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To cite this article: Helana N. Michael, Hanem M. Awad, Nabil H. El-Sayed & Paul W. Paré (2010) Chemical and antioxidant investigations: Norfolk pine needles (*Araucaria excelsa*), *Pharmaceutical Biology*, 48:5, 534-538, DOI: [10.3109/13880200903177503](https://doi.org/10.3109/13880200903177503)

To link to this article: <https://doi.org/10.3109/13880200903177503>



Published online: 17 Mar 2010.



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RESEARCH ARTICLE

Chemical and antioxidant investigations: Norfolk pine needles (*Araucaria excelsa*)

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Abstract

Chemical investigations from a foliar extract of *Araucaria excelsa* (Lamb.) (Araucariaceae) resulted in the identification of seven phenolic metabolites including one flavananol, one flavananol 3-O-glycoside, four C-glycoside flavonoids, and one phenolic acid. Structures were elucidated by spectral determination including: UV, NMR and MS analysis. Moderate antioxidant activity was observed with a 1,1-diphenyl-2-picrylhydrazyl (DPPH) free radical scavenging assay in comparison with the reference antioxidant ascorbic acid.

Keywords: Antioxidants; *Araucaria excelsa*; Araucariaceae; DPPH; flavonoids; needles; Norfolk pine; phenolics

Introduction

Araucariaceae is an ancient family of conifers consisting of three genera with 41 extant species; the genus *Araucaria* consists of evergreen coniferous trees with the species *Araucaria excelsa* (Lamb.) commonly referred to as the Norfolk Island pine. Although not a true pine, the wood of the mature tree is used commercially and the sapling stage is grown worldwide as a houseplant.

The genus *Araucaria* is rich in essential oils (Suresh, 1995), sesquiterpenes, isoflavones, phenylpropanoids, and biflavonoids (Ahmed et al., 2005). Biological activity from the genus includes antipyretic (Dhanasekaran et al., 1994), antinociceptive and anti-inflammatory activities (Dalvi et al., 1994) from an *A. bidwillii* (Hook.) ethanol extract; while anticoagulant (Suresh et al., 1994), ulcero-protective (Olawore & Ogunwande, 2005) and analgesic activities (Fonseca et al., 2000) were observed in petroleum ether and methanol extracts from members of the *Araucaria* genus. From the species *A. excelsa* essential oils, alkaloids, and a biflavone have

been identified, although other flavonoid compounds have yet to be characterized (Ilyas et al., 1978). Here we report the identification of seven phenolic metabolites as well as extract antioxidant activity using a DPPH radical scavenging assay method.

Materials and methods

General experimental procedures

UV spectra were measured on a Shimadzu spectrophotometer model UV-240. ¹H NMR (500 MHz, CD₃OD or DMSO-*d*₆) and ¹³C NMR (125 MHz, CD₃OD or DMSO-*d*₆) were recorded on Varian Inova-500 NMR (Palo Alto, CA), while two dimensional spectra (500 MHz, CD₃OD or DMSO-*d*₆) were measured on a Bruker spectrophotometer. The chemical shifts were given in δ values (ppm) with TMS as an internal standard. Electrospray ionization mass spectra (ESI-MS) were collected on a Finnigan MAT TSQ 70 spectrometer.

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(Received 29 September 2008; revised 16 March 2009; accepted 16 March 2009)

Column chromatography was performed with Sephadex LH-20 (Fluka). TLC was run on pre-coated silica gel type 60 (Merck) aluminum-backed plates. HPLC: C18 column, with Agilent Technologies Chemstation software, UV detector at 330 or 256 nm, flow rate 0.2 mL/min with an acetonitrile-water isocratic solvent system. PC: Whatman No. 1 and 3 MM using the solvent systems: 1) BAW (*n*-butanol: AcOH: H₂O, 4:1:5, upper layer); 2) 15% AcOH (AcOH: H₂O); (3) H₂O.

Plant material

Araucaria excelsa shoots were collected from the National Research Centre Garden in the summer of 2006. A voucher specimen (A35) identified by Nabil H. El-Sayed was deposited in the National Research Centre Herbarium, Cairo, Egypt.

Extraction and isolation

For bioassays, 10 g of dried needles were powdered and then successively extracted with analytical grade acetone, EtOAc, and MeOH (100 mL/solvent) in a Soxhlet extractor for 2 h; extracts were concentrated to dryness under reduced pressure at 45° ± 5°C to yield three oily-greenish brown extracts weighing 210, 200, and 370 mg respectively. All extracts were refrigerated until further use. For phytochemical analysis, 500 g of dried needles were extracted with 70% MeOH (3 L) in a Soxhlet extractor for 48 h; the extract was concentrated under reduced pressure to yield a brown solid weighing 3.6 g. The extract was applied to a Sephadex LH-20 column and eluted first with water then water/MeOH mixtures with increasing MeOH; the final purification was obtained using preparative paper chromatography and HPLC employing the respective solvent systems listed in the general experimental procedures. Seven compounds were purified and identified including taxifolin and its 3-*O*-glucoside, vitexin, isovitexin, orientin, iso-orientin, and gallic acid.

Total polyphenolic content determination

Total phenolic content for each extract was determined by a Folin-Ciocalteu method (Folin & Ciocalteu, 1927). Briefly stated, an extract aliquot (10 µL, 1 mg/mL) was mixed with 50 µL of Folin Ciocalteu phenol reagent (10× concentration) and following 5 min, 20% saturated Na₂CO₃ (40 µL) was added; after 1 h dark incubation an absorbance measurement at 725 nm was taken using a microplate ELISA reader (Biorad, Hercules, CA); triplicate measurements for each extract were taken. A gallic acid standard curve was run to calibrate the phenolic content. The total polyphenol content (TPC) for each extract was expressed as mg gallic acid equivalents per g of plant material on a dry-weight basis.

1,1-Diphenyl-2-picryl hydrazyl (DPPH) assay

Antioxidant activity for plant extracts and an ascorbic acid standard were assessed on the basis of the radical scavenging effect of the stable DPPH free radical (Gamez et al., 1998). Weighed extracts were dissolved in distilled DMSO; since aqueous methanol extracts were not fully soluble in DMSO (even with a 5 min ultrasonication treatment), all extracts were filtered (0.22 µm pore size) with only the soluble portion collected for further analysis. The DMSO extract (10 µL) or an ascorbic acid aqueous standard (from 0 to 100 µg/mL) was added to 90 µL of 100 µM DPPH (Sigma, St. Louis, MO) in methanol solution in a 96-well micro-titer plate. After incubation in the dark at 37°C for 30 min, the decrease in absorbance of each solution was measured at 515 nm using an ELISA micro-plate reader (Bio Rad, model 550). Absorbance of a blank containing an equal volume of DMSO and DPPH solution was prepared and measured as well. Percentage DPPH radical scavenging activity = $1 - [A_{\text{sample}}/A_{\text{control}}] \times 100$, where A_{sample} and A_{control} are absorbance of sample and control respectively. The concentration of sample required to scavenge 50% of DPPH (SC_{50}) was determined. Decreasing of the DPPH solution absorbance indicates an increase of the DPPH radical scavenging activity. The experiment was carried out in triplicate.

Taxifolin R_f -values × 100: 78 (BAW), 59 (15% AcOH). UV (λ_{max} nm) in MeOH: 290, 326 sh. + NaOMe: 326, decomp. + NaOAc: 289 sh. 327 + NaOAc/H₃BO₃: 292, 327 sh. + AlCl₃: 280 sh. 312, 375 + AlCl₃/HCl: 312, 375, sh = shoulder. ESI-MS (M)⁺ m/z = 304; isolated 17 mg. ¹H NMR (CD₃OD): δ (ppm) 6.96 (d, J = 1.8 Hz, H-2'); 6.8 (d, J = 7.1 Hz, H-5'); 6.76 (dd, J = 7.1 and 1.8, H-6'); 5.93 (d, J = 2.1 Hz, H-8); 5.9 (d, J = 2.4 Hz, H-6); 4.8 (d, J = 6.3 Hz, H-2); 4.16 (m, H-3). ¹³C NMR: 79.87 (C-2); 67.48 (C-3); 192.26 (C-4); 157.67 (C-5); 96.36 (C-6); 158 (C-7); 95.87 (C-8); 157.36 (C-9); 100.05 (C-10); 132.28 (C-1'); 115.31 (C-2'); 145.77 (C-3'); 145.94 (C-4'); 115.73 (C-5'); 119.38 (C-6').

Taxifolin 3-*O*-glucopyranoside R_f -values × 100: 64 (BAW), 71 (15 % AcOH). UV (λ_{max} nm) in MeOH: 292, 327 sh. + NaOMe: 346, 328 + NaOAc: 290 sh., 329 + NaOAc/H₃BO₃: 294, 335 sh. + AlCl₃: 238, 316, 375 sh. + AlCl₃/HCl: 287 sh. 314, 378. ESI-MS (M)⁺ m/z = 466; isolated 15 mg. ¹H NMR (CD₃OD): δ (ppm) 6.9 (d, J = 1.8 Hz, H-2'); 6.82 (d, J = 7.1 Hz, H-5'); 6.7 (dd, J = 7.1 and 1.8 Hz, H-6'); 5.53 (d, J = 1.8 Hz, H-8); 5.48 (d, J = 1.8 Hz, H-6); 5.3 (d, J = 6.6 Hz, H-1 of glucose), 4.63 (d, J = 6.3 Hz, H-2); 4.13 (m, H-3). ¹³C NMR: aglycone moiety: 79.43 (C-2); 73.12 (C-3); 189.26 (C-4); 160.67 (C-5); 95.36 (C-6); 162 (C-7); 95.17 (C-8); 159.36 (C-9); 100 (C-10); 126.28 (C-1'); 114.31 (C-2'); 144.77 (C-3'); 144.94 (C-4'); 115.33 (C-5'); 118.38 (C-6'); sugar

moiety: 102.81 (C-1''); 73.44 (C-2''); 76.82 (C-3''); 69.91 (C-4''); 76.75 (C-5''); 61.2 (C-6'').

Vitexin (apigenin 8-C- β -glucopyranoside) R_f -values $\times 100$: 41 (BAW), 24 (15% AcOH), 06 (H₂O). UV ($\lambda_{\max}$ nm) in MeOH: 271, 300 sh., 335 + NaOMe: 277, 329, 395 + NaOAc: 280, 300, 379 + NaOAc/H₃BO₃: 270, 329 sh., 345 + AlCl₃: 275 sh., 306, 352, 386 + AlCl₃/HCl: 278, 303, 343, 383. ESI-MS (M)⁺ m/z = 432; isolated 23 mg. ¹H NMR (DMSO): δ (ppm) 8.03 (d, J = 8 Hz, H-2', 6'); 6.9 (d, J = 8 Hz, H-3', 5'); 6.77 (s, H-3); 6.27 (s, H-6); 4.63 (d, J = 9.5 Hz, H-1'' of glucose); 3.1-3.9 (m, rest of sugar protons). ¹³C NMR: 164.03 (C-2); 102.61 (C-3); 181.9 (C-4); 160.67 (C-5); 98.93 (C-6); 162.87 (C-7); 104.2 (C-8); 155.36 (C-9); 104.2 (C-10); 121.28 (C-1'); 128.31 (C-2', 6'); 160.94 (C-4'); 116.33 (C-3', 5'); sugar moiety: 73.9 (C-1''); 71.42 (C-2''); 78.72 (C-3''); 69.91 (C-4''); 81.43 (C-5''); 61.5 (C-6'').

Iso-vitexin (apigenin 6-C- β -glucopyranoside) R_f -values $\times 100$: 57 (BAW), 44 (15% AcOH), 16 (H₂O). UV ($\lambda_{\max}$ nm) in MeOH: 273, 335, 335. + NaOMe: 275, 329, 396. + NaOAc: 280, 303, 385 + NaOAc/H₃BO₃: 274, 346, 406 sh. + AlCl₃: 264 sh., 278, 304, 356, 384 + AlCl₃/HCl: 260 sh, 280, 302, 344, 380. ESI-MS (M)⁺ m/z = 432; isolated 22 mg. ¹H NMR (DMSO): δ (ppm) 8 (d, J = 8 Hz, H-2', 6'); 6.93 (d, J = 8 Hz, H-3', 5'); 6.78 (s, H-3); 6.5 (s, H-8); 4.68 (d, J = 9 Hz, H-1'' of glucose); 3.1-3.8 (m, rest of sugar protons). ¹³C NMR: 163.83 (C-2); 102.91 (C-3); 181.9 (C-4); 156.67 (C-5); 108.93 (C-6); 163.87 (C-7); 94.2 (C-8); 161.36 (C-9); 103.2 (C-10); 121.23 (C-1'); 128.41 (C-2', 6'); 160.64 (C-4'); 116.33 (C-3', 5'); sugar moiety: 79 (C-1''); 73.42 (C-2''); 70.72 (C-3''); 70.91 (C-4''); 81.33 (C-5''); 61.6 (C-6'').

Orientin (luteolin 8-C- β -glucopyranoside) R_f -values $\times 100$: 32 (BAW), 17 (15% AcOH), 07 (H₂O). UV ($\lambda_{\max}$ nm) in MeOH: 251, 369, 348 + NaOMe: 269, 278, 324 sh., 377 + NaOAc: 278, 323 sh., 385 + NaOA/H₃BO₃: 277, 375, 430 sh. + AlCl₃: 275, 305 sh., 355, 425 + AlCl₃/HCl: 265 sh, 278, 298, 356, 385. Isolated 12 mg. ¹H NMR (DMSO): δ (ppm) 7.39 (dd, J = 2 and 8 Hz, H-6'); 7.43 (d, J = 2 Hz, H-2'); 6.93 (d, J = 8 Hz, H-5'); 6.45 (s, H-3); 6.1 (s, H-6); 4.7 (d, J = 10 Hz, H-1'' of glucose); 3.2-3.9 (m, rest of sugar protons). ¹³C NMR: 164.3 (C-2); 102.41 (C-3); 182 (C-4); 160.67 (C-5); 98.13 (C-6); 162.7 (C-7); 105.8 (C-8); 156.6 (C-9); 103.9 (C-10); 122.13 (C-1'); 114 (C-2'); 146.64 (C-3'); 149.33 (C-4'); 115.9 (C-5'); 119.31 (C-6'); sugar moiety: 72.9 (C-1''); 70.42 (C-2''); 78.72 (C-3''); 70.11 (C-4''); 81.33 (C-5''); 61.3 (C-6'').

Iso-orientin (luteolin 6-C- β -glucopyranoside) R_f -values $\times 100$: 41 (BAW), 35 (15% AcOH), 09 (H₂O). UV ($\lambda_{\max}$ nm) in MeOH: 242 sh., 255, 271, 349 + NaOMe: 267, 278 sh., 337 sh., 406 + NaOAc: 276, 323 sh., 393 + NaOA/H₃BO₃: 265, 377, 430 sh. + AlCl₃: 278, 302 sh. 332, 429 + AlCl₃/HCl: 265 sh. 279, 296 sh., 361, 384. Isolated 11 mg. ¹H NMR (DMSO): δ (ppm) 7.39 (dd, J = 2.5 and 8 Hz, H-6'); 7.4 (d, J = 2.5 Hz, H-2'); 6.93 (d, J = 8 Hz, H-5'); 6.59 (s, H-3); 6.53 (s, H-8); 4.82 (d, J = 10

Hz, H-1'' of glucose); 3-3.9 (m, rest of sugar protons). ¹³C NMR: 163.3 (C-2); 102.71 (C-3); 181.7 (C-4); 160.57 (C-5); 108.7 (C-6); 163 (C-7); 93.4 (C-8); 156.2 (C-9); 103.3 (C-10); 121.30 (C-1'); 113.2 (C-2'); 145.64 (C-3'); 149.53 (C-4'); 115.9 (C-5'); 118.83 (C-6'); sugar moiety: 78.9 (C-1''); 72.42 (C-2''); 70.82 (C-3''); 71.13 (C-4''); 81.2 (C-5''); 61.5 (C-6'').

Gallic acid R_f -values $\times 100$: 78 (BAW), 56 (15% AcOH). UV ($\lambda_{\max}$ nm) in MeOH: 272 + NaOMe: decomposition + AlCl₃: 277. Isolated 42 mg. ¹H NMR: δ (ppm) 7.15 (s, H-2, H-6). ¹³C NMR: 122.5 (C-1); 110.7 (C-2 and 6); 139.4 (C-3 and 5); 146.5 (C-4); 164.7 (C-7).

Results and discussion

DPPH radical scavenging activity

Organic solvent extraction of *Araucaria excels* needles were assayed for radical scavenging activity using a DPPH colorimetric assay. The highest DPPH radical scavenging effect was detected in an aqueous methanol extract with a SC₅₀ of 72.5 μ g/mL although the antioxidant activity was lower than ascorbic acid (SC₅₀ 7.8 μ g/mL) that is often used as a positive control because of its high antioxidant activity (Table 1). In examining radical scavenging capacity, a trend can be observed that the more polar protic solvents were more effective at extracting the antioxidant components in the Norfolk pine needle extract.

Total polyphenol contents (TPC)

As plant phenolics constitute one of the major groups of compounds acting as primary antioxidants or free radical terminators, the total amount of phenolic compounds in the selected plant extracts was determined using the Folin-Ciocalteu method. The aqueous methanol extract exhibited the highest level of polyphenols (Table 1). The Folin Ciocalteu phenol reagent was used to obtain an estimate of phenolic compounds present in the extract. Phenolic compounds undergo a complex redox reaction with phosphotungstic and phosphomolybdic acids present in the reagent. However, the assay has been shown not specific to

Table 1. *Araucaria excelsa* extract antioxidant and total polyphenol contents based on DPPH free radical scavenging and Folin-Ciocalteu phenol assay, respectively (mean $\pm$ SD of three independent experiments).

Extract	DPPH (SC ₅₀ μ g/mL)	TPC (mg/g extract)
70 % aqueous methanol	73 $\pm$ 12	37 $\pm$ 2
Methanol	138 $\pm$ 5	24 $\pm$ 3
Acetone	147 $\pm$ 4	32 $\pm$ 2
Ethyl acetate	297 $\pm$ 6	25 $\pm$ 3
Ascorbic acid	8 $\pm$ 1	–

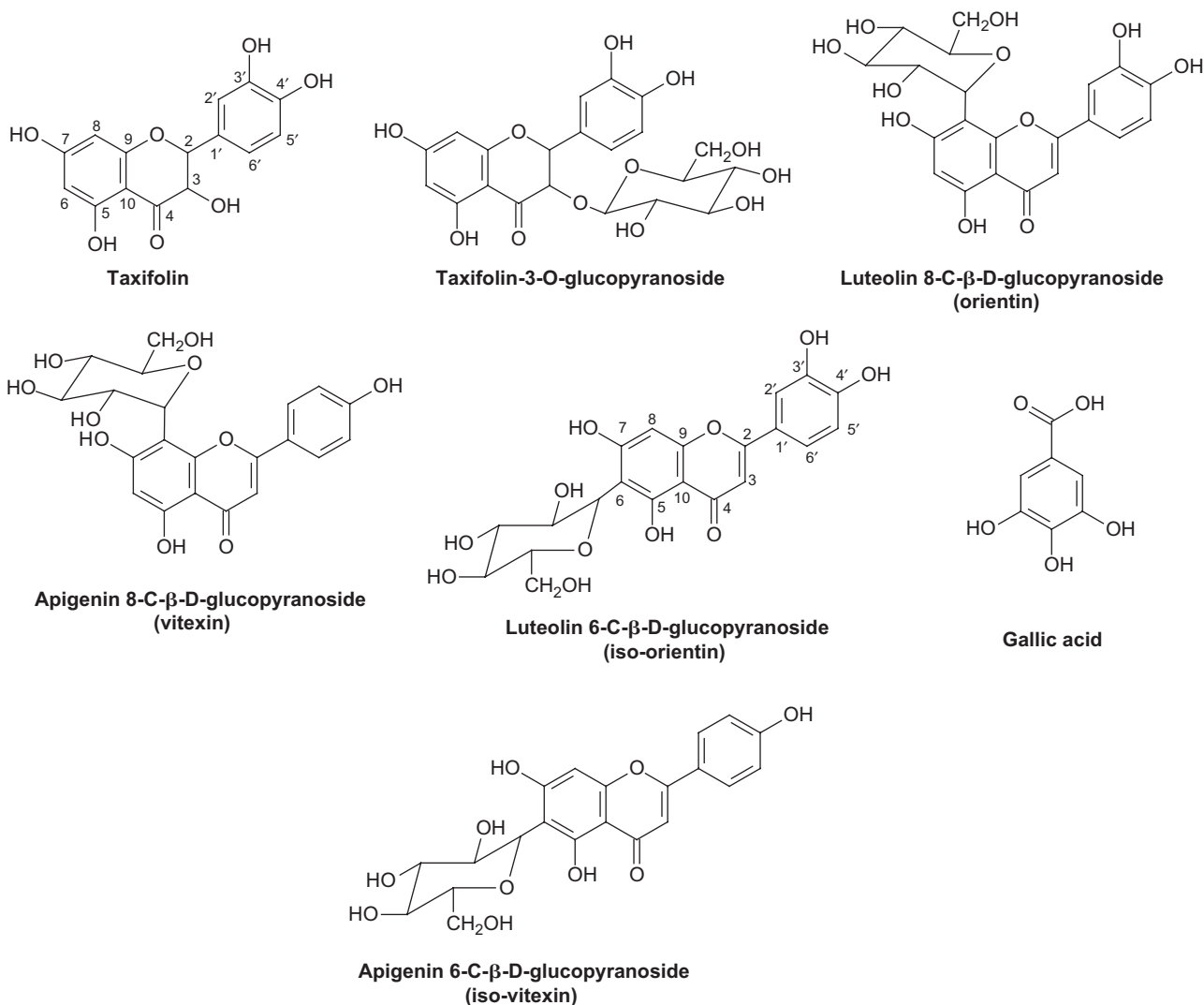


Figure 1. Phenolic compounds isolated from Norfolk pine needles.

polyphenols in that other oxidizing components can react with the Folin reagent (Escarpa & Gonzalez, 2001; Singleton et al., 1999). In addition, phenolic compounds, depending on the number of phenolic groups present, respond differently to the Folin-Ciocalteu reagent (Singleton et al., 1999). Hence, this may explain the observation that for acetone and ethyl acetate extracts, high TPC values did not correspond to a high antioxidant activity.

Phytochemical analysis

To identify the metabolites responsible for the antioxidant activity observed in the crude extracts, a large scale MeOH extraction of Norfolk pine needles was performed. After chromatography purification, seven phenolic compounds were identified including: taxifolin, taxifolin 3-O-glucopyranoside, vitexin, isovitexin, orientin, iso-orientin, and gallic acid (Figure 1); chemical structures were confirmed by retention time comparisons with authentic standards

as well as spectral comparisons with literature values (Markham, 1982; Harborne, 1993; Agrawal, 1989).

Declaration of interest

This research was funded in part by the Welch Foundation (Grant D1478) and the Frasch Foundation for Chemical Research.

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