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CLINICAL STUDY

Serum omentin-1, inflammation and carotid atherosclerosis in patients with non-diabetic chronic kidney disease

Erkan Sengul, Gokhan Duygulu, Sevim Dindar, and Fatih Bunul

Kocaeli Derince Education and Research Hospital, Kocaeli, Turkey

Abstract

Background and aim: Omentin-1 is suggested to affect inversely atherosclerosis (AS). Data about omentin-1 is limited to chronic kidney disease (CKD). Our aim was to examine omentin-1 in non-diabetic CKD patients who are not dialyzed and investigate its relationships with inflammation and carotid AS. **Materials and Methods:** We performed a cross-sectional study in 55 non-diabetic CKD patients and 30 healthy controls. Baseline clinical and laboratory data were obtained for all participants. Serum omentin-1 and interleukin-6 (IL-6) levels were measured according to the manufacturer's instructions. Carotid plaque and intima-media thickness (IMT) were assessed by carotid ultrasonography. The homeostasis model assessment of insulin resistance index (HOMA-IR) was used to assess IR. **Results:** Omentin-1 and IL-6 levels in the patient group were found to be higher than the control group; the differences were statistically significant ($p = 0.01$ and $p = 0.04$, respectively). Carotid IMT(mean) was significantly higher in the patient group ($p = 0.01$). Omentin-1 did not correlate with IL-6 and IMT in the patient group ($p = 0.51$ and $p = 0.76$, respectively). In subgroup analysis, omentin-1 levels in patients with carotid plaque were lower than those without carotid plaque (179.5 ± 88.1 ng/ml and 185.9 ± 67.8 ng/ml, respectively). However, the difference was not statistically significant ($p = 0.47$). **Conclusion:** We conclude that omentin-1 is higher in not dialyzed non-diabetic CKD and there is no correlation between omentin-1 and IL-6 or carotid IMT(mean).

Keywords

Atherosclerosis, chronic kidney disease, inflammation, omentin-1, IL-6

History

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Introduction

Chronic kidney disease (CKD), a global public health problem, is associated with increased morbidity and mortality of cardiovascular disease (CVD).¹ Although traditional cardiovascular risk factors including diabetes mellitus and hypertension are highly prevalent in patients with CKD, they cannot fully explain the increased risk for CVD.^{2,3} Therefore, a number of novel CVD risk factors have increasingly been studied as nontraditional risk factors.^{4,5}

Adipose tissue is suggested to affect the cardiovascular system as an active endocrine organ secreting a variety of bioactive proteins and adipokines. Several inflammatory molecules derived from adipose tissue, such as leptin, resistin, tumor necrosis factor (TNF)- α , and interleukin-6 (IL-6), have been suggested to exacerbate vascular diseases. On the other hand, adiponectin is known to protect the vascular system.^{6–9}

Omentin-1 is a novel visceral fat depot-specific secretory protein preferentially synthesized by the visceral stromal vascular cells. It has been shown that omentin-1 increases insulin-stimulated glucose uptake and Akt phosphorylation in human adipocytes,¹⁰ plays an anti-inflammatory role in

vascular smooth cells,¹¹ and suppresses arterial calcification.¹²

Omentin-1 levels are decreased in obesity, diabetes mellitus, and insulin resistance (IR). Also, it is negatively correlated with metabolic risk factors and inflammation.^{13–19}

Recent reports have usually demonstrated an inverse association between omentin-1 and atherosclerosis (AS).^{18,20–23}

Little is known about omentin-1 in CKD. It may be implicated in the pathogenesis of CVD in these patients. There is only one study investigating omentin-1 in CKD patients on hemodialysis.²⁴ There is no study evaluating omentin-1 levels and its relationship with carotid AS and inflammation in non-diabetic CKD patients, not on dialysis. Therefore, we aim to examine the hypothesis that omentin-1 levels are reduced in these patients and are inversely associated with carotid AS, which is mediated by inflammation.

Patients and methods

Study population

This study was conducted with a cross-sectional design. We consecutively enrolled 55 outpatients with stage 3–4 CKD attending the department of nephrology and 30 healthy controls who visited the department of internal medicine for routine check-up at Kocaeli Derince Education and Research Hospital between October 2012 and January 2013.

Address correspondence to Erkan Sengul, MD, Department of Nephrology, Derince Education and Research Hospital, 41900 Kocaeli, Turkey. Tel.: +90 262 317 80 00; Fax: +90 262 233 55 40; E-mail: dr.erkansengul@hotmail.com

Exclusion criteria were: stage 5 CKD, a history of ischemic cardiovascular disease (myocardial infarction, stroke, peripheral artery disease, cardiovascular revascularization), severe heart failure, uncontrolled hypertension, corticosteroid therapy, severe hepatic disease, smoking, inflammatory disease, acute infectious disease, and malignancy. Diabetes mellitus was defined according to the American Diabetes Association criteria.²⁵ Therefore, patients with high fasting plasma glucose (>7.0 mmol/L), hemoglobin A1c ≥ 6.5 , and patients on oral antidiabetics or insulin therapy were excluded from the study.

Medical history and medicine were obtained from all patients by a standardized questionnaire.

The study protocol was reviewed and approved by the ethics committee of Kocaeli University. It was conducted according to the Declaration of Helsinki. Written consent was obtained from all participants after the purpose of the study was explained to them. The study was registered at clinicaltrials.gov with the reference number NCT01701830.

Methods

Body mass index (BMI) was estimated by body weight in kilograms divided by height in meter squared. Blood pressure (BP) was measured using an appropriate cuff with a mercury sphygmomanometer. After at least 10 min of rest in a sitting position, the average of three consecutive measurements was taken as BP. Korotkoff's first sound was recorded as systolic BP and Korotkoff's fifth sound was recorded as diastolic BP.

Blood and urine samples were analyzed by the Biochemistry Laboratory of Kocaeli Derince Education and Research Hospital. Patients were informed about 24-h urine collection. Venous blood samples were collected in the morning after an overnight fast. Serum samples for omentin-1 and IL-6 were centrifuged within 30 min and stored at -80°C until assayed. Blood urea nitrogen (BUN), creatinine, fasting glucose, insulin, hemoglobinA1c (HbA1c), total cholesterol, triglyceride, high density lipoprotein cholesterol (HDL), calcium, phosphate, parathyroid hormone (PTH), hemoglobin, C-reactive protein (CRP), and 24-h urinary protein excretion were analyzed following the manufacturer's instructions. Low density lipoprotein cholesterol (LDL) was calculated using the Friedewald formula. IR was examined with the homeostasis model assessment of insulin resistance index (HOMA-IR) by using the following formula = $[\text{fasting insulin } (\mu\text{IU/mL}) \times \text{fasting glucose (mmol/L)}] / 22.5$.²⁶ Glomerular filtration rate (GFR) was calculated according to the abbreviated Modification of Diet in Renal Disease (MDRD) formula²⁷; estimated GFR (eGFR) = $186 \times \text{serum creatinine}^{-1.154} \times \text{age}^{-0.203} \times 0.742$ (if female) $\times (1.212$ [if patient is black]).

Serum IL-6 concentrations were measured using manual IL-6 (human) detection kit (a solid phase Enzyme Amplified Sensitivity Immunoassay) (DIASource Immunoassays S.A., Belgium). Serum samples were assayed according to the manufacturer's instructions. Intra- and interassay coefficients of variation were between 4% and 6%. The detection limit of the assay was 2 pg/mL. The antibodies used in this detection kit are specific for measurement of monoclonal antibodies (MAbs) directed against distinct epitopes of IL-6.

Serum omentin-1 concentrations were measured using manual omentin-1 (human) detection kit (Sandwich ELISA) (BIOVENDOR R&D, Czech Republic). Serum samples were diluted (1/40) and assayed according to the manufacturer's instructions. Intra- and inter assay coefficients of variation were between 3% and 5%. The detection limit of the assay was 0.5 ng/mL. The antibodies used in this detection kit are specific for measurement of polyclonal anti-human omentin-1.

Ultrasonography of carotid artery

Ultrasonographic images of the right and left common carotid artery (CCA) of each subject at the lower 1/3 cervical region proximally and 1 cm above the carotid bulb distally in longitudinal plane were obtained using a sonography device with a high definition L12-5 linear wide band probe (Toshiba Aplio 500, Tokyo, Japan). CCA intima-media thickness (IMT) measurements of the proximal and distal CCA posterior wall were done manually by the provided distance measurement system of the sonography device after magnification of the images. A focal structure protruding into the arterial lumen with a thickness ≥ 1.3 mm was defined as carotid plaque.²⁸ The maximal IMT was the value at the maximal point of the region. The mean IMT was calculated as the mean of the maximal left and right IMT values. To avoid interobserver variance, all measurements were done by the same radiologist who was blind to the anthropometric and laboratory data.

Statistical analysis

All analyses were performed using Statistical Package for Social Sciences (SPSS) version 15.0 for Windows. Continuous variables are expressed as mean $\pm$ standard deviations (SD), or median and minimal-maximal value. Categorical variables are reported as number and percentages. One-sample Kolmogorov–Smirnov test was performed to prove the normality of data distributions. Demographic, laboratory and ultrasonographic findings of the groups were compared by independent sample *t*-test or Mann–Whitney *U* test. Pearson's correlation test was used to identify whether there was any correlation between omentin-1 and continuous variables or not. Categorical variables were analyzed using Chi-Square test. Probability values were two-tailed, and a *p* value of less than 0.05 was considered statistically significant.

Results

The present study was performed on fifty-five patients (33 female, 22 male) and thirty controls (21 female, 9 male). They were age- and sex-matched. The etiology of CKD was as follows: chronic glomerulonephritis ($n=16$), hypertension ($n=15$), nephrolithiasis ($n=7$), polycystic kidney disease ($n=6$), vesico-ureteral reflux ($n=5$), pyelonephritis ($n=3$), Alport syndrome ($n=1$), and unknown ($n=2$).

Of the patients, 61% were on an angiotensin-converting enzyme inhibitor, angiotensin receptor blocker alone or on a combination with other antihypertensive drugs. Fifty-one percent of patients were on calcium channel blockers and/or beta blockers, and 33% were on diuretics. Furthermore, 7% were taking statin, 22% were taking an oral phosphorus

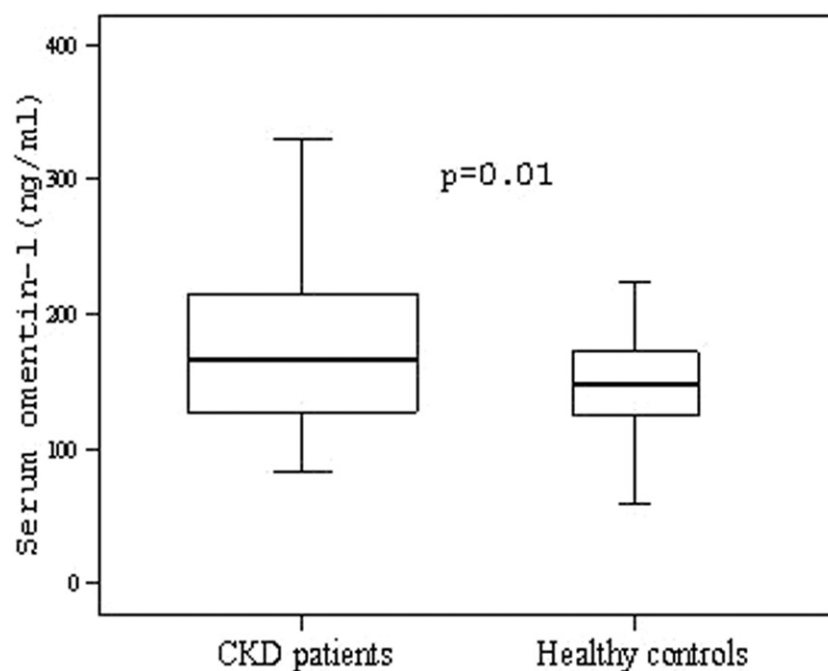
Table 1. Baseline characteristics of patient and control groups.

	Patients (n = 55)	Controls (n = 30)	p
Age (years)	48.7 ± 13.2	43.6 ± 8.9	0.63
Gender (female/male, %)	60/40	70/30	0.36
Body mass index (kg/m ²)	29.1 ± 6.9	27.3 ± 4.7	0.22
Systolic blood pressure (mmHg)	124.6 ± 13.9	115.1 ± 13.2	0.003
Diastolic blood pressure (mmHg)	80 (50–100)	80 (60–100)	0.02
Blood urea nitrogen (mg/dl)	33.5 ± 15.3	11.8 ± 2.9	<0.001
Creatinine (mg/dl)	1.8 (1.1–6.2)	0.7 (0.6–0.9)	<0.001
eGFR (ml/min/1.73 m ²)	38.8 ± 13.7	96.3 ± 12.2	<0.001
Proteinuria (mg/d)	430 (100–7190)	–	–
Glucose (mmol/l)	5.2 ± 0.4	5.3 ± 0.3	0.44
HOMA-IR	2.0 ± 0.9	2.0 ± 0.8	0.73
HemoglobinA1c (%)	5.5 ± 0.4	5.5 ± 0.3	0.38
Total cholesterol (mg/dl)	205.3 ± 45.7	184.9 ± 31.5	0.01
Triglyceride (mg/dl)	161 (51–582)	80 (38–210)	<0.001
HDL (mg/dl)	40.1 ± 11.3	50.5 ± 13.1	0.001
LDL (mg/dl)	130.1 ± 36.6	117.9 ± 24.3	0.77
Hemoglobin (g/dl)	12.7 ± 1.6	13.54 ± 1.5	0.02
Calcium (mg/dl)	9.1 ± 0.7	9.1 ± 0.3	0.55
Phosphate (mg/dl)	3.6 ± 0.8	3.4 ± 0.6	0.31
Parathyroid hormone (pg/ml)	189.9 ± 156.2	64.6 ± 15.1	<0.001
Interleukin-6 (pg/ml)	17.8 (12.8–545.4)	14.7 (10.7–150–2)	0.04
Omentin-1 (ng/ml)	183.5 ± 75.5	150.7 ± 53.6	0.01
C-reactive protein (mg/l)	4.7 (1–32.1)	2.8 (1–10.6)	0.006
Carotid IMT _(mean) (mm)	1.0 ± 0.5	0.8 ± 0.3	0.01

Abbreviations: eGFR, estimated glomerular filtration rate; HOMA-IR, the homeostasis model assessment of insulin resistance index; HDL, high density lipoprotein cholesterol; IMT, intima-media thickness; LDL, low density lipoprotein cholesterol.

Continuous variables are expressed as mean ± standard deviations, or median (minimum–maximum). Categorical variables are expressed as percentages.

Figure 1. Box plots of serum omentin-1 levels in patients with CKD and control subjects.



binding drug, 7% were taking oral vitamin D, and 11% were taking oral iron therapy.

Characteristics of the patients and controls are shown in Table 1. Serum omentin-1 levels in the patient group were found to be higher than control group; the difference was statistically significant ($p=0.01$) (Figure 1). Systolic and diastolic BP were significantly elevated in the patient group ($p=0.003$; $p=0.02$, respectively). The differences in BMI,

glucose, HOMA-IR, HbA1c, LDL, calcium, and phosphate levels between the groups were not statistically significant. BUN, creatinine, total cholesterol, triglyceride, PTH, IL-6, and CRP levels in the patient group were significantly higher compared with control group ($p<0.001$; $p<0.001$; $p=0.01$; $p<0.001$; $p<0.001$; $p=0.04$; $p=0.006$, respectively). eGFR, HDL, and hemoglobin levels in patients were significantly lower compared with controls ($p<0.001$; $p=0.001$,

Table 2. Correlation of omentin-1 with other variables in patient group.

	<i>r</i>	<i>p</i>
Age (years)	0.148	0.28
Body mass index (kg/m ²)	0.004	0.97
Systolic blood pressure (mmHg)	0.010	0.94
Diastolic blood pressure (mmHg)	−0.061	0.65
Blood urea nitrogen (mg/dl)	0.084	0.54
Creatinine (mg/dl)	−0.088	0.52
eGFR (ml/min/1.73 m ²)	−0.102	0.45
Proteinuria (mg/d)	−0.024	0.86
Glucose (mmol/l)	0.077	0.57
HOMA-IR	−0.105	0.44
HemoglobinA1c (%)	0.200	0.14
Total cholesterol (mg/dl)	0.141	0.30
Triglyceride (mg/dl)	−0.190	0.16
HDL (mg/dl)	0.186	0.17
LDL (mg/dl)	0.277	0.04
Hemoglobin (g/dl)	0.095	0.49
Uric acid (mg/dl)	0.134	0.22
Calcium (mg/dl)	0.120	0.38
Phosphate (mg/dl)	−0.070	0.61
Parathyroid hormone (pg/ml)	0.070	0.76
Interleukin 6 (pg/ml)	0.090	0.51
C-reactive protein (mg/l)	−0.113	0.44
Carotid IMT _(mean) (mm)	−0.041	0.76

Abbreviations: see Table 1.

respectively). Carotid IMT_(mean) was significantly increased in the patient group ($p = 0.01$). The proportion of carotid plaque was 38% in the patient and 27% in control groups ($p = 0.28$). Serum omentin-1 level in patients with and without carotid plaque was 179.5 ± 88.1 and 185.9 ± 67.8 ng/mL, respectively. However, the difference was not statistically significant ($p = 0.47$).

In correlation analysis, we did not find any correlation between serum omentin-1 and other variables in the patient group, except for LDL ($r = 0.277$, $p = 0.04$) (Table 2).

Discussion

The present study demonstrated that (1) Serum omentin-1 levels in non-diabetic CKD patients not on dialysis were significantly elevated compared with healthy controls, (2) IL-6 and CRP in the patient group were markedly increased compared with control subjects, but omentin-1 was not correlated with IL-6 and CRP, (3) HOMA-IR was not associated with omentin-1 in patients, and (4) Omentin-1 levels did not correlate with carotid IMT in our patients. In subgroup analysis, omentin-1 levels in patients with carotid plaque were lower than those without carotid plaque, but not statistically significant.

Omentin, also known as visfatin, is a novel visceral fat depot-specific secretory protein preferentially synthesized by the visceral stromal vascular cells. It has two isoforms (1 and 2). Omentin-1 is the major circulating form in human blood. It increases insulin sensitivity, attenuates inflammation, and induces vasodilatation.^{10,11,29} Insulin and glucose are suggested as two major factors affecting omentin-1 levels. Tan BK et al.¹⁷ showed that prolonged insulin and glucose infusion caused a significant decrease in omentin-1 levels. Recent studies have shown that omentin-1 levels are reduced in obesity and obesity-related states including IR, metabolic syndrome, diabetes mellitus, and polycystic ovarian syndrome (PCOS). Furthermore, the levels of omentin-1 are decreased

in patients with atherosclerotic vascular disease.^{14,20–22,30} Taking into consideration the above associations, the effect of insulin sensitizing drugs and weight loss on omentin-1 have been studied and increases in omentin-1 levels are found after metformin treatment and weight loss.^{31,32}

The other important factor regulating omentin-1 is inflammation. IL-6 was negatively associated with omentin-1 in type 2 diabetes mellitus.¹⁹ Moreover, the change in high-sensitivity CRP levels were found to be the only variable negatively correlated with serum omentin-1 levels after metformin treatment in PCOS women.³³

CKD is linked to higher risk of CVD and mortality because of a variety of complex deleterious alterations in physiologic and metabolic functions such as IR, inflammation, malnutrition, anemia, and vitamin D deficiency along with classical risk factors.³⁴ As a consequence, it may be expected that omentin-1 is especially inhibited in CKD.

The majority of previous studies on omentin-1 have been mainly performed in patients with obesity, diabetes mellitus, and some other endocrine disease. To the best of our knowledge, this is the first study investigating omentin-1 levels in non-diabetic CKD not on dialysis and its relationships with inflammation and carotid AS.

We showed that omentin-1 levels were significantly higher in our patients compared with healthy controls. A similar result was reported from hemodialysis patients by Alcelik et al.²⁴ They suggested that this adipokine might be increased owing to defective degradation and excretion in hemodialysis patients. It is possible that the same mechanisms contribute to increased omentin-1 levels in non-dialyzed patients. Though significant elevations of IL-6 and CRP were found in patients, they did not correlate with omentin-1. We consider that IL-6 and CRP might have lost their statistical significance due to increased omentin-1 levels.

The other finding of this study was that the difference in HOMA-IR between the two groups was not significant and there was no correlation between HOMA-IR and omentin-1 level in patients, contrary to our expectations. This may be due to the fact that our study groups were similar in terms of fasting glucose, HOMA-IR, and HbA1c. Studies have shown that omentin-1 levels are usually reduced in patients with IR, but there are some different findings in the literature. Yilmaz et al.³⁵ reported that omentin-1 was significantly increased in patients with nonalcoholic fatty liver disease in which IR is highly prevalent. Furthermore, treatment with metformin and pioglitazone, insulin sensitizing drugs, reduced the levels of omentin-1 in patients with newly diagnosed diabetes in spite of the fact that a significant improvement in HOMA-IR were found in another study.³⁶

A low omentin-1 level is known as a risk factor for atherosclerotic vascular disease. Omentin-1 may be involved in vascular disease due to its effect on endothelial function, vasodilatation, arterial compliance and calcification, and inflammation.^{11,12,21,22} We did not find any correlation between omentin-1 and carotid IMT_(mean). In subgroup analysis, omentin-1 levels were lower in patients with carotid plaque than without carotid plaque. However, the difference did not reach significance level. This result may be due to the small sample size in each patient subgroup and the potential effect of CKD on omentin-1 levels.

In the present study, we determined a positive correlation between omentin-1 and LDL. One report showed a positive correlation between HDL and omentin-1,¹⁵ but others did not find any correlation between lipid profile and omentin-1.^{16,18}

Finally, omentin-1 levels did not correlate with others factors including BMI, systolic and diastolic BP, BUN, creatinine, eGFR, proteinuria, hemoglobin, calcium, phosphate, and PTH.

In conclusion, we revealed that omentin-1 levels were significantly increased in non-diabetic CKD patients not dialyzed. Although not significant, omentin-1 was lower in patients with carotid plaque than without carotid plaque.

The major limitations of our study are the relatively small number of subjects and its cross-sectional design. We believe that further prospective studies are needed to clarify the level of omentin-1 and its functional significance in terms of CKD.

Declaration of interest

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