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REVIEW

## Prognostic markers and their clinical applicability in chronic lymphocytic leukemia: where do we stand?

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### Abstract

Chronic lymphocytic leukemia (CLL) is a clinically and biologically heterogeneous disease where the majority of patients have an indolent disease course, while others may experience a far more aggressive disease, treatment failure and poor overall survival. During the last two decades, there has been an intense search to find novel biomarkers that can predict prognosis as well as guide treatment decisions. Two of the most reliable molecular prognostic markers, both of which are offered in routine diagnostics, are the immunoglobulin heavy chain variable (*IGHV*) gene mutational status and fluorescence *in situ* hybridization (FISH) detection of prognostically relevant genomic aberrations (e.g. 11q–, 13q–, +12 and 17p–). In addition to these markers, a myriad of additional biomarkers have been postulated as potential prognosticators in CLL, on the protein (e.g. CD38, ZAP70, TCL1), the RNA (e.g. *LPL*, *CLLU1*, micro-RNAs) and the genomic (e.g. *TP53*, *NOTCH1*, *SF3B1* and *BIRC3* mutations) level. Efforts are now being made to test these novel markers in larger patient cohorts as well as in prospective trials, with the ultimate goal to combine the “best” markers in a “CLL prognostic index” applicable for the individual patient. Although it is clear that these studies have significantly improved our knowledge regarding both prognostication and the biology of the disease, there is still an immediate need for recognizing biomarkers that can predict therapy response, and efforts should now focus on addressing this pertinent issue. In the present article, we review the extensive literature in the field of prognostic markers in CLL, focus on the most clinically relevant markers and discuss future directions regarding biomarkers in CLL.

**Keywords:** Chronic lymphocytic leukemia, prognostic markers, predictive markers, genetic aberrations, gene mutations, RNA-based markers, prognostic index

### Introduction

Considering the clinical heterogeneity among patients with chronic lymphocytic leukemia (CLL), there has been a great need to find novel biomarkers that can aid prognostication

and therapy selection. Besides the established clinical staging systems (i.e. Rai and Binet staging) and some laboratory parameters (e.g. lymphocyte doubling time [LDT], serum lactate dehydrogenase [LDH]), many different types of markers have been identified and evaluated as prognostic factors in CLL. These range from general markers that are measured in serum or blood, to protein markers detectable using flow cytometry, as well as specific genetic markers that can be detected through targeted laboratory tests, such as fluorescence *in situ* hybridization (FISH) and mutation analysis (Table I). In this review, we provide a comprehensive and partly “historical” summary of prognostic factors in CLL and describe the most important markers that, during recent decades, have been suggested for inclusion in clinical evaluation. Very recent markers that were detected through next-generation sequencing techniques, i.e. *NOTCH1*, *SF3B1* and *BIRC3*, are also included in this review. In the final part, we also discuss the usefulness of prognostic markers in clinical diagnostics, the absolute need for novel predictive markers that can guide therapy decisions, and how these markers ultimately could be combined as a “CLL prognostic index.”

### Clinical markers in chronic lymphocytic leukemia

#### Clinical staging systems

Two clinical staging systems were independently developed by Rai and Binet to facilitate stratification of patients with CLL into different risk groups, and both are currently used in clinics for disease prognostication [1,2]. These staging systems have now been applied for prognostication for more than 30 years, and are based on physical examination and standardized blood tests. Specifically, the detection of signs of disease other than lymphocytosis, such as lymphadenopathy, hepato-/splenomegaly, anemia and thrombocytopenia, aid in the staging of patients into risk groups, i.e. 0–IV for Rai and A–C for Binet staging. Both staging systems have proved useful for estimating outcome, since patients with CLL in

Table I. Overview of prognostic markers in CLL.

Prognostic marker*	Prognostic indication	Clinical and/or biological relevance	Evaluation method	Relation to <i>IGHV</i> gene mutation status
<b>Clinical markers</b>				
Rai staging (0–IV)	Low stage: low risk; high stage: high risk	Tumor burden	Physical examination and laboratory tests	High stage correlates to UM <i>IGHV</i> genes
Binet staging (A–C)	Low stage: low risk; high stage: high risk	Tumor burden	Physical examination and laboratory tests	High stage correlates to UM <i>IGHV</i> genes
LDT	Short LDT (< 6 months); high risk	CLL cell proliferation rate (disease aggressiveness)	Sequential absolute lymphocyte counts	
LDH serum level	High level: high risk	Tumor burden	LDH serum level	
B2M serum level	High level: high risk	Tumor burden	B2M serum level	
TK serum level	High level: high risk	CLL cell proliferation rate	TK serum level	Elevated serum TK correlates to UM <i>IGHV</i> genes
<b>Genetic markers</b>				
<i>IGHV</i> gene mutation status	M <i>IGHV</i> genes: low risk; UM <i>IGHV</i> genes: high risk	Presence or absence of somatic mutations in <i>IGHV</i> genes relates to CLL pathogenesis	<i>IGHV</i> gene sequencing	NA
<i>IGHV</i> gene stereotypy	Different depending on subset: subset 1: high risk; subset 4: low risk	Stereotyped B cell receptors indicate antigen selection in CLL pathogenesis	<i>IGHV</i> gene sequencing	Subset 1 patients carry UM <i>IGHV</i> genes, subset 4 carry M <i>IGHV</i> genes
Absence of known recurrent aberrations del(11q)	Low risk	Indicates other factors driving disease	FISH or microarray	M <i>IGHV</i> genes
del(13q)	Intermediate to high risk	Deregulation of <i>ATM</i> , <i>BIRC3</i> and/or other candidate genes	FISH or microarray	UM <i>IGHV</i> genes
del(17q) and <i>TP53</i> mutations (deleterious)	Low risk	Deregulation of <i>miR15a/16-1</i> and/or other candidate genes	FISH or microarray	M <i>IGHV</i> genes
Trisomy 12	High risk	Deregulation of <i>TP53</i> pathway and lost cell-cycle regulation	FISH, microarray and mutational screening	UM <i>IGHV</i> genes
Translocations	Intermediate prognosis	Unknown function/role	FISH or microarray	UM <i>IGHV</i> genes
Genomic complexity	High risk	Translocation of <i>BCL2</i> , <i>BCL3</i> or other genes to <i>IG</i> gene promoter region	FISH or cytogenetics	Some translocations, e.g. t(14;19) (q32;q13) correlate to UM <i>IGHV</i> genes
<i>NOTCH1</i> mutations (activating)	High risk	Loss of cell cycle regulation promotes acquisition of novel aberrations	Microarray or cytogenetics	UM <i>IGHV</i> genes
<i>SF3B1</i> mutations (deleterious)	Intermediate to high risk	Constitutively active <i>NOTCH1</i> promotes proliferation, e.g. through NF- $\kappa$ B signaling	Mutational analysis	UM <i>IGHV</i> genes
<i>BIRC3</i> mutations (deleterious)	Intermediate to high risk	Truncated <i>SF3B1</i> unable to function in spliceosome machinery leads to aberrant splicing	Mutational analysis	No relation
	High risk	Non-functional <i>BIRC3</i> leads to enhanced NF- $\kappa$ B signaling through loss of negative regulation of IKK complex	Mutational analysis	UM <i>IGHV</i> genes
<b>Protein and RNA expression markers</b>				
CD38 level	High level: high risk	High expression allows enhanced cell-cell interaction and/or enzyme activity	Flow cytometry	High protein level is correlated to UM <i>IGHV</i> genes
ZAP70 level	High level: high risk	High expression due to enhanced BcR signaling	Flow cytometry or RNA expression	High expression/protein level is correlated to UM <i>IGHV</i> genes
<i>LPL</i> level	High level: high risk	Function of <i>LPL</i> in CLL is unknown	RNA expression	High expression level is correlated to UM <i>IGHV</i> genes
<i>CLLU1</i> level	High level: high risk	Function of <i>CLLU1</i> is not known and there is no functional protein	RNA expression	High expression level is correlated to UM <i>IGHV</i> genes
Expression of miRNAs	Different indication depending on miRNA analyzed	Several miRNAs have been found to regulate several genes previously known to be deregulated in CLL	mRNA expression	Certain prognostic markers are correlated to <i>IGHV</i> gene mutation status

CLL, chronic lymphocytic leukemia; LDT, lymphocyte doubling time; LDH, lactate dehydrogenase; B2M,  $\beta_2$ -microglobulin; TK, thymidine kinase; *IGHV*, immunoglobulin heavy chain variable; M, mutated; UM, unmutated; LPL, lipoprotein lipase; NF- $\kappa$ B, nuclear factor  $\kappa$ B; BcR, B cell receptor; NA, not applicable.

\*Prognostic markers stated in table are ordered as they appear in text. Subset 1 patients express *IGHV1/5/7* clan genes combined with *IGHV1/39/IGKV1D-39* genes, subset 4 patients express *IGHV4-34/IGKV2-30* genes.

Binet stage A or Rai stage 0 have a long overall survival (OS), with an expected median survival exceeding 10 years [3]. In comparison, patients in Binet stage B and Rai stage I/II show an intermediate median survival of 5–7 years, whereas patients in the high-risk groups, Binet stage C and Rai stage III/IV, have a considerably shorter median survival of less than 3 years [3]. Overall, the Rai and Binet staging systems are good prognostic markers in the sense that they are easily assessed and do not depend on laborious and expensive tests. Nevertheless, the clinical stages are not absolute since patients may progress to a higher disease stage, which makes it problematic to assess the disease course in patients within the low-risk group, who constitute at least 70% of patients with CLL at diagnosis. Another limitation is that the staging systems do not provide any information as to how patients will respond to treatment, and can therefore not be used to direct treatment.

### Lymphocyte doubling time

Lymphocyte doubling time is defined as the number of months it takes for the lymphocytes to double in absolute number. Hence, a short LDT is directly related to a high proliferation rate and a more aggressive disease. This marker has an independent prognostic significance, and has been shown to correlate with clinical stage and the level of bone marrow infiltration [4]. A LDT of less than 6 months implies an active disease, which is one of the criteria that should be met in order to initiate treatment [5]. However, since patients with a short LDT may be asymptomatic, this marker should not be used as the only indicator to initiate therapy, and is therefore more useful in assessing disease aggressiveness rather than to predict outcome at an early stage of the disease.

### Serum markers

Most available serum markers are not specific for CLL but can be easily measured, and provide some useful prognostic information. One of the most common serum markers is LDH, an enzyme that is increased in CLL (as well as other lymphomas), and where a higher level corresponds to several poor-prognostic features and risk of developing Richter syndrome [6–8]. Similarly, a high  $\beta_2$ -microglobulin (B2M) level denotes patients with CLL who belong to a more advanced clinical stage with an increased tumor burden [9,10]. Moreover, patients with Binet stage A showing a high B2M level have a shorter progression-free survival (PFS) compared to patients with stage A with low B2M levels, thus indicating that B2M gives additional prognostic information in patients with a quiescent disease [11]. Another serum marker, thymidine kinase (TK), is elevated in patients with CLL with a more aggressive disease, and is associated with unmutated immunoglobulin heavy chain variable (*IGHV*) genes, high-risk genomic aberrations and a short LDT [12–14]. In one of the studies investigating TK serum levels in CLL, Di Raimondo *et al.* showed that the TK level can predict response to fludarabine treatment, since as 80% of patients with a low TK level responded to treatment, whereas only 45% of patients with a high TK level responded to treatment [12]. Nevertheless, despite the fact that serum markers

may have a role in CLL prognostication, the advent of novel molecular biomarkers has shifted the focus to factors that can provide more disease-specific information regarding survival and treatment responses.

## Genetic markers in chronic lymphocytic leukemia

### *IGHV* gene mutational status and beyond

In two landmark papers published in 1999, Hamblin *et al.* and Damle *et al.* reported an association between prognosis and the somatic hypermutation status of the *IGHV* genes in CLL [15,16]. In both these studies, patients with unmutated *IGHV* genes (40–50% of patients) displayed a more aggressive disease, high-risk cytogenetics and a poor outcome, while *IGHV*-mutated genes instead were associated with a more favorable clinical course with long OS. This important subclassification of CLL has now been replicated in many subsequent studies, and the *IGHV* gene mutational status is currently one of the most commonly used prognostic markers and also widely accepted as one of the most stable and reliable indicators of clinical outcome [17–22]. Figure 1 illustrates the different pathogenic mechanisms that are known to be involved in *IGHV*-mutated and -unmutated CLL.

*IGHV*-mutated cases were originally defined as having less than 98% identity to the corresponding germline sequence, since it was important to distinguish between patients expressing mutated *IGHV* genes and patients having naturally occurring polymorphisms [16]. Despite the fact that other cut-off values, such as 94% or 95% identity, have been suggested throughout the years, most publications have since established the initial 98% cut-off value to be the best discriminator of clinical outcome, although patients displaying minimally or borderline mutated *IGHV* genes, i.e. 97–98% germline identity, are to be evaluated with caution [19–23].

That notwithstanding, we reported the first exception to the mutated/unmutated “rule,” where patients with CLL carrying *IGHV3-21* genes were commonly *IGHV*-mutated but still displayed poor clinical outcome [24]. This finding has also been replicated in subsequent studies, and today, cases of CLL with *IGHV3-21* rearrangements are thought to constitute a specific subgroup of patients with poor prognosis, independent of *IGHV* gene mutational status [25–27].

Approximately half of *IGHV3-21*-expressing patients were shown early on to display almost identical complementarity determining region 3 (CDR3) sequences, the main determinant for antigen specificity, as well as restricted lambda light-chain *IGVL3-21* usage [27–29]. This was one of the first observations of B cell receptor (BcR) “stereotypy” among patients with CLL, pointing to a key role for antigen selection in leukemogenesis [30,31]. Since then, numerous subsets with quasi-identical or stereotyped BcRs have been characterized [29,31–33]. In fact, today we know that almost 30% of all patients with CLL display stereotyped BcRs and can be subdivided into 19 major subsets [34]. Intriguingly, patients with CLL within certain stereotyped subsets have also been shown to have similar clinical and biological features [33,35]. These include, for instance, stereotyped subset 1 patients (*IGHV1/5/7* clan genes combined with



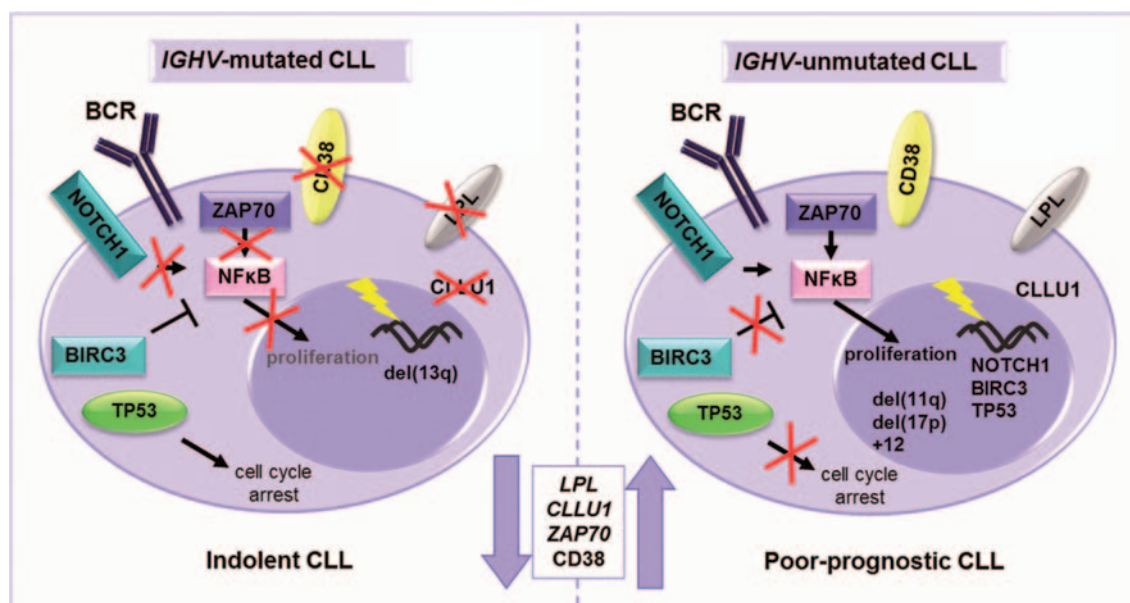


Figure 1. Different molecular mechanisms driving *IGHV*-mutated and unmutated CLL. An illustration of the most important genetic, RNA and protein based prognostic markers in relation to the *IGHV* gene mutational status. *NOTCH1* activating mutations and *BIRC3* disrupting mutations lead to enhanced NF- $\kappa$ B signaling and proliferation in *IGHV*-unmutated CLL. ZAP70 is involved in BcR signaling and its overexpression leads to enhanced proliferation through, e.g. NF- $\kappa$ B signaling. Disruption of *TP53* through deletion and/or mutation is more common in *IGHV*-unmutated CLL and leads to dysfunctional cell cycle arrest resulting in enhanced cell survival. Although the reason for higher *LPL* and *CLLU1* expression in CLL is unknown, these markers are correlated to high risk.

*IGKV1-39/IGKV1D-39* genes) who all carry unmutated *IGHV* genes and display a particularly poor prognosis, and stereotyped subset 4 cases (*IGHV4-34/IGKV2-30*) who all show mutated *IGHV* genes, young age at diagnosis and IgG-switched disease, and are rarely in need of treatment [33]. Furthermore, some studies have indicated that only *IGHV3-21* patients with stereotyped BCRs (now denoted as subset 2) are associated with a poor outcome; however, this has not been confirmed by others, who observed an equally poor prognosis in stereotyped and non-stereotyped subset 2 patients [26,27,33,35,36]. In the coming years, large, multi-center studies will hopefully reveal the full impact of stereotyping on prognosis and outcome in CLL.

## Genetic landscape in chronic lymphocytic leukemia

For many years it has been well established that the genomic landscape in CLL is characterized by certain recurrent genomic alterations, such as deletions of 11q, 13q, 17p and trisomy 12, which also have immediate prognostic impact for patients [37–40]. Importantly, patients with deletions of 17p and/or *TP53* mutations have the most aggressive phenotype, and these are the only markers that currently are recommended to direct treatment decisions [5,41]. Other structural aberrations with prognostic significance involve translocations and genomic complexity, even though their presence is fairly low in CLL [42–46]. In recent times, the advent of next-generation sequencing (NGS) techniques has helped uncover novel genetic mutations in, for example, *NOTCH1*, *SF3B1* and *BIRC3* [47–51]. In fact, mutations in these genes have recently been suggested to be included in the prognostic evaluation, which currently involves the known recurrent aberrations and *TP53* mutations

[39,52]. In the following section, the biological function of genetic markers and their relation to prognosis are briefly described.

### Known recurrent genomic aberrations

FISH is the gold-standard method applied in clinic diagnostics for detection of the known recurrent genomic aberrations. As mentioned above, these aberrations include deletions of 11q, 13q, 17p and trisomy 12, and provide important information regarding patient outcome when classified according to the hierarchal model [Figure 2(A)] initially proposed by Döhner *et al.* [37,53]. The application of FISH or microarrays will detect the known recurrent aberrations at a frequency of up to 80–90% at diagnosis, and patients without any of these aberrations appear to have an intermediate to good prognosis [37,39,54].

### Deletion of 11q

The deletion of 11q is most often monoallelic and carried by 10–17% of patients with CLL [37,54]. The minimal deleted region (MDR), which is 2–3 Mbp in size and located to 11q22.3-q23.1, is known to encode several tumor suppressor genes including *ATM* [55,56]. This gene plays an important role in cell cycle regulation by activating p53 and augmenting the DNA damage response. Of importance, studies focusing on *ATM* in CLL have shown that up to a third of patients carrying del(11q) have somatic or germline *ATM* mutations [57,58]. Recently, mutations in *BIRC3*, which is encoded on 11q22.2, were detected particularly in advanced CLL stages with fludarabine refractoriness [50]. Since 11q deletion does not always result in mono- or biallelic silencing of *ATM*, an additional plausible candidate gene is *BIRC3*, which may play a role in patients carrying del(11q), as suggested in a recent review by Rossi *et al.* [59].

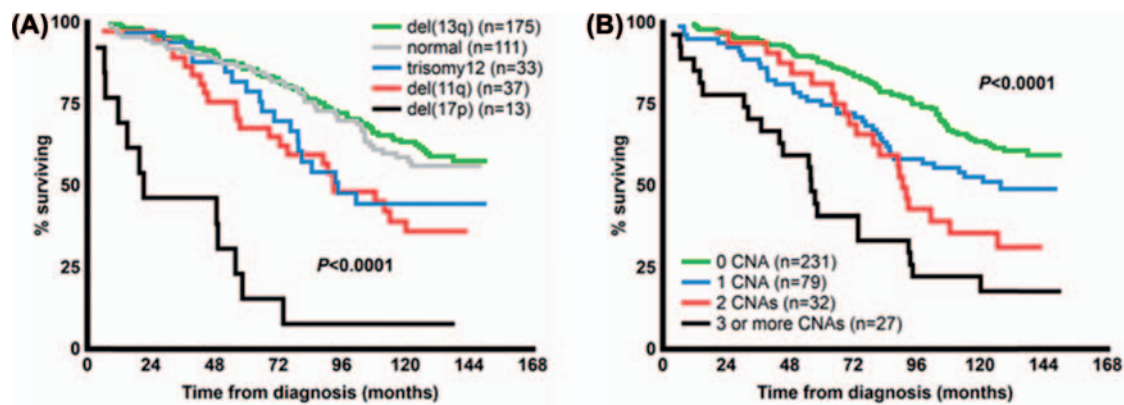


Figure 2. Overall survival in patients according to known recurrent aberrations (A) and in relation to increasing genomic complexity (B) in a population-based Scandinavian CLL cohort.

The deletion of 11q is associated with younger age at diagnosis and an inferior outcome [37]. Moreover, it has also been shown to correlate with unmutated *IGHV* genes and lymphadenopathy [60]. Nevertheless, even if patients with deletion of 11q have a poor survival, clinical trials have shown that a combination of fludarabine, cyclophosphamide and rituximab (FCR) increases the therapy response and survival time compared to treatment with fludarabine and cyclophosphamide alone [61]. Hence, 11q deletion could now be considered as a new predictive marker, at least for fit patients who tolerate the FCR regimen.

#### Deletion of 13q

Deletion of 13q is the most frequently occurring genomic alteration in CLL at diagnosis, presented at a frequency of 35–45% as the sole abnormality [37,54]. This deletion is associated with the most favorable prognosis when compared to deletions of 11q, 17p and trisomy 12 [37,54]. Deletions of 13q vary markedly in size, with losses ranging from ~300 kbp up to >70 Mbp [54,62,63]. The MDR is located at 13q14, and several genes encoded in this region, e.g. *DLEU1*, *DLEU2*, *TRIM13*, *RB1* and the microRNAs *miR15a/16-1*, have been suggested as candidate genes [64–67]. One of the documented biological functions of *miR15a/16-1* is down-regulation of the anti-apoptotic gene *BCL2* through post-translational mRNA repression, which may lead to an increased anti-apoptotic resistance [68].

Interestingly, it has been shown that the size of the 13q deletion is associated with outcome, since patients with CLL with larger aberrations have a shorter time to treatment (TTT) and OS, indicating that several genes included in the deletion have an effect on the disease course [54,63,69,70]. Moreover, Van Dyke *et al.* investigated the prognostic significance of 13q deletions and found that patients with homozygous and heterozygous deletions had a similar time to first treatment (TFT) and OS, however that patients with a larger del(13q) clone had a poorer TFT compared to those with a smaller del(13q) clone [71]. This observation most probably reflects a greater tumor cell growth potential and an increased risk of becoming aggressive in patients with a larger del(13q) clone [71].

#### Deletion of 17p and *TP53* mutations

The deletion of 17p is detected at a frequency of 3–7% at diagnosis [37,54]. The 17p deletion often involves the entire

p-arm, but some losses are focused to the 17p13.1 region, which encodes the *TP53* gene among several other genes. This gene is a key regulator of the cell cycle, since it induces cell cycle arrest and promotes DNA repair or apoptosis when the cell has accumulated DNA damage [72]. As expected, genomic complexity is commonly detected in patients with del(17p), and this is most probably due to the fact that these patients have lost their cell repair mechanism and more easily acquire additional aberrations [43,54,73,74]. CLL patients with a del(17p) commonly present other poor-prognostic markers such as unmutated *IGHV* genes and high expression of CD38 and ZAP70 [19,43].

Importantly, mutations of the *TP53* gene have been detected in patients with CLL with or without a concomitant del(17p), although mutations in patients without the 17p deletion are infrequent at diagnosis [75–77]. Several studies performed by Zenz *et al.* have focused on *TP53* mutations in CLL, and have provided a better understanding of these mutations and their consequences in this disease [77–80]. For instance, it is now known that *TP53* deletions/mutations increase in progressive stages and accumulate in chemorefractory patients [40,54,81,82]. In fact, del(17p) and *TP53* mutations are thought to represent approximately 40% of the cases that are resistant to treatment [79]. Evidently, patients with CLL with *TP53* mutation and/or deletion have the worst outcome, with an aggressive disease course and short OS (Figure 3) in combination with a poor response to treatment, as shown by several recent clinical trials [61,83–85]. In addition, more than a third of all cases that develop Richter transformation carry a deletion of 17p [86,87]. For these reasons, it is now suggested that detection of *TP53* mutations should be included in the genetic screening of patients with CLL (at least exons 4–9), in order to identify patients who may be resistant to conventional therapy [41]. Instead, these patients should be given alternative treatments, such as allogeneic stem cell transplant or alemtuzumab combined with high-dose steroids [88].

#### Trisomy 12

Since large aberrations are readily detected with cytogenetics, trisomy 12 was one of the first aberrations considered as recurrent and associated with prognostic information in CLL [53,89]. This aberration is detected in 11–16% of patients at

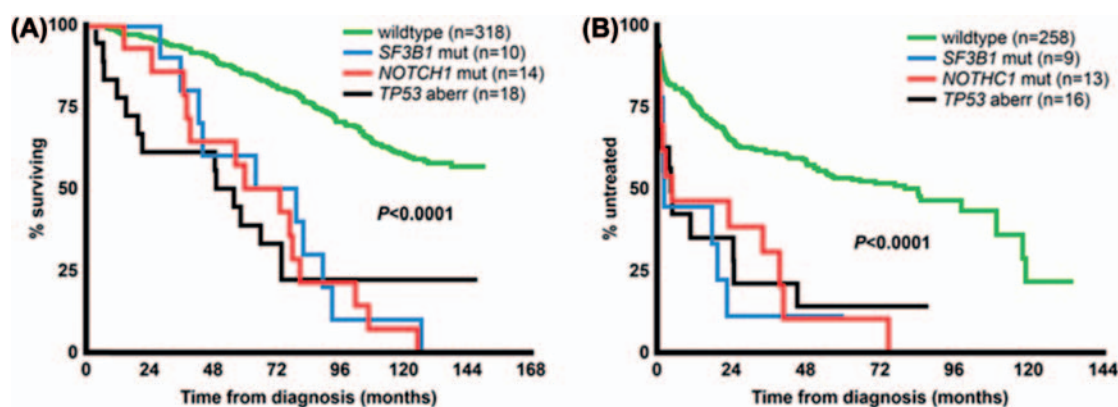


Figure 3. Prognostic impact of *TP53* aberrations, *NOTCH1* and *SF3B1* mutations on overall survival and time to treatment in newly diagnosed CLL. For analysis of overall survival (A), six cases with concurrent del(17p) and *NOTCH1* or *SF3B1* mutations were included in the “*TP53* aberration” subgroup, whereas for time to treatment analysis (B), five cases included in the “*TP53* aberration” subgroup also displayed *NOTCH1* or *SF3B1* mutations. There were no statistically significant differences when comparing the *TP53* aberration subgroup to either *NOTCH1* or *SF3B1* mutation subgroups for either overall survival or time to treatment.

diagnosis and is associated with an intermediate prognosis [37,41,53,54,89]. Moreover, patients with this trisomy have a good response to treatment, and the aberration therefore does not increase at relapse or in refractory patient groups. Trisomy 12 has been connected with concurrent trisomy of chromosomes 18 and 19 [54,90–92], and the combination of +12, +18 and +19 has been shown in IgG-switched CLL [93]. Interestingly, some patients with CLL with trisomy 12 and IgG-switched disease also express stereotyped *IGHV4-39/IGKV1(D)-39* BcRs [94] and a concurrent t(14;19)(q32;q13), involving the *IGH* locus and the *BCL3* gene. All these findings point to a stepwise acquisition of genomic aberrations during leukemogenesis, at least for certain subgroups [95,96].

### Translocations

In CLL, translocations are found in up to 20–30%, although some studies have included a high number (40%) of pretreated patients, which may explain the frequent occurrence of these aberrations [43,45]. Both balanced and unbalanced translocations are detected in CLL, and the fusions recurrently involve the *IGH* gene on 14q32 [e.g. t(14;19)(q32;q13) involving juxtaposition of the *BCL3* gene to the *IGH* gene promoter], and less commonly, the *IGL* loci on 2p11 and 22q11 [43,45,96]. Moreover, 13q14, 11q13, 18q21 and 19q13 have been detected as recurrent partners in translocations to the *IG* gene loci [43,45]. The presence of translocations may also provide prognostic information in CLL, since it has been shown that patients with these structural aberrations have a shorter OS and treatment-free survival (TFS) [45]. For instance, Van Den Neste *et al.* showed that chromosomal translocations, and in particular those that are unbalanced, predict treatment failure, TFS and OS in patients treated with cladribine [46].

### Genomic complexity

At diagnosis only a small proportion of patients with CLL have a high number of genomic aberrations, a finding which is termed genomic complexity, and specifically includes patients carrying  $\geq 3$  deletions and/or gains [42]. Genomic aberrations may accumulate during the course of the disease and lead to a more complex karyotype, thus being more commonly detected in patients prior to treat-

ment initiation or at relapse. For instance, Van Den Neste *et al.* studied patients with CLL treated with cladribine and detected genomic complexity in 20% of patients, who had a shorter TFS and OS compared to patients with fewer aberrations [46]. Of importance, it has been shown that genomic complexity is associated with deletions of 11q and 17p involving *ATM* and *TP53*, respectively [42,43]. Naturally, a loss of function of these genes will lead to dysfunctional cell-cycle and impaired DNA-repair mechanisms, hence promoting a higher genomic complexity. It has also been shown that patients with a high number of genomic aberrations often have unmutated *IGHV* genes, are CD38 positive and have short telomeres [43,97]. Moreover, Kujawski *et al.* demonstrated that genomic complexity is an independent risk marker for disease progression, as patients with  $\geq 3$  aberrations had a shorter time to first and second treatment [44]. Correspondingly, we showed that patients with a high number of large gains or losses ( $> 5$  Mbp) had a shorter TTT and OS [Figure 2(B)] [42]. Recently, another form of genomic complexity, termed chromothripsis, was found in 5% of patients with CLL by application of high-resolution single nucleotide polymorphism (SNP) arrays [98]. Chromothripsis is defined as massive genomic rearrangement within a single chromosome, and is believed to increase during a single cell division [99]. This phenomenon was linked to unmutated *IGHV* genes, poor-prognostic aberrations and a worse outcome in terms of PFS and OS [98]. Taken together, it is likely that a high number of aberrations acquired sequentially or during one single event marks a similar adverse effect on patient outcome.

### Novel gene mutations

#### *NOTCH1*

*NOTCH1*, which is encoded on chromosome 9q34.3, was the first gene to be recurrently detected with mutations by the application of NGS in two independent studies of CLL [47,48]. In the study by Puente *et al.*, mutations of this gene were identified in 12% of cases of CLL, whereas Fabbri and co-workers presented a lower frequency of 8.3% [47,48]. Notably, we recently investigated the presence of *NOTCH1* mutations at diagnosis in a population-based cohort and



found a lower mutation frequency (4.7%) than previously reported in CLL, which probably reflects the unselective nature of our patient cohort [52].

Mutations of *NOTCH1* are most often detected within the intracellular proline, glutamic acid, serine and threonine (PEST) domain, and generate a premature stop codon that results in a C-terminal deficient, constitutively active NOTCH1 [47,48]. This activation supports the nuclear factor  $\kappa$ B (NF- $\kappa$ B) pathway through interaction with the IKK complex [100]. In B cells, NOTCH1 stimulation has been shown to participate in the formation of terminally differentiated antibody-secreting plasma cells [101]. Enhanced NOTCH1 signaling has also been demonstrated to increase cell survival and apoptosis resistance in CLL cells [102]. Moreover, *NOTCH1* mutations are associated with unmutated *IGHV* genes and are more frequently detected in patients carrying trisomy 12 [103–107]. However, in a recent study including CLL samples taken at diagnosis, we could not confirm the correlation of *NOTCH1* mutations and trisomy 12 [52]. Importantly, these patients appear to have a considerably shorter survival compared to patients with *NOTCH1* wild-type [Figure 3(A)] and additionally display an increased risk of developing Richter syndrome [47,48,52,106,108,109].

### **SF3B1**

The *SF3B1* gene on chromosome 2q33.1 encodes a protein that is included in the spliceosome machinery, important for the pre-processing of mRNA prior to protein synthesis [110]. It is involved in alternative splicing, which gives rise to different splice variants that form protein variants encoded by the same gene. Two recent exome sequencing studies detected *SF3B1* mutations in 10–15% of cases of CLL [49,51]. Still, a considerably lower *SF3B1* mutation frequency (3.6%) was detected in our investigation of newly diagnosed patients with CLL [52]. The mutations in *SF3B1* are detected at several hotspot exons in the C-terminal HEAT motifs [49,51]. Of note, Wang *et al.* showed that patients with CLL with mutations within this gene have an aberrant splicing of *SF3B1* target mRNA, such as *BRD2* and *RIOK3* [51]. Moreover, patients with *SF3B1* mutations have a considerably shorter survival [Figure 3(A)] and are more likely to progress, compared to patients without *SF3B1* mutations [49,51,111]. However, in contrast to *NOTCH1* mutations, *SF3B1* disruption does not appear to increase the risk of developing Richter syndrome [108]. The presence of *SF3B1* mutations is associated with deletions of 11q or *ATM* mutations, hence suggesting that these aberrations have a cooperative effect in CLL pathogenesis [51]. Very recently, we observed a strikingly higher proportion (44%) of *SF3B1* gene mutations in poor-prognostic subset 2 versus other stereotyped subsets with adverse prognosis (0–5%), alluding to subset-biased acquisition of mutations during leukemogenesis [163].

### **BIRC3**

The baculoviral IAP repeat containing 3 (*BIRC3*) gene is encoded on chromosome 11q22.2, and has recently been

suggested as an alternative candidate gene to *ATM* in patients with 11q deletions [50]. This gene encodes a member of the inhibitor of apoptosis protein (IAP) family, which negatively regulates the non-canonical NF- $\kappa$ B pathway through inhibition of the NF- $\kappa$ B inducing kinase MAP3K14. Disruption of *BIRC3* through mutations or deletions has recently been detected in splenic marginal zone lymphoma and CLL [50,112]. Mutation of *BIRC3* leads to aberrant interaction and degradation of MAP3K14, contributing to a constitutive activation of non-canonical NF- $\kappa$ B signaling [50]. Aberrant activation of the NF- $\kappa$ B pathway has been previously documented in CLL [113,114], and the detection of disruptive *BIRC3* mutations, as well as activating mutations of *MYD88*, has provided an additional explanation of the constitutive NF- $\kappa$ B activation in CLL [48,50,51].

Importantly, Rossi *et al.* detected *BIRC3* mutations at a frequency of 4% at diagnosis, but at a much higher frequency (24%) in fludarabine-refractory CLL [50]. Interestingly, these mutations were absent in patients responding to fludarabine treatment, neither were they found in patients with monoclonal B cell lymphocytosis (MBL) [50]. Moreover, the same study showed that the *BIRC3* mutations were only found in chemorefractory patients with wild-type *TP53*, and that patients with either of these gene mutations had an equally poor outcome [50]. Since it is estimated that *TP53* mutations account for approximately 40% of the fludarabine refractoriness in CLL, *BIRC3* mutations may represent a large fraction of the remaining 60% therapy-resistant cases [79]. Hence, evaluation of both *TP53* and *BIRC3* mutations would therefore be valuable to include in the routine analysis of patients with CLL in order to detect prospective fludarabine non-responsive cases [39,50].

## **Protein and RNA-based markers in chronic lymphocytic leukemia**

Extensive efforts have been made to find surrogate markers that can substitute for the laborious analysis of the *IGHV* gene mutational status. This has led to a plethora of markers that have been identified at the protein as well as the RNA level. Indeed, some of these molecules are good surrogate markers for the *IGHV* gene mutation status, even though a number of the markers that were originally suggested have in subsequent studies been shown to have an independent prognostic value. Because of the abundance of molecules suggested as prognostic markers, it is impossible to describe all here, and we therefore focus on discussing the most relevant and evaluated ones.

### **CD38**

The transmembrane glycoprotein CD38 is expressed by cells of hematopoietic origin, with a high expression in activated B and T cells as well as natural killer and dendritic cells [115]. CD38 has several functions, and can act either as a surface receptor by interacting with PECAM1 (CD31), or as an enzyme, regulating the intracellular calcium level [115]. In CLL, CD38 expression was initially determined to correlate with the *IGHV* gene mutational



status, with a high expression in *IGHV*-unmutated CLL, and was therefore proposed as a surrogate marker for the more technically complex evaluation of the mutation status [15]. However, further investigation of CD38 showed that the correlation with *IGHV* mutation was incomplete, and that CD38 instead could function as an independent prognostic marker [19,116,117]. Nevertheless, several obstacles have augmented the use of CD38 as a prognostic marker, namely: (i) the fact that CD38 expression may vary during the course of the disease, (ii) the heterogeneity of CD38 expressing CLL cells within a blood sample and (iii) the lack of a clearly defined cut-off value for the definition of CD38 positivity [116,118]. Indeed, the cut-off value for CD38 expression has varied considerably between studies (from 5% up to 30%), which makes it problematic to compare the attained results. On the other hand, CD38, which is present on the cell surface of CLL cells as well as other hematological malignant cells, has been proposed as a therapeutic target of monoclonal antibodies. Recently, the combination of lenalidomide with the anti-CD38 monoclonal antibody daratumumab was shown to be effective and complementary in treatment of multiple myeloma, and may thus have an analogous effect in CLL treatment [119].

### ZAP70

ZAP70 encodes the  $\zeta$ -chain associated protein kinase 70 kDa, which is a tyrosine kinase normally expressed by natural killer cells and T cells [120]. ZAP70 has a central role in T lymphocytes and is involved in cell migration, apoptosis, T cell receptor signaling and T cell activation [121]. Moreover, both malignant and normal B cells express ZAP70 at various differentiation stages [122]. The protein is also known to play a role in BcR signaling and it is recruited to the BcR signaling complex upon antigen binding, with a similar mechanism to that of the structurally homologous SYK protein [123,124]. In CLL, the presence of high ZAP70 expression was initially identified by Rosenwald *et al.* in a gene-expression study comparing *IGHV*-mutated and *IGHV*-unmutated cases [125]. This study revealed an overexpression of ZAP70 in patients with unmutated *IGHV* genes, and was consequently suggested as a surrogate marker for the *IGHV* mutational status. Several studies validated this finding and reported that ZAP70 predicted an unfavorable disease course in terms of disease progression and OS [126–128]. Nevertheless, subsequent studies focusing on the relationship between ZAP70 expression and *IGHV* mutational status showed discordant results. For instance, patients with *IGHV3-21* gene usage were shown to have high ZAP70 expression regardless of *IGHV* mutational status, whereas cases with del(11q) and del(17p) may display low ZAP70 expression despite having unmutated *IGHV* genes [129]. Since ZAP70 is an intracellular protein, which requires cell fixation and permeabilization in order to be stained and analyzed, the application of flow cytometry for ZAP70 detection is not as simple as CD38 determination. This complicating factor has limited the application of flow cytometry for ZAP70

detection, although international efforts initiated by the European Research Initiative on CLL (ERIC) have led to a proposal for a standardized assay ([www.ericll.org](http://www.ericll.org)). On the other hand, mRNA expression of *ZAP70* has also been correlated to prognosis, and this finding has opened up the possibility of quantitative mRNA measurement, which might be more reliable compared to flow cytometry measurements.

### LPL

Lipoproteinlipase (LPL) is an enzyme that plays a central role in lipid metabolism by hydrolyzing circulating triacylglycerides into free fatty acids and monoacylglycerol, and which is highly expressed in muscle, adipose tissue and mammary glands [130]. In addition, LPL has been suggested to play a role in monocyte and macrophage cell adhesion, and this may also be the pathological function in CLL cells, as they are devoid of LPL catalytic activity [131,132]. Two gene expression studies performed in 2001 showed that *LPL* was one of the most differently expressed genes when comparing CLL samples with and without *IGHV* gene mutations [125,133]. Subsequent studies revealed that a high *LPL* level correlates to a poor outcome and is associated with poor-prognostic markers such as CD38 and ZAP70 expression, a short LDT and high-risk genomic aberrations [132,134–139]. Moreover, it has also been shown that OS, TTT, event-free survival and TFS can be predicted by *LPL* expression alone, or in combination with the expression of *ADAM29* [132,134–139]. When we investigated *LPL* expression among other RNA based prognostic markers, i.e. *ZAP70*, *CLLU1*, *TCL1A* and *MCL1*, the former was shown to be the strongest predictor of prognosis among these factors [Figures 4(A) and 4(B)] [135]. Notably, our comparative study showed that *LPL* could distinguish patients with otherwise good prognostic markers such as mutated *IGHV* genes, Binet stage A, favorable cytogenetic changes and absence of CD38 expression [Figures 4(C) and 4(D)] [135]. This finding implies that LPL can aid the prognostic evaluation, especially in low-risk patients at diagnosis.

*LPL* appears to be the most reliable RNA-based prognostic marker to date, and the fact that it can be measured directly in peripheral blood, without the requirement for cell sorting such as for *ZAP70* analysis, makes it a promising marker for clinical use [140]. Still, additional studies should investigate its robustness and stability over time, and *LPL* measurement must to be standardized before it can be introduced in the clinic.

### CLLU1

In 2006, Buhl *et al.* identified a gene on chromosome 12q22 that was uniquely expressed in CLL cells [141]. A high expression of this gene, which was named CLL upregulated gene 1 (*CLLU1*), could not be linked to trisomy 12, since these two features were unrelated [141]. *CLLU1* was initially shown as highly expressed in poor-prognostic patients with unmutated *IGHV* genes [141]. In addition, high *CLLU1* expression has been shown in patients with poor-prognostic genomic aberrations, an advanced disease stage and ZAP70

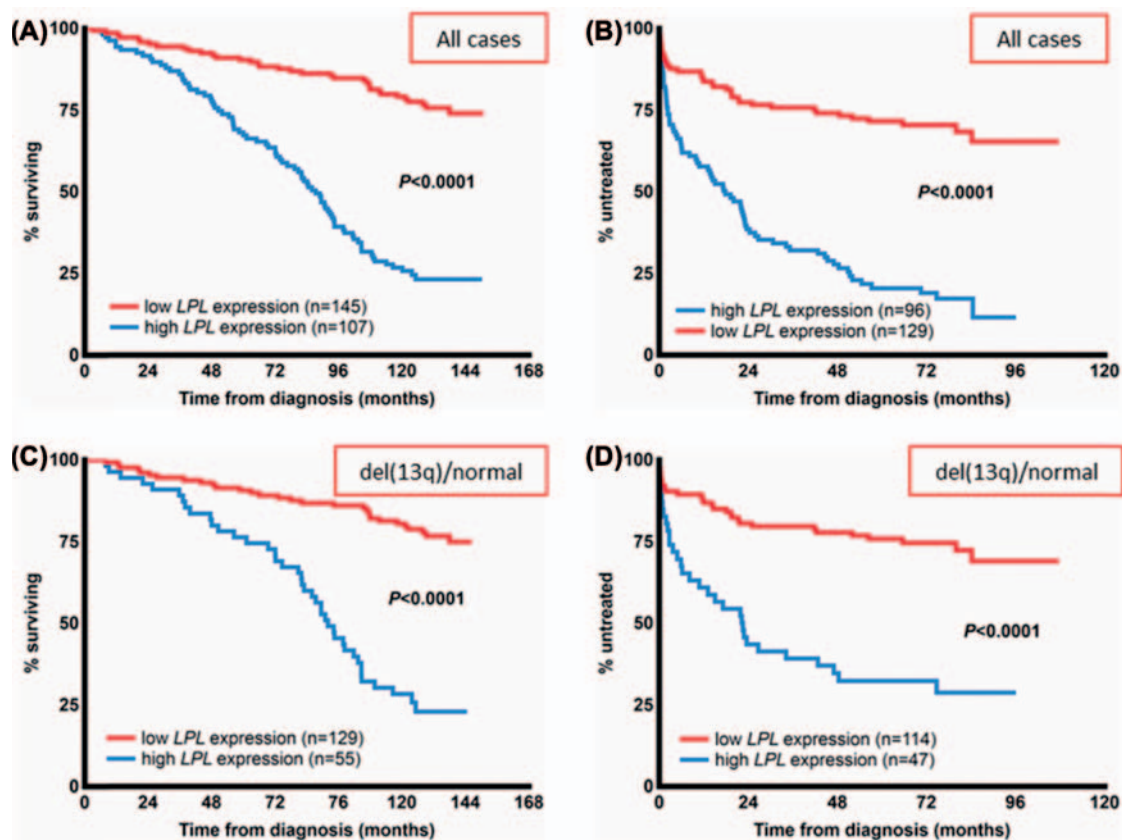


Figure 4. *LPL* expression status and clinical outcome in CLL. Overall survival (A) and time to treatment (B) according to *LPL* expression status in a newly diagnosed population-based CLL cohort. (C, D) Patients with good cytogenetic markers, i.e. absence of the known recurrent genomic aberrations or presence of *del(13q)* from the same cohort. In the patient group with good-risk cytogenetic markers, overall survival (C) and time to treatment (D) are stratified by *LPL* expression status. The expression cut-off for *LPL* was defined using receiver operating characteristic (ROC) curve analysis and median survival.

expression [135,142–144]. These studies also revealed that *CLLU1* can predict OS, TTT and TFS [135,142–144]. Recently, a study of 515 patients with CLL included in the Lymphoma Research Foundation (LRF) CLL4 randomized trial showed that high *CLLU1* expression correlated with poor-prognostic markers such as unmutated *IGHV* genes and high ZAP70 and CD38 expression [145]. However, it did not hold as an independent predictor of OS, nor did it predict response to treatment [145]. A similar result was shown in a study performed by our research group, where *CLLU1* expression did not independently predict OS upon multivariate analysis [135]. Instead, it has been suggested that *CLLU1* can be used as a prognostic marker in patients younger than 70 years with favorable prognostic markers, to identify patients who are likely to require treatment [143]. Nevertheless, *CLLU1* has been proposed as a marker for minimal residual disease, since it is a sensitive marker for detecting low levels of circulating residual cells in the blood after therapy [146].

## MicroRNA

Several microRNA (miRNA) expression studies focusing on CLL have revealed differences in expression levels between distinct prognostic subgroups [147–149]. In the pivotal study, Calin *et al.* evaluated the expression of 190 miRNAs in 94 patients with CLL and established a signature

of 13 miRNAs that could discriminate between ZAP70 positive/*IGHV*-unmutated CLL with poor prognosis and ZAP70 negative/*IGHV*-mutated CLL with an indolent disease [147]. Subsequent studies of global miRNA expression have confirmed some of the primary findings made by Calin *et al.*, although with incomplete overlap, suggesting that methodological differences and variations in patient material introduce discordant results [148,149]. Additionally, a number of studies have shown that specific miRNAs can be used as prognostic markers, e.g. *miR-21*, *miR-29*, *mir-34a*, *mir-181b* and *miR-223* [79,150–154]. Through fingerprinting of miRNAs in patients with CLL with *del(17p)*, Rossi *et al.* identified that up-regulation of *miR-21* predicted a worse outcome in terms of a shorter OS, and that down-regulation of *mir-181b* was associated with therapy refractoriness [151]. The biological role of *mir-181b* has been shown to involve down-regulation of *BCL2* and *TCL1*, of which the latter is also regulated by *miR-29* [150,155]. Another interesting finding is that *mir-34a*, which is a direct transcriptional target of the p53 pathway, is down-regulated in patients with *del(17p)* and/or *TP53* mutation, and has a reduced expression in patients with fludarabine-refractory CLL [79,153]. Furthermore, Stamatopoulos *et al.* showed a predictive role for *miR-29c* and *mir-223* in the assessment of OS and TFS [152]. In addition, several other studies on *miR-223* have shown that down-regulation of this miRNA can predict OS, TFS and PFS, and it has

therefore been suggested as a promising prognostic marker [152,154]. Nonetheless, since the miRNAs are involved in post-transcriptional mRNA regulation, these small RNA molecules may have a higher degree of expression level variations over time, and may thus be problematic to standardize and introduce in a clinical setting.

## Toward a prognostic index?

Considering the significant disease heterogeneity and the wealth of prognostic markers that have been implicated in CLL during recent years, several attempts have recently been made to construct a model that contains several clinically relevant prognostic biomarkers. In the following sections we review some of these models and their pros and cons.

Haferlach and colleagues proposed a new scoring system for predicting OS and TTT, in which the following parameters were included: age at diagnosis ( $\geq 65$  years), white blood cell count (WBC) ( $\geq 20 \times 10^9/L$ ), *IGHV* mutational status, *TP53* deletion/mutation, translocations involving the *IGH* locus and number of chromosomal aberrations evaluated through cytogenetics [156]. The patients ( $n = 349$ ) were placed in a favorable, intermediate or unfavorable prognostic group based on scores assigned to each evaluated parameter. A high WBC count, old age at diagnosis and unmutated *IGHV* genes contributed with one point each, while a *TP53* deletion, translocations involving the *IGH* locus and genomic complexity would each add two points to the total score [156]. Using this model, 77% of all cases were evaluated as having favorable prognosis ( $< 4$  points), while 5% were scored as unfavorable, with a prognostic index  $\geq 6$ . Since conventional cytogenetics for detection of chromosomal aberrations and translocations is not commonly performed on CLL samples, the applicability of this model in clinical routine might be problematic and limited, at least in the current setting.

Wierda *et al.* constructed a nomogram or alignment chart to evaluate the probability of 2- and 4-year TFS in patients with CLL [157]. In their model, points were assigned for lymph node characteristics, including the number of enlarged lymph nodes and the size of the largest lymph node in the neck. Other parameters used for the creation of a prognostic score included serum LDH levels stratified by *IGHV* mutation status, and the presence of cytogenetic aberrations according to the hierarchical model [37]. This multivariate model may be useful for identifying patients who require early therapy; however, it has not yet been tested for other important clinical endpoints such as OS and in independent cohorts.

Focusing on early stage CLL, Pepper and colleagues showed in a large study of newly diagnosed patients with CLL ( $n = 1154$ ) that only LDT, *IGHV* mutation status, CD38 and age at diagnosis were independent prognostic factors for TFS and OS, whereas neither FISH nor ZAP70 held as independent markers at diagnosis [158]. Therefore, the authors went on to propose a diagnostic work-up for patients with Binet stage A, in which a combination of CD38 expression, *IGHV* mutational status and LDT could be analyzed and which would be sufficient to monitor patients for the first

few years. On the other hand, CLL-FISH should only be carried out at disease progression to guide treatment decisions, which is in line with recent guidelines recommending FISH analysis to be performed before initiation of therapy rather than at diagnosis [159,160].

In a very recent publication, Rossi *et al.* proposed an updated hierarchical classification for prediction of OS by integrating mutational and cytogenetic analysis in CLL [39]. Here, 1273 patients with CLL were assigned to one of four CLL risk groups based on the presence of: (i) *TP53* and/or *BIRC3* abnormalities (high risk), (ii) *NOTCH1* and/or *SF3B1* mutations and/or del(11q) (intermediate risk), (iii) trisomy 12 or normal cytogenetics (low risk) and (iv) del(13q) (very low risk). According to the authors, this new model displayed superior prognostication accuracy compared to the "old" hierarchical classification as proposed by Döhner *et al.* [37]. Additionally, through time-dependent analysis, this model was found to maintain prognostic power at any time from diagnosis, making this classification system particularly interesting. Conversely to this finding, we reported a similarly poor outcome in patients carrying *NOTCH1*, *SF3B1* and *TP53* mutations (Figure 2) [52]. Nevertheless, these results implicate the importance of including the mutational analysis of these novel genes, in addition to detection of the known recurrent aberrations, since the presence of any of the mutations may reclassify the patients into a higher risk-group. Therefore, it will be important to include *NOTCH1*, *SF3B1* and *BIRC3* in forthcoming clinical trials to evaluate their impact on outcome in CLL. Since these genes are involved in many key signaling pathways that lead to an aggravation of the disease, they may also represent novel therapeutic targets in CLL.

## Concluding remarks and future directions

Many different biomarkers have been suggested as novel prognostic factors in CLL, and some of these markers have been outlined in the previous sections. Importantly, for all prognostic markers that aspire to be applied in clinical routine diagnostics, it is essential that: (i) each potential biomarker is validated in independent larger patient materials as well as in prospective studies, preferentially in clinical trials to investigate its relation to a given treatment; (ii) each potential biomarker is compared to currently established prognostic markers using Cox regression analysis to test whether the marker under investigation displays independent prognostic power; and (iii) the stability of a given marker is investigated in longitudinal studies as well as how this marker is influenced by treatment. Apropos the latter point, it is now well known that some of the currently applied prognostic markers, i.e. presence or absence of the known recurrent genomic aberrations, may change over time through clonal evolution, and it is therefore more important to assess the presence of these aberrations before initiation of treatment as well as at treatment failure or relapse [39,54,161,162]. Contrary to this, the *IGHV* mutational status is very stable and will never change during the course of the disease, and this marker can hence be measured at any time point [15–17].



Despite this abundance of prognostic markers in CLL, one of the most important tasks right now is to identify biomarkers that can act as predictive markers in terms of directing treatment. Today, the only markers influencing treatment decisions are *TP53* mutations and/or deletions, and to some extent 11q deletions. However, the recent finding that other novel mutations, such as *BIRC3* mutations, which accumulate in chemorefractory patients may in the near future qualify as predictive markers of treatment failure should this marker be validated in independent cohorts [50]. In the coming years, it is thus very important that the most promising novel markers are always included in clinical trials, as also has been proposed in the international CLL guidelines [5], so that they can be evaluated regarding their predictive capacity in relation to the different treatment protocols applied.

In the end, many of the suggested markers will never reach the stage where they can be included in routine diagnostics. Nevertheless, it is still essential to investigate the biological role of such prognostic markers, since their presence or absence may provide important clues for a better understanding of the underlying pathogenesis of CLL, which ultimately may enable the design of novel treatment options. For instance, the detection of *BIRC3*, *NOTCH1* and *SF3B1* mutations has not only identified new prognostic subsets, but also added new insights into different dysregulated pathways involved in the pathobiology of CLL, such as enhanced NF- $\kappa$ B signaling (*BIRC3*, *NOTCH1*) as well as deregulation of the spliceosome machinery (*SF3B1*) [47–51]. Moreover, the finding that several miRNAs are deregulated in CLL, and that these small molecules can provide a link to the deregulation of many other genes, is very important for understanding the complex network that is operating in these tumor cells, although the miRNAs may not be the most applicable prognostic indicators in the clinic.

Probably we will see further attempts in the near future to construct a “CLL prognostic index” taking into account the most important biomarkers. From our perspective, the recently proposed model integrating cytogenetic and molecular analysis appears particularly attractive, since it will detect patients with CLL with high-risk genetic aberrations who are in direct need of alternative treatment. Definitely, we foresee that large collaborative efforts, probably including up to 5000–10 000 patients, are now needed to be able to reach solid conclusions about which markers to investigate, at what time point and in relation to which other marker.

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