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CASE REPORT

Obstructive nephropathy secondary to AA-type amyloidosis in ankylosing spondylitis

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ABSTRACT

AA-type amyloidosis of the genitourinary tract is a rare phenomenon and few cases are described in the literature. We report a 42-year-old man with ankylosing spondylitis, who developed hematuria, bilateral hydronephrosis, and renal failure caused by AA amyloidosis.

Keywords: AA urinary tract amyloidosis; hematuria; obstructive nephropathy; spondyloarthropathy

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INTRODUCTION

The association of AA-type amyloidosis with collagen vascular diseases such as rheumatoid arthritis (RA) or juvenile RA has been well documented. There have been few published cases of patients with ankylosing spondylitis (AS) complicated with AA-type amyloidosis.¹ At the same time, amyloidosis of the genitourinary tract (AGT) seldom causes significant clinical symptoms. Diagnosis is difficult and often has to be differentiated from, amongst others, tumors of the urinary tract. We describe a patient diagnosed with AS with hematuria, bilateral hydronephrosis, and chronic renal failure caused by AA-type AGT.

CASE REPORT

A 42-year-old man with a 20-year history of AS has been reported. He had been treated with low-dose prednisone for 1 year and with nonsteroidal anti-inflammatory drugs (NSAIDs) for many years, with irregular compliance.

He was admitted to our hospital because of micro-hematuria. Laboratory findings (serum creatinine 2.3 mg/dL and proteinuria 500 mg/24 h) showed renal failure. Hemoglobin, coagulation parameters, immunological study, viral serology, urine cytology, urine culture, and acid-fast bacilli in urine were normal/negative. Ultrasound and abdominal computed tomography

(CT) scan were normal and the cystoscopy showed nonspecific inflammation. NSAIDs were stopped and serum creatinine became stable at 1.9 mg/dL; therefore, the patient was discharged to be treated as an outpatient.

Ten months later, the patient presented with a new episode of hematuria. Clinical examination was normal. Laboratory values included hemoglobin 11.9 g/dL; white cell count, platelet count, coagulation, liver functions tests, and electrolytes were normal; serum electrophoresis showed hypoalbuminemia 2.3 g/dL and serum immunofixation did not identify a monoclonal gammopathy. Serum creatinine was 5 mg/dL, proteinuria (800 mg/day) and urinary analysis demonstrated hematuria. Urinary Bence-Jones protein was not detected. There was no pyuria or bacteriuria. Renal ultrasonography disclosed moderate bilateral hydronephrosis, and magnetic resonance imaging (MRI) confirmed this finding (Figure 1). Urinary calculi were not seen. A transurethral mucosal biopsy of bladder and prostate were performed. Anatomopathological examination revealed eosinophilic deposits in the muscularis and lamina propria of the bladder and prostate; vascular and interstitial amyloidosis was demonstrated by strong apple-green birefringence under polarized light after Congo red staining. The immunohistochemical study with AA antibody protein was positive (Figure 2). Bone marrow aspiration was normal and transthoracic echocardiography showed left ventricular hypertrophy with slight diastolic dysfunction.

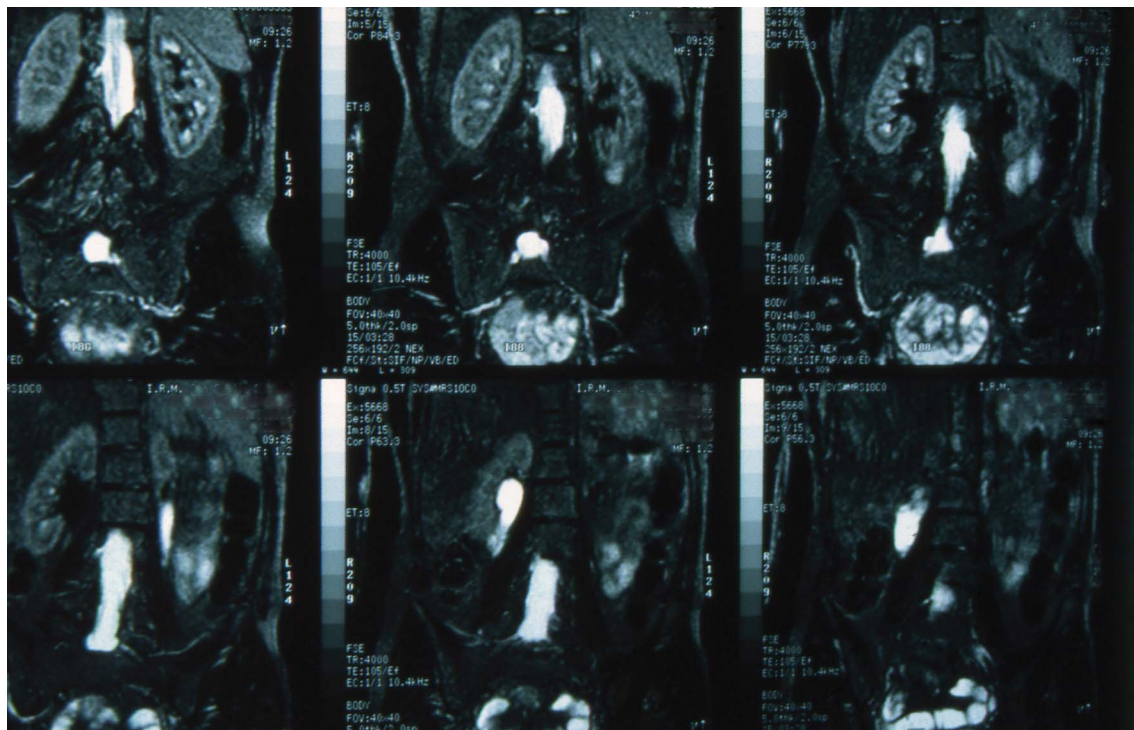


FIGURE 1. Nuclear magnetic resonance demonstrating moderate hydronephrosis in right and left kidney.

The patient was diagnosed with AA-type amyloidosis of the ATG.

A double-J bilateral catheter was introduced. Over the following days, the patient presented severe hematuria. He required blood transfusions, continuous bladder irrigation, and intravenous administration of epsilon-aminocaproic acid.

A 1-month follow-up revealed a satisfactory evolution with cessation of microhematuria and partial recovery of renal function to a creatinine level of around 3 mg/dL. The patient refused subsequent evaluation

to complete the study of systemic amyloidosis, along with other aggressive therapy measures. We are unaware of his subsequent evolution because he was lost from follow-up as he did not attend programmed check-ups.

DISCUSSION

AGT is infrequent; it mostly affects the bladder but can also affect the ureters, prostate, renal pelvis, seminal vesicles, deferential ducts, testicles, urethra, and penis. AGT may be localized or systemic; in contrast, amyloidosis can be classified as type AL or AA by immunohistochemical staining.

It is possible that the incidence of AGT has been underestimated. Indeed, in a series of autopsies of symptom-free patients with RA, vesical amyloid deposits were discovered in every case.² On the other hand, AGT most often presents with gross hematuria,³⁻⁵ local irritative symptoms, and most rarely with obstructive nephropathy.⁶⁻¹¹ The cystoscopy findings are variable: diffuse edema, hemorrhages, or pseudotumoral lesions.^{2,6,9} These findings make the biopsy mandatory for the diagnosis. Once AGT is diagnosed it is necessary to evaluate these patients about a possible systemic disease; for this purpose rectal biopsy or anterior abdominal fat biopsy are both extremely useful.

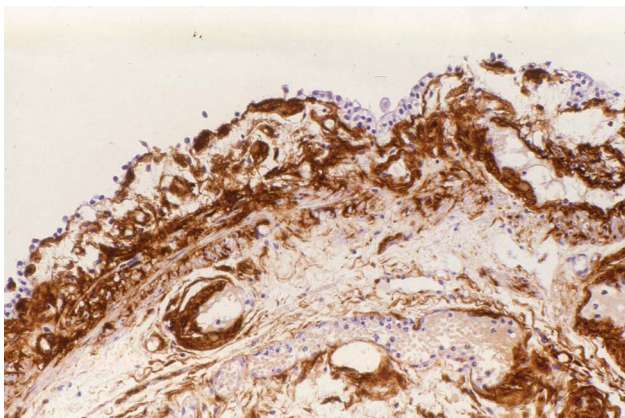


FIGURE 2. Immunohistological test with prot AA antiserum was positive in bladder.

Patients with AS can develop renal AA amyloidosis manifested by proteinuria, nephrotic syndrome, and renal failure. The prevalence of AA amyloidosis, associated with AS, in some series, is rated at 2.8%.^{1,12–15} Long-standing RA is the systemic disease most frequently associated with AA-type AGT, but as far as we know there are no previous publications about this complication in AS.

In our case, a systemic amyloidosis cannot be ruled out. On the other hand renal failure was probably multifactorial: obstructive nephropathy by massive amyloid deposits in the urinary tract, renal amyloidosis, and nonsteroidal anti-inflammatory drug treatment.

Therapy is centered on managing hematuria, with conservative measures and in case of persistent or large quantities, transurethral surgical removal, partial cystectomy, and occasionally resorting to the ligation of hypogastric arteries and total cystectomy.¹⁶ Treatment has also been applied with colchicine as well as vesical instillations with dimethylsulfoxide following surgery with the purpose of breaking down the residual amyloid deposit.^{16,17} As often as possible, systemic therapy must be associated by controlling the underlying disease process. New therapeutic approaches, in particular antitumor necrosis factor (anti-TNF) alpha agents are promising in inducing clinical remission by suppressing systemic inflammation in AA amyloidosis.¹⁸

In conclusion, this represents an unusual case of AA-type ATG with obstructive nephropathy and renal failure and should be considered in the differential diagnosis in patients with long-standing chronic inflammatory diseases.

Declaration of interest: The authors report no conflicts of interest. The authors alone are responsible for the content and writing of this paper.

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