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A new approach to antiglaucoma drugs: carbonic anhydrase inhibitors with or without NO donating moieties. Mechanism of action and preliminary pharmacology

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Abstract

The clinically used sulfonamide carbonic anhydrase (CA, EC 4.2.1.1) inhibitor dorzolamide (DRZ), a new sulfonamide CA inhibitor also incorporating NO-donating moieties, NCX250, and isosorbide mononitrate (ISMN) (an NO-donating compound with no CA inhibitory properties) were investigated for their intraocular pressure (IOP) lowering effects in rabbits with carbomer-induced glaucoma. NCX250 was more effective than DRZ or ISMN on lowering IOP, increasing ocular hemodynamics, decreasing the inflammatory processes and ocular apoptosis in this animal model of glaucoma. NO participate to the regulation of IOP in glaucoma, having also antiapoptotic and anti-inflammatory effects. The ophthalmic artery, both systolic and diastolic velocities, were significantly reduced in NCX250-treated eyes in comparison to DRZ treated ones, suggesting thus a beneficial effect of NCX250 on the blood supply to the optic nerve. Combining CA inhibition with NO-donating moieties in the same compound offers an excellent approach for the management of glaucoma.

Keywords: Sulfonamide, carbonic anhydrase, NO donor, dorzolamide, glaucoma, carbomer, intraocular pressure

Introduction

Glaucoma is the second leading cause of vision loss worldwide, after retinal degeneration, being estimated that as many as seventy million individuals may suffer from this condition^{1,2}. Glaucoma involves a progressive optic neuropathy exhibiting characteristic changes of the optic nerve head and visual fields and it is commonly linked to elevated intraocular pressure (IOP). Treatment strategies to prevent glaucoma and the consequent irreversible loss of vision are based on the reduction of IOP by using topical hypotensive drugs¹⁻³. Glaucoma is a term covering a group of ophthalmological disease processes. A common factor to each of the conditions in this group is the occurrence of an optic neuropathy believed to be due in part to elevated IOP¹⁻³. Although different forms of glaucoma are known, the most common condition is adult-onset open chamber-angle glaucoma ("open angle glaucoma" or OAG), which is age related and characterized by an open chamber angle, elevated IOP, a visual field defect and an area of pallor around the cupped optic nerve head, as well as constriction of blood flow through the vasculature¹⁻³.

Nitric oxide (NO), a radical gas produced by the enzyme nitric oxide synthase (NOS) is involved in aqueous humour outflow within the eye, local modulation of ocular blood flow, and retinal ganglion cells death by

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apoptosis⁴⁻⁶. It has been observed that hypertensive glaucoma patients have a decreased NO/cGMP content in the aqueous humour³ and that several classes of NO-donors decrease IOP in normal and pathological conditions⁴⁻⁷.

Sulfonamides acting as inhibitors of the zinc enzyme carbonic anhydrase (CA, EC 4.2.1.1) are clinically used as antiglaucoma agents for decades⁸⁻¹¹. Compounds such as acetazolamide (AAZ), methazolamide (MZA), ethoxzolamide (EZA), or dichlorophenamide (DCP), clinically have been used as systemic antiglaucoma agents for more than 50 years⁸⁻¹¹. Although glaucoma treatment with CA inhibitors (CAIs) is effective in reducing elevated IOP, systemic administration of these drugs leads to a wide range of side-effects due to inhibition of the enzyme present in other tissues (kidneys, red cells, stomach, lungs, etc.) than the eye8-11. Indeed, sulfonamides such as those mentioned above, are potent inhibitors of most of the 13 catalytically active CA isoforms described so far in mammals⁸. The possibility of the topical administration of classical drugs from this class (AAZ, MZA, EZA, or DCP) was investigated extensively in the 50s and 60s, but negative results have been constantly obtained, and for more than 40 years it was considered that CAIs could only be given systemically^{2,8,12}. In the mid 90s the first clinically used, topically effective antiglaucoma sulfonamide, dorzolamide (DRZ), has been discovered, followed shortly thereafter by brizolamide (BRZ), a structurally related to DRZ compound^{8,12}. No new drugs from this class have been clinically launched in the last 12 years².

Recently we have reported a new class of sulfonamide CAIs also incorporating NO donating moieties of the ester type7. One of the reported compounds, NCX250, is the ester incorporating NO-donating groups of 4-carboxybenzenesulfonamide and shows interesting IOP lowering effects in hypertensive rabbits7. In the present study we further focus on the effects of NO-donating molecules with or without CA inhibitory properties of the sulfonamide type on lowering IOP in animal models of glaucoma, on the retrobulbar haemodynamic effects (evaluated by means of Colour Doppler Imaging, CDI), as well as on pharmacological evaluations assessing the mode of action of such compounds, e.g., on the inflammatory cytokine production in aqueous humour and on retinal and neuronal apoptosis prevention. A detailed such study is presented here by comparing the antiglaucoma properties of DRZ, NCX250, and the NO-donating compound isosorbide mononitrate (ISMN). Furthermore, we describe in detail an efficient procedure for inducing elevated IOP in rabbits using carbomer (a high molecular weight polymer of acrylic acid), modifying a reported literature procedure published only in Chinese in 2002¹³.

Materials and methods

The experiments were carried out with the following compounds: DRZ and ISMN (commercially available from Sigma-Aldrich, Milan, Italy) and NCX250, prepared as reported earlier⁷. The two sulfonamides were

solubilized in phosphate buffer pH 6, supplemented with Cremophor EL 5% and DMSO 0.3%; NCX250; a physiologically acceptable aqueous solution for NCX-250 2% was also obtained with PBS pH 5.5, DMSO 12% (v/v) (120 μ l/ml) and cremophor EL 20% (v/v) (200 μ l/ml). Cremophor EL (C5135) was purchased from Sigma Aldrich (Milan, Italy). DRZ (0.5-1-2%) and ISMN (0.5-1-2%) were dissolved in PBS pH 5.5 and DMSO 0.3% (v/v) (3 μ l/ml).

Animals and glaucoma induction

Adult male New Zealand Albino rabbits weighing 2-2.5 kg were employed in this study. The animals were utilized in groups of eight for each of the chosen specific treatments. The experimental procedures were conform to those of the Declaration of Helsinki and with the Guideline for the Care and Use of Laboratory Animals as adopted and promulgated by the US National Institute of Health, and were conducted upon authorization of the Italian Regulations on Protection of Animals used for experimental and other scientific purpose (DM 116/1992) as well as with the European Union Regulations (OJ of ECL 358/1, 12/12/1986), and the experimental protocol was approved by the local animal care committee of the University of Florence (Florence, Italy). The rabbits were kept in individual cages, food and water were provided ad libitum. The animals were identified with a tattoo on the ear, numbered consecutively and maintained on a 12-12h light/dark cycle in a temperature controlled room (22°-23°C). All selected animals were examined before the beginning of the study and were determined to be normal on ophthalmic and general examinations. Glaucoma was induced by injection of 0.1 ml 0.25% carbomer (Siccafluid, FarMila-THEA Pharmaceuticals) into anterior eye-chamber bilaterally in New Zealand albino rabbits13 anesthetized with tiletamine and zolazepam (Zoletil 100, 0.05 mg/kg b.w.) plus xilazine (Xilor 2%, 0.05 ml/kg b.w.) intramuscularly¹⁴.

IOP was measured before carbomer injection and after 1, 2 and 4h the first day and three times a day until stabilization^{15,16} and then every 24h. All rabbits treated with carbomer presented a net increase in IOP. One drop of 0.2% oxybuprocaine hydrochloride (Novesine, Sandoz) diluted 1:1 with sterile saline was instilled in each eye immediately before each set of pressure measurements.

IOP was measured using a Tono-Pen XL tonometer (Medtronic Solan, Jacksonville, FL) as reported by earlier^{15,16}. The pressure readings were matched with twopoint standard pressure measurements every week using a Digilab calibration verifier. All IOP measurements were done by the same investigators (F.F. and F.M.) using the same tonometer.

As soon as a stable IOP increase was obtained, the animals were treated with the drugs in study. The efficacy of the different drugs in lowering IOP was evaluated after drug administration over 4h, with the following schedule: before and after 30, 60, 90, 120 and 240 min after drug administration. The treatment was performed

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in four animals per drug in one eye and compared to the contralateral eye treated with vehicle. In some groups of animals, aqueous humour was withdrawn from both the posterior and anterior chamber fluid of each eye before drug administration, and at different times after treatment. The same volume of saline was reintroduced every time. The aqueous humour samples were immediately treated with 3'-isobutyl-1-methylxanthine (IBMX, 10^{-5} M, 1:10 v/v) to inhibit phosphodiesterase activity, and then frozen at -80°C until use. Other animals were treated with the study drugs for 4 weeks, and aqueous humour was withdrawn, from both eyes of each animal, before treatment and once a week during drug administration. Another group of animals was treated with the study drugs for 4 weeks, without sampling aqueous humour.

A group of 8 non glaucomatous albino rabbits was treated with the drugs of this study and used as control. At the end of the experiments the animals were killed with a lethal dose of Pentothal (Abbott S.p.A., Campoverde di Aprilia, LT) the eyes excised and the ciliary bodies isolated for further determinations.

Evaluation of ocular tolerability

Various schemes have been proposed for grading and scoring the ocular lesions seen in the standard eye irritation test. We followed the scheme proposed by Draize as modified by the US Food and Drug Administration¹⁷.

Nitrite assay

To measure nitrite and nitrate (NO) concentrations in the aqueous humour, the samples were treated with nitrate reductase (276 mU/ml) and with 40 µM NADPH+, final concentrations to convert nitrate to nitrite, and their concentrations were determined by the Griess reaction adapted for a 96-well plate reader. In brief, 50 µl of sample were added to 100 µl of Griess reagent (1% sulfanilamide in 5% phosphoric acid and 0.1% N-[1-naphtyl] ethylendiamine). The optical density at a wavelength of 546 nm was measured with a Bio-Rad microplate reader. Nitrite concentrations were calculated by comparison with standard concentrations of NaNO₂ dissolved in TRIS, pH 7.5¹⁸. The values were expressed as nanomoles per milligram of protein. In parallel, NO concentrations were also determined with a potentiometric NO electrodes (Cristel Instruments, Rome, Italy).

Cyclic GMP and AMP determination

The concentration of cGMP, and cAMP was determined by means of a radioimmunoassay kit using [¹²⁵I]-labelled cGMP and by an Enzymatic Immunoassay Biotrak⁻ (EIA) dual range system, respectively (Amersham, Bucks, UK). Five hundred μ l of 10% trichloroacetic acid (TCA) were added to the samples, which were then centrifuged and TCA extracted with 0.5 M tri-*n*-octylamine dissolved in 1,1,2-trichlorotrifluorethane¹⁹. The samples were then acetylated in acetic anhydride²⁰ and the amount of cGMP and cAMP were measured in the aqueous phase. The values were expressed as femtomoles of cGMP and nanomoles of cAMP per milligram of protein. The protein concentration was determined according to Bradford²¹.

Colour Doppler imaging evaluations

Retrobulbar hemodynamic evaluations were performed by the same experienced investigator by means of an eco-colour-Doppler DynaView TM II SSD-1700 (Aloka, Tokyo, Japan), using a 6 MHz probe. All the animals underwent CDI investigation of the ophthalmic artery at baseline, at stabilization of the ocular hypertension, and once a week until the end of treatments. Peak-systolic (PSV) and end-diastolic (EDV) velocities were measured, and Pourcelot's resistivity index (RI) was calculated (RI=PSV-EDV/PSV).

Determination of Prostaglandin E₂ and of inflammatory cytokines

Prostaglandin- E_2 (PGE₂) and inflammatory cytokines (tumour necrosis factor α (TNF α) and interleukin 1 β (IL1 β)) were determined in aqueous humour, before and after drug treatments, by a colorimetric method, using a commercial ELISA kits (Calbiochem, Novabiochem Corporation, La Jolla, CA) following the instructions of the manufacturer.

Flow cytometric analysis

An Epics XL flow cytometer (Beckman Coulter, Miami, FL) was used for apoptotic cell death analysis. Annexin V-FITC and 7-AAD staining were carried out according to the manufacturer's protocol (PNIM-3614 Beckman Coulter). Briefly, aqueous humour samples were centrifuged at 1,200 rpm and incubated in 100 μ l of binding buffer together with 5 μ l of 7-AAD and 5 μ l of annexin V-fluorescein isothiocyanate (FITC) for 30 min at room temperature. Annexin V-FITC and 7-AAD fluorescence intensity were measured in FL-1 and FL-3 respectively. The total event number was measured for 6 min in a final volume of 600 µl with a low flow rate, and analysed using Expo32 software (Instruments Laboratories, Milan, Italy). Results were mean of eight independent experiments and data were expressed as percent positive cells. At the end of the experiments the animals were killed with a lethal dose of Pentothal (Abbott S.p.A.) after that, cornea and anterior uvea (iris plus attached ciliary body) were dissected, well rinsed with water, blotted, weighed, and put into 1-2 ml of saline.

CA assay

The ciliary bodies well rinsed with water (and pooled from 4–8 animals) were mechanically homogenised with small glass beads in buffer containing 4-(hydroxyl ethyl)-1-piperazine-ethane-sulphonic acid (HEPES) 0.01 M and tris[hydroxymethyl]aminomethane hydrochloride (TRIZMA hydrochloride) 0.01 M, with Na₂SO₄ 0.1 M adjusted to pH 7.5. The samples were agitated for 2h and then centrifuged at 12,000 rpm for 15 min and the supernatants were used for the enzymatic

determination following the published data^{2,6,7}. Phenol red was used as indicator (pH 6.8–8.4) at the concentration of 0.02 mM. The CO₂ solution was obtained by bubbling CO₂ in bidistilled water at 20°C till saturation. The solution obtained in this way was kept in a tightly closed vessel. The reaction rate is followed by the use of phenol red as indicator working at the absorbance of 557 nm, for a period of 1–20 s. The CO₂ concentrations ranged from 1.7 to 17 mM for the determination of the inhibition constants (K₁)²². The K₁ was obtained by non-linear least-squares methods using PRISM 3, from Lineweaver–Burk plots, and represent the mean from at least three different determinations for each inhibitor concentration^{7,22}.

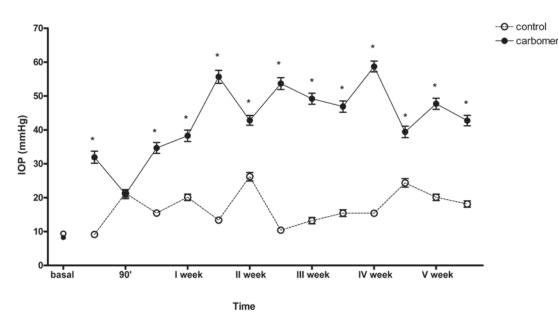
Results and discussion

Carbomer is an insoluble, high molecular weight (>90,000 Da) hydrophilic polymer of acrylic acid, which has the property to absorb and retain water and swallow to many times its original volume²³. It has been reported to function in drug delivery processes of ophthalmologic drugs²³ and a report (of which only the abstract is available, as the original publication is in Chinese)¹³ mentioned about the use of this polymer to induce glaucoma in rabbits. We have thus employed the data of Xu et al.13 to develop a facile procedure to obtain an animal model of glaucoma, by using a water suspension of 0.25% commercially available carbomer, which was injected (a volume of 0.1 mL) into the anterior eye-chamber, bilaterally, in anesthetized New Zealand albino rabbits. High IOP has been developed after several hours post injection and remained high for a long period (Figure 1). IOP was measured at least twice daily at the beginning of the treatment, and dramatically increased within a few days after carbomer injection

into the anterior chamber of both eyes of all rabbits, and remained high (30–55 mm Hg) for the next 4 weeks (Figure 1). The increase in IOP was concomitant with a significant decrease in nitrites (NO_2^-) and cyclic nucleotide (cAMP and cGMP) levels in the aqueous humour of treated rabbits (Figure 2A and B) (n = 20).

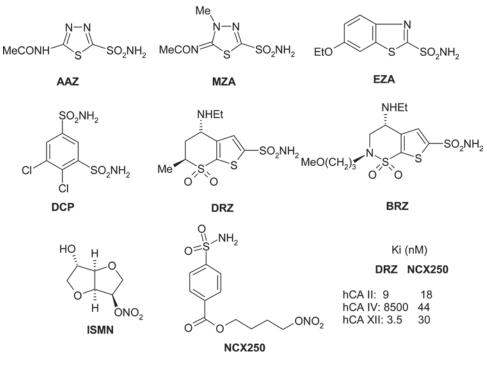
As shown in Figure 3, the sulfonamide incorporating NO donating moieties NCX250 (which, is a potent inhibitor of CA isoforms involved in aqueous humour secretion, i.e., CA II, IV and XII⁷) at concentrations of 0.5–2 %, was much more effective than the clinically used compound DRZ in reducing IOP. NCX250 is a potent inhibitor of CA II, IV and XII (K₁s of 18–44 nM⁷), all isoforms involved in aqueous humour secretion within the eye^{2,15,16}. DRZ is a more potent CA II and XII inhibitor than NCX250 (K₁s of 9 and 3.5 nM, respectively), but acts as a rather weak CA IV inhibitor (K₁ of 8.5 μ M^{10,24}). However, the participation of CA IIV to the secretion of aqueous humour seems to be limited, whereas CA II plays a significant role^{2,10}, together with CA XII, which is overexpressed in the eyes of patients with glaucoma²⁵.

Both these sulfonamides were tested versus vehicle. NCX250 caused a peak in IOP reduction 60 min post-administration, whereas DRZ at 90 min postadministration. NCX250 caused a 35% peak reduction of IOP (n=4). NCX250 was more effective than DRZ in glaucomatous albino rabbits at all studied concentrations (of 0.5%, 1% and 2%) in lowering IOP (Figure 3C). Both compounds (NCX250 and DRZ), administered at the concentrations of 1 and 2%, evoked a very similar effect on IOP lowering, while at 0.5% concentration they were less effective. Preliminary experiments were also performed to evaluate the tolerability of the various substances in study. NCX250 and DRZ were tested on normotensive rabbits and ocular tolerability was evaluated according to the Draize grade scale as modified by US Food and Drugs Administration. Both compounds were



*p<0.001 vs control

Figure 1. Effects of carbomer injection on intraocular pressure (IOP) in a 4 week time course in New Zealand rabbits.





well tolerated with no significant eye irritation observed (data not shown).

Chronic administration of compound NCX250 2% on glaucomatous albino rabbits showed an important reduction in IOP values already after the first week of treatment, with a regular decreasing trend during all treatment period (Figure 4). This reduction was higher than that observed when ISMN (an NO donor without CA inhibitory activity^{6,7}) or DRZ at 2% were administered. It is thus clear that the important IOP lowering effects observed after treatment with NCX250 is due both to the CA inhibition of this sulfonamide CAI on the aqueous humour formation, and to the NO-mediated effects elicited by this compound (Figure 4). In order to determine why this occurs, nitrite and cGMP levels were measured once a week during the treatment, being observed that they increased significantly after the second week (Figure 5). Ocular hemodynamics were evaluated in carbomer-induced glaucomatous rabbits treated with NCX250 in comparison to DRZ. Ophthalmic artery RI registration was lower at the end of treatment in rabbits treated with NCX250 2% in comparison to DRZ 2% treated animals (Figure 6), demonstrating thus a major efficacy on hemodynamic improvement after treatment with the NO-donating sulfonamide NCX250 compared to DRZ which has only CA inhibitory properties.

Normotensive albino rabbits were also used to compare the activity of DRZ 2%, ISMN 2% and NCX250 2% in chronic treatment on IOP and apoptosis in aqueous humour. The studied drugs did not show a relevant IOP lowering activity in these animals and did not influence significantly the number of apoptotic cells concentration in aqueous humour of treated animals (data not shown). The three compounds, administered for 4 weeks, demonstrated a similar efficacy in reducing apoptotic cell concentration in aqueous humour in comparison to vehicle treatment (Figure 7).

CA activity was strongly augmented in ciliary bodies of carbomer-induced glaucoma in comparison to naïve animals (Table 1), suggesting that the strong IOP increase after injection of the carbomer suspension into the eyes of rabbits may be due to the enhancement of the enzyme levels in the eye, by a mechanism which is unknown at this moment. Sulfonamides NCX250 and DRZ at 2% concentration (which are strong CAI *in vitro* against many eye CAs, see above), administered throughout the 4 weeks period of the treatment, reduced significantly the total CA activity in ciliary bodies, whereas ISMN at the same concentration did not influence the enzyme activity, since this compound is not an *in vitro* CA inhibitor (Table 1).

Glaucoma is a major global cause of blindness, a uniform definition of the disease is lacking, being thus difficult to assess its public health impact. The results of a specific research²⁶ demonstrate that glaucoma is responsible for approximately 5.2 million blind (15% of the total burden of world blindness)²⁷. The total number of glaucoma suspects in the world (IOP > 21 mm Hg) is around 105 million persons; congenital glaucoma affects 300,000 children, representing a very small part (1.3%) of the global glaucoma problem but with very high social impact. Globally, primary OAG affects about 13.5 million people over the age of 40 years—this constitutes 60% of the global burden of the disease²⁶. The closed angle glaucoma, which has a similar age distribution to that of the open angle form, accounts for 6 million cases (26.6% of the total global burden of glaucoma). The remaining 12.1% of glaucoma is accounted for by 2.7 milion cases of

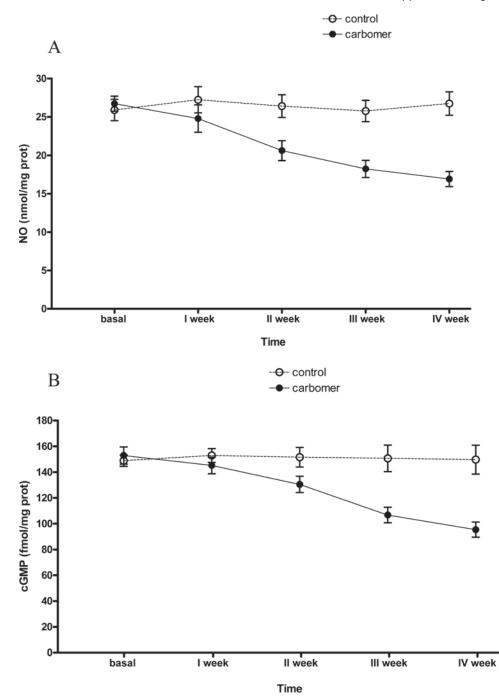


Figure 2. (A) Effects of carbomer injection on nitrite levels in aqueous humour of rabbits, in a 4 week time-course; (B) Effects of carbomer injection on cGMP levels in aqueous humour in a 4 week time-course, in the rabbits used for glaucoma induction.

secondary glaucomas caused by other ocular or systemic diseases²⁶. In Italy, the incidence of glaucoma is approximately 1.5% of the population, but as it is related to the age, if we consider people over 70 years, the incidence is of 6–7%. This trend also applies to the whole of Europe without major changes. The social impact of the disease is as evident as the economic one. The estimated annual costs per patient divided into the main categories related to this disease is estimated at 788.7 euro/year, of which 50% is represented by the cost of the drugs. If one considers the average incidence of glaucoma in Italy, it can be estimated to be of around 710 million euro (comprising

the total social expenditures for the glaucoma disease). However no new drugs against this disease have been discovered in more than 10 years. Thus, the innovative approach we propose here may be crucial for developing novel such agents.

Conclusions

We report here a new approach for obtaining effective and innovative antiglaucoma agents. NCX250, a NO-donating sulfonamide CA inhibitor, was much more effective in lowering IOP than DRZ (a sulfonamide CA

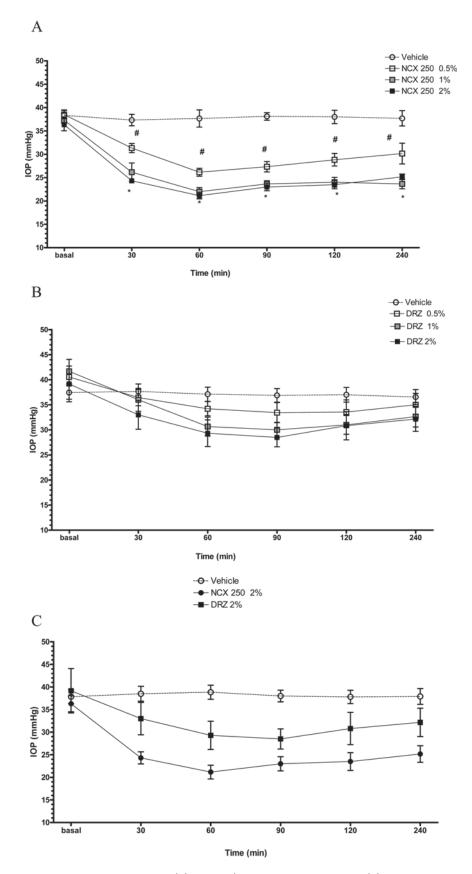


Figure 3. Effects of NCX250, at various concentrations (A), of DRZ (at various concentrations, (B) and comparison of NCX250 vs. DRZ 2% (C) on intraocular pressure (IOP) in carbomer-induced glaucoma in albino rabbits.

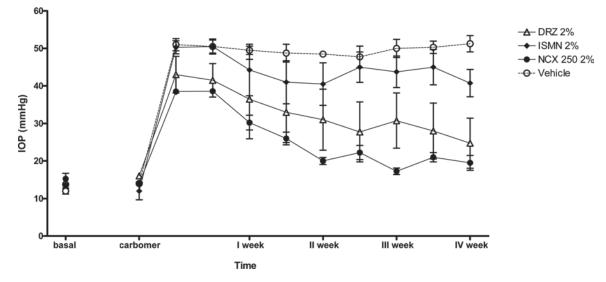


Figure 4. Effects of NCX250 2%, DRZ 2% and ISMN 2% vs. vehicle, on intraocular pressure (IOP), in carbomer-induced glaucoma in albino rabbits in a 4 week time course.

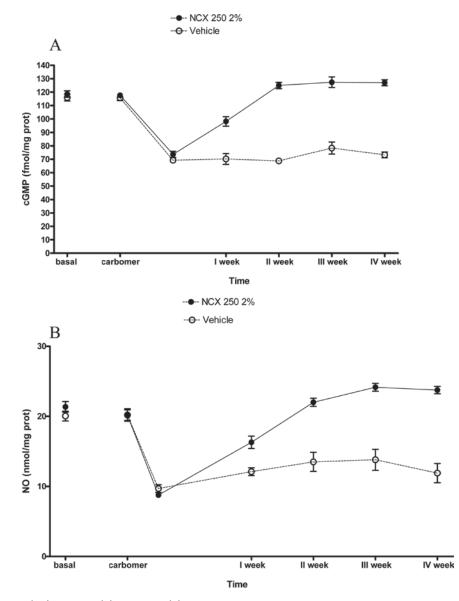


Figure 5. Effect of NCX250 (2%) on cGMP (A) and nitrite (B) levels, in a carbomer-induced glaucoma in albino rabbits in a 4 week time-course.

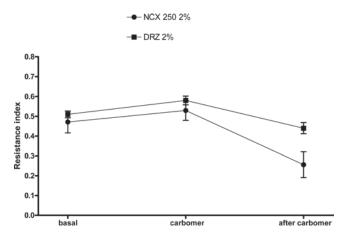


Figure 6. Comparison between the effects of DRZ 2% and NCX250 2% on ocular hemodynamics (eco doppler).

Table 1. Total carbonic anhydrase (CA) activity in ciliary bodies of rabbits, with or without carbomer-induced glaucoma, and treated with various drugs (NCX250, DRZ, ISMN, at 2%)

	Enzyme activity (EU/mg)		% CA activity	
Treatment*	RE	LE	RE	LE
Naïve	0.43	0.72	100	100
Carbomer	0.97	1.34	155.6	145.8
Carbomer + NCX250	0.41	0.57	95.3	79.3
Carbomer + DRZ	0.39	1.66	66.8	104.1
Carbomer + ISMN	0.86	1.10	175	174

DRZ, dorzolamide; ISMN, isosorbide mononitrate; LE, left eye; RE, right eye. *Ciliary bodies were collected and pooled from 8 rabbits in each group.

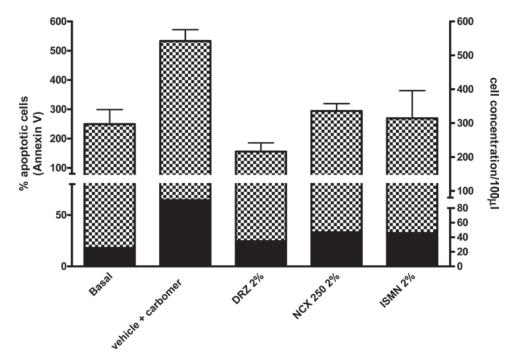


Figure 7. Effect of NCX250 (2%), DRZ 2%, ISMN 2% vs. vehicle on apoptotic cell (Annexin V + 7-AAD) and cell concentration in aqueous humour of carbomer-induced glaucoma in albino rabbits.

inhibitor) or ISMN alone (an NO-donating compound with no CA inhibitory properties). The ophthalmic artery, both systolic and diastolic velocities, were significantly reduced in NCX250-treated eyes in comparison to DRZ treated ones, suggesting thus a beneficial effect of NCX250 on the blood supply to the optic nerve, which is not observed with DRZ. Our results clearly indicate that in carbomer-induced glaucoma, the association of classical anti-glaucomatous agents, such as the sulfonamide CA inhibitor DRZ with NO-donors, augment their effects on lowering IOP, increasing ocular hemodynamic, decreasing the inflammatory processes and ocular apoptosis. In conclusion, our results suggest that not only does NO participate to the regulation of IOP in glaucoma, but it also has an antiapoptotic and antiinflammatory effects.

Declaration of interest

This study has been financed by NicOx SpA (Milan, Italy).

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