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ORIGINAL ARTICLE

Assessment of the interstitial fluid pressure of tumors by dynamic contrast-enhanced magnetic resonance imaging with contrast agents of different molecular weights

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Abstract

Background. Cancer patients showing highly elevated interstitial fluid pressure (IFP) in the primary tumor may benefit from particularly aggressive treatment. There is some evidence that gadolinium diethylene-triamine penta-acetic acid (Gd-DTPA)-based dynamic contrast-enhanced magnetic resonance imaging (DCE-MRI) may be a useful non-invasive method for providing information on the IFP of tumors. The purpose of this preclinical study was to investigate whether any association between DCE-MRI-derived parametric images and tumor IFP can be strengthened by using MR contrast agents with higher molecular weights than that of Gd-DTPA. **Material and methods.** A-07 human melanoma xenografts were used as preclinical models of human cancer. Three contrast agents were compared: Gd-DTPA (0.55 kDa), P846 (3.5 kDa), and gadomelitol (6.5 kDa). A total of 46 tumors were subjected to DCE-MRI and subsequent measurement of IFP. Parametric images of K^{trans} (the volume transfer constant of the contrast agent) and v_e (the fractional distribution volume of the contrast agent) were produced by pharmacokinetic analysis of the DCE-MRI series. **Results.** Significant inverse correlations were found between median K^{trans} and IFP for Gd-DTPA ($p = 0.0076$; $R^2 = 0.46$; $n = 14$) and P846 ($p = 0.0042$; $R^2 = 0.45$; $n = 16$), whereas there was no correlation between median K^{trans} and IFP for gadomelitol ($p > 0.05$; $n = 16$). Significant correlation between median v_e and IFP was not found for any of the contrast agents ($p > 0.05$ for Gd-DTPA, P846, and gadomelitol). **Conclusion.** K^{trans} images, but not v_e images, derived by pharmacokinetic analysis of DCE-MRI data for low-molecular-weight contrast agents may provide information on the IFP of tumors. Any association between K^{trans} and IFP cannot be expected to be improved by using contrast agents with higher molecular weights than those of Gd-DTPA and P846.

Elevated interstitial fluid pressure (IFP) is a characteristic feature of most malignant tumors [1,2]. Experimental studies have shown that highly elevated IFP in tumors may cause resistance to radiation therapy [3,4] and promote metastatic dissemination [5]. Studies of patients with advanced cervical carcinoma have shown that high IFP in the primary tumor is linked to pelvic recurrence after radiation therapy, high incidence of distant metastases, and poor overall and disease-free survival rates [6–8]. Furthermore, elevated IFP in tumors may lead to poor uptake of macromolecular therapeutic agents and, hence, resistance to some forms of chemotherapy, immunotherapy, and gene therapy [9].

Comprehensive studies of the mechanisms leading to elevated IFP in tumors have been carried out [1,2,9]. These studies have shown that high IFP in malignant tissues is a consequence of severe microvascular, lymphatic, and interstitial abnormalities. Briefly, tumors develop interstitial hypertension because they show increased transcapillary fluid flow and lack functioning lymphatic vessels [9]. Differences in IFP among tumors result primarily from differences in resistance to blood flow caused by differences in the architecture of the microvascular network and from differences in transcapillary fluid flow caused by differences in the permeability of the vessel walls [10].

Cancer patients showing highly elevated IFP in the primary tumor may benefit from particularly aggressive treatment [2]. A non-invasive imaging method for identifying these patients is therefore urgently needed. It has been suggested that dynamic contrast-enhanced magnetic resonance imaging (DCE-MRI) may provide information on the IFP of tumors [1]. Significant correlations between DCE-MRI parameters and tumor IFP have been found in a study of patients with cervical carcinoma [11]. However, the correlations were too weak to be clinically useful, possibly because the DCE-MRI was not optimized with the purpose of assessing the IFP.

DCE-MRI is an attractive strategy for developing a non-invasive assay of the IFP of tumors because the uptake of MR contrast agents in malignant tissues is influenced significantly by the tumor blood perfusion and the permeability of the tumor vessel walls (i.e. the microvascular parameters that are decisive for the magnitude of the IFP). The relative importance of these microvascular parameters for the uptake of an MR contrast agent is determined primarily by the molecular weight of the contrast agent. The uptake of low-molecular-weight contrast agents is determined primarily by the blood perfusion, and with increasing molecular weight, the uptake becomes increasingly more dependent on the vessel wall permeability and less dependent on the blood perfusion [12]. Because IFP differs among tumors as a consequence of differences in resistance to blood flow and differences in resistance to transcapillary fluid flow, the potential of DCE-MRI as a method for assessing the IFP of tumors may depend significantly on the size of the contrast agent.

The possibility that DCE-MRI may be a useful imaging strategy for characterizing the physiological microenvironment of tumors is currently being evaluated in several laboratories including our laboratory [13–18]. In our studies, parametric images of K^{trans} (the volume transfer constant of the contrast agent) and v_e (the fractional distribution volume of the contrast agent) are produced by subjecting DCE-MRI series of xenografted human tumors to pharmacokinetic analysis using the modified Kety model developed by Tofts et al. [19]. The studies carried out thus far have shown that our experimental procedure produces highly reproducible parametric images [16] and that the parametric images may provide valid information on the physiological tumor microenvironment [17,18]. Thus, statistically significant but weak correlations have been found between K^{trans} and IFP in melanoma xenografts by using a low-molecular-weight contrast agent [18]. The purpose of the present work was to investigate whether stronger correlations can be found by using contrast agents with higher molecular weights. The investigation was

carried out with A-07 melanoma xenografts, and three contrast agents with molecular weights of 0.55 kDa, 3.5 kDa, and 6.5 kDa were compared.

Materials and methods

Tumors

A-07 human melanoma xenografts growing in female BALB/c *nu/nu* mice weighing 23–27 g were used as tumor models [20]. Tumors were initiated from cells cultured in RPMI-1640 medium supplemented with 13% bovine calf serum, 250 mg/l penicillin, and 50 mg/l streptomycin. Approximately 3.5×10^5 cells in 10 μl of Hanks' balanced salt solution were inoculated intradermally in the mouse leg. Forty-six mice bearing tumors with volumes of 100–600 mm^3 were included in the study. DCE-MRI and IFP measurements were performed with mice anesthetized with fentanyl citrate, fluanisone, and midazolam in doses of 0.63 mg/kg, 20 mg/kg, and 10 mg/kg, respectively. Animal care and experimental procedures were carried out in accordance with the Interdisciplinary Principles and Guidelines for the Use of Animals in Research, Marketing, and Education (New York Academy of Sciences, New York, NY).

Contrast agents

Three contrast agents were used: gadolinium diethylene-triamine penta-acetic acid (Gd-DTPA, Magnevist®; Schering, Berlin, Germany), P846 (Guerbet, Roissy, France), and gadomelitol (P792, Vistarem®; Guerbet, Roissy, France). These contrast agents have molecular weights of 0.55 kDa (Gd-DTPA), 3.5 kDa (P846), and 6.5 kDa (gadomelitol). P846 and gadomelitol are experimental Gd-based contrast agents with T_1 relaxivities at 1.5 T (37°C) of $32 \text{ s}^{-1}\text{mM}^{-1}$ and $27 \text{ s}^{-1}\text{mM}^{-1}$, respectively. Their molecular structures have been published [21]. The contrast agents were diluted in 0.9% saline to a final concentration of 60 mM (Gd-DTPA) or 7.0 mM (P846 and gadomelitol) and were administered in the tail vein of the mice in a bolus dose of 5.0 ml/kg body weight. The administration was carried out after the mice had been positioned in the MR scanner by using a 24G neoflon connected to a syringe through a 30 cm long polyethylene tubing.

Arterial input functions

The arterial input functions of the contrast agents were determined by analyzing blood samples in vitro [16]. Briefly, 60 μl samples were collected from venous blood with heparin-treated glass capillaries and diluted to appropriate volumes in 0.9% saline. The concentration of the contrast agents in the

samples was determined by MRI [22]. The MRI was carried out shortly after the blood sampling to prevent signal contamination by free hemoglobin.

DCE-MRI

DCE-MRI was carried out as described earlier by using a 1.5-T whole-body scanner (Signa; General Electric, Milwaukee, WI) and a slotted tube resonator transceiver coil constructed for mice [17]. Briefly, T_1 -weighted ($TR = 200$ ms, $TE = 3.2$ ms, and $\alpha_{TI} = 80^\circ$) and proton density ($TR = 900$ ms, $TE = 3.2$ ms, and $\alpha_{PD} = 20^\circ$) images were recorded at a spatial resolution of $0.23 \times 0.47 \times 2.0$ mm³ by using an image matrix of 256×64 , a field of view of 6×3 cm², and one excitation. The coil was insulated with styrofoam to prevent excessive heat loss from the mice. The body core temperature of the mice was kept at 37 – 38°C during imaging by using a thermostatically regulated heating pad. Two calibration tubes, one with 0.5 mM (Gd-DTPA) or 0.06 mM (P846 and gadomelitol) of contrast agent in 0.9% saline and the other with 0.9% saline only, were placed adjacent to the mice in the coil. The tumors were imaged axially in a single section through the center. Two proton density images and three T_1 -weighted images were acquired before the contrast agent was administered, and T_1 -weighted images were recorded at a time resolution of 14 seconds for ~ 13 minutes after the administration of the contrast agent. Contrast agent concentrations were calculated from signal intensities by using the method of Hittmair et al. [22]. The DCE-MRI series were analyzed on a voxel-by-voxel basis by using the iso-directional transport model of Tofts et al. [19]. According to this model,

$$C_t(T) = \frac{K^{trans}}{(1 - Hct)} \cdot \int_0^T C_a(t) \cdot e^{(-K^{trans} \cdot (T-t)/v_e)} dt$$

where $C_t(T)$ is the concentration of contrast agent in the tissue at time T , $C_a(T)$ is the arterial input function, Hct is the hematocrit, K^{trans} is the volume transfer constant of the contrast agent, and v_e is the fractional distribution volume of the contrast agent in the tissue [19]. Parametric images were determined from the best curve fits to plots of C_t versus T .

Interstitial fluid pressure

IFP was measured in the center of the tumors by using a Millar SPC 320 catheter equipped with a Mikro-Tip transducer with a diameter of 0.66 mm (Millar Instruments, Houston, TX) [23]. The catheter was connected to a computer via a Millar TC-510

control unit and a model 13-66150-50 preamplifier (Gould Instruments, Cleveland, OH). Data acquisition was carried out by using LabVIEW software (National Instruments, Austin, TX).

Statistical analysis

Correlations between two parameters were searched for by using the Pearson product moment correlation test. Probability values (p) and correlation coefficients (R^2) were calculated by using SigmaStat statistical software (SPSS Science, Chicago, IL, USA). A significance criterion of $p < 0.05$ was used.

Results

Figure 1 shows the blood concentration of Gd-DTPA, P846, and gadomelitol in BALB/c *nu/nu* mice as a function of time after the administration of a bolus dose of 5.0 ml/kg body weight of a 60 mM Gd-DTPA solution (Figure 1a) or a 7.0 mM solution of P846 (Figure 1b) or gadomelitol (Figure 1c). The arterial input functions were found by fitting a double exponential function to the data:

$$C_a(T) = A \cdot e^{-BT} + C \cdot e^{-DT}$$

The numerical values of the constants were determined to be: $A = 2.55$ mM, $B = 0.080$ s⁻¹, $C = 1.20$ mM, and $D = 0.0010$ s⁻¹ (Gd-DTPA); $A = 0.266$ mM, $B = 0.065$ s⁻¹, $C = 0.178$ mM, and $D = 0.0032$ s⁻¹ (P846); and $A = 0.086$ mM, $B = 0.043$ s⁻¹, $C = 0.363$ mM, and $D = 0.0025$ s⁻¹ (gadamelitol).

A total of 46 A-07 tumors were subjected to DCE-MRI and measurement of IFP. Gd-DTPA, P846, and gadomelitol were used as contrast agent in 14 , 16 , and 16 tumors, respectively. IFP was measured immediately after the DCE-MRI was completed. The tumors differed in IFP from 1.8 to 22.2 mmHg, and there was no correlation between IFP and tumor volume (data not shown).

DCE-MRI data of six representative tumors are presented in Figure 2, which shows the K^{trans} image, K^{trans} frequency distribution, v_e image, and v_e frequency distribution of a tumor with low IFP and a tumor with high IFP imaged with Gd-DTPA (Figure 2a), P846 (Figure 2b), or gadomelitol (Figure 2c). The intratumor heterogeneity in K^{trans} and v_e was substantial for all contrast agents. By examining a large number of individual voxels, it was verified that the pharmacokinetic model gave good fits to the experimental data in the majority of the voxels. The only exception was voxels showing high contrast enhancement after administration of P846. In these voxels, the fits were poor for times beyond the curve peak, possibly because the washout of P846 was hampered. Representative data are presented in

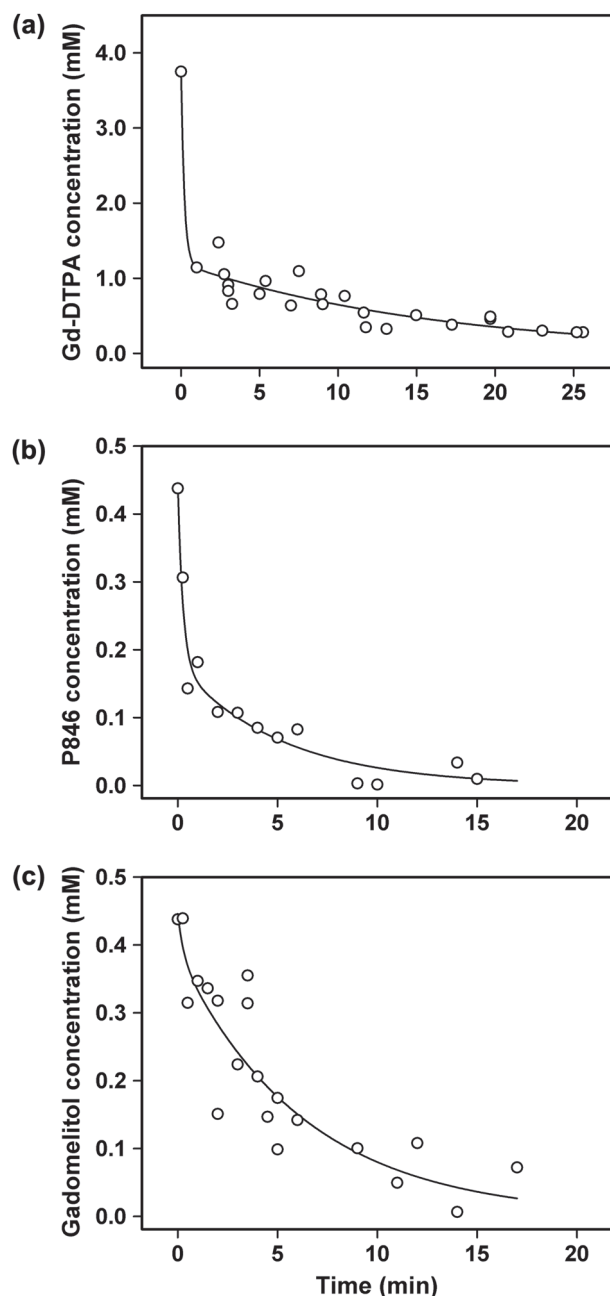


Figure 1. The blood concentration of Gd-DTPA (a), P846 (b), and gadomelitol (c) in BALB/c *nu/nu* mice as a function of time after intravenous administration of a bolus dose of 5.0 ml/kg body weight of a 60 mM Gd-DTPA solution or a 7.0 mM solution of P846 or gadomelitol. The points represent blood samples from 10 (a), 13 (b), and 20 (c) mice. One to five blood samples were obtained from each mouse in (a), whereas a single blood sample was obtained from each mouse in (b) and (c). The curves show the best fit of a double exponential function to the blood sample data.

Figure 3, which shows plots of contrast agent concentration versus time and the corresponding curve fits for individual voxels differing substantially in contrast enhancement after administration of Gd-DTPA (Figure 3a), P846 (Figure 3b), or gadomelitol (Figure 3c).

Median K^{trans} of the individual tumors ranged from 0.034 min^{-1} to 0.210 min^{-1} (Gd-DTPA), from 0.038 min^{-1} to 0.185 min^{-1} (P846), and from 0.012 min^{-1} to 0.019 min^{-1} (gadomelitol), and median v_e of the individual tumors ranged from 0.18 to 0.27 (Gd-DTPA), from 0.37 to 0.68 (P846), and from 0.13 to 0.26 (gadomelitol). Median K^{trans} decreased with increasing IFP, both for Gd-DTPA ($p = 0.0076$; $R^2 = 0.46$; Figure 4a) and P846 ($p = 0.0042$; $R^2 = 0.45$; Figure 4b), whereas there was no correlation between median K^{trans} and IFP for gadomelitol ($p > 0.05$; Figure 4c). Significant correlation between median v_e and IFP was not found for any of the contrast agents ($p > 0.05$; Figure 4a–c).

Because the curve fits to the data acquired with P846 were poor towards the end of the sampling period for voxels showing high signal enhancements, the P846 data were also analyzed by shortening the total sampling time (i.e. by excluding data recorded beyond given threshold times). Significant correlations between median K^{trans} and IFP were found independent of the sampling period. This is illustrated in Figure 5, which shows plots of median K^{trans} versus IFP for sampling times of ~ 4 minutes ($p = 0.0025$; $R^2 = 0.49$; Figure 5a), ~ 7 minutes ($p = 0.0024$; $R^2 = 0.49$; Figure 5b), and ~ 10 minutes ($p = 0.0022$; $R^2 = 0.50$; Figure 5c). Although the numerical values of median K^{trans} increased slightly with decreasing sampling period, the correlations with IFP were similar to that shown in Figure 4b for a sampling period of ~ 13 minutes. Significant correlations between v_e and IFP were not found for the shortened sampling times either (data not shown).

Discussion

Clinical investigations have suggested that DCE-MRI may be a useful non-invasive imaging method for assessing the IFP of tumors [11]. The influence of the molecular weight of the MR contrast agent on any relationship between DCE-MRI data and IFP was studied in the present work by using A-07 human melanoma xenografts as experimental tumor models. Orthotopic tumors with volumes of $100\text{--}600 \text{ mm}^3$ were subjected to DCE-MRI and measurement of IFP, and parametric images derived by pharmacokinetic analysis of the DCE-MRI data were related to the IFP of the tumors. This volume range was chosen to ensure that the individual tumors differed substantially in IFP. Furthermore, orthotopic A-07 tumors within this volume range do not show regions with necrotic tissue [20]. It is advantageous to use tumors without necrosis in DCE-MRI studies because pharmacokinetic models of the uptake and washout of contrast agents are not valid in necrotic tumor regions [12]. A-07 tumors should therefore be

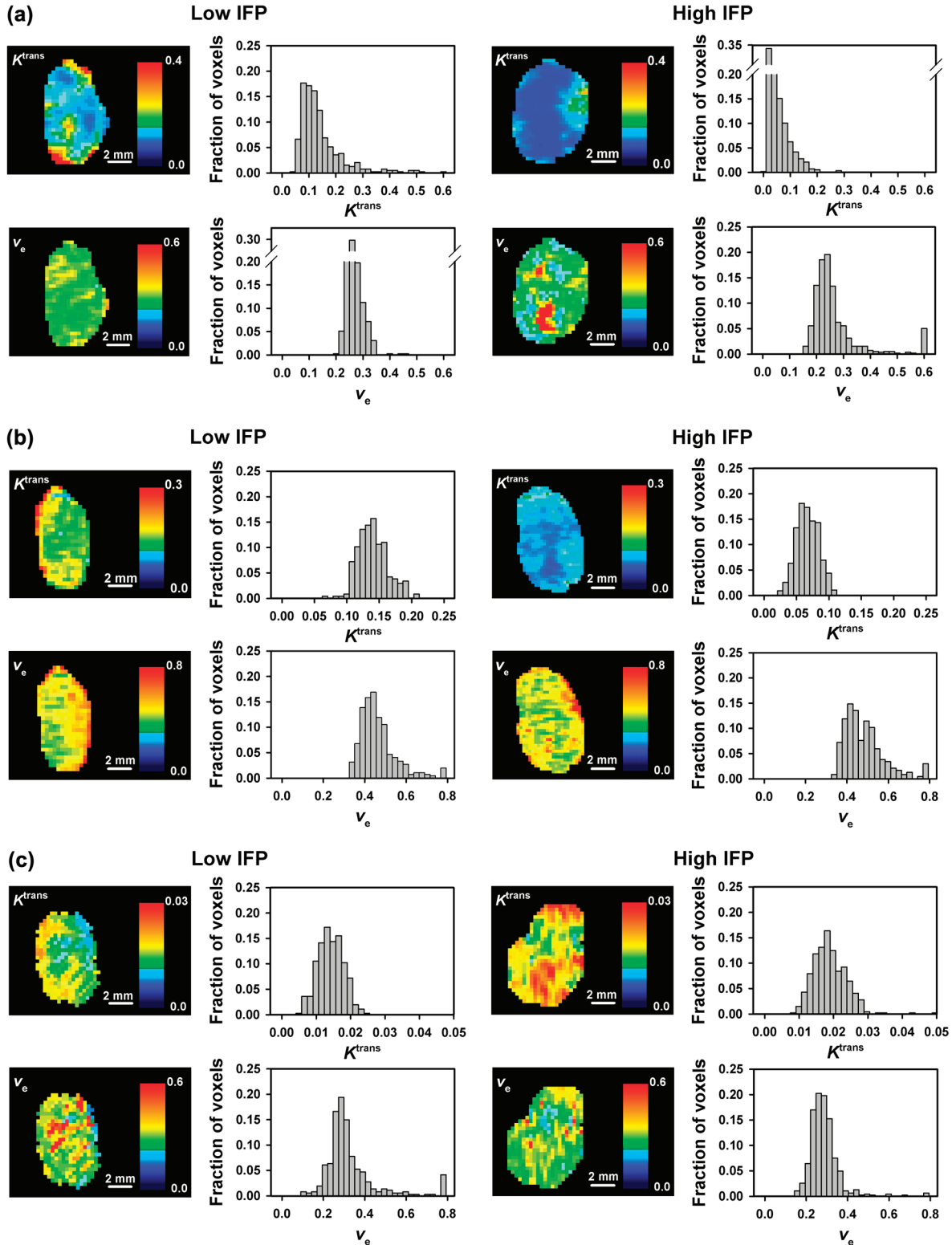


Figure 2. The K^{trans} image, K^{trans} frequency distribution, v_e image, and v_e frequency distribution of an A-07 tumor with low IFP (left) and an A-07 tumor with high IFP (right) imaged with Gd-DTPA (a), P846 (b), or gadomelitol (c).

adequate models for studying the questions addressed in the work reported here.

The three contrast agents were evaluated in different cohorts of tumor-bearing mice. Sequential

administration of all three agents to all animals would have allowed a more direct comparison of Gd-DTPA, P846, and gadomelitol. However, our experimental strategy was chosen to avoid erroneous

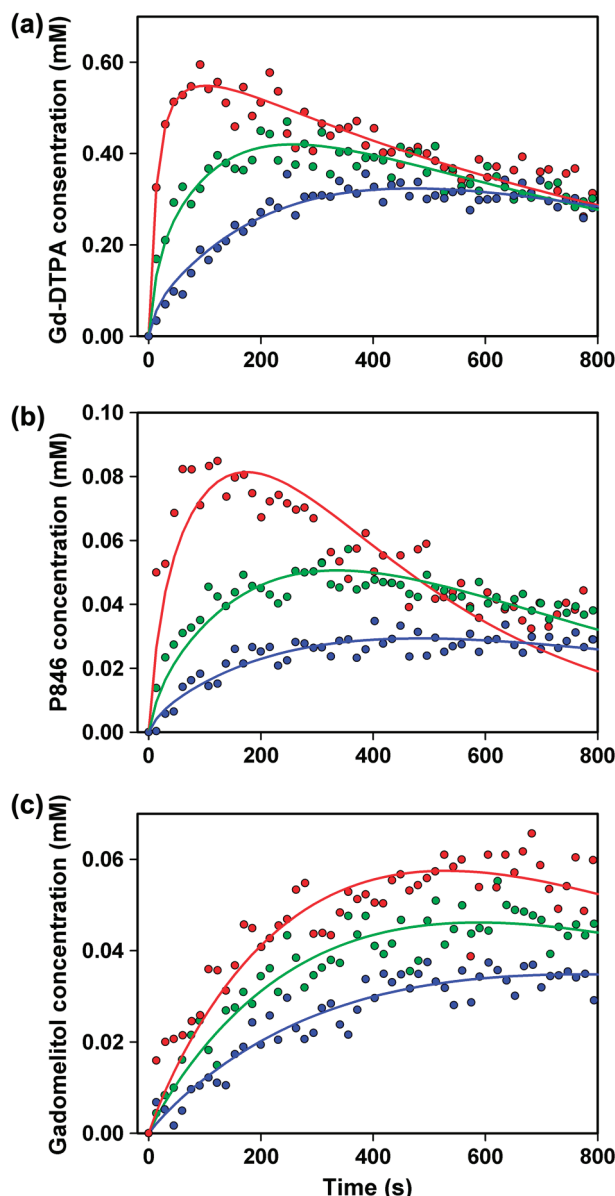


Figure 3. Contrast agent concentration versus time for individual voxels in A-07 tumors imaged with Gd-DTPA (a), P846 (b), or gadomelitol (c). The points refer to measured values, and the curves represent the best fits obtained with the Tofts iso-directional pharmacokinetic model. Data for voxels with high, intermediate, and low contrast enhancement are shown in red, green, and blue, respectively.

signal enhancement after the second and third contrast administration caused by the preceding administration, as described by Garcia-Martin et al. [24]. Moreover, consecutive administration of three contrast agents at relevant time intervals requires additional doses of anesthesia and a relatively large total intravenous injection volume, requirements which may cause significant hemodynamic effects in mice. The latter problem may be reduced or eliminated by studying tumors in larger animals, as demonstrated by Michoux et al. [25] in a study of hepatocellular

carcinomas in rats and by Henderson et al. [13] in a study of spontaneous canine tumors.

The DCE-MRI data were analyzed by using the modified Kety model of Tofts et al. [19]. This iso-directional pharmacokinetic model gave good fits to the DCE-MRI data acquired with Gd-DTPA and gadomelitol as contrast agents. Good curve fits were also obtained for the data acquired with P846 for voxels showing low signal enhancements. On the other hand, the P846 data for voxels with large signal enhancements were not equally well fitted by the model, particularly the data acquired towards the end of the sampling period. Calculated values for both K^{trans} and v_e may be influenced significantly by the quality of the curve fit. K^{trans} is determined primarily by the initial part of contrast agent concentration versus time curves, whereas v_e is particularly sensitive to the shape of the curves at time points beyond the curve peak [12,26]. Thus, the K^{trans} values for P846 changed only slightly when the data recorded beyond given threshold times were excluded from the pharmacokinetic analysis, and significant correlations were found between median K^{trans} and IFP independent of whether the total sampling period was ~4 minutes, ~7 minutes, ~10 minutes, or ~13 minutes. This observation is consistent with the suggestion that useful K^{trans} values can be obtained for tumors by using sampling times down to ~4 minutes, whereas reliable v_e values require good curve fits for longer observation periods [27].

K^{trans} values for low-molecular-weight contrast agents produced by the Tofts pharmacokinetic model are determined primarily by the blood perfusion of the imaged tissue, provided that the tissue has highly permeable vessels and the amount of intravascular contrast agent is negligible [19,28]. These conditions are fulfilled for A-07 tumors because these tumors have a low blood volume fraction of ~3%, and the walls of the tumor vessels have been shown to be highly permeable to low-molecular-weight blood flow tracers [29]. Moreover, comparative experimental studies have verified that K^{trans} for Gd-DTPA is a representative parameter for blood perfusion in A-07 tumors [17].

With increasing molecular weight of the contrast agent, K^{trans} becomes increasingly more influenced by the vessel wall permeability of the imaged tissue [19]. In our study, the K^{trans} values for gadomelitol were lower than those for Gd-DTPA and P846 by a factor of ~10, implying that the uptake of gadomelitol was hampered by the vessel walls and, hence, that K^{trans} for gadomelitol is influenced significantly by the vessel wall permeability in A-07 tumors.

IFP differs among tumors primarily because of differences in resistance to blood flow and resistance to transcapillary fluid flow [10]. Significant inverse

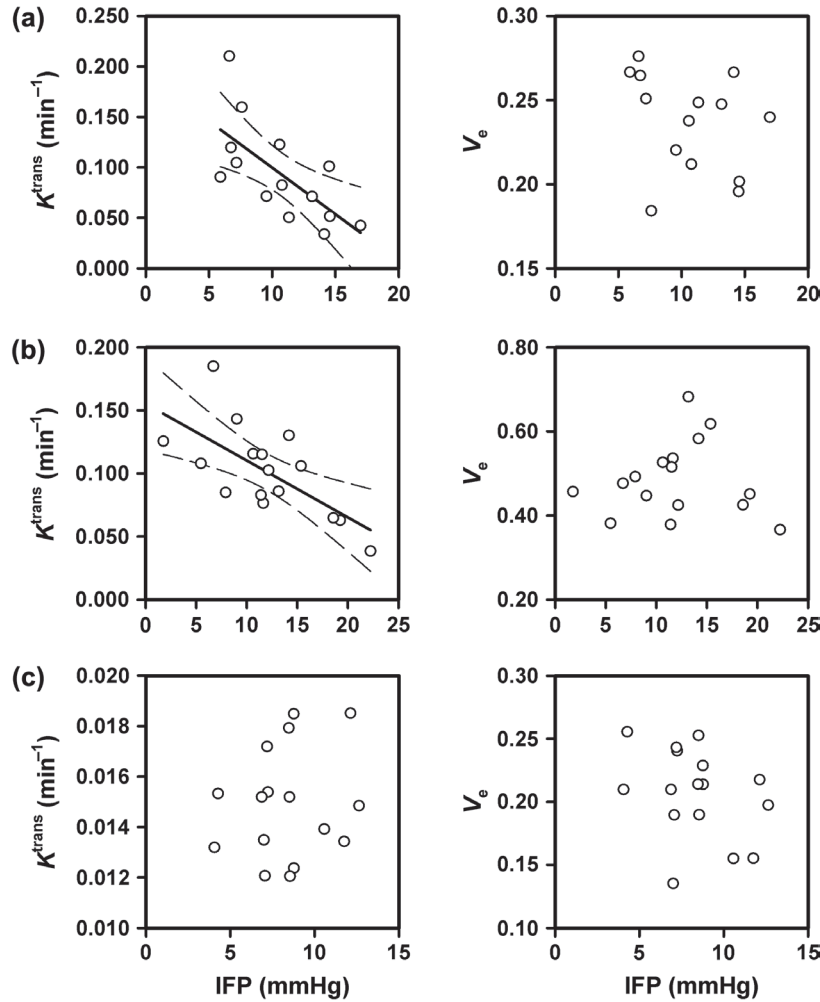


Figure 4. Median K^{trans} (left) and median v_e (right) versus IFP for A-07 tumors imaged with Gd-DTPA (a), P846 (b), or gadomelitol (c). The points represent individual tumors, and the solid curves were fitted to the data by linear regression analysis. The dashed curves represent the 95% confidence intervals.

correlations were found between K^{trans} and IFP for Gd-DTPA and P846, whereas no correlation was found between K^{trans} and IFP for gadomelitol, suggesting that the differences in IFP among A-07 tumors were primarily a consequence of differences in resistance to blood perfusion rather than differences in resistance to transcapillary fluid flow.

The v_e values of tumors are determined primarily by the fractional distribution volume of the contrast agent [12,19]. There is some evidence that the IFP of tumors may be influenced significantly by the hydraulic conductivity in the interstitial space [1,2]. The distribution volume of molecules and the interstitial hydraulic conductivity in tumor tissues are parameters that are influenced significantly by the tumor cell density and thus are expected to be interrelated. Significant correlations between v_e and IFP were not found for any of the contrast agents included in the present study, suggesting that the intertumor heterogeneity in IFP in A-07 tumors was not influenced

significantly by any intertumor heterogeneity in interstitial hydraulic conductivity or cell density.

The present study confirmed our previous observation that K^{trans} images, but not v_e images, may have the potential to provide information on the IFP of tumors [18]. It suggests further that low-molecular-weight contrast agents like Gd-DTPA and P846 are preferable to contrast agents with higher molecular weights like gadomelitol. However, xenografted tumors of only one line were included in the present study, and the tumors of this line have low resistance to transcapillary fluid flow. Consequently, it cannot be excluded that studies of tumors with low vessel wall permeability may give rise to conclusions differing from those reported here.

However, the observations reported here are consistent with those reported by Haider et al. [11]. They studied patients with cervical cancer and observed that K^{trans} for Gd-DTPA was inversely correlated to IFP, whereas they found no correlation

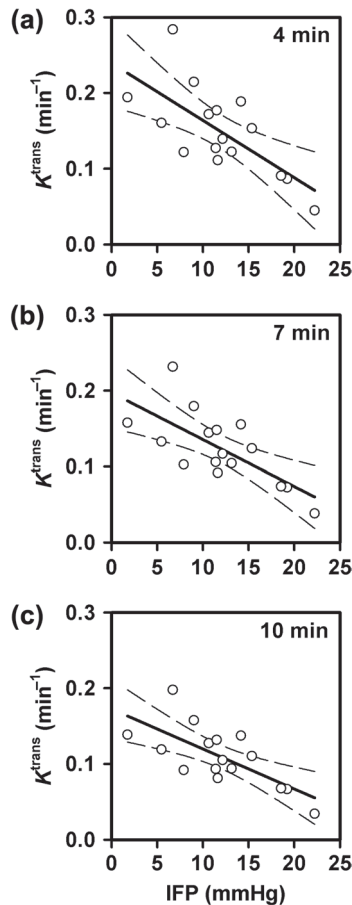


Figure 5. Median K^{trans} versus IFP for A-07 tumors imaged with P846 for ~4 min (a), ~7 min (b), or ~10 min (c). The points represent individual tumors, and the solid curves were fitted to the data by linear regression analysis. The dashed curves represent the 95% confidence intervals.

between v_e for Gd-DTPA and IFP. Interestingly, the blood vessels of cervical carcinomas are embedded in connective tissue and are expected to be less permeable to fluid and macromolecules than are the vessels of A-07 tumors [30].

In summary, studies of A-07 tumors suggest that K^{trans} for low-molecular-weight contrast agents like Gd-DTPA (molecular weight of 0.55 kDa) and P846 (molecular weight of 3.5 kDa) may be associated with tumor IFP. Any association between K^{trans} and IFP cannot be expected to be strengthened by the use of contrast agents with higher molecular weights. However, further studies involving tumors with biological characteristics differing substantially from those of A-07 tumors are warranted before a final conclusion should be drawn.

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Declaration of interest: The authors report no conflicts of interest. The authors alone are responsible for the content and writing of the paper.

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