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RESEARCH ARTICLE

Effects of cysteinyl-leukotriene receptors' antagonism by montelukast on lung mechanics and olfactory system histology in healthy mice

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Abstract

Context: At variance with steroid administration, the possible effects of leukotrienes inhibition on basal respiratory mechanics and olfactory system function are still unclear.

Objective: To investigate if interference with the leukotrienes activity may influence basal lung mechanics in healthy mammals, as well as the olfactory system.

Materials and methods: We measured lung mechanics by the end-inflation occlusion method in control and in montelukast i.p. treated anaesthetised healthy mice (10 mg/kg/die for a week). A study of olfactory system histology was also conducted.

Results: Elastance and resistive properties of the lung were not affected by montelukast, while a significant increment of lung hysteresis was observed. The analysis of olfactory system histology revealed no significant effects of montelukast compared to controls.

Discussion and conclusions: Leukotrienes' antagonism does not affect respiratory mechanics in basal conditions, except for a hysteresis increment, which might counteract the increase in expiratory flow in asthmatic subjects assuming montelukast.

Keywords: Lung mechanics, mice, montelukast, olfactory function

Introduction

Cysteinyl-leukotrienes have been shown to exert a potent bronchoconstrictor activity in mammals and are involved in experimental and spontaneous asthma pathogenesis¹.

The plasma concentrations of cysteinyl-leukotrienes is increased in different inflammatory diseases, but concentrations values as high as 25–30% of those documented in inflammatory diseases have been measured in basal condition in healthy subjects^{2–4}.

These data suggest that cysteinyl-leukotrienes may exert biological effects on lung mechanics in basal conditions also, for example contributing in the modulation of airway calibre in normal and healthy mammals.

Experimental data describing the possible effects of leukotrienes on basal lung mechanics are, however, very few in the literature. Thus, in the present experiments, we tested the hypothesis that cysteinyl-leukotriene receptors' antagonism by montelukast may change lung mechanics in healthy mice in basal conditions.

The end-inflation occlusion method was used to study lung mechanics. This method has been widely applied in humans^{5–7} and experimental animals^{8–10} including mice^{11–14}, and has been shown to obtain reliable results.

Modelling the lungs as consisting of two distinct compartments, the method permits not only the measurement of the ohmic resistance of the airway, but also of the visco-elastic resistance of the lung due to stress relaxation. Ohmic resistance is the normalised-to-flow

pressure dissipation due to viscous forces opposing the airflow in the airway, as predicted by Poiseuille law. Visco-elastic resistance is the normalised-to-flow pressure dissipation due to the resistance of respiratory system tissues to deformation during inflation, which is recovered after the arrest of the inspiratory flow (stress relaxation). Lung stress relaxation, whose molecular basis are still incompletely understood, has however been shown to contribute significantly to the overall inspiratory pressure dissipation^{5,6,9,10}, and the possible effects of leukotrienes or of leukotrienes' antagonism have never been studied before.

Previous measurements reported an increased phosphatidylcholine secretion from type II pneumocytes in the presence of leukotrienes¹⁵, and decreased surfactant production in consequence of the administration of leukotriene inhibitors¹⁶. However, no data are available describing possible effects on lung hysteresis. Thus, in the present experiments, inflation–deflation pressure–volume loops were analysed in control and montelukast-treated mice to study the possibility that leukotriene receptors' antagonism may affect lung hysteresis.

The current asthma therapy is based on steroid treatment, but recently various cysteinyl-leukotrienes inhibitors have been proposed for the treatment of asthmatic children^{17,18}. The leukotriene signalling has been documented in various areas of the mammalian brain, noticeably in the olfactory cortex¹⁹. In addition, high leukotriene activity, similar to that of leukocytes, was detected in the olfactory bulb, suggesting a possible modulatory role of leukotrienes on the olfactory bulb neuronal function²⁰. No reports are available on the effects of leukotriene receptors' antagonism on the olfactory function except for the improvement in olfaction in hyposmic patients due to the reduction in inflammatory processes^{21,22}.

We previously showed that chronic steroid treatment affect the olfactory function¹², therefore the above mentioned data prompted us to investigate a possible effect of leukotrienes' activity also on the olfactory system.

Here, the possible effects of leukotrienes' antagonism on olfactory system histology have been investigated for the first time to compare the results with those observed as a consequence of steroid administration.

Methods

Animals and treatment

The experiments were approved by the local competent authorities (CEASA) and conformed to the European law on animal experiments and welfare. Adult CD/1 male mice, three months old, were used. Mice were injected i.p. daily for 7 days, with either saline (9 g/L NaCl, $n=11$ controls, mean weight 46.6 ± 0.75 g) or 10 mg/kg body weight montelukast dissolved in saline ($n=11$, montelukast-treated, mean weight 46.1 ± 0.8 g). Intraperitoneal montelukast administration is a well documented procedure in mammals^{23,24}, including mice²⁵.

Lung mechanics

Mice were deeply anaesthetised (300 μ l, 20% chloral hydrate in water i.p.) and then laid on a heated operating table. After a tracheostomy, a small polyethylene cannula (1 mm i.d., 2.5 cm long) was inserted through an incision in the second tracheal ring and firmly secured in place.

The lungs were exposed to atmospheric pressure by middle thoracotomy, and positive pressure ventilation with a 0.4 mL tidal volume and a 120/min breathing frequency (PEEP 3 cm H₂O) (Rodent Ventilator 7025, Basile, Italy) was begun, and consistently maintained throughout the experiment.

Positive pressure ventilation was maintained for 10 min and lung mechanics were then measured using the end-inflation occlusion method^{5–7}.

The ventilator was disconnected, PEEP was discontinued, and the tracheal cannula was connected to a constant flow pump (SP 2000 Series Syringe Pump sp210iw, World Precision Instruments, USA) set to deliver a tidal volume (VT) of 0.4 mL with a square wave flow (F) of 1 mL/s. The time for the rise and the fall of the flow was approximately 30 ms. The pump setting was carefully checked by directly taking measurements before beginning the experiments.

The lateral tracheal pressure proximal to the tracheal cannula was monitored (142 pc 01d, Honeywell, USA) and continuously recorded (1326 Econo Recorder, Biorad, Italy). Because abrupt changes in diameters were not present in the circuit, errors in flow resistance measurements, such as those reported by Chang and Mortola²⁶, were avoided. The frequency response of the transducer and the pressure measuring system was tested by sinusoidal forcing and found to be flat up to 20 Hz. In accordance with the literature^{7,8}, this frequency response was adequate to avoid mechanical artefacts in the pressure signal records.

The end-inflation occlusion method was utilised to determine the parameters of lung mechanics: the static elastic pressure of the lungs ($P_{el,l}$), the total resistive pressure drop ($P_{max,l}$) and the sudden Newtonian resistive pressure drop at flow interruption ($P_{min,l}$) were measured on adequately magnified tracings (Figure 1). $P_{max,l}$ was calculated as the difference between the maximum value of pressure at end inflation ($P_{dyn,max}$) and $P_{el,l}$. $P_{min,l}$ was calculated as the difference between $P_{dyn,max}$ and P_1 , the pressure value immediately after flow interruption (Figure 1).

To avoid a viscous pressure component in $P_{min,l}$, P_1 values were identified by extrapolating the pressure tracings to the time the flow stopped²⁷. Thus, $P_{min,l}$ represents the nearly instantaneous, Newtonian resistive pressure drop that theoretically occurs at infinite breathing frequency²⁷ and is considered to be the pressure driving the inspiratory flow through the airways immediately before its interruption^{5,6}. $P_{min,l}$ does not include the visco-elastic pressure drop that results from stress relaxation. In contrast, the visco-elastic pressure drop is included in the $P_{max,l}$ value.

The mean pressure data obtained from the 3 to 5 inflations for each mice were used to calculate lung static elastance ($Est,l = P_{el,l}/VT$) and the total resistance to airflow of the lung ($R_{max,l} = P_{max,l}/F$). The total resistance value includes the Newtonian inspiratory resistance to airflow offered by the airways and the resistance due to the movement of lung tissue ($R_{min,l} = P_{min,l}/F$), and the pressure drop resulting from the effect of stress relaxation. This last component of $R_{max,l}$ was isolated and quantified as "viscous" resistance ($R_{visc,l} = R_{max,l} - R_{min,l}$).

The equipment resistance, including the tracheal cannula and the standard three-way stopcock, amounted to $0.4 \text{ cmH}_2\text{O}/\text{mL s}^{-1}$ (Req) and was measured separately at a flow rate of 1 mL/s . All inflations were performed at a fixed flow rate of 1 mL/s , and Req was subtracted from the results, which thus represent intrinsic values.

After lung mechanics were measured, which took 3–5 min, mechanical ventilation was restored and maintained for 5 min. To obtain a constant volume history for the measurement of lung hysteresis, the lung was inflated with a 5-mL syringe to a static elastic pressure of $20\text{--}25 \text{ cmH}_2\text{O}$ three times consecutively. After that, the lungs were inflated, and subsequently deflated, five times in 0.4 mL steps using a precision glass syringe. Each volume was maintained for approximately 5–6 s at each step. Boyle's law-related effect of air compression in the airway was neglected, because it would not be predicted to introduce any systematic error. In fact, it would be expected to affect the measurements taken in control and montelukast-treated animals equally. The pertinent static elastic pressures were measured, and the static inflation–deflation volume–pressure curves were determined. The hysteresis areas (Hy,l) were quantified using electronic digital integration and expressed as $\text{cmH}_2\text{O} \cdot \text{mL}$.

The above described experimental procedure, which lasted less than 1 h, was performed for both control and montelukast-treated animals, and the mean values of lung mechanics parameters were statistically compared (Mann–Whitney).

Olfactory system histology

At the end of the experiment, animals were sacrificed and their nose and brain removed and postfixed in formalin overnight. The noses were then soaked in EDTA until the bones were softened. Tissue were embedded in paraffin and cut with a microtome. Six mice per group had viable tissue for measurements in the olfactory mucosa, and seven per group for measures in the olfactory bulb. The olfactory mucosa was stained with haematoxylin–eosin, images were captured with a $40\times$ objective using the Leica resident software. Three measures were taken, using Scion image, from each mouse in zone 1 of the olfactory mucosa. The mean value from each mouse was used to compare between groups with monovariate ANOVA (controls vs. treated mice).

The olfactory bulb were cut horizontally and stained with Nissl staining. The diameter of 5 lateral and 5 medial

glomeruli were measured for each mouse, with Scion image (as above). The mean value for lateral and medial glomeruli were analysed with monovariate ANOVA (controls vs. treated mice).

Results

Lung mechanics

The mean values of lung mechanics parameters in control and montelukast-treated animals are reported in Figures 2 and 3 together with the statistical significances of the differences.

We found that montelukast treatment did not significantly affect any of the measured lung mechanics parameters, except for the extent of the surface of the inflation–deflation loops which reflects lung hysteresis (Figure 4).

Olfactory system histology

The height of the olfactory mucosa did not differ between controls and montelukast-treated mice, $F(1,10) = 0.0198$,

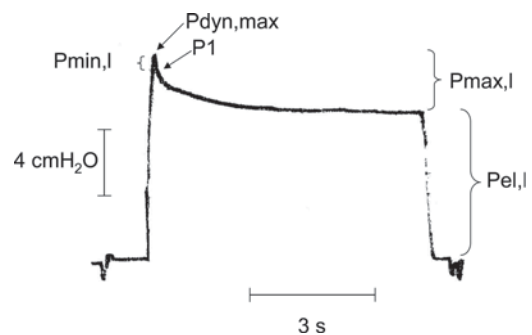


Figure 1. Representative tracings of the lateral tracheal pressure upon flow interruption during constant-flow inflation. The relevant pressures used for calculation of lung mechanics are indicated: the maximal pressure at the end of inflation ($P_{dyn,max}$), the pressure immediately after flow interruption (P_1), the static elastic pressure of the lung ($P_{el,l}$), the pressure drop due to the ohmic lung resistance ($P_{min,l}$) and total pressure drop which includes the effects of stress relaxation ($P_{max,l}$).

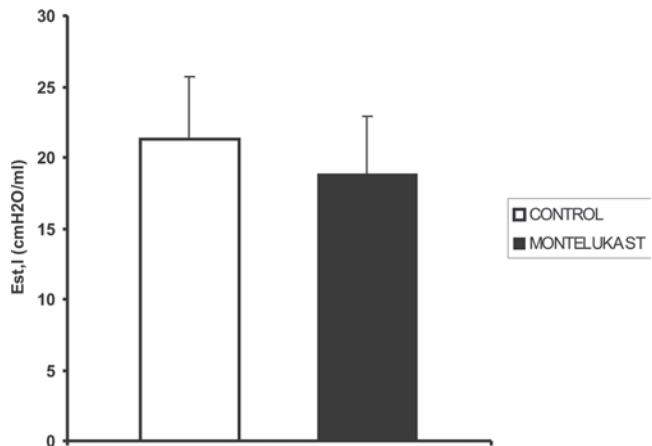


Figure 2. Mean values (vertical bars represent one SE, $n=11$) of static lung elastance (Est,l) in control and montelukast-treated mice are not significantly different.

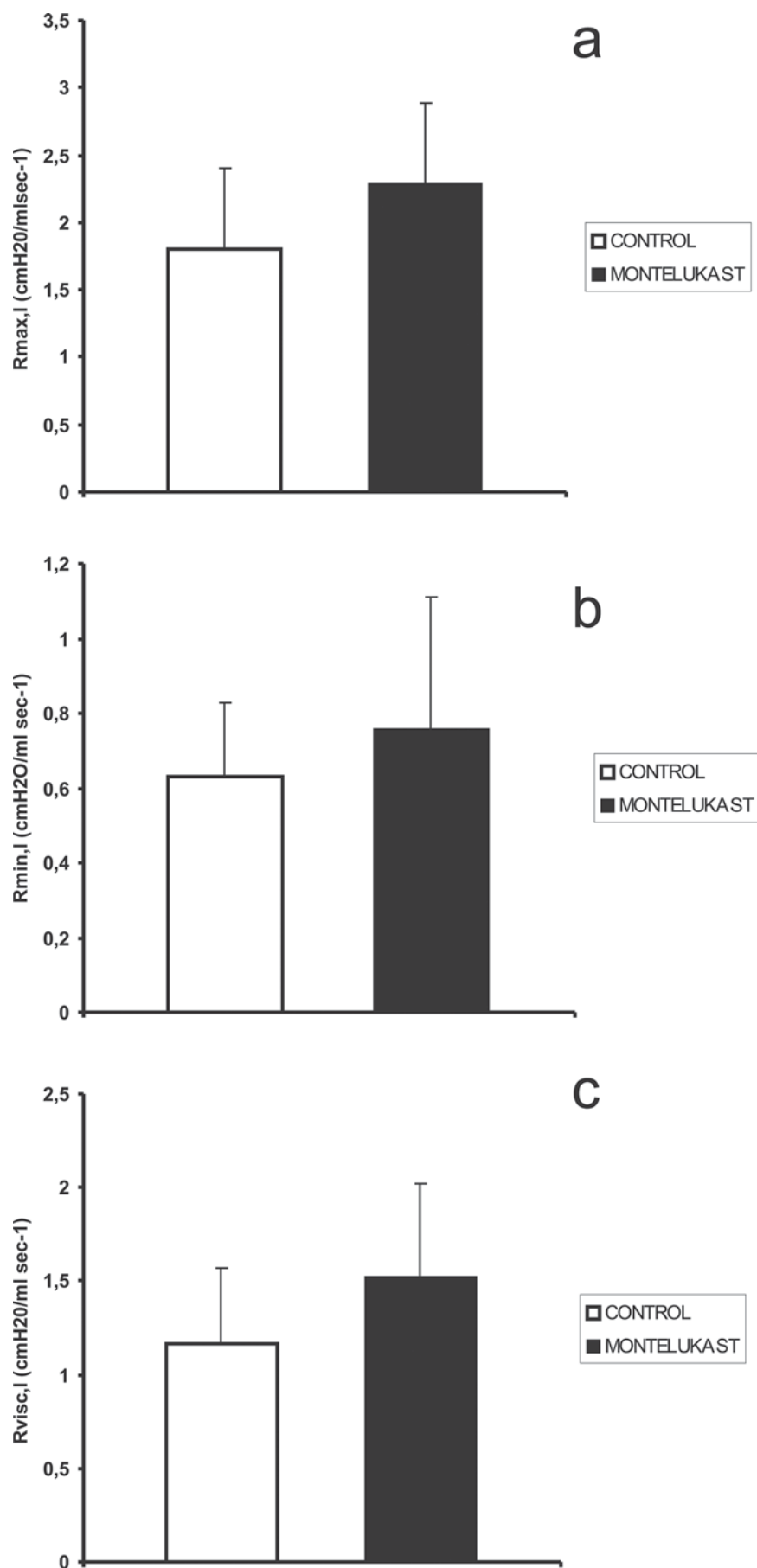


Figure 3. Mean values (vertical bars represent one SE, $n = 11$) of (a) total ($R_{max,l}$), (b) ohmic airway ($R_{min,l}$) and (c) visco-elastic resistances ($R_{visc,l}$) in control and montelukast-treated mice are not significantly different.

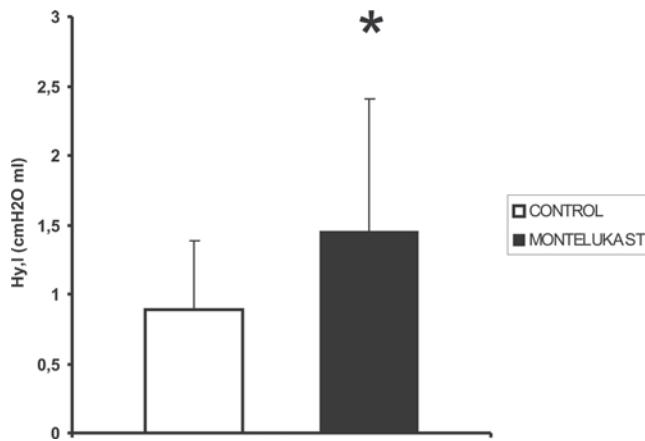


Figure 4. Mean values (vertical bars represent one SE, $n=11$) of lung hysteresis ($H_{y,l}$) in control and montelukast-treated mice are significantly different. *: $p < 0.05$.

$p=0.891$ ($47.56 \pm 1.58 \mu\text{m}$ vs. $47.82 \pm 0.98 \mu\text{m}$). The diameter of both medial and lateral glomeruli did not differ between control and treated mice, $F(1,10)=0.001$, $p=0.974$ for lateral glomeruli ($12.28 \pm 0.23 \mu\text{m}$ for controls and $12.27 \pm 0.18 \mu\text{m}$ for treated mice), $F(1,12)=0.116$, $p=0.739$ for medial glomeruli ($12.65 \pm 0.17 \mu\text{m}$ for controls and $12.58 \pm 0.13 \mu\text{m}$ for treated mice).

Discussion

Lung mechanics

The mechanical ventilation settings used during these experiments were the same as those described as “non injurious” in the literature⁹. In particular, “non injurious” ventilation lasting 1 h has been shown to cause no alterations in respiratory system mechanics, or modifications in hysteresis⁹.

The mean values of lung mechanics parameters here described are comprised in the range of those previously measured by different laboratories, using the same technique in mice^{11–14}.

Previous experiments demonstrated that montelukast reduces airway resistance in experimental models of asthma or in spontaneous asthma even at much lower dosages than that used here^{25,28–32}, which hence adequately exerted receptors' antagonism.

Cysteinyl-leukotrienes' antagonism has been previously shown to reduce bronchoconstriction and airway resistance in animal models of asthma, as ovalbumin-sensitised guinea pigs^{33,34} or rats^{29,30}, and in spontaneous asthma in humans^{35,36}. Similar results have been reported describing the reduction of leukotrienes-induced bronchoconstriction in guinea pig^{33,34,37} and humans³⁸.

However, we did not find any significant difference between the mean values of lung mechanics parameters including resistive pressure dissipation measured in montelukast-treated and control mice (Figures 2 and 3) in basal conditions.

This result indicates that basal cysteinyl-leukotrienes plasma concentration does not affect lung elastance or

any of the measured resistive pressure dissipations in healthy mice. In particular, viscous resistance, which primarily reflects stress relaxation^{5,6}, is not affected by leukotrienes' antagonism in basal condition.

Stress relaxation is a complex phenomenon exhibited by most tissues, including the lungs, whose molecular basis is still incompletely understood. Due to their visco-elastic properties, the lungs do not maintain constant stress under constant deformation, but slowly relax. The visco-elastic component of the inspiratory work of breathing contributes significantly to the overall pressure dissipation during spontaneous breathing^{5,6,9,10}.

It has been previously shown that stress relaxation pressure dissipation is increased in inflamed lung tissue^{13,14}, particularly as an effect of interleukin-6⁹, and decreased as an effect of increased body temperature¹⁰. In contrast, the effect on lung stress relaxation of cysteinyl-leukotrienes, or of their antagonism, has never been measured before. Here it is shown that leukotrienes activity has no significant effect, at least in basal condition.

This result is different from what observed as a consequence of chronic steroid treatment, which has been shown to reduce stress relaxation in healthy mice¹². Thus, differently from steroid treatment, montelukast administration is not followed by a reduction of the visco-elastic component of the inspiratory work of breathing, in healthy animals.

Since $R_{\text{min},l}$ also exhibits non-significant changes with montelukast, our results indicate that cysteinyl-leukotrienes exert their bronchoconstrictor effect in pathological but not in basal conditions, at least in mice. The above cited reports describing reduced bronchoconstriction and airway resistance as an effect of leukotrienes' antagonism, in fact, regard spontaneous or experimental asthma, or leukotrienes-induced bronchoconstriction.

Thus, basal leukotrienes' plasma concentration does not contribute to the modulation of airway calibre in basal condition in healthy mice. This finding is in agreement with previous results showing no effects of cysteinyl-leukotrienes' antagonism on basal airway resistance in humans^{38–40}.

The inflation–deflation loops surface mean values here reported are very similar to those previously observed in analogous experiments^{12,41,42}. Hence, in our experiment, the mice lung showed typical hysteretic behaviour.

Data have been reported in the literature describing an increment in phosphatidylcholine secretion from type II pneumocytes as an effect of cysteinyl-leukotrienes¹⁵, and a reduction of surfactant synthesis induced by leukotrienes' inhibitors¹⁶. However, direct measurements of their possible effects on the inflation–deflation loop surface have never been performed previously. Here it is shown that cysteinyl-leukotriene receptors' antagonism by montelukast significantly increases lung hysteresis (Figure 4), thus indirectly confirming a stimulating effect of leukotrienes on surfactant synthesis. Differently from what observed for other lung mechanics parameters, our data indicate

that basal leukotrienes plasma concentration affects lung hysteresis. The same result has not been observed for steroid chronic treatment¹².

This finding has practical consequences. In particular, the deflation limbs of the pressure-volume loops shift to the left in montelukast-treated compared to control mice indicates less static elastic pressure for a given lung volume. Thus, less lung elastic recoil pressure is available to drive the expiratory flow. It is suggested that this effect may counteract, at least in part, the improvement in expiratory flow permitted by the decrease in airway resistance in asthmatic subjects assuming montelukast.

According to Gillfillan et al.¹⁵, the stimulating effect of leukotrienes on surfactant synthesis may be observed at a much lower concentration than basal concentration in healthy humans²⁻⁴ and mice⁴³, and than nebuliser concentrations of inhaled leukotrienes causing bronchoconstriction⁴⁴. Thus, basal leukotrienes' concentration may be effective in affecting surfactant activity but not bronchomotor tone and airway calibre.

Olfactory system histology

Healthy mice chronically treated with the steroid fluticasone propionate present an increase in the thickness of the olfactory mucosa¹². Moreover, their olfactory bulbs show slight but consistent differences in staining with Olfactory Marker Protein, and the diameter of their medial glomeruli was larger¹². Differently from what previously observed for chronic steroid treatment, leukotrienes receptors' antagonism does not affect olfactory system histology, suggesting negligible effects on olfactory function.

Conclusions

Cysteinyl-leukotrienes' antagonism does not change elastic or resistive lung properties, including the ohmic and visco-elastic pressure dissipations, in healthy mice in basal conditions. In addition, apparently it does not affect the olfactory system. These results indicate that basal lung mechanics and olfactory system histology are not affected by cysteinyl-leukotrienes' activity in healthy mice.

In contrast, the observed lung hysteresis increment and the deflation pressure-volume curve shift to the left suggest that leukotriene antagonism may reduce the lung elastic recoil pressure available for expiratory flow drive in montelukast-treated asthmatic subjects.

Declaration of interest

The Authors have no conflicts of interest to declare.

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