

International Journal of Hyperthermia

ISSN: 0265-6736 (Print) 1464-5157 (Online) Journal homepage: informahealthcare.com/journals/ihyt20

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To cite this article: Ashesh A. Thaker, Faezeh Razjouyan, David L. Woods, Dieter Haemmerich, Kiran Sekhar, Bradford J. Wood & Matthew R. Dreher (2012) Combination therapy of radiofrequency ablation and bevacizumab monitored with power Doppler ultrasound in a murine model of hepatocellular carcinoma, International Journal of Hyperthermia, 28:8, 766-775, DOI: 10.3109/02656736.2012.724517

To link to this article: <u>https://doi.org/10.3109/02656736.2012.724517</u>



Published online: 08 Oct 2012.



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Combination therapy of radiofrequency ablation and bevacizumab monitored with power Doppler ultrasound in a murine model of hepatocellular carcinoma

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(Received 10 July 2012; Revised 16 August 2012; Accepted 21 August 2012)

Abstract

Purpose: The purpose of this study was to monitor tumour blood flow with power Doppler ultrasound following antiangiogenic therapy with bevacizumab in order to optimally time the application of radiofrequency (RF) ablation to increase ablation diameter.

Materials and methods: Athymic nude mice bearing human hepatocellular carcinoma xenografts were treated with bevacizumab and imaged daily with power Doppler ultrasound to quantify tumour blood flow. Mice were treated with RF ablation alone or in combination with bevacizumab at the optimal time, as determined by ultrasound. Ablation diameter was measured with histology and tumour microvascular density was calculated with immunohistochemistry. A computational thermal model of RF ablation was used to estimate ablation volume.

Results: A maximum reduction of $27.8 \pm 8.6\%$ in tumour blood flow occurred on day 2 following antiangiogenic therapy, while control tumours increased $29.3 \pm 17.1\%$ (p < 0.05). Tumour microvascular density was similarly reduced by $45.1 \pm 5.9\%$ on day 2 following antiangiogenic therapy. Histology demonstrated a $13.6 \pm 5.6\%$ increase in ablation diameter ($40 \pm 21\%$ increase in volume) consistent with a computational model.

Conclusion: Quantitative power Doppler ultrasound is a useful biomarker to monitor tumour blood flow following antiangiogenic treatment and to guide the application of RF ablation as a drug plus device combination therapy.

Keywords: angiogenesis, bevacizumab, hepatocellular carcinoma, microvascular density, power Doppler ultrasound, radiofrequency ablation

Introduction

Radiofrequency (RF) ablation is a US Food and Drug Administration (FDA)-cleared device for the cauterisation of soft tissue and is used to treat primary and secondary solid tumours in various locations including liver, kidney, bone, and lung [1–5]. Percutaneous RF ablation of hepatic tumours has demonstrated impressive 5-year local control rate for lesions <3 cm of approximately 85% [1, 5–7]. However, RF ablation's ability to treat large tumours (>3 cm diameter) has been limited [1, 5–7], in part due to blood perfusion mediated cooling. This includes cooling by large vessels (>3 mm) which causes local ablation zone deviations ('heat sink effect') [8, 9] that are often the cause of perivascular tumour recurrence [7, 10], as well as microvascular

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ISSN 0265-6736 print/ISSN 1464-5157 online © 2012 Informa UK Ltd. DOI: 10.3109/02656736.2012.724517

perfusion cooling that affects overall ablation zone size and shape [11]. This phenomenon represents a significant drawback when treating highly vascular tumours such as hepatocellular carcinoma (HCC) of the liver. To overcome the effects of vascular mediated cooling, more powerful RF generators may be used [12, 13], while pharmacological manipulation, such as antiangiogenic and antivascular agents, can limit tumour perfusion [14].

Angiogenesis describes the formation of new blood vessels from existing blood vessels [15-18]. The goal of antiangiogenic agents is to limit the growth of new blood vessels while antivascular agents, also known as vascular disrupting agents, simply destroy the existing tumour vasculature and often result in drastic reductions in tumour perfusion [19-22]. The antiangiogenic agent bevacizumab (Avastin[®]), a humanised monoclonal antibody against vascular endothelial growth factor (VEGF), is FDA approved for the treatment of metastatic colorectal and kidney cancers, as well as non-small cell lung cancer, and glioblastoma only in combination with other therapies [23-26]. Bevacizumab is also gaining popularity in novel combination therapies [18, 24, 27]. An emerging theory in antiangiogenic therapy suggests that bevacizumab and similar agents may transiently 'normalise' the abnormal structure and function of tumour vasculature, improving the delivery of oxygen and drugs for a brief window of time [28, 29] and potentially increasing tumour blood flow. Improved blood flow associated within the normalisation window may theoretically decrease the ablation diameter by promoting dissipation of local heat.

Goldberg and colleagues have used both the antiangiogenic and antiproliferative agent sorafenib [30, 31] and the antivascular agent arsenic trioxide in animals [14, 32] to limit tumour perfusion and increase ablation diameter. Although it was demonstrated that applying antiangiogenic/antivascular therapy to reduce tumour perfusion improved tumour ablation diameters, the optimum timing between applying pharmacologic therapy and ablation is unknown. The various effects of antiangiogenic/antivascular therapy, i.e. vascular normalisation and enhanced perfusion versus classical antiangiogenesis and reduced perfusion, require a surrogate method to monitor changes in blood flow during a treatment to determine the optimal time, or minimum level of blood flow, to initiate treatment with RF ablation. Furthermore, the ability to monitor tumour perfusion in a cost-effective and clinically meaningful manner has not been clearly established. Numerous imaging modalities sensitive to tumour perfusion have the potential to provide essential insight on timing and implementation of this combination therapy. Dynamic positron emission tomography (PET) with [¹⁵O]H₂O is perhaps, 'the gold

standard' of perfusion imaging analysis techniques [33] but is challenging to implement in all hospitals. Multi-detector computed tomography (MDCT) is suitable to quantify tumour perfusion [31, 34], but may require excessive radiation exposure when performed over the course of antiangiogenic/antivascular treatment (hours to weeks). Magnetic resonance imaging (MRI) [34–38] and Doppler ultrasound [34, 39–42] or dynamic contrast enhanced ultrasound [43] are alternative modalities to quantify tumour perfusion without excessive radiation exposure associated with CT.

The purpose of this study was to monitor tumour blood flow changes with power Doppler ultrasound following antiangiogenic treatment with bevacizumab in a human HCC xenograft model in mice. Changes in microvascular density (MVD) and tumour vascular architecture with bevacizumab therapy were also quantified. Finally, ablations were performed at the estimated minimum in tumour perfusion following antiangiogenic therapy, and ablation diameters were compared to untreated controls.

Materials and methods

Animal studies were conducted under a protocol approved by the National Institutes of Health Clinical Center Animal Care and Use Committee. These experiments were separated into two sequential parts: 1) Initial assessment of tumour blood flow with power Doppler ultrasound imaging for 1 week following antiangiogenic therapy with bevacizumab to determine the minimum blood flow, and 2) RF ablation at the minima of blood flow as ascertained from part 1. Histological analyses were performed to determine tumour microvasculature changes following antiangiogenic therapy and to measure ablation diameters following RF ablation. A heat transfer model was used to quantify changes in ablation volume as a function of tumour perfusion. Additional details may be found in the supplementary information.

Tumour cell line and animal model

Human HCC (HepG2) cells were purchased from American Type Culture Collection (ATCC, Manassas, VA). Cells were grown in Eagle's Minimum Essential Medium (ATCC) supplemented with 10% fetal bovine serum and penicillin/ streptomycin. The cell line was maintained in a 5% CO_2 incubator at 37°C. Athymic nude mice (BALB/c *nu/nu*) were inoculated with 100 µL of tumour cell suspension (5 × 10⁶ cells). When the tumour xenografts reached a minimum of 8 mm in the shortest dimension, mice were treated with a single dose of 100 µg bevacizumab or saline via tail vein injection. The weight and condition of the mice were monitored daily, and tumour size was measured with a digital caliper (length and width).

Power Doppler

Tumours were imaged using a VisualSonics Vevo 770 ultrasound (Toronto, Ontario) at 0h, 6h, 1 day, 2 days, 3 days, 4 days, 5 days, 6 days, and 7 days post-treatment. Prior to and during imaging, mice were anaesthetised with $\sim 2\%$ isoflurane as needed with a mixture of air and oxygen. The ultrasound transducer used for power Doppler imaging (RMV708) transmitted a central frequency of 55 MHz with a 4.5 mm focal length. The entire tumour xenograft was imaged with the aid of a z-motor (step size = 0.1 mm) using the power Doppler mode with consistent gain (30.00 dB), velocity (slow), wall filter (0.8 mm/s), and scan speed (0.5 mm/s). Raw image data was processed using custom MATLAB scripts (Mathworks, Natick, MA). These scripts were employed to 1) separate B-mode ultrasound and power Doppler data, 2) manually identify and draw the region of interest (ROI) to select tumour area, and 3) quantify vascular parameters within specified ROIs. Vascular parameters were obtained from the power Doppler images by thresholding with a consistent value to isolate functionally perfused area. Regions deeper than 7.2 mm (240 lines) were not included in the analysis due to a lack of signal at these depths. Vascular parameters used to estimate blood flow were mean colour level (MCL) and vessel fractional area (FA). The MCL is the average intensity of the Doppler signal above the consistent threshold chosen to isolate vascular structures within a tumour ROI. The FA is the fraction of a tumour ROI that contained perfused area as identified by positive Doppler signal. The product of MCL and FA, or the colour-weighted fractional area (CWFA), was averaged over the tumour volume and used as an approximation of tumour blood flow for each animal. Each animal was treated as an independent sample and data are presented as mean \pm SEM (n = 5–6).

Radiofrequency ablation

Percutaneous RF ablation was administered with the goal of producing partial ablation resulting in a thermal lesion equal to approximately half of the tumour volume. Briefly, a 22-gauge RF ablation needle with a 5-mm active tip (Radionics, Burlington, MA) was used to create an ablation in the centre of the tumour (90° C for 50 s).

Ablation histological analysis

Briefly, a nitroblue tetrazolium (NBT) staining protocol was used to identify viable (blue) and non-viable (white/clear) tissue to quantify ablation diameter. The slides were imaged using brightfield illumination (Zeiss, Axio Imager.M1, Thornwood, NY) with a motorised scanning stage and mosaic stitching software (Axiovision, Zeiss). The ablation diameter was quantified by selecting for analysis the three largest ablation zones in continuous regions for each tumour. Correction for tissue shrinkage due to fixation was not applied. Each tumour was considered an independent sample and ablation diameters are reported as individual data points (n = 5-7).

Microvascular analysis

Animals were euthanised at day 0, 2 days, and 7 days and tumours were harvested and flash-frozen using liquid nitrogen. The tumour endothelial cells were identified with an anti-CD31 immunohistochemistry staining. Vascular properties were determined including MVD, blood vessel size, tumour area, and parameters that describe vascular architecture such as median distance from a tumour pixel to the nearest vascular surface. The median distance was calculated by a 2D Euclidean distance transform of a binary blood vessel mask. A smaller median distance indicates a more favourable transport environment [44, 45]. The microvascular analysis was performed with a custom script in MATLAB.

Heat transfer model

A thermal model of a needle electrode immersed in tumour with axi-symmetric geometry was created. The model included temperature-dependent electrical and thermal tissue properties including perfusion similar to previous studies [9, 11]. A parametric study was performed where absolute perfusion was varied in the range typical for both normal liver and liver tumours (0-1.4 mL/min/mL) [11, 46, 47] where constant power was applied to obtain 90°C for a 22gauge needle electrode with a 5-mm active tip (50 s ablation, similar to in vivo experiments) or a 17gauge cooled needle electrode with 3-cm active tip (12 min ablation, similar to clinical practice). Ablation zone diameter was defined as tissue regions with temperature above 50°C. Prior ablation studies have demonstrated that 50°C provides an adequate estimate of the threshold for necrosis after ablation [48, 49], and prior modelling studies have employed this threshold temperature to estimate ablation zone dimensions [50, 51].

Statistics

All statistical analyses were performed in GraphPad Prism 5 (GraphPad Software, La Jolla, CA). The power Doppler CWFA are compared with a two-way repeated measures ANOVA (Factors: time and treatment) and comparison between the two groups



Figure 1. Power Doppler ultrasound images of tumours treated with saline (control) and bevacizumab at 0 h, 2 days, and 7 days after administration. Representative images are shown at a similar location for the same tumour with B-mode images (greyscale) overlaid with power Doppler (red). Doppler signal above an arbitrary threshold is only shown for clarity. Power Doppler images represent a relative tumour blood flow.

at each time point were made with a t test. MVD and median distance were analysed with a one-way ANOVA and Student-Newman-Keuls (SNK) posthoc test between multiple groups. Ablation diameters were compared with a t test. Data are reported as mean \pm SEM. P values less than 0.05 were considered statistically significant and all statistical tests were two-sided.

Results

Power Doppler ultrasound imaging

The tumour blood flow was investigated with power Doppler ultrasound over 1 week as shown in Figure 1. The Doppler signal above a consistent but arbitrary threshold is designated as tumour blood flow indicated by red colour overlaid on a B-mode image shown in greyscale. Although the MCL was relatively constant for both groups over time, the vessel FA increased for the control animals over 1 week and remained constant or decreased for the bevacizumab-treated animals. The relative tumour blood flow is probably best described by the CWFA that accounts for both velocity and blood volume [52] as shown in Figure 2. The bevacizumab treatment had a significant effect on CWFA (P value < 0.05, ANOVA). Control animals demonstrated a steady increase in CWFA over 1 week while bevacizumab animals demonstrated an immediate decrease after only 6 h, although not significant (P value > 0.05, t test). CWFA in bevacizumabtreated animals decreased $27.8 \pm 8.6\%$ on day 2 to a minimum level, then subsequently returned to pretreatment levels for the remainder of the observation period. In contrast to bevacizumab-treated



Figure 2. Colour-weighted fractional area (CWFA) indicating relative tumour blood flow for control and bevacizumab-treated animals over 1 week. Animals were treated with saline (control) or bevacizumab at day 0 and all data were normalised by the day 0 value. CWFA approximates tumour blood flow. Data are shown as mean \pm SEM (n = 5-6) and * indicates P value < 0.05.

animals, CWFA of control tumours increased $29.3 \pm 17.1\%$ on day 2. The CWFA of bevacizumab-treated animals was significantly lower (P value < 0.05, t test) than control animals from day 1 to day 6.

Microvascular analysis

Tumour perfusion in macroscopic blood vessels, detected by power Doppler ultrasound, was compared to microvascular changes, investigated by immunohistochemistry, as shown in Figure 3. CD31 staining of endothelial cells in whole tumour sections is shown in the top row of Figure 3, demonstrating the distribution of blood vessels throughout the entire tumour. The tumour appears to grow in a lobular fashion with a greater density of blood vessels surrounding the tumour lobules and periphery of the tumour. The MVD may be better appreciated at higher magnification as shown in the second row of Figure 3. As expected following bevacizumab therapy, a qualitative decrease in MVD is observed for bevacizumab-treated animals at days 2 and 7. The MVD was quantified in whole tumour sections and shown in Figure 4A. Bevacizumab treatment significantly reduced the MVD at days 2 and 7 versus control tumours (P value < 0.05, ANOVA; P value < 0.05, SNK) corresponding to a reduction of 33.1 ± 7.2 and $32.4 \pm 5.4\%$, respectively.

The vascular architecture may be described by distance maps, the distance a tumour cell is from the nearest vascular surface, shown in the bottom row of Figure 3. Large distances shown by the red colour



Figure 3. Microvascular analysis of control and bevacizumab-treated tumours. Top row: Whole tumour sections with CD31 immunohistochemistry identifying endothelial cells (red) and DAPI indicating tumour nuclei (blue). Middle row: Higher magnification images of tumour sections shown in the top row. Bottom row: Distance maps indicating the distance between a tumour cell and the nearest vascular surface. Large distances (up to $200 \,\mu$ m) are shown in red while short distances are shown in blue. Bar is 2 mm for top and bottom row and $200 \,\mu$ m for middle row.

most likely indicate regions of poor vascular density and organisation, while blue areas are regions of better organisation and higher vascular density. The bevacizumab-treated tumours demonstrated а greater fraction of large distances suggesting a sparser and poorly organised vascular network for delivery of oxygen and drugs as well as for the removal of heat. The median distance between a tumour cell and the nearest vascular surface is shown in Figure 4B and is consistent with the MVD findings of a sparser vascular network for bevacizumab-treated animals. This distance is significantly increased by $42.7 \pm 16.7\%$ (P value < 0.05, SNK) on day 2 following bevacizumab treatment suggesting that antiangiogenic therapy induced a less efficient vascular network for the removal of heat.

Tumour ablation

RF ablation was performed on day 2 following treatment with saline or bevacizumab, which corresponded to the minima in blood flow for the bevacizumab treatment determined by power Doppler ultrasound. The size of the ablation was determined with a cellular viability stain and shown in Figure 5. In comparison to the haematoxylin and eosin (H&E) images, a well demarcated zone of



Figure 4. Microvascular density (A) and median distance from a tumour cell to the nearest vascular surface (B) calculated from whole tumour sections for control and bevacizumab-treated tumours. Data are shown as mean \pm SEM (n = 4-5) and * indicates P value < 0.05 versus control on the same day.



Figure 5. Viability and H&E stain of control and bevacizumab-treated animals after RF ablation on day 2 of treatment. The tumours stained for viability (NBT tetrazolium) indicate viable regions with a blue colour and dead tissue appears clear. Bar is 5 mm.

necrosis, indicated by the clear area or lack of blue stain, can be easily identified with the viability stain from which the ablation diameters were determined. Although not statistically significant (P value = 0.1909, t test), the ablation diameter increased $13.6 \pm 5.6\%$ (4.7 to 5.4 mm) when RF ablation was combined with bevacizumab as shown in Figure 6. Assuming a spherical ablation diameter, this corresponded to a $40 \pm 21\%$ volume increase for the combined therapy.

Heat transfer model

A computational thermal model was used to predict ablation diameter, and most importantly, relate perfusion changes to expected ablation diameter. For a 5-mm active tip, ablation zone diameter increased 9% from 6.1 mm to 6.6 mm when perfusion was reduced by 30% similar to the results obtained with bevacizumab. Within the examined range of perfusion values there was an approximate linear relationship between perfusion and ablation



Figure 6. Ablation diameter for control and bevacizumab-treated animals. Ablation diameter was increased 14% for bevacizumab treatment. Data are shown as a scatter plot with the mean indicated as a line (n = 5-7). P value = 0.1909.

zone diameter (Figure 7A). In contrast, a longer ablation of 12 min with a 3-cm active tip (common clinical practice) resulted in a non-linear increase in ablation diameter up to 75% when perfusion was



Figure 7. Computational modelling of ablation diameter (A), and percentage change in ablation diameter (B) for a 5-mm and 3-cm active tip electrode. The ablation was performed for 50 s for the 5-mm active tip (similar to *in vivo* protocol) and for 12 min for the 3-cm active tip (similar to routine clinical practice).

eliminated, much greater than a 30% increase with a shorter ablation time (Figure 7B).

Discussion

The perfect sequencing of drug plus device combination therapies in the clinic remains uncertain. It has been shown by Goldberg and colleagues as well as this study that antiangiogenic/antivascular agents produce larger ablations [14, 30, 32]. Many techniques, including MRI and MDCT [31, 34-38] may be used to monitor changes in tumour blood perfusion following antiangiogenic/antivascular treatment. We chose to use power Doppler ultrasound [34, 39, 40, 42] due to its low cost, high sensitivity to flow, and ability to serially monitor tumours without radiation exposure. The predominant factor that changed in response to treatment was FA. A comparison between Figure 1 and Figure 3 demonstrates that power Doppler does not capture all tumour blood vessels but is limited to only large blood vessels due to sensitivity, voxel size, and partial volume effects. It is probable that the blood flow detected in the large blood vessels is connected with small tumour

microvasculature as depicted in Figure 3; in other words, blood flows within a tumour from large blood vessels to smaller ones. In control tumours, FA increased over the course of a week as the tumour grew and blood flow detected in large blood vessels compensated by increasing size to feed a greater tumour volume and associated microvasculature. This scenario is supported by similar MVD values in the control tumours over a week. In contrast, bevacizumab treatment of tumours resulted in significantly reduced MVD leaving fewer small blood vessels for the large ones to flow into, reducing overall blood flow to the tumour as detected by power Doppler ultrasound. This suggests that power Doppler ultrasound indirectly reports on changes in the tumour microvasculature. Such a tool could also be valuable for early determination of candidate drug efficacy.

The use of antiangiogenic treatments continues to grow in popularity [18], but these agents may have various effects on a tumour. It has been proposed that antiangiogenic agents may transiently 'normalise' the vasculature to improve the delivery of oxygen and drugs, making the tumour more suitable for chemotherapy and radiotherapy [29, 53]. If normalised tumour vasculature has greater perfusion, then ablation diameters may be reduced with improperly timed RF ablation. This normalisation strategy has been shown in numerous models but is dependent on agent identity, agent dose, timing, and tumour histology [27, 54-58]. In our study, antiangiogenic treatment reduced perfusion. Furthermore, mild hyperthermia during RF ablation in the sublethal region of the tumour may also limit microvascular density [59], and in combination with bevacizumab, this hyperthermia treatment may limit tumour growth.

Vascular mediated cooling can be broadly categorised into two separate effects: 1) large vessels cooling ('heat sink effect') that results in deviation of the ablation zone shape near the vessel [8, 9] leading to potential recurrence of tumours proximal to vessels [7], and 2) microvascular perfusion-mediated cooling, which affects overall size and shape of the ablation zone [11]. Computational modelling suggests that a further increase in ablation diameter may be gained by longer heating or reducing the perfusion to even lower levels than here (see Figure 7), suggesting the use of antivascular or embolic agents rather than antiangiogenic agents may further increase ablation size. Another approach is the combination of RF ablation with chemotherapeutics such as liposomal doxorubicin to increase ablation size by reducing required temperature for necrosis [60-65].

This study has several limitations. The preclinical models cannot capture the complexity and geometry of clinical RF ablation. The electrodes and tumour size were much smaller than in clinical practice. Furthermore, small blood vessels are predominant in this animal model, while in clinical practice large blood vessels (>3 mm) have a high potential to modify the shape of the ablation. The increase in ablation diameter with bevacizumab was not statistically significant, possibly due to a high inherent variability found in tumour blood flow. This explanation is supported by the high coefficient of variance (standard deviation/mean) in CWFA of 0.46 for all animals. The use of ultrasound microbubble contrast has the advantage of increased signal and may report on smaller diameter blood vessels, but in our hands, had greater variability with time following injection than using power Doppler without ultrasound contrast.

Quantitative power Doppler ultrasound is a useful biomarker to monitor tumour blood flow following antiangiogenic treatment and guide the optimised application of RF ablation as a drug plus device combination therapy. If a patient-specific estimate of tumour and surrounding tissue blood flow can be obtained, computational modelling may be valuable to provide an estimate of ablation diameter due to the therapy. Such personalisation of drug and device combinations might prove a rational approach, although further clinical work with antiangiogenic or antivascular agents is ongoing and could clarify this strategy.

Acknowledgements

We thank Pavel Yarmolenko and Sergio Dromi for their useful discussion. We would also like to thank James Coad for providing us with a viability staining protocol.

Declaration of interest: This research was supported in part by the Center for Interventional Oncology in the Intramural Research Program of the National Institutes of Health (NIH) and the Howard Hughes Medical Institute NIH Research Scholars Program (AAT). The authors report no other conflicts of interest. The authors alone are responsible for the content and writing of the paper.

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