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REVIEW ARTICLE

The role of monocytes in atherosclerotic coronary artery disease

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Abstract

Inflammation plays a key role in the pathogenesis of atherosclerosis. The more we discover about the molecular pathways involved in atherosclerosis, the more we perceive the importance of monocytes in this process. Circulating monocytes are components of innate immunity, and many pro-inflammatory cytokines and adhesion molecules facilitate their adhesion and migration to the vascular endothelial wall. In addition to the accumulation of lipids and formation of atherogenic 'foam' cells, monocytes may promote atherosclerotic plaque growth by production of inflammatory cytokines, matrix metalloproteinases, and reactive oxidative species. However, the contribution of monocytes to atherogenesis is not only limited to tissue destruction. Monocyte subsets are also involved in intraplaque angiogenesis and tissue reparative processes.

The aim of this overview is to discuss the mechanisms of monocyte activation, the pivotal role and importance of activated monocytes in atherosclerotic coronary artery disease, their implication in the development of acute coronary events, and their potential in cardiovascular reparative processes such as angiogenesis.

Key words: Atherosclerosis, innate immunity, monocytes

Introduction

In recent decades, much research has been directed towards understanding the pathogenesis of atherosclerosis and inflammation. Fatty streaks, which may be seen even in intrauterine human life and represent the earliest stage of an atherosclerotic lesion, are characterized by dense accumulation of monocyte-derived macrophages in the vascular wall, a phenomenon which is seen in every stage of atherosclerosis (1–4).

Systemic inflammation, as reflected by high levels of pro-inflammatory cytokines and adhesion molecules, actively promotes the mobilization of monocytes to the sites of atherosclerotic lesions (3). Moreover, monocytes themselves may be considered pro-inflammatory cells, producing a wide range of cytokines, chemokines, and reactive oxidative species. However, the role of monocytes in atherogenesis goes far beyond providing a source of lipid-loaded

'foam' cells and includes their participation in plaque progression, destabilization, rupture, and thrombus formation (4,5). Contribution of monocytes to the atherosclerotic process also comprises angiogenesis and tissue repair, and, indeed, certain monocyte subsets possess distinct angiogenic properties and constitute a substantial proportion of so-called endothelial progenitor cells (5).

In this overview, we aim to analyse the mechanisms implicated in monocyte-related processes of the atherosclerotic plaque formation (i.e. atherogenesis). The role of monocytes in plaque destabilization and the development of acute coronary syndromes has been discussed in a recent review (6).

Monocyte activation and inflammation

The primary function of circulating monocytes is non-specific host protection against foreign pathogens via their prompt elimination (innate immunity).

Key messages

- Progression of atherosclerotic plaques ultimately depends on the persistent process of excessive lipid accumulation by monocyte-derived 'foam' cells leading to their death and repeated lipid accumulation.
- Monocyte Toll-like receptors interact with a variety of ligands from bacteria, fungi, and viruses, but the host itself may be the origin of the ligands that bind the Toll-like receptors.

This system is not antigen-specific and depends on pattern recognition receptors such as Toll-like receptors (TLR), CD14, scavenger receptors, and other receptor systems (7). Monocytes/macrophages can phagocytize pathogens but they also promote pathogen neutralization and elimination by the production of numerous cytokines (8). The 'dark side' of the process is the inevitable damage of the host's own tissues. In this respect the vascular wall is especially vulnerable, being located in direct proximity to the circulation.

Monocytes possess receptors that can detect highly conserved components (e.g. membrane constituents such as lipopolysaccharides) of various pathogens. These receptors include the prototypic pattern recognition receptor CD14 and a number of receptor families implicated in innate immunity including the TLRs, nucleotide oligomerization domain-like receptors, retinoic acid-inducible gene I-like receptors, C-type lectins, DNA-dependent activator of interferon-regulatory factors, and the recently identified HIN200 receptor AIM-2 (absent in melanoma-2). Each receptor family possesses unique roles following ligation with specific ligand(s), though there are still common pathways mediating receptor-stimulating effects and a synergy between receptors from different families (9).

The TLRs are the most widely studied receptor system responsible for monocyte inflammatory responses. Currently, nine TLRs (TLR1–TLR9) have been characterized in humans. Most of these receptors (e.g. TLR4) are located on the surface of monocytes (and other cells) to detect bacterial components in the circulation, whilst TLR3 and TLR5 are intracellular receptors able to respond to virus DNA/RNA (10). TLRs are highly conserved from *Drosophila* to humans and even share structural and functional similarities. TLR-mediated responses may be modulated by interactions so that different groups of pattern recognition receptors may augment each other's functions (11–14). For example, TLR4, a receptor closely related with the atherosclerotic

Abbreviations

ACS	acute coronary syndromes
GM-CSF	granulocyte-macrophage colony-stimulating factor
HSP	heat shock protein
I κ B	inhibitor of κ B
ICAM-1	intercellular adhesion molecule-1
IL	interleukin
LDL	low density lipoprotein
LOX-1	lectin-like oxidized LDL receptor-1
MCP-1	monocyte chemoattractant protein-1
M-CSF	macrophage colony-stimulating factor
NF κ B	nuclear factor κ B
ROS	reactive oxygen species
SR	scavenger receptor
TLR	Toll-like receptor
TNF α	tumour necrosis factor α
VCAM-1	vascular cell adhesion molecule-1
VEGF	vascular endothelial growth factor

process, is functionally linked to lipopolysaccharide receptor CD14, and mutations in TLR4 gene have been associated with differences in responsiveness to lipopolysaccharides (15).

TLRs have been repeatedly implicated in pathogenesis of atherosclerosis. For example, TLR4 is involved in both early and late phases of the atherosclerotic process, and a prominent reduction of atherosclerosis has been observed in TLR4-deficient mice (16). TLR4 expression is increased on circulating monocytes and at sites of atherosclerotic lesions of patients with acute coronary syndromes (ACS) compared to stable patients' angina (17). Indeed, stimulation of TLR4 leads to the production of matrix metalloproteinases by monocytes/macrophages, resulting in degradation of the extracellular matrix and the promotion of plaque destabilization. An increased TLR2 expression on circulating monocytes has also been described in patients with infections and also in those with coronary artery disease (CAD) (18–20). In fact, high TLR2 expression on monocytes is an independent risk factor for atherogenesis (21).

How may TLRs be implicated in the chronic process of atherogenesis? Monocyte TLRs interact with a variety of ligands from bacteria, fungi, and viruses. However, the host itself may be the origin of the ligands that bind the TLRs.

Several of these receptors are not exclusively specific to bacterial pathogens and can be stimulated by molecules expressed during cardiovascular damage, thus causing activation of monocytes. TLR2 can be activated by heat shock protein (HSP) 70 and hyaluronan, TLR4 by HSP70, HSP60, oligosaccharides of hyaluronic acid, fibrinogen, heparan sulfate, and fibronectin, and TLR9 by chromatin-IgG complexes (22–28). Irrespective of which ligand (i.e.

exogenous or endogenous) causes activation of TLRs, monocytes respond by initiation of the same cascade of inflammatory reactions, resulting in massive cytokine production.

Of note, progression of atherosclerotic plaques ultimately depends on the persistent process of excessive lipid accumulation by monocyte-derived 'foam' cells, leading to their death and repeated lipid accumulation. It has been demonstrated that monocyte/macrophage pattern recognition receptors are capable of recognizing dying cells and promoting their elimination (29,30). Although the biological role of these reactions is by nature protective, atherogenesis is self-perpetuated by the inflammatory reactions triggered.

There are several transcriptional mechanisms that mediate the stimulation of TLRs and the production of inflammatory factors. Nuclear factor κ B (NF κ B) and mitogen-activated protein kinase pathways appear to be major participants in such processes (31). NF κ B is a transcription factor that plays a critical role in diverse cellular processes associated with proliferation, as well as cellular development, apoptosis, and the production of innate and adaptive immune responses. However, NF κ B is also a direct regulator of the expression of pro-inflammatory genes.

In resting conditions, NF κ B is located in the cell cytoplasm, being inhibited by the inhibitor of κ B (I κ B). Stimulation of TLRs triggers NF κ B signalling pathway by activation of I κ B kinase that phosphorylates I κ B (32). This is followed by ubiquitination and degradation of I κ B. Once released, NF κ B moves to the cell nucleus to initiate transcription of numerous cytokines, chemokines, adhesion molecules, and matrix metalloproteinases, which is accompanied by the production of reactive oxygen species (ROS) (33). Persistent NF κ B-mediated signal transduction in monocytes and other cells is associated with plaque progression, destabilization, and rupture (34). Animal studies have also established that the NF κ B pathway regulates expression of lipooxygenase, cyclo-oxygenase, and monocyte chemoattractant protein-1 (MCP-1), which are all involved in the modification of low density lipoprotein (LDL) and monocyte chemotaxis (35–37). The expression of several adhesion molecules associated with the pathogenesis of atherosclerosis (P-selectin, E-selectin, intercellular adhesion molecule-1 (ICAM-1), and vascular cell adhesion molecule-1 (VCAM-1)) is also regulated by the NF κ B pathway (38,39).

Additionally, NF κ B accelerates differentiation of monocytes into macrophages by macrophage colony-stimulating factor (M-CSF) at the site of atherosclerotic lesion (40). Furthermore, transcription of the extracellular matrix-degrading enzymes matrix metalloproteinase 9 and myeloperoxidase is

also regulated by the NF κ B pathway and is closely linked to the processes of plaque destabilization and atherothrombosis (41,42). Ultimately, most of the inflammatory cytokines up-regulated in atherosclerosis (e.g. tumour necrosis factor (TNF α), interleukin (IL)-1, IL-6, IL-10, IL-12) are produced by monocytes via a NF κ B-dependent pathway. Finally, activation of NF κ B is associated with smooth muscle cell proliferation and fibrous cap formation (43). These data indicate that NF κ B signalling is the principal transcriptional pathway of monocyte inflammatory response and may be involved at every stage of atherosclerotic disease (Figure 1).

Cardiovascular effects of monocyte activation

Inflammatory cytokines are uniformly increased in patients with atherosclerosis, especially in its complicated forms, such as myocardial infarction (44–46). Inflammatory activation of monocytes is accompanied by the release of various cytokines and an oxidative state that promotes oxidation of LDL and activation of endothelial cells. The latter leads to the increased expression of P-selectin, VCAM-1, and chemokines essential for the recruitment of monocytes into the arterial wall (47). Activated endothelial cells in turn interact with monocytes by production of large amounts of MCP-1, resulting in a vicious cycle of self-activation, smooth muscle cell mitogenesis, and inhibition of antithrombotic properties of the vascular wall (e.g. modulation of synthesis of plasminogen activator inhibitor 1) (48,49). Myeloperoxidase secreted by activated monocytes plays a role in the formation of atherogenic dysfunctional lipoproteins by their carbamylation (50), a process further enhanced by monocyte-derived ROS in subjects with hyperlipidemia (51).

Additionally, matrix metalloproteinases, produced by monocytes, facilitate plaque destabilization and the development of atherothrombotic complications (52). In addition to secretion of matrix metalloproteinases by monocytes themselves, a high expression of TNF α and ROS by these cells triggers matrix metalloproteinase production by other cell lines inside the vascular wall (53). Not surprisingly, monocytes have been closely implicated in the development of ACS, and their high count at admission is strongly associated with an unfavourable prognosis (Tables I and II).

Monocyte mobilization and homing in atherosclerosis

Monocytes exert their pro-atherogenic effects both in the circulation and inside the vascular wall where they are involved in various processes related to

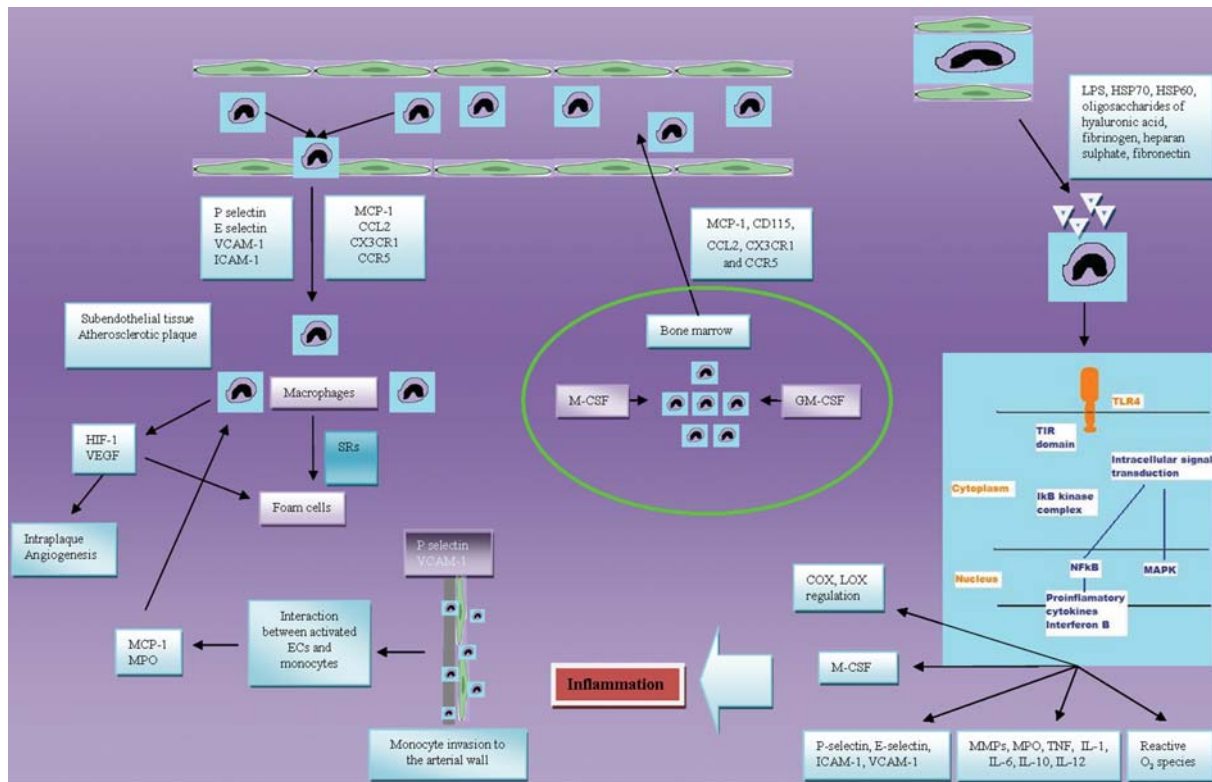


Figure 1. Implication of monocytes in atherogenesis. COX = cyclo-oxygenase; Ecs = endothelial cells; GM-CSF = granulocyte-macrophage colony-stimulating factor; HIF-1 = hypoxia-inducible factor; HSP = heat shock protein; ICAM-1 = intercellular adhesion molecule 1; IL = interleukin; LOX = lipoxygenase; LPS = lipopolysaccharide; MAPK = mitogen-activated protein kinase; MCP-1 = monocyte chemoattractant protein-1; M-CSF = macrophage colony-stimulating factor; MMPs = matrix metalloproteinases; MPO = myeloperoxidase; NFκB = nuclear factor κB; SRs = scavenger receptors; TIR = Toll/interleukin-1 receptor; TLR4 = Toll-like receptor 4; TNF = tumour necrosis factor; VCAM-1 = vascular cell adhesion molecule 1; VEGF = vascular endothelial growth factor.

atherogenesis (e.g. 'foam' cell formation). Monocyte mobilization from the bone-marrow and their migration to tissues are of great interest. Circulating monocytes derive from hematopoietic precursor cells in the bone-marrow and are mobilized into the circulation and thence to the vascular wall by biological stimulants abundantly produced by damaged tissues.

The continuing entry, survival, and replication of mononuclear cells in atherosclerotic lesions depend partly on M-CSF, granulocyte-macrophage colony-stimulating factor (GM-CSF), and MCP-1 (54). In addition to the mobilization of monocytes into circulation, chemoattractants (e.g. M-CSF, MCP-1) also support their proliferation and differentiation into macrophages. In keeping with its role in monocyte mobilization and recruitment, M-CSF contributes to the atherosclerotic plaque progression (55). It has been recently demonstrated that a significant reduction of atherosclerosis in M-CSF-deficient mice results from a marked decrease in macrophage accumulation within the lesions (56).

Monocyte mobilization from bone-marrow is also largely mediated by chemokines, such as MCP1 (CCL2), fractalkine (CX3CL1), and CCL5

(RANTES) and their monocyte receptors (CCR2, CX3CR1, and CCR5, respectively) that differentially alter the mobilization of subsets of circulating monocytes to the blood and promote macrophage accumulation within atherosclerotic lesions (57). In addition, MCP-1 causes diapedesis of monocytes from the lumen to the subendothelial tissue, where they differentiate into 'foam' cells, and promotes the expression of endothelial cell adhesion molecules on the arterial intima (58). The role of MCP-1 in monocyte-related processes seen in ACS has been recently reviewed (52).

The recruitment of circulating monocytes to the vascular subendothelial tissue occurs via a tightly regulated multistep process mediated by a series of cell surface adhesion molecules. Endothelial cell activation causes up-regulation of endothelial cell adhesion molecules, including both P- and E-selectins, VCAM-1, and ICAM-1, a process mediated by pro-inflammatory cytokines (59).

As the first step, activated endothelial cells at the target region of atherogenesis express increased levels of P- and E-selectins that mediate the tethering and rolling of circulating monocytes upon the

Table I. Relationship between the monocyte counts/subtypes and left ventricular dysfunction/remodelling after myocardial infarction.

Study	Study population	Principal findings
Maekawa et al. (97)	149 patients with first Q-wave acute MI	Monocyte count $\geq 900/\text{mm}^3$ was an independent determinant of pump failure (relative ratio 9.83), LV aneurysm (relative ratio 4.78), and cardiac events (relative ratio 6.30), including readmission for heart failure, recurrent MI, and cardiac deaths
Hojo et al. (98)	30 patients with ST-elevation MI	Higher VEGF production by peripheral blood mononuclear cells was associated with improvement of LV systolic function
Iwama et al. (99)	55 patients with acute MI and 43 controls	Plasma levels of placental growth factor on day 3 were negatively correlated with the LVEF, and positively correlated with both acute phase peak peripheral monocyte counts and chronic phase changes in LVEF
Tsujioka et al. (100)	36 patients with acute MI	Peak counts of $\text{CD14}^+\text{CD16}^-$ monocytes, but not $\text{CD14}^+\text{CD16}^+$ monocytes, were negatively associated with the extent of myocardial salvage. Peak counts of $\text{CD14}^+\text{CD16}^-$ monocytes, but not $\text{CD14}^+\text{CD16}^+$ monocytes, were negatively correlated with recovery of LVEF 6 months after MI
Methe et al. (17)	28 patients with acute MI, 40 patients with unstable angina, 20 patients with coronary artery disease, 30 healthy controls	Circulating $\text{TLR4}^+/\text{CD14}^+$ monocytes were ~2.5-fold increased in ACS compared to stable coronary artery disease and healthy controls
Bruno et al. (101)	16 patients with acute MI, 15 healthy controls	$\text{CD14}^+/\text{KDR}^+$ cells, but not $\text{CD14}^+/\text{KDR}^-$ cells, had pro-angiogenic properties in <i>in vitro</i> and <i>in vivo</i> experiments
Dresske et al. (102)	Lewis female rats with MI	Delivery of cells derived from peripheral blood monocytes improved LV function after MI

LV = left ventricular; LVEF = left ventricular ejection fraction; MI = myocardial infarction.

endothelium (60,61). Following monocyte adhesion to the endothelium, the selectins stimulate monocyte expression of integrins (e.g. ICAM-1, VCAM-1), which are essential to their migration to tissues (60). An *ex vivo* model of isolated carotid arteries shows that P-selectin blockade prevents monocyte attachment to the carotid endothelium (62). ICAM and VCAM are over-expressed at sites of atherosclerotic lesions and support stronger adhesion of monocytes to the endothelium (63). The complex process of monocyte–endothelium interactions in atherosclerosis also involves various chemokines, including CXCL1, CCL5, CXCL4, CXCL12 and their monocyte receptors CXCR2, CCR5, CXCR4 (64,65). Interestingly, the migration of different monocyte subsets through endothelium depends on different receptor–ligand interactions. Inflammatory circulating monocytes (i.e. mouse $\text{Ly6C}^{\text{high}}$ subset) are shown to differentiate into vascular wall macrophages and form ‘foam’ cells and express high levels of CCR2, but also to require CX3CR1 and CCR5 for effective recruitment (66,67). Ly6C^{low} monocytes predominantly enter the atherosclerotic wall in a CCR5-dependent manner but do not require CX3CR1 (highly expressed on this subset) or CCR2 (67). Of interest, a gene polymorphism of CX3CR1 (fractalkine receptor) modulates the affinity of fractalkine to its receptor on monocytes and has been found to affect the risk of CAD (68).

Accumulation of lipids in atherosclerotic plaque

Accumulation of lipids by monocyte-derived macrophages leads to the formation of lipid-loaded ‘foam’ cells in the vascular wall and represents a critical point of atherogenesis. The biological role of this process may be to remove excessive amounts of toxic oxidized LDL from the vascular wall. However, uncontrolled lipid accumulation followed by macrophage death results in a self-perpetuating process of atherosclerotic core enlargement, deposition of collagen, and the migration of smooth muscle cells into the intima. This ultimately leads to the (irreversible) formation of atherosclerotic plaques. Accumulation of modified LDL by macrophages is mediated by scavenger receptors (SRs), a large family of proteins consisting of at least eight classes. For example, SRs of Class A include SR-AI (CD204), SR-AII, SR-AIII, macrophage receptor with collagenous structure (MARCO), and SR with C-type lectin, whilst Class B includes SR-BI, SR-BII (lysosomal integral membrane protein-II), and SR-BIII. SR Class C includes *Drosophila* Class C SR, whilst Class D is CD68 (macrosialin), and Class E is lectin-like oxidized LDL receptor-1 (LOX-1) (69,70).

The impact of these SRs on atherogenesis seems to be complex. These receptors are involved in modified lipoprotein uptake. Furthermore they, like

Table II. Monocytes and congestive heart failure.

Study	Population	Principal findings
Satoh et al. (103)	52 patients with acute MI, 20 controls	14 days after acute MI, levels of HSP70 were higher in patients with HF compared to those without HF
de Lemos et al. (104)	4244 patients with ACS	MCP-1 levels >238 pg/mL were independently associated with mortality (hazard ratio 2.16) and with composite end-points of death or MI; death, MI, or HF; and cardiovascular death, MI, readmission for ACS, or stroke
Satoh et al. (105)	65 patients with acute MI and 20 controls	Base-line TLR4 expression and plasma levels of inflammatory cytokines (IL-6, GM-CSF, and TNF α) were higher in MI patients with HF compared to those without HF
Sheu et al. (106)	43 patients with ST-elevation MI and 20 controls	Plasma levels of TNF α and monocyte TLR4 expression were significantly higher in patients with acute MI than in healthy controls; high TLR4 expression was independent predictor of 30-day major adverse cardiac events
Dahl et al. (107)	Experimental rat model	Patients with chronic HF had significantly increased expression herpesvirus entry mediator on and within the failing myocardium
Satoh et al. (108)	46 patients with HF and 22 controls	In patients with HF, especially those with severe HF, high expression TNF-converting enzyme in circulating mononuclear cells was associated with increased expression of TNF α

MI = myocardial infarction; HF = heart failure.

many other members of the family of the pattern recognition receptors, are linked with apoptotic cell clearance and initiation of signal transduction and serve as pattern recognition molecules for pathogens (71). SRs also have potential to trigger both pro-inflammatory and anti-inflammatory responses (72,73).

SR-AI and SR-BI are responsible for the scavenging of atherogenic modified proteins and are directly involved in 'foam' cell formation and atherogenesis (74). Circulating monocytes express high levels of CD36 and SR-AI. CD36 is a transmembrane glycoprotein with a high affinity to oxidized LDL, whilst SR-AI accumulates acetylated LDL (75). Furthermore, the exposition of macrophages to oxidized LDL increases their CD36 expression resulting in uncontrolled lipid accumulation (76). The lack of CD36 expression is associated with delayed progression of atherosclerosis (77). The involvement of CD36 in atherosclerosis is further supported by findings of abundant receptor substrate (oxidized lipids) in the plaque region but not in the plaque-free part of a vessel (77,78). Recent experimental studies also suggest not only pro-atherogenic but a prothrombotic role of CD36 in the cardiovascular system (77). In contrast, SR-BII is involved in cholesterol transfer from cells to high density lipoprotein (HDL) and liver and may exert anti-atherosclerotic properties (79,80). The role of other SR classes in atherosclerosis is less established.

Monocytes and intraplaque angiogenesis

Intimal and plaque neovascularization is a common finding in patients with advanced atherosclerosis

which is often associated with plaque progression and destabilization (81). Intraplaque vessels most frequently arise from vessels in the adventitia, adjacent to a plaque, rather than from the main artery lumen (82). This process is largely driven by hypoxia in the plaque tissue due to impaired diffusion of oxygen though thickened intima.

Progressive hypoxia in advanced human atherosclerosis stimulates local expression of hypoxia-inducible factor-1 and vascular endothelial growth factor (VEGF) by monocytes/macrophages. Consequently, increased plaque vascularization promotes further accumulation of inflammatory cells and atheroma progression, through a vicious circle. Indeed, the pathway of hypoxia-inducible factor-1 is linked to both lesion progression ('foam' cell formation) and angiogenesis, and in a vulnerable atherosclerotic plaque an enlarged necrotic core contains an increased number of vasa vasorum and apoptotic macrophages (83–86). It has recently been shown that an anti-angiogenic molecule, angiostatin, reduces accumulation of intraplaque macrophages and inhibits intraplaque angiogenesis with the secondary reduction of macrophage density and may thus promote plaque stability (87).

Monocytes may be directly implicated in the process of angiogenesis, being both protective (to improve tissue perfusion) and detrimental (when inside atheroma) (88). Pro-angiogenic factors are expressed by monocytes and stimulate the proliferation of endothelial cells as well as mobilization and homing of bone-marrow-derived endothelial progenitors. (86). Activated macrophages may influence each phase of angiogenesis by producing

pro-angiogenic factors (e.g. VEGF, fibroblast growth factor-2) (89). However, more studies are needed to shed further light on this issue.

Monocyte-platelet interactions

Circulating monocytes may form aggregates with platelets, creating the so-called monocyte-platelet aggregates (MPAs). This process is believed to reflect mainly the removal of activated platelets from the circulation (90). However, the nature of the interactions between monocytes and platelets appears to be much more complex and represents an additional pathway implicated in the regulation of monocyte activity. Conjugation with platelets activates expression of receptors to adhesion molecules (e.g. MAC-1) on monocytes (91). Up-regulation of monocyte receptors to adhesive molecules, known to be closely associated with formation of atherosclerotic plaques, may facilitate monocyte migration to the sites of inflammation and atherogenesis. Indeed, the aggregation of leukocytes with platelets is promoted by different conditions associated with inflammation and endothelial dysfunction (92,93). Exposure of human blood C-reactive protein doubles the number of MPAs, whilst infusion of lipopolysaccharide (LPS) to mice increased the number of MPAs 4-fold (94). Of interest, increased formation of platelet conjugates with monocytes, but not with lymphocytes or neutrophils, is characteristic for patients with diabetes, a recognized risk factor for atherosclerosis (93). Furthermore, the number of MPAs appears to parallel the severity of diabetes and is higher in those patients with signs of proliferative retinopathy and nephropathy (93). Not surprisingly, MPA formation is increased in patients with atherosclerosis. For example, patients with stable coronary artery disease have more than twice the counts of MPAs compared with healthy subjects (95). Destabilization of atherosclerotic plaques and atherothrombosis has been associated with more dramatic (3-fold) increases in total MPA levels (96). Nevertheless, a substantial gap in the understanding of mutual effects of monocytes and platelets drives extensive on-going research.

Conclusion

Monocytes are important cells of the innate immune system and play important roles in host defence. They are also strongly implicated in cardiovascular pathology and many key steps of atherosclerosis. Numerous pattern recognition molecules, integrins, cytokines, and chemokine receptors are implicated in monocyte-derived inflammatory responses, which include the promotion of plaque growth, rupture, and thrombosis. Specifically, NF κ B-dependent

signal transduction appears to be the dominant mediator in these processes. Numerous mechanisms are responsible for the maintenance of equilibrium between inflammatory and anti-inflammatory forces of the innate immune system, but these have been poorly characterized to date.

Although most contemporary research is focused on the detrimental roles of monocytes in the pathogenesis of atherosclerotic cardiovascular diseases, monocytes may have reparative actions in both tissue repair and angiogenesis. A better understanding of the monocyte involvement in such processes may provide clinicians with a better understanding of the pathophysiology of cardiovascular disorders, perhaps allowing the development of new therapeutic interventions in the future.

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