafenib is now considered the first-line treatment [2].

Accumulating evidence has demonstrated that tumor microenvironment plays an important role in the development or progression of this lethal disease. It is now clear that the local immune system plays a dual role in HCC: it can not only suppress tumor formation and outgrowth but also promote tumor progression either by selecting for tumor cells more fit to survival in immunocompetent host or by establishing conditions within the tumor milieu that facilitate tumor outgrowth. The balance between antitumor and protumor factors located in the tumor microenvironment is important for patient outcome - a balance toward pro-tumor factors indicated weak antitumor activities and poor outcome and vice versa. Multiple mechanisms underlining the tumor evasion from immune surveillance was demonstrated including loss of tumor antigen, by establishing an immunosuppressive state within the tumor microenvironment by recruiting suppressive cells regulatory T cells (Treg cells) and myeloidderived suppressive cells; by secreting suppressive cytokines IL-10 and TGF- β ; by expressing the negative costimulatory molecules CTLA-4, PD-1, PD-L1 and B7-H3 and by consuming IL-2, a cytokine that is essential for maintaining cytotoxic T-lymphocyte function [4]. The immunotherapeutic strategy based on overcoming barriers within the microenvironment, briefly by enhancing antitumor power in combination with attenuating pro-tumor strength, was widely accepted. Until now, several immunotherapeutic studies demonstrated promising results in HCC. Moreover, immunotherapeutic treatment after hepatectomy may improve patient outcome by effectively killing residual cancer cells or tiny lesion of recurrence [4].

1.2 Thymalfasin

Thymalfasin, often referred to in medical literature as thymosin- α 1 or T α 1, is a peptide that has been evaluated for its immunomodulatory activities and related therapeutic potential in several conditions and diseases, including cancer (such as HCC, lung cancer and melanoma), infectious disease

(sepsis, infections after bone marrow transplant, lung infections including chronic obstructive pulmonary disorder, severe acute respiratory syndrome, hepatitis B or C and HIV) and improvement in elderly immunocompromised patients (e.g., for enhancement of response to vaccines).

The basis for effectiveness in these conditions is its multiple effects on immunological responsiveness. Thymalfasin has a number of immunomodulating activities, resulting from activation of Toll-like receptor [5] in dendritic and other immune system cells [6,7] resulting in augmentation T helper 1 (Th1) function, natural killer (NK) cell activity and increased antibody response to T-cell-dependent antigens [8].

Thymalfasin has also been shown to increase expression of proteins on the surface of virally infected or tumor cells, including those that mediate antigen presentation such as MHC class I, MHC class II and β -2 microglobulin [9], as well as tumor-specific antigens [10,11].

Importantly, thymalfasin acts without overstimulation of cytokine production and is generally well tolerated; it has an excellent safety profile and does not appear to induce the side effects and toxicities commonly associated with agents in this class such as IFN and IL-2, such as influenza-like symptoms or hematologic toxicities.

1.3 Rationale: the potential role of thymalfasin in HBV-related HCC

Based on the immunomodulating activity of thymalfasin, it is expected to be of benefit for use after hepatic resection, or in combination with either sorafenib or TACE, with no addition of toxicity.

A pilot study determined that the addition of thymalfasin to TACE led to a significant increase in survival (82 vs 41%; p < 0.05) and immune parameters (CD8 cytotoxic T cells and NK cells) [12]. Another study demonstrated that the addition of thymalfasin provided a significant increase in survival compared to historical controls at 6, 9 and 12 months after TACE (91, 88 and 78% compared to 77, 58 and 46%, respectively; p < 0.05) [13,14]. Cheng et al. evaluated the addition of thymalfasin to TACE after tumor resection or partial hepatectomy in a study of 57 subjects with HCC [15,16]. The addition of thymalfasin significantly improved survival (10 vs 7 months; p = 0.002) and delayed the time to tumor recurrence (p = 0.039) in these subjects. Cheng *et al.* also evaluated the addition of thymalfasin plus lamivudine combination therapy after tumor resection or partial hepatectomy in a study of 81 subjects with HBV infection and HCC [17-19]. In this study, the addition of thymalfasin/lamivudine combination treatment also resulted in statistically significant increases in time to tumor recurrence (10 vs 6.5 months; p = 0.0032) and median survival time (12.5 vs 6 months; p = 0.0023), as well as increases in HBV-DNA clearance (100 vs 4%; p = 0.0000) and HBeAg seroconversion (73 vs 7.5%; p < 0.05). The study by Gish *et al.* also showed an improvement in response to TACE with the addition of thymalfasin [20]; in 25 unresectable HCC patients randomized to TACE with or without thymalfasin, the addition of thymalfasin led to an improvement in response (57 vs 46%; not significant) and an medial overall survival (OS) (110 vs 57 weeks; not significant).

For advanced HCC patients treated with sorafenib, Gu *et al.* found that thymalfasin combination therapy also improved the patients' immunity (CD3⁺, CD4⁺, CD4⁺/ CD8, CD16⁺/CD56⁺, etc.) and survival outcome (median time to progression from 2.8 to 3.8 months, OS from 6 to 6.6 months) [21].

However, thymalfasin adjuvant therapy in resectable HCC patients has not been researched in a large-scale study. Hence, a multicenter, randomized, observation-controlled clinical trial has been planned in China, to evaluate the efficacy and safety of thymalfasin adjuvant therapy in patients with HBV-related HCC after curative resection.

2. Patients

It has been planned to include 360 patients with resectable HCC and currently HBsAg-positive and/or HBV-DNA positive from six teaching hospitals in China.

2.1 Inclusion criteria

Inclusion criteria during screening period (perioperative period) includes:

- life expectance ≥ 3 months;
- patients with hepatitis B history and currently HBsAgpositive and/or HBV-DNA positive;
- patients who have undergo hepatic curative resection;
- tumor feature a) with cancer embolus, b) a solitary nodule measuring between 3 and 8 cm or 2 nodules, a total combined measurement between 3 and 8 cm;
- East Cooperative Oncology Group performance score of 0 2;
- Child-Pugh score A; and
- signed informed consent.

Inclusion criteria at baseline (4 weeks after surgery) includes:

- no documented evidence of disease recurrence with computed tomography (CT) scan and CT angiography;
- Child-Pugh score A; and
- hematological test WBC > 3.5×10^{9} /l, RBC > 30%, PLT > 50,000/UL, NEU > 1.0×10^{9} /l, Cr < 1.5 mg/dl.

2.2 Exclusion criteria

• Any anticancer therapy prior to the liver surgery procedure, including liver transplant, TACE, image-guided tumor ablation, radiotherapy, chemotherapy, molecular targeted therapy and immunotherapy and so on.

- Patients taking the hepatotoxic drug or immunosuppressant drug.
- Invasion of portal vascular and its first branch, hepatic duct and its first branch, inferior vena cava and hepatic vein.
- Organ transplant recipient.
- Extrahepatic organs and lymph node metastasis.
- Prior treatment with immunomodulator (e.g., IFN, thymalfasin) or traditional Chinese medicine within 30 days prior to randomization.
- Know postoperative complications (e.g., infection, bleeding, bile leak) at baseline.

3. Investigational product

About 1.6 mg thymalfasin (ZADAXIN[®], SciClone) is planned to be given twice a week for 12 months subcutaneously.

4. Study design

The patients with HCC who are eligible for the inclusion/ exclusion criteria will be randomly assigned to either the treatment arm (with thymalfasin adjuvant therapy) or the observational arm (without thymalfasin adjuvant therapy) at the radio of 1:1 at 4 weeks after curative resection (Figure 1).

The patients in the treatment arm will be administered with thymalfasin for 12 months, followed by 12 months observation.

The patients in the observational arm will be followed up for 2 years periodically, without thymalfasin therapy.

HBV-DNA positive patients should be treated by antiviral agents. Entecavir is recommended.

The patients' baseline HCC tissues and adjacent tissues will be collected in selected sites for immune microenvironment assay. If the patient experiences reoperation due to recurrence, resected tissues will also be collected.

5. Study end points

5.1 Efficacy end points

The primary end point of this study is recurrence-free survival (RFS) in the patients with thymalfasin adjuvant therapy versus the patients without thymalfasin adjuvant therapy after curative resection at 2-year.

The second end points include: 1-year and 2-year OS; 1-year RFS and mean recurrence time.

Immune microenvironment assay will explore T cells (CD3, CD4, CD8), Treg cell (FoxP3), Th17 cell (IL-17), NK cell (CD56), NEU (CD66b), M\phi (CD68), DC (CD1a, CD83) and MVD (CD31), and so on.

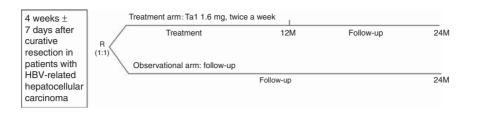


Figure 1. Illustration showing the study design. Subjects will be randomized into treatment arm (with 1.6 mg thymalfasin, twice a week, for 52 weeks) or observational arm at 4 weeks (± 7 days) after curative resection. M: Months; R: Ratio.

5.2 Safety objective

To assess the safety and tolerability of thymalfasin adjuvant therapy in patients with HBV-related HCC, adverse events, severe adverse events, laboratory values and vital signs and electrocardiogram; over time data will be collected.

6. Statistical analysis and sample size

RFS and OS will be summarized by treatment group using Kaplan–Meier methods. The primary test for differences in RFS between the two treatment arms will be based on a two-sided stratified log-rank test with a 0.05 significance level.

With the assumption of the 2-year RFS of 50% in the control arm and 65% in the treatment arm, the required sample size is 157 per arm with a two-sided 5% significance level and 80% power. Considering the dropout of 15%, 360 patients (180 patients per arm) will need to be enrolled.

7. Ethics approval

This study has been approved by the Ethic Committee of Zhongshan hospital, Fudan University (approval number B2014-052).

8. Trial registration information

This study has been registered in ClinicalTrials.gov. The Identifier is NCT02281266.

9. Expert opinion

HCC, the third leading cause of cancer-related death worldwide, is a disease of immune microenvironment. Chronic HBV infection, also an immune-related disease, is the major etiological factor for HCC especially in Asia. As an immune

regulator, which has pleiotropic activities on T cells NK cell, dendritic cell and so on, the efficacy of thymalfasin on HCC patients has been proved by several pilot studies as an adjuvant therapy. Combination of thymalfasin significantly improved survival and prolonged the time to tumor recurrence in patients who received TACE after tumor resection. An improvement in patients' immunity has also been showed. However, there is no large-scale randomized controlled study so far in resectable HCC patients. To confirm the role of thymalfasin adjuvant therapy in patients with HBV-related HCC after curative resection, a large-scale, multicenter, randomized controlled trial has been planned in China, to investigate the effect of thymalfasin (1.6 mg twice a week for 12 months) on 2-year RFS rate and tumor immune microenvironment. Here is the first announcement of the study protocol (ClinialTrials.gov Identifier: NCT02281266).

Acknowledgment

S-J Qiu and Z-G Zhou have equally contributed to this work.

Declaration of interest

This paper is part of a supplemental issue, sponsored by SciClone. The sponsor of this trial is Liver Cancer Institute, Zhongshan hospital and Fudan University. All authors made substantial contribution to the study design and protocol generation. The authors have no other relevant affiliations or financial involvement with any organization or entity with a financial interest in or financial conflict with the subject matter or materials discussed in the manuscript. This includes employment, consultancies, honoraria, stock ownership or options, expert testimony, grants or patents, received or pending, or royalties.

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Affiliation

Shuang-Jian Qiu¹, Zhong-Guo Zhou², Feng Shen3, Ai-Jun Li3, Min-Shan Chen2, Min-Gang Ying⁴, Zhong Chen⁵, Yi-Xin Zhang⁶, Hui-Chuan Sun¹ & Jia Fan^{†1} [†]Author for correspondence ¹Zhongshan hospital and Fudan University, Liver Cancer Institute, Fenglin Road 180, Shanghai, China Tel: +86 21 6404 1990; E-mail: jiafan99@yahoo.com ²Sun Yat-Sen University Cancer Center, Guangzhou, China ³Second Military Medical University, Eastern Hepatobiliary Surgery Hospital, Shanghai, China ⁴Fu Jian Provincial Cancer Hospital, Fuzhou, China ⁵Affliated hospital of Nantong University,

Nantong, China

⁶Nantong Tumor Hospital, Nantong, China