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RESEARCH ARTICLE

Anti-inflammatory activities, triterpenoids, and diarylheptanoids of *Alnus acuminata* ssp. *arguta*

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Abstract

Context: The main use of stem bark infusions of *Alnus acuminata* ssp. *arguta* (Schlecht.) Furlow (Betulaceae) includes treatments for acute inflammation in Mexican traditional medicine.

Objective: *n*-Hexane (CHE), chloroform (CCE), and methanol (CME) extracts of the stem bark were investigated for anti-inflammatory activity and its safety.

Materials and methods: The anti-inflammatory effects of the orally administered CME, CCE, and CHE extracts, using carrageenan-induced rat hind paw edema model, and acute oral toxicity in mice, using Lorke's method, were determined.

Results and discussion: The column chromatographic fraction (CME-3) showed a higher anti-inflammatory activity (92.2%) (IC_{50} : 60.8 mg/mL) as compared with CME (76.9%); both were in the same order of magnitude as that of indomethacin, the positive control drug. Safety parameters for acute oral toxicity test showed that CME was not toxic (LD_{50} : >5000). Several triterpenoids (**1–7**) from hexane extracts and diarylheptanoids (**10–14**) from methanol extracts of *A. acuminata* ssp. *arguta* were isolated and characterized.

Conclusions: These results confirm the traditional uses of *A. acuminata* in acute inflammatory conditions and its safety for consumption.

Keywords: Acute toxicity, anti-inflammatory activity, Betulaceae, diarylheptanoids, triterpenes

Introduction

Alnus acuminata ssp. *arguta* (Schlecht.) Furlow (Betulaceae) is native to the high mountain regions of tropical America, from Mexico to the north of Argentina, especially along rivers. Its synonyms include *Alnus jorullensis* H.B.K., *Alnus ferruginea* Kundh., *Alnus mirbelli* Spach, *Alnus spachii* and is locally called aile, aliso, ilite, in Mexico; palo de lama in Guatemala; jaúl in Costa Rica; and cerezo in Colombia. In the State of Chiapas (southern Mexico), the stem bark is widely used ethnomedicinally as an anti-inflammatory drug, also for the treatment of scrophula, syphilis, rheumatic conditions, and in skin infectious diseases (Martínez, 1984).

Triterpenoids, diarylheptanoids, oregonine, myricetin (Kuroyanagi et al., 2005; Jin et al., 2007a),

and β -sitosteryl glycoside (Gonzalez-Laredo et al., 1998) have been isolated and identified from other species of *Alnus*. Some of them have shown antioxidant (Kuroyanagi et al., 2005) and anti-inflammatory activities due to the inhibition of COX-2 (Min-Won et al., 2000), and inhibition of the tumor necrosis factor alpha (TNF- α) production and nitric oxide synthesis (Jin et al., 2007b). Some of the above mentioned compounds also exhibited activity against VIH-1 reverse transcriptase (Yu et al., 2007). δ -Amirone and 4',7-dimethoxy apigenin, having abortive and anti-inflammatory activities, have been isolated from *A. acuminata* leaf (Salama et al., 1996; Salama & Avendaño, 2005). Although there are many biological and chemical studies on other *Alnus* species,

up to date, stem bark of *A. acuminata* has not been investigated. In this work, we evaluated the anti-inflammatory effect of its extracts as well as its chemical contents.

Methods

General experimental procedures

IR spectra were obtained using KBr disks or films on a Perkin-Elmer FT 1605 spectrophotometer. NMR spectra including COSY, NOESY, HMBC, and HSQC experiments were recorded on a Varian Unity INOVA at 300 or 400 MHz (^1H) or 75 or 100 MHz (^{13}C). EIMS were recorded on a JEOL SX 102A mass spectrometer and optical rotations were determined on a Perkin-Elmer Mod. 241 Polarimeter. For the open column chromatographies, we used Si gel 60 (70–230 mesh; Merck, Germany), Lipophilic Sephadex LH-20 (Sigma-Aldrich, St. Louis MO, USA), and silica gel 60 F254 (Merck) for thin-layer chromatography (TLC).

Plant material

The stem bark of *A. acuminata* ssp. *arguta* was collected from Huistan town, in the State of Chiapas, in May 2006. The identification of the plant was realized by Dr. M. Ishiki Ishihara and a voucher specimen (Ishiki-324) was deposited in the Herbarium of El Colegio de la Frontera Sur (ECOSUR), Chiapas.

Preparation and fractionation of stem bark extracts

The air-dried stem bark (1.16 kg) was ground into powder and separately macerated at room temperature with *n*-hexane, chloroform, and methanol (3 L each) for 3 days and filtered. This procedure was repeated twice and each extract was combined and evaporated *in vacuo* to give the corresponding hexane (CHE, 31.3 g), chloroform (CCE, 28.13 g), and methanol (CME, 10.9 g) syrupy residues. A bioguided fractionation procedure based on the anti-inflammatory properties of *A. acuminata* ssp. *arguta* using the carrageenan-induced rat hind paw edema model (Winter et al., 1962) was employed with the extracts. Active CME (10 g) was subjected to column chromatography over Si gel 60 (220 g) and was eluted with a gradient of *n*-hexane–ethyl acetate (10:0, 50:50, 0:10). Fractions of 250 mL each were collected and pooled based on each system of solvents used to give three main fractions (CME-1, CME-2, and CME-3) from less to more polar solvent.

Animals

Male Wistar rats (200–230 g) and ICR male mice (25–30 g) obtained from Centro UNAM—Harlan (Harlan México, S.A. de C.V.) were used for the anti-inflammatory and toxicity studies, respectively. Procedures involving animals and their care were conducted according to the Mexican Official Norm for Animal Care and Handling (NOM-062-ZOO-1999) and in compliance with the international rules on care and use of laboratory animals.

Anti-inflammatory studies

The control groups of eight animals each received p.o. only vehicle (Tween 80 in 0.9% saline solution). Test groups were treated with extracts/fractions suspended in the vehicle. Indomethacin (100 mg/kg) was given to the positive control group.

Carrageenan-induced hind paw edema model

The rats were left for 2 days for acclimatization to animal room conditions and maintained on standard pellet diet (Teklad Global for rodents, 2018S, Harlan) with water *ad libitum*. Food was withdrawn 24 h prior to the experiment, but free access to water was allowed. The carrageenan-induced hind paw edema model was used for determination of anti-inflammatory activity (Liso et al., 1996). The extracts (CME, CHE, and CCE) were tested at doses of 30, 100, and 300 mg/kg, whereas CME-1, CME-2, and CME-3 fractions were employed at 300 mg/kg and indomethacin at 100 mg/kg.

The right and left hind paws were marked to a point on the skin over the lateral malleolus to record the initial paw volume (V_0). After 30 min p.o. of test or vehicle samples, each animal was injected with 0.1 mL of freshly prepared carrageenan (3%) (Sigma-Aldrich, St. Louis MO, USA) in s.s. into the subplantar tissue of the right hind paw. Saline solution (0.1 mL) was administered in the left paw. The effect of each test sample was determined by subtracting the value of the inflammatory effect between test and control paws using a plethysmometer (Plethysmometer UGO Basile Mod. 7140). The volume of the edema (mL) was measured immediately for all treatments and afterward at 1, 2, 3, 4, 5, and 6 h after carrageenan injection (Liso et al., 1996).

Fasted rats (24 h) were randomly grouped, to determine the dose–response curve for anti-inflammatory effect of each extract *per* group. The variation of edema volume at each time (V_t) was calculated as delta volume ($\Delta V_t = V_t - V_0$) in milliliter. The inhibition of edema (% EI) was calculated as previously described (Liso et al., 1996). Data were expressed as mean \pm SEM of eight rats. One-way analysis of variance (ANOVA), followed by Dunnett's test, was used to compare differences between treatments and were considered to reach statistical significance when $P < 0.05$.

Acute toxicity study in mice

Food was withheld 12 h before experiment, but animals had free access to drinking water. Two groups of three mice each fed orally with CME at doses of 10, 100, and 1000 mg/kg or 0, 1600, 2900, and 5000 mg/kg were daily observed for a period of 14 days for mortality, toxic effects, and/or changes in behavioral pattern, according to Lorke's (1983) method. At the end of the experiments, the animals were sacrificed in a CO_2 chamber.

Isolation and purification of triterpenoids

The CHE (13.1 g) was column-chromatographed (200 g, Si gel Merck 60) and eluted with a gradient of

n-hexane–EtOAc (10:0/0:10). Fractions of 100 mL each were collected and pooled based on the TLC profiles to yield eight major fractions (F01–F08). All triterpenoids were obtained as white crystals. Fractions F03 and F04 eluted with hexane–EtOAc (95:5) gave taraxeryl acetate (**1**), 14-taraxeren-3-one (**2**), and 3 β -acetoxy-olean-12-ene-28-al (**3**). Compounds **1** and **2** were separated by preparative TLC (CH₂Cl₂ 100%) showing yields of 3.0 and 210 mg, respectively, and compound **3** was purified by recrystallization (*n*-hexane–AcOEt) (18 mg). Fraction F05 eluted with *n*-hexane–AcOEt (90:10) gave 4 mg of 3 β -hydroxy-14-taraxerene (**4**) and 1.01 g of 3 β -hydroxy-lup-20(29)-ene (**5**). Fraction F06 eluted with *n*-hexane–AcOEt (85:15) gave 35 mg of compounds **6** and **8**. Successive preparative TLC of this fraction (CHCl₃) led to the isolation of 3 β -hydroxy-lup-20(29)-ene-28-al (**6**, 14 mg) and β -sitosterol (**8**, 20 mg). Fraction F08 (hexane–ethyl acetate, 70:30) gave 79 mg of 3 β ,28-dihydroxy-lup-20(29)-ene (**7**).

Isolation and purification of diphenylheptanoids

A second CME was prepared from a new batch of plant (1.2 kg) and its activity was verified as previously described. Then, the CME (10.5 g) was column-chromatographed over Sephadex LH-20 (150 g) and eluted with 100% MeOH to give six fractions (F1–F6). Fraction F3 (2.89 g) was further separated by column chromatography on Sephadex (50 g) (MeOH 100%) to furnish seven fractions (F1a–F7a). Column chromatography of fraction F5a (2.6 g) on silica gel (40 g) eluted with CH₂Cl₂–MeOH (10:0/0:10) gave eight fractions (F1b–F8b). Acetylation of fraction F2b (100 mg) (Kuroyanagi et al., 2005) gave three main products that were separated and purified by preparative TLC (CH₂Cl₂ 100% \times 3): β -sitosteryl glycoside (**9**, 10 mg), (–)-centrololol (**10**, 30 mg), and 1,7-bis-(4-hydroxyphenyl)-4-hepten-3-one (**11**, 40 mg), which were identified as the corresponding acetyl derivatives. Hirsutenone (1,7-di-(3',4'-dihydroxyphenyl)-4-hepten-3-one) (**12**) was present in fraction F3b (154 mg) and was identified as its tetraacetyl derivative. Fraction F4b (358 mg) was thin layer-chromatographed (CH₂Cl₂–acetone, 30:70), the band with retention factor of 0.31 afforded hirsutanonol (**13**, 200 mg) and fraction 7b yielded hirsutanonol 5-*O*- β -D-glucopyranoside as a major compound (**14**, 250 mg).

Results and discussion

The stem bark of *A. acuminata* ssp. *arguta*, the vegetative part commonly employed in popular remedies, was selected for this anti-inflammatory study. The CHE, CCE, and CME extracts gave time-dependent reduction of inflammation at the highest dose tested (300 mg/kg). At fifth h, which was the time of the highest anti-inflammatory activity, the extracts showed 40.7, 52.0, and 76.9% of inhibition, respectively; the last value was comparable with 89.9% of indomethacin (Figure 1). The CC fractions CME-1, CME-2, and CME-3 gave similar time-dependent anti-inflammatory activities. The CME-3

(300 mg/kg) gave 93.3 and 92.2% inhibition at 3 and 5 h, which were comparable with 79.5 and 86.5% inhibition of indomethacin (100 mg/kg) at the same hours (Figure 2). The order of activity for CME-3 > CME-2 = CME-1 suggested that the anti-inflammatory constituents of the stem bark could be polar. The most active CME-3 fraction also gave dose-dependent anti-inflammatory activity, with IC₅₀ of 60.77 mg/mL, response comparable with that of indomethacin at same dose (100 mg/kg) (Figure 3).

Using the acute toxicity test and at the tested doses of 10 to 5000 mg/kg of CME, an LD₅₀ value >5000 mg/kg was calculated using the geometric mean of the doses for which 0/3 deaths were found. Hence, the methanolic extract of *A. acuminata* ssp. *arguta* stem bark could be regarded as non-toxic (Déciga-Campos et al., 2007).

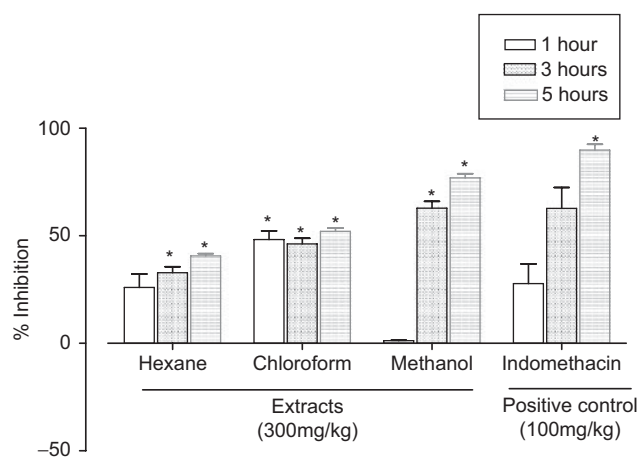


Figure 1. Anti-inflammatory effect of hexane, chloroform, and methanol extracts expressed as percentage of inflammation inhibition obtained from the delta volume at 300 mg/kg, p.o., in the carrageenan rat hind paw edema model. Bars represent the mean \pm SEM ($n=8$). * $P<0.05$ compared with the control group.

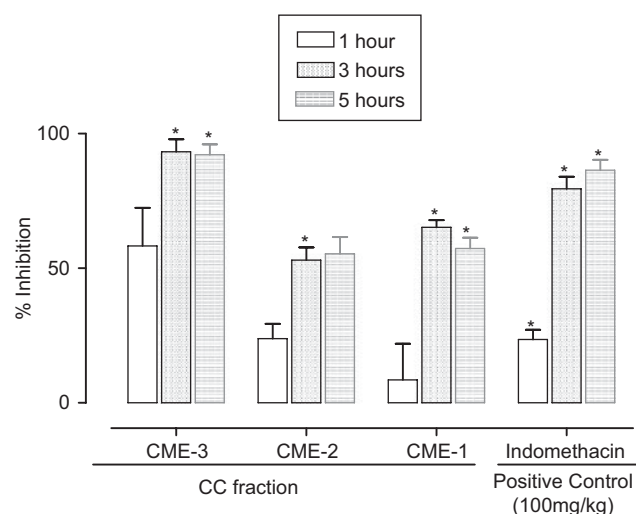


Figure 2. Anti-inflammatory effect of CME-3, CME-2, and CME-1, expressed as percentage of inflammation inhibition obtained from the delta volume with 300 mg/kg, p.o., in the carrageenan rat hind paw edema model. Bars represent the mean \pm SEM ($n=8$). * $P<0.05$ compared with the control group.

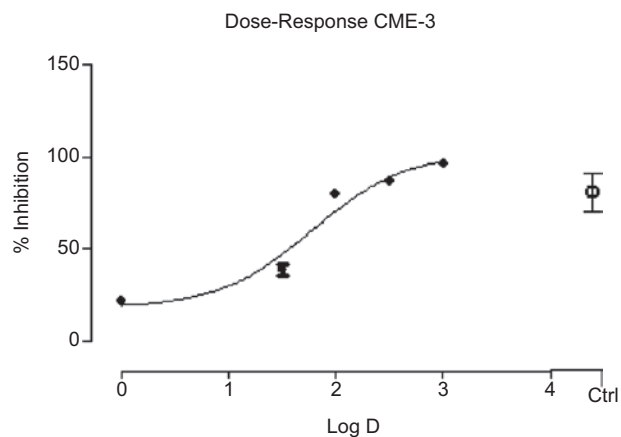


Figure 3. Dose-response curve of CME-3 at 5h of the study. o = control (indomethacin).

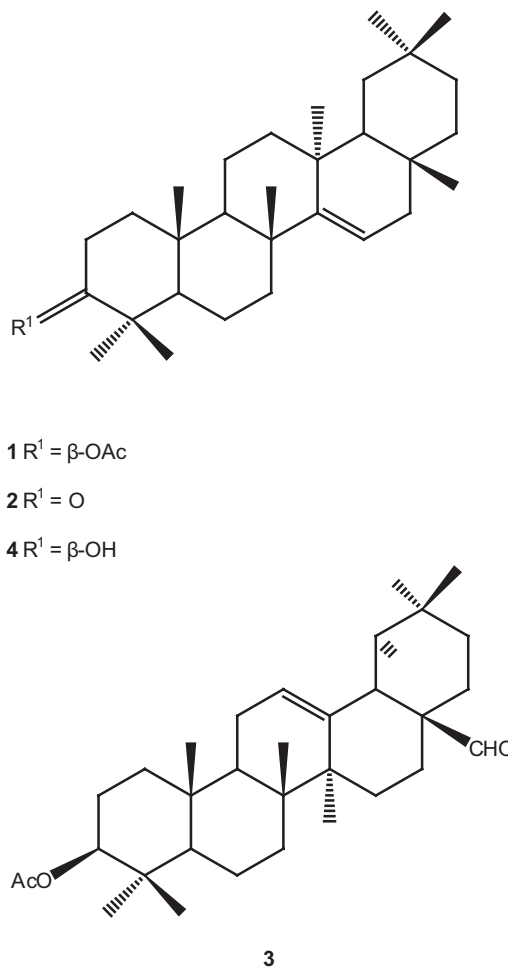
Changes in body weight or macroscopical morphology of heart, liver, kidney, and lung were not observed.

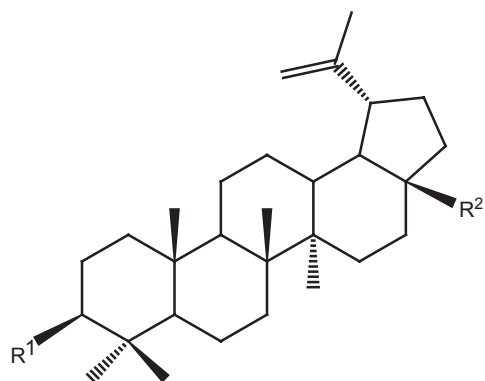
In this article, we described the biological studies of extracts of *A. acuminata*, as well as the isolation of triterpenoids **1–7** from the CHE extract, and of compounds **9–14** from the CME, belonging to the linear diarylheptanoids type compounds **10–14**. Compounds **1, 2**, and **4**, gave a mass spectrum that showed intense peaks at m/z 300 and 204, typical for the ring of taraxerane (Sakurai et al., 1987). In compound **3**, the oleanane ring was evident by the HMBC correlations, and by the mass fragments of m/z 203, 133, and 189. In compounds **10–14**, the linear diarylheptanoid skeleton was evident in the $^1\text{H-NMR}$ spectra, where two 3,4-dihydroxyphenyl (compounds **12–14**) or two 4-hydroxyphenyl (compounds **10** and **11**) groups were shown and in all cases a C7 moiety between them. In compounds **11** and **12**, α,β -unsaturated carbonyl groups were present in positions 3, 4, and 5 of the heptanoid chain and in compounds **13** and **14**, two benzylic and four unconjugated methylenes besides one carbinolic proton were present, and together with the optical rotation values of both compounds agreed for structures of hirsutanonol (**13**) (Ohta et al., 1984) and hirsutanonol 5-*O*- β -D-glucopyranoside (**14**) (Ohta et al., 1984). In compound **10**, the carbinolic proton was evident in position 3 of the heptanoid chain and the optical rotation sign was the same as for (–)-centrololol (Nagai et al., 1986). The structures of compounds **1–14** were confirmed by comparing their physical and spectroscopic data with previously reported results (IR, one- and two-dimensional $^1\text{H-NMR}$, $^{13}\text{C-NMR}$, HSQC, HMBC, NOESY correlations, and optical rotations).

The isolated compounds are as follows: taraxeryl acetate (**1**) (Matsunaga et al., 1988), 14-taraxeren-3-one (**2**) (Valente et al., 2004), 3 β -acetoxy-olean-12-ene-28-al (**3**) (Kim et al., 2004; Chen et al., 2006), 3 β -hydroxy-14-taraxerene (**4**) (Zou et al., 2006; Jutiviboonsuk et al., 2007), 3 β -hydroxy-lup-20(29)-ene (**5**) (Uddin & Ur-Rahman, 1994; Ragasa et al., 2005), 3 β -hydroxy-lup-20(29)-ene-28-al (**6**) (Pohjala et al., 2009), 3 β ,28-dihydroxy-lup-20(29)-ene (**7**) (Pohjala et al., 2009), β -sitosterol (**8**), β -sitosteryl

glycoside (**9**) (Della Greca et al., 1991), (–)-centrololol (**10**) (Craveiro 1970; Nagai et al., 1986; Alegrio et al., 1989; Park et al., 2010), 1,7-bis(4-hydroxyphenyl)-4-hepten-3-one (**11**) (Nomura et al., 1981; Fuchino et al., 1996), 1,7-di-(3',4'-dihydroxyphenyl)-4-hepten-3-one (**12**) (Kuroyanagi et al., 2005), hirsutanonol (**13**) (Ohta et al., 1984), and hirsutanonol 5-*O*- β -D-glucopyranoside (**14**) (Ohta et al., 1984).

Triterpenoids **1, 7**, and sterol **9** have been previously isolated from other species of the genus *Alnus* (Harborne, 1985; Duke, 1992; Máñez et al., 1997; Huguet et al., 2000; Chen et al., 2006), as well as diarylheptanoids **11–14** (Nomura et al., 1981; Chen et al., 2000; Park et al., 2010; Tung et al., 2010). Akihisa et al. (2006) demonstrated that (–)-centrololol (**10**) possesses marked anti-inflammatory activity against TPA-induced inflammation in mice and antitumor-promoting effect in two-stage carcinogenesis initiated by 7,12-dimethylbenz[*a*]anthracene. Morikawa et al. (2003) found that centrololol (**10**) exhibited inhibitory activity on nitric oxide production in lipopolysaccharide-activated macrophages. Compound **10** also showed good antileishmanial activity (Araujo et al., 1998), and exhibited a remarkable inhibitory effect of antigen-induced degranulation in RBL-2H3 cells (Kim et al., 2010). Compounds **11–14** showed a hepatoprotective effect against *t*-butylhydroperoxide-induced

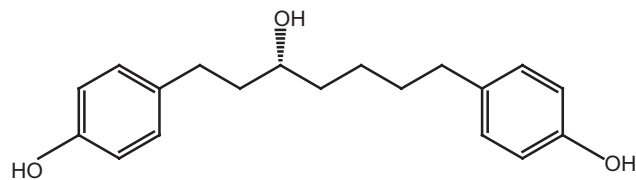




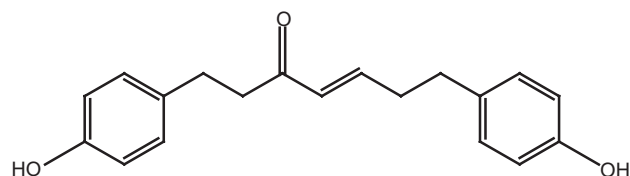
5 $R^1 = \beta\text{-OH}$, $R^2 = \text{CH}_3$

6 $R^1 = \beta\text{-OH}$, $R^2 = \text{COH}$

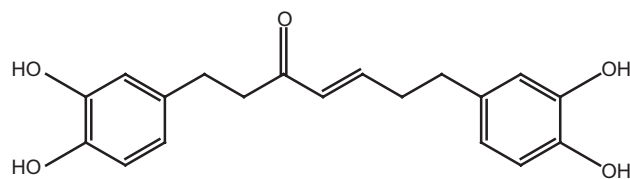
7 $R^1 = \beta\text{-OH}$, $R^2 = \text{OH}$



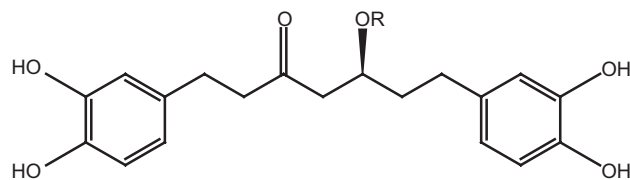
10



11



12



13 $R = \text{H}$

14 $R = \text{glucose}$

toxicity in HepG2 cells (Park et al., 2010). Natural products **12–14** displayed potent antioxidative activity in a superoxide radical scavenging test and a DPPH radical scavenging test (Kuroyanagi et al., 2005). Compound **13** inhibited the NF- κ B activation and NO and TNF- α production (Jin et al., 2007b). Compounds **1–14** were isolated for the first time from *A. acuminata* ssp. *arguta* and (–)-centrolol (10), a diarylheptanoid constituent of *Centrolobium* species, was isolated for the first time in a non-glycosylated form from *Alnus* species.

Conclusions

The results in this study confirmed that *A. acuminata* ssp. *arguta* has a significant anti-inflammatory activity and justifies its ethnomedical use as such. The plant is also safe for consumption as traditional remedy.

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Declaration of interest

The authors report no conflicts of interest. The authors alone are responsible for the content and writing of the article.

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