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RESEARCH ARTICLE

Anti-inflammatory, free radical-scavenging, and metal-chelating activities of *Malva parviflora*

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Abstract

Context: *Malva parviflora* L. (Malvaceae) is widely distributed throughout Africa. It has several uses in traditional medicinal practice. Leaves of this plant are used in the treatment of some inflammatory disorders.

Objective: The anti-inflammatory and the antioxidant activities of the methanol extract (Met. E) and aqueous extract (Aq. E) of *M. parviflora* leaves were investigated.

Materials and methods: Croton oil-induced ear edema and acetic acid-induced vascular permeability were applied as acute inflammatory models to evaluate the anti-inflammatory activity of the extracts. The antioxidant effects were evaluated using the 1,1-diphenyl-2-picryl-hydrazyl (DPPH) radical assay and the measurement of the metal-chelating activity.

Results: Results demonstrated that Met. E inhibited the croton oil-induced ear edema by 57%. In contrast, the Aq. E did not show any activity. Furthermore, Met. E and Aq. E inhibited significantly the acetic acid-induced vascular permeability by 36 and 40%, respectively. However, Met. E and Aq. E exerted a strong scavenging activity with IC₅₀ values of 89.03 ± 2.65 and 76.67 ± 0.29 µg/mL, respectively. Moreover, Met. E and Aq. E were able to chelate ferrous ions in a concentration-dependent manner.

Discussion and conclusion: These findings demonstrate that *M. parviflora* leaf extracts possess anti-inflammatory and antioxidant activities and thus have great potential as an interesting source for natural health products.

Keywords: Malvaceae, plant extracts, biological activities, acute inflammation, antioxidant activity

Introduction

During the past two decades, a growing number of studies investigated the diverse health benefits and protective effects of natural substances present in the plants. The role of medicinal plants and traditional medicine for developing new drugs is incontestable. Herbs have been used for flavoring foods and beverages and for medicinal purposes (Draughon, 2004). Medicinal plants are considered to be an important source of therapeutic compounds and the therapeutic benefit of many medicinal plants is often attributed to their anti-inflammatory and antioxidant properties (Rice-Evans, 2004; Shale et al., 2005; Zhang et al., 2009). The preservative effect of many plant species and herbs suggests the presence of antioxidative and antimicrobial constituents such as flavonoids, phenolic

acids, and phenolic diterpenes (Shahidi & Wanasundara, 1992; Hammer et al., 1999; Dutra et al., 2008). *Malva parviflora* L. (Malvaceae) is widely distributed throughout Africa. Traditional healers and herbalists use *M. parviflora* leaves and roots to clean wounds and sores. A hot poultice made from leaves is used to treat wounds and swelling, and incorporated into a lotion to treat bruised and broken limbs (Shale et al., 1999). Leaves of this plant are used in the treatment of boils (Grierson & Afolayan, 1999). Despite the use of *M. parviflora* in traditional medicine, very few pharmacological and phytochemical studies are reported assessing its therapeutic properties. The methanol extract (Met. E) of *M. parviflora* has been reported to possess high COX-1-inhibiting activity as well as antibacterial activity against Gram-negative and

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Gram-positive bacteria (Shale et al., 1999). Grierson and Afolayan (1999) showed that *M. parviflora* possessed an inhibitory effect against some fungi but was ineffective against some species of bacteria. In contrast, Shale et al. (1999) reported the antibacterial activity of the hexane and Met. E of the roots but noted the poor activity of the methanol leaf extract.

In order to better understand the differences in effects of Met. E and aqueous extracts (Aq. E) of *M. parviflora* leaves, the present investigation compared the anti-inflammatory and the antioxidant properties of both extracts in several *in vivo* and *in vitro* models. These data provide a rational basis for its traditional use to treat inflammations.

Materials and methods

Plant materials

M. parviflora leaves were collected in April 2008 from Bordj Bou Arréridj, Algeria. The plant material was identified by Dr. Houssine Laouar, University of Sétif. The voucher specimen (No. 062459) was deposited at the laboratory of botany in the University of Sétif, Algeria. The leaves were cleaned, shadow-dried, and pulverized to dry powder.

Preparation of *M. parviflora* leaf extracts

Met. E was prepared by maceration of 100 g of powdered plant material with 80% methanol at room temperature for 48 h with frequent agitation. After filtration, the filtrate was concentrated under reduced pressure at 40°C. The residue was lyophilized using a lyophilizator (PHYWE chrisa) to give a brown powder (yield: 17%). Aq. E was prepared according to the traditional method by boiling 50 g of powdered plant material in 500 mL of distilled water for 20 min. After filtration, the filtrate was lyophilized to give a brown powder (yield: 19% w/w).

Animals

Swiss albino mice weighing 20–25 g were purchased from the Pasteur Institute of Algiers, Algeria. All animals were divided into different groups each consisting of 6–9 animals, and were allowed to acclimatize to the animal room conditions for 1 week and had free access to food and water *ad libitum*. Animals were fasted overnight prior the experiments, and the test substances were given orally with access to water. All procedures were performed in accordance with the European Union Guidelines for Animals Experimentation (2007/526/EC).

Croton oil-induced ear edema in mice

To evaluate the effect of *M. parviflora* leaf extracts on acute inflammation, croton oil-induced ear edema was performed according to the method of Manga et al. (2004). Cutaneous inflammation was induced to the inner surface of the right ear of mice (7 mice/group) by application of 15 µL of acetone containing 80 µg of croton oil as irritant. Treated animals received topically 2 mg/ear

of Met. E or Aq. E of *M. parviflora* leaves. Indomethacin as reference drug was applied topically (0.5 mg/ear). The thickness of ears was measured before and 6 h after induction of inflammation using a dial caliper (Delaporte et al., 2004). The edema was expressed as an increase in the ear thickness due to croton oil application.

Acetic acid-induced vascular permeability in mice

The effect of *M. parviflora* leaf extracts on vascular permeability was evaluated according to the method of Kou et al. (2006) with slight modifications. Mice were divided into four groups with seven mice each. They obtained orally 0.2 mL of either 500 mg/kg of the Met. E or 360 mg/kg of the Aq. E or 50 mg/kg indomethacin. The control group received the same volume (0.2 mL) of normal saline solution. One hour later, 10 mL/kg of 1% solution of Evans Blue dissolved in normal saline solution was intravenously administrated. Then 10 mL/kg of 0.7% acetic acid was intraperitoneally injected. Thirty minutes later, mice peritoneal exudates were collected after being washed with 3 mL of normal saline, and centrifuged at 2000 rpm for 10 min. The absorbance of the supernatant was read at 610 nm. The dye content of the exudates, which refers to the rate of vascular permeability, was calculated according to the standard curve of Evans Blue.

DPPH radical-scavenging assay

The potential antioxidant activity of *M. parviflora* leaf extracts was assessed using the stable 1,1-diphenyl-2-picryl-hydrazyl (DPPH) radical according to Brand-Williams et al. (1995). DPPH (2.35 mg) was dissolved in 100 mL of methanol. Different dilutions (10–340 µg/mL) of the extracts or butylated hydroxytoluene (BHT), as a positive control, were prepared and 0.1 mL of these solutions was mixed with 3.9 mL of DPPH solution in test tubes to complete the final reaction media (4 mL). The mixture was shaken vigorously and incubated for 30 min in the dark at room temperature and the decreases in the absorbance values were measured at 517 nm. The decrease in absorbance is a measure of the scavenging of the DPPH radical by extracts. All experiments were performed at least in triplicate. The percentage of DPPH-scavenging activity was calculated using the following equation:

$$\% \text{ of DPPH-scavenging activity} = \left[\frac{(A_{\text{control}} - A_{\text{sample}})}{A_{\text{control}}} \right] \times 100$$

where A_{control} is the absorbance of the control reaction mixture without the test compounds, and A_{sample} is the absorbance of the test compounds. IC_{50} values, which represented the concentration of the extract that caused 50% neutralization of DPPH radicals, were calculated from the plot of inhibition percentages against concentration.

Ferrous ion chelating activity

Ferrous ion chelating activity was measured by inhibition of formation of the iron (II)-ferrozine complex after

the treatment of test material with Fe^{2+} according to Le et al. (2007). The reaction mixture contained 500 μL of different concentrations (5–1500 $\mu\text{g}/\text{mL}$) of *M. parviflora* leaf extracts or the standard chelator ethylenediaminetetraacetic acid (EDTA), 100 μL FeCl_2 (0.6 mM), and 900 μL methanol. The control contained all the reaction reagents except the extracts and EDTA. The mixture was thoroughly shaken and allowed to react at room temperature for 5 min. Ferrozine (5 mM) (100 μL) was then added, the mixture shaken again, followed by further reaction at room temperature for 10 min to complex the residual Fe^{2+} ion. The absorbance of the Fe^{2+} -ferrozine complex was measured at 562 nm. All experiments were performed at least in triplicate. The chelating effect was calculated as a percentage using the following equation:

$$\% \text{ of the chelating activity} = \left[\frac{(A_{\text{control}} - A_{\text{sample}})}{A_{\text{control}}} \right] \times 100$$

where A_{control} is the absorbance of the control reaction mixture without the test compounds, and A_{sample} is the absorbance of the test compounds. IC_{50} values, which represented the concentration of the extract that caused 50% of Fe^{2+} ion chelation, were calculated from the plot of chelating percentage against concentration.

Statistical analysis

Data obtained *in vivo* are expressed as mean values $\pm$ SEM. Differences between the control and the treatments in these experiments were tested for significance using analysis of variance followed by Dunnett's test. The data obtained *in vitro* are expressed as mean $\pm$ SD. A probability of $P < 0.05$ was considered significant.

Results

Anti-inflammatory activity

The topical application of 2 mg/ear of the Met. E of *M. parviflora* inhibited significantly ($P \leq 0.001$) the croton oil-induced ear edema (Figure 1). The inhibition was 57%. This inhibition was higher than that obtained with indomethacin (46%), which was used as positive control. In contrast, the Aq. E did not show any activity. Furthermore, oral administration of 500 and 360 mg/kg of Met. E and Aq. E, respectively, inhibited significantly ($P \leq 0.001$) the acetic acid-induced vascular permeability with inhibition rates of 36 and 40%, respectively. These inhibition values were close to that obtained with 50 mg/kg of indomethacin (Figure 2).

Antioxidant activity

Met. E and Aq. E of *M. parviflora* exhibited a strong scavenging activity against the DPPH radical in a concentration-dependent manner (Figure 3A and 3B). The values of IC_{50} were 89.03 ± 2.65 and 76.67 ± 0.29 $\mu\text{g}/\text{mL}$ for Met. E and Aq. E, respectively. As shown in Figure 3C, the scavenging activity of both extracts was

comparable with that obtained with the standard antioxidant BHT. Moreover, Met. E and Aq. E were able to chelate ferrous ions in a concentration-dependent manner (Figure 4A and 4B). Nevertheless, the Met. E showed a lower chelating activity than Aq. E. The IC_{50} values were 346.71 ± 7.25 $\mu\text{g}/\text{mL}$ and 42.26 ± 0.61 $\mu\text{g}/\text{mL}$ for Met. E and Aq. E, respectively. However, chelating activities of both extracts were lower than the activity of the standard chelator EDTA (Figure 4C).

Discussion

Extracts from *M. parviflora* leaves contain different constituents that possess anti-inflammatory and antioxidant activities. Effects of extracts on croton oil-induced ear edema are probably attributed to lipophilic, methanol-but not water-soluble substances that are able to penetrate through the skin barrier (Okoli et al., 2007). Likely candidates for these anti-inflammatory substances are flavonoids, polyphenols, and proanthocyanidins that

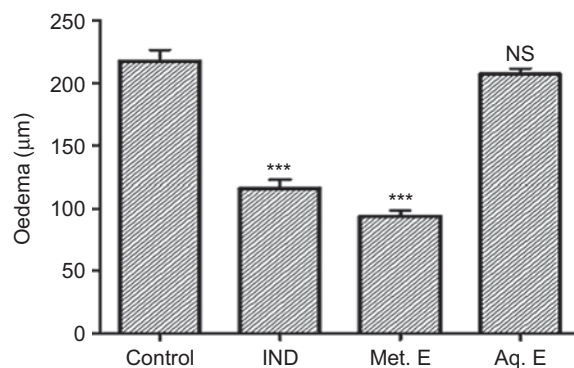


Figure 1. Effect of *M. parviflora* leaf extracts on ear edema induced by croton oil. Mice were treated with 0.5 mg/ear of indomethacin (IND), 2 mg/ear of methanol extract (Met. E), and 2 mg/ear of aqueous extract (Aq. E). Control group received croton oil solution only. Edema is expressed as mean thickness increase of ears before and 6 h after croton oil application. Values are expressed as means $\pm$ SEM ($n = 7$). *** $P < 0.001$. NS: not significant versus the control.

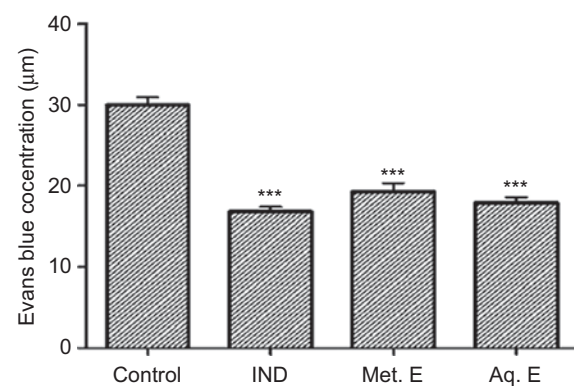


Figure 2. Effect of *M. parviflora* leaf extracts on acetic acid-induced vascular permeability. Mice were treated orally with 50 mg/kg of indomethacin (IND), 500 mg/kg of methanol extract (Met. E), and 360 mg/kg of aqueous extract (Aq. E). Control group received 0.2 mL of normal saline solution. Values are expressed as means $\pm$ SEM ($n = 7$). *** $P < 0.001$. NS: not significant versus the control.

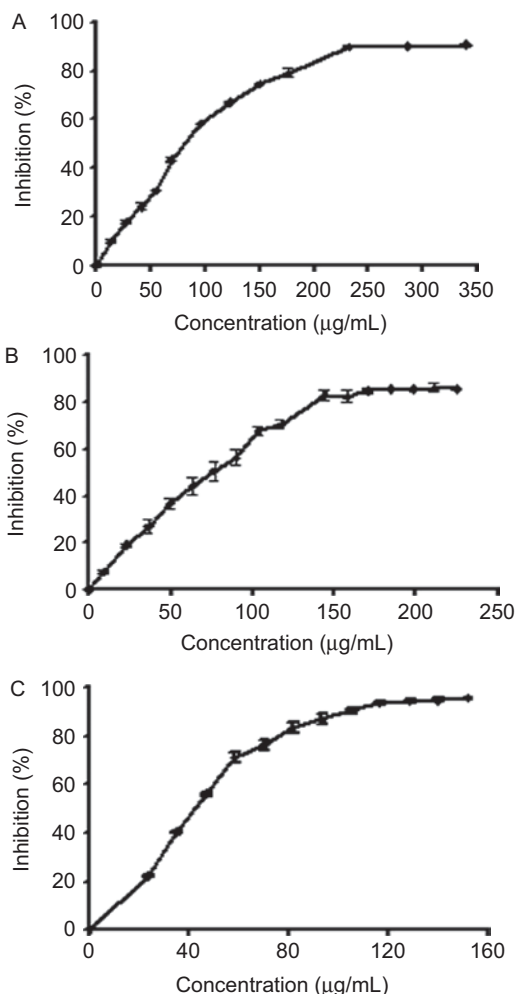


Figure 3. DPPH radical-scavenging activity of methanol extract (A) and aqueous extract (B) of *M. parviflora* leaves, and standard antioxidant butylated hydroxytoluene (BHT) (C). Values are expressed as means $\pm$ SD (triplicate).

were isolated from Met. E of *M. parviflora* (Afolayan et al., 2008, 2010). Phenolic compounds are known to interact with and penetrate through lipid bilayers (Rice-Evans, 2004).

In contrast, acetic acid-induced vascular permeability was efficiently inhibited by both extracts of *M. parviflora* indicating that either other less lipophilic components that are distributed in both extracts are responsible for the observed effects or, alternatively, a hydrophilic constituent in the Aq. E may also inhibit the increased vascular permeability. May be this later component acts via scavenging of free metal ions depressing, thus, transition metal ion-dependent oxidative processes. Both extracts possessed marked differences in their ability to scavenge free metal ions. This property was more expressed by the Aq. E. On the other hand, data on DPPH radical scavenging support that both extracts have a similar ability to scavenge free radicals. This indicates the presence of antioxidants in both extracts.

In general, our data give a good rational for the broad application of *M. parviflora* extracts in traditional medicine to combat inflammations. Extracts of *M. parviflora*

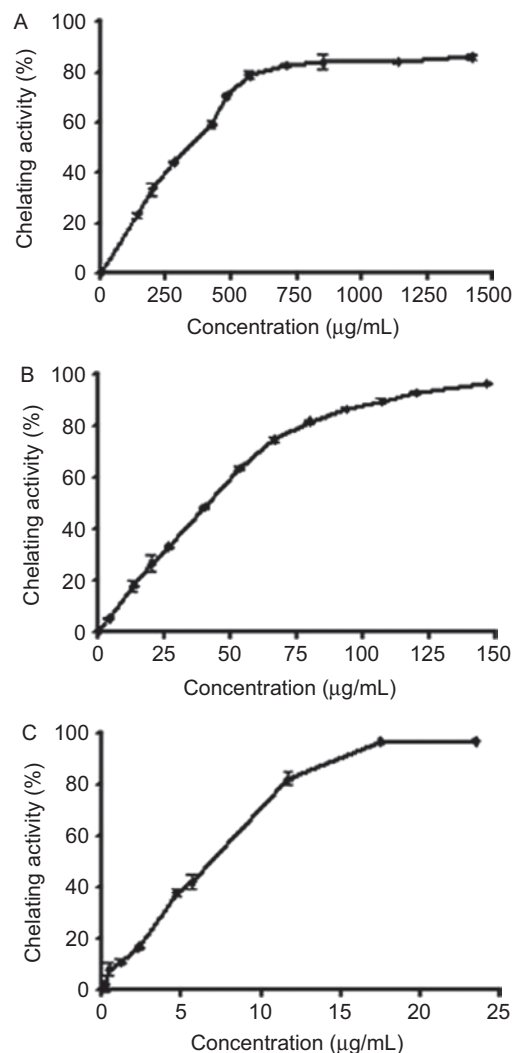


Figure 4. Ferrous ion chelating activity of methanol extract (A) and aqueous extract (B) of *M. parviflora* leaves and the standard chelator ethylenediaminetetraacetic acid (EDTA) (C). Values are expressed as means $\pm$ SD (triplicate).

have a high inhibiting activity against cyclooxygenase-1 (COX-1) that is caused by at least two components acting synergistically (Shale et al., 2005). Indomethacin, a non-selective COX inhibitor, inhibited the impact of inflammation in both inflammatory models. It is likely that the activity of the examined extracts is due to the presence of flavonoids and phenolic components. The total flavonoid content of *M. parviflora* was high compared with the phenolic and proanthocyanidin contents (Afolayan et al., 2008). These compounds have been shown to have an anti-inflammatory activity (Küpeli et al., 2007).

The oxidative damage to cellular components is believed to be associated with the development of degenerative diseases including cardiovascular disorders, cancer, arthritis, immune system suppression, brain dysfunction, cataract, and others (Aruoma, 1998, Lee et al., 2004). The therapeutic effect of many plants and herbs is caused by the presence of antioxidant constituents such as flavonoids (Rice-Evans, 2004), phenolic acids, and phenolic diterpenes (Shahidi & Wanasundara, 1992). Our

data suggest that both extracts of *M. parviflora* contained constituents that are good radical scavengers. Flavonoids, phenolic acids, tannins, and volatile oils have been isolated from *Malva silvestris* (Proestos et al., 2005; Cuttillo et al., 2006). Moreover, oxidative damage also depends on the availability of free metal ions. Although these ions are largely sequestered *in vivo*, an enhanced level of ferrous ions might result from release of these ions from internal sources under inflammatory conditions (Cao et al., 1997). Leaves of *M. parviflora* contained considerable amount of water-soluble ligands that efficiently compete with ferrozine for chelation of ferrous ions. Iron chelators mobilize tissue iron by forming soluble, stable complexes that are then excreted in the feces and/or urine (Shinar and Rachmilewitz, 1990). Antioxidants capable of chelating Fe^{2+} will minimize the ion's concentration and inhibit its capacity to catalyze free radical formation, resulting in protection against oxidative damage and related diseases (Wu et al., 2006). Chelation therapy reduces iron-related inflammatory diseases such as arteriosclerosis (Lamar, 1964) and Alzheimer's disease (Reznichenko et al., 2006).

Conclusions

Our results suggest that the ability of *M. parviflora* leaf extracts to scavenge free radicals and chelate ions may be a mechanism underlying the anti-inflammatory activity of this plant. The health beneficial effect of *M. parviflora* leaf extracts is likely caused by a cocktail of substances contained in both Met. E and Aq. E. These substances exhibit both anti-inflammatory and antioxidant activities in various *in vivo* and *in vitro* models. Flavonoids and phenolic acids could be responsible for these activities. Further experiments are necessary to verify the relationship between chemical composition and these activities.

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Declaration of interest

The authors report no conflicts of interest. The authors alone are responsible for the content and writing of the paper.

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