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RESEARCH ARTICLE

Characterization of nimbidiol as a potent intestinal disaccharidase and glucoamylase inhibitor present in *Azadirachta indica* (neem) useful for the treatment of diabetes

Abhishek Mukherjee and Subhabrata Sengupta

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Abstract

Azadirachta indica, used in antidiabetic herbal drugs, was reported to contain α -glucosidase inhibitor. Bioassay guided purification characterized the inhibitor as nimbidiol (a diterpenoid), present in root and stem-bark of the tree. Nimbidiol inhibited intestinal (mammalian) maltase-glucoamylase, sucrase-isomaltase, lactase, trehalase and fungal α -glucosidases. Nimbidiol showed a mixed competitive inhibition on intestinal carbohydrases. IC_{50} , K_i and K_i' (μ M) were 1.35 ± 0.12 , 0.08 ± 0.01 , 0.25 ± 0.11 , respectively, for maltase-glucoamylase (maltotetraose as substrate). Nimbidiol was more potent inhibitor of isomaltase (IC_{50} 0.85 ± 0.035 μ M), lactase (IC_{50} 20 ± 1.33 μ M) and trehalase (IC_{50} 30 ± 1.75 μ M) than acarbose, voglibose, salacinol, kotalanol and mangiferin. K_i and K_i' values (μ M) for intestinal sucrase were 0.7 ± 0.12 and 1.44 ± 0.65 , respectively. Development of nimbidiol as an antidiabetic drug appears to be promising because of broad inhibition spectrum of intestinal glucosidases and easy synthesis of the molecule.

Keywords: Glucosidase inhibitor, glucoamylase inhibitor, mixed competitive inhibition, root extract, intestinal lactase

Introduction

One of the most direct and beneficial types of therapy for non-insulin dependent diabetes is lowering of blood glucose level by delaying glucose absorption in blood after taking a carbohydrate meal. Inhibition or lowering of activities of some intestinal membrane bound carbohydrases like maltase-glucoamylase and sucrase-isomaltase by suitable inhibitors, slow-down absorption of glucose into the blood stream. During the last 40 years, a large number of glucosidase inhibitors have been isolated from plants and micro-organisms¹ and some of these were developed as drugs to control type II or non-insulin dependent diabetes². Different inhibitors isolated from plants and microorganisms include diverse types of compounds like acarbose, isoacarbose, cyclodextrins, acarviosine-glucose and hibiscus acid^{3–6}. Although the list of α -glucosidase inhibitors isolated from various

biological sources are long, yet the bioactive molecules of traditional antidiabetic herbal drugs characterized are few in number. We recently reported that the medicinal plant *Tinospora cordifolia*, which according to old ayurveda system of medicine contains antidiabetic agents, has α -glucosidase inhibitory activity⁷. The inhibitor molecule present in the plant was purified and identified to be saponarin⁸. Neem (*Azadirachta indica*) tree is native to India and Burma; it grows in much of Southeast Asia and West Africa. Neem is a fast growing tropical evergreen tree and lives for long years. Neem has been used extensively in ayurvedic medicine for various purposes like: twigs for cleaning teeth, juice of leaves in healing skin disorders, as a tonic, as insect repellent etc. Various parts of the plant are used for the treatment of fever and infections. Hypoglycaemic effect of *Azadirachta indica* leaf extracts and seed oil was observed in normal and

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alloxan induced diabetic rabbits⁹. We reported earlier in a patent that *Azadirachta indica* extract blocked intestinal α -glucosidase activity¹⁰. The present study reports the bioassay guided purification of the inhibitor molecule as nimbidiol from the stem-bark and root of the tree. The molecule reversibly inhibits the activities of maltase-glucoamylase and sucrase-isomaltase of mammalian (rat) intestine. The molecule also inhibits the activities of intestinal lactase and trehalase and microbial α -glucosidases. The inhibitor may serve as an important lead molecule for the treatment of type II diabetes.

Materials

Chemicals

Soluble starch (potato), maltose, sucrose, maltotriose, maltotetraose and isomaltose were purchased from Sigma chemicals, USA. Lactose and dinitrosalicylic acid (DNSA) were purchased from Merck, India. Trehalose was a product from British Drug House. Silica gel (60–120 mesh) was purchased from Merck, India. All other chemicals used were of chemically pure grade. Fungal maltase (*Aspergillus niger*), fungal invertase (Baker's yeast) and pancreatic amylase (porcine) were obtained from Sigma chemicals. Rat intestinal acetone powder (I-1630), used as a source of intestinal glucosidases, was purchased from Sigma chemicals.

Methods

Preparation of plant extracts

Aqueous extract

A 100 gm of fresh and healthy root collected, was washed in tap water and crushed into small pieces. The mass was blended with 100 mL of water for 3–4 min to obtain a paste. The paste obtained was squeezed through a nylon cloth and filtered under suction to obtain 90 mL of clear liquid. The clear liquid (90 mL) was passed through PM10 KDa membrane filter. The filtrate (80 mL) collected was lyophilized to dryness (3.0 gm). The dry powder was resuspended in 10 mL of water and used as a crude inhibitor extract. The same extraction methodology was followed using 100 gm of fresh stem-bark.

Methanolic extract

A 100 gm of fresh root was collected and dried in a hot air oven at 50–60°C for 4–5 h to obtain 23.75 gm of dry mass. The dry mass was crushed, immersed in 1 L of methanol and kept for 48 h at room temperature. The methanolic extract was filtered and evaporated in a rotary evaporator to obtain approximately 1.1 gm of dry solid. The dry solid was further suspended in 10 mL of 80% (v/v) methanol. The solution was used as a crude inhibitor sample. The same process was repeated using 100 gm of fresh stem-bark.

Determination of enzyme inhibition by the extracts

The potency of crude inhibitor extract to inhibit pancreatic amylase, intestinal glucosidases (maltase, sucrase, lactase, trehalase, maltase-glucoamylase and sucrase-isomaltase) and fungal glucosidases (maltase, sucrase) was studied. Pancreatic amylase activity was determined using 0.1 M phosphate buffer, pH 7.0 at 37°C. The incubation mixtures (2 mL) containing 0.5 U of enzyme in buffer was preincubated with requisite amount of inhibitor extract for 10 min at room temperature. The reaction was initiated by adding 1 mg/mL of starch and incubation lasted for 20 min. Amount of reducing sugars formed was estimated by dinitrosalicylic acid reagent according to the method of Sengupta et al.¹¹. One unit of enzyme activity was taken as the amount of enzyme which could liberate one μ mol of reducing sugar per min under the experimental conditions. Maltase, sucrase, isomaltase, lactase and trehalase activities were determined by estimating the amount of glucose liberated from maltose, sucrose, isomaltose, lactose, trehalose respectively by glucose oxidase-peroxidase (GOD-POD) method¹². One unit of enzyme activity was taken as the amount of enzyme which could liberate one μ mol of glucose per min from the substrates under the experimental conditions. Intestinal maltase, sucrase, isomaltase, lactase and trehalase activities were determined in 0.1 M phosphate buffer pH 6.8 at 37°C. Fungal maltase was assayed in 0.1 M sodium acetate buffer pH 5.0 at 50°C. Fungal sucrase was assayed in 0.1 M sodium acetate buffer pH 4.5 at 50°C. The reaction mixtures (0.5 mL) containing enzyme (10 milli units) and requisite amount of inhibitor extracts were preincubated for 10 min. The reaction was started by addition of substrate (1 mg/mL). The reaction continued for 20 min and was terminated by keeping the tubes in boiling water bath for 3–4 min. Liberated glucose was estimated by GOD-POD reagent (Span Diagnostic limited, India). The concentration of inhibitor required to inhibit 50% of enzyme activity (substrate concentration 1 mg/mL) under the above-mentioned conditions was taken as IC₅₀ value. Intestinal glucoamylase activities were determined similarly by GOD-POD method using maltotriose and maltotetraose (1 mg/mL), as mentioned by Breitmeier et al.¹³. Inhibitory activities of root extract were compared with that of stem-bark extract. Inhibitory activities of the root and stem-bark extracts (both aqueous and methanolic) were expressed in terms of inhibitory unit (IU). One IU was considered as the amount of crude extract, which could inhibit the enzyme activity by 50%; the substrate concentration being 1 mg/mL.

Isolation and purification of nimbidiol from stem-bark and root of *Azadirachta indica*

It is to be mentioned that the methanolic root and stem-bark extract was more potent against intestinal disaccharidases than the aqueous extracts. Thus,

bioassay-guided isolation and purification of nimbidol was carried out using methanolic extracts with respect to its inhibitory activity on intestinal glucosidases. Nimbidol was isolated from dry root and stem-bark of *Azadirachta indica* according to the process described in the patent¹⁴. Air-dried and milled root (850 gm) of *Azadirachta indica* was percolated with methanol (3 L) for 30 h at room temperature. The extract was concentrated to a small volume (100 mL) under reduced pressure at 50°C. The entire process was repeated two times more to ensure complete extraction. The combined concentrates (300 mL) was further concentrated to 75 mL, diluted with water (500 mL) with stirring and extracted with ethyl acetate (300 mL × 3). The organic extract was evaporated to dryness under reduced pressure at 50°C to get a brown residue (20 gm), which was fractionated by chromatography over a column of silica gel followed by bioassay studies of the individual fractions. Fractionation of the combined active fractions was repeated two more times in an identical manner. The combined active fractions thus obtained were then chromatographed over diaion HP-20. Elution with methanol:water (3:1 and 1:1) gave the most active four fractions. These fractions were combined and rechromatographed over silica gel. The resultant combined active fraction was subjected to preparative TLC to obtain pure nimbidol. ¹H and ¹³C NMR studies were done. The data obtained were compared with that available in literature^{15,16}. Nimbidol obtained was also compared with pure nimbidol isolated by TLC according to the method of Ara¹⁷. Air-dried and milled stem-bark (750 gm) of *Azadirachta indica* were percolated with methanol (2.5 L) for 24 h at room temperature. The entire process was repeated thrice to ensure complete extraction. The whole extract was concentrated to a small volume (100 mL) under reduced pressure at 50°C. The concentrates (100 mL) was diluted with water (400 mL) with stirring and extracted four times with 250 mL of ethyl acetate. The organic extract (1000 mL) was washed with 250 mL of 4% (w/v) of sodium carbonate solution and then twice with 500 mL of water. Ethyl acetate extract was concentrated (50 mL) under reduced pressure at 50°C. The concentrated extract was adsorbed on charcoal column and active fraction was eluted with methanol – benzene (1:1, v/v). The fraction was dried and the solid obtained (150 mg) was extracted with hexane. Hexane soluble fraction was subjected to preparative thick layer chromatography using CHCl₃-MeOH (97:3) as solvent system. The preparative thick layer chromatography yielded pure nimbidol. The compound isolated in both the ways gave identical UV absorption spectrum as reported by Majumder et al.¹⁶. The same process was carried out for purification of the inhibitor molecule from dry stem-bark.

Determination of kinetics of enzyme inhibition by nimbidol

Inhibition kinetics of nimbidol on intestinal and fungal glucosidases was studied. The reaction mixture (0.5 mL)

contained different amounts of substrate in respective buffer, 0.010 U of enzyme and 0.05–10 µM nimbidol. The reaction mixtures containing enzyme and inhibitor were preincubated for 10 min and the reaction was started by addition of substrate (0.5–6 mM). Enzyme activities were determined as mentioned earlier. The concentration of inhibitor required to inhibit 50% of enzyme activity at a substrate concentration of 1 mg/mL under the above-mentioned conditions was taken as IC₅₀ value. Ki and Ki' values were determined from 1/V vs I (Dixon plot) and S/V vs I plots respectively.

Results

Inhibitory activity of crude bark extract on enzyme activities

Table 1 shows the inhibitory activities present in the aqueous and methanolic extract of stem and root-bark. The extracts inhibited glucosidases (mammalian intestinal and fungal origin) very strongly, while little inhibition was observed in case of pancreatic amylase (with soluble starch and dextrin as substrate). The crude methanolic extract was more active and potent than the aqueous extract. The crude methanolic root extract showed IC₅₀ value of 7 ± 1.5 µM and 8.5 ± 1.0 µM for intestinal maltase-glucoamylase with maltotetraose and matotriose as substrates, respectively, and IC₅₀ value of 52 ± 2 µM with maltose as substrate. The IC₅₀ value of the methanolic root extract was much lower for isomaltase (6 ± 0.75 µM) than intestinal sucrase (28 ± 2.5 µM). The methanolic root extract was also a potent inhibitor of intestinal lactase (IC₅₀ 68 ± 2.5 µM) and trehalase (IC₅₀ 83 ± 2.5 µM). Both methanolic and aqueous extract also inhibited fungal maltase and sucrase activities (Table 1).

Nimbidol purification

Nimbidol (C₁₇H₂₂O₃), a modified diterpenoid (Figure 1), was purified and isolated as mentioned in the text. Melting point was found to be 226°C. The purification method yielded 15 mg of pure compound {[α]_D²⁰ = +3.4(c1,CHCl₃)}, the yield being about 0.00176% (w/w). Reference compound for comparison, was also isolated by known method as mentioned in the text. The compound displayed characteristic UV absorption [λ_{EtoH}^{max} 210, 238, 282, 323 nm] as described by Majumder et al.¹⁶. ¹³C NMR (CDCl₃) δ 37.9 (C-1), 18.9 (C-2), 41.3 (C-3), 33.2 (C-4), 49.8 (C-5), 36.0 (C-6), 200.11 (C-7), 123.8 (C-8), 152.4 (C-9), 37.8 (C-10), 110.1 (C-11), 151.2 (C-12), 142.0 (C-13), 113.5 (C-14), 32.5 (C-15), 21.3 (C-16), 23.2 (C-17). MS: m/z 274 [M]⁺ (100%), 259 (97), 245 (5), 217 (23), 203 (13), 191 (70), 189 (71), 177 (44), 163 (19), 151 (6), 137 (6), 115 (8), 83 (6), 77 (6), 69 (27), 55 (11) and 41 (20). The NMR and MS data obtained were compared with previously reported values¹⁶. ¹³C NMR spectra were recorded on a Bruker DRX 300 (USA) NMR spectrophotometer and mass spectra recorded on a JEOL JMS600 instrument.

Table 1. Inhibitory potency of aqueous and methanolic extract of *Azadirachta indica* towards intestinal and fungal glucosidases.

	IC ₅₀ values (µg/mL) of various extracts of <i>Azadirachta indica</i>			
	Methanolic extract of root	Methanolic extract of stem-bark	Aqueous root extract	Aqueous stem-bark extract
Intestinal maltase	52 ± 2	57 ± 2	70 ± 2.5	75 ± 1.5
Intestinal sucrase	28 ± 2.5	34 ± 2.2	40 ± 2.5	42 ± 1.5
Intestinal maltase-glucoamylase (maltotetraose as substrate)	7 ± 1.5	12.5 ± 1.5	14 ± 1.5	16 ± 1.5
Intestinal maltase-glucoamylase (maltotriose as substrate)	8.5 ± 1.0	14.5 ± 1.25	15.5 ± 1.25	17.5 ± 1.0
Intestinal isomaltase	6 ± 0.75	10.5 ± 1.22	11.5 ± 1.5	14.5 ± 1.25
Intestinal trehalase	83 ± 2.5	85 ± 1.5	88 ± 1.75	89 ± 1.0
Intestinal lactase	68 ± 2.5	72 ± 1.0	81 ± 1.0	85 ± 1.0
Fungal maltase	58 ± 3.5	63 ± 2	76 ± 2	80 ± 1.5
Fungal sucrase	29 ± 2.5	34 ± 1.5	55 ± 1	60 ± 1.0
Pancreatic amylase (starch as substrate)	>150	>150	ND	ND
Pancreatic amylase (dextrin as substrate)	>100	>100	ND	ND

Enzyme assay methodologies are mentioned in the text. Substrate concentration (for each) used was 1 mg/mL. Mean values shown here are the averages of triplicate similar sets of data obtained separately.

Inhibition of various α -glucosidases by nimbidol

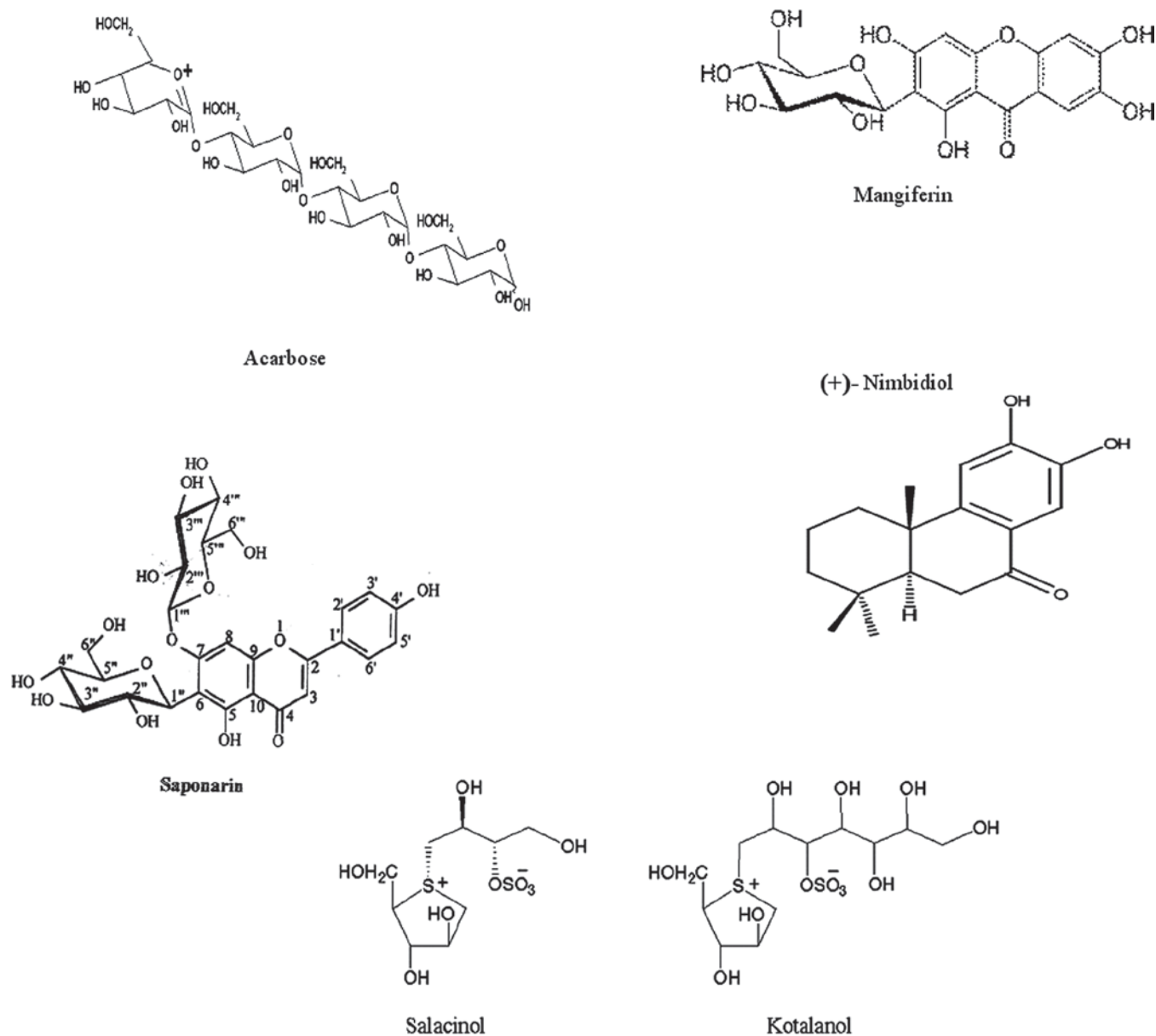
Table 2 and Table 3 show the IC₅₀ and inhibitory constants of nimbidol and other α -glucosidase inhibitors. Ki and Ki' values for nimbidol were calculated using Dixon plot and S/V vs I plots respectively (Figures 2–5). IC₅₀ and Ki values of nimbidol for intestinal maltase (12 ± 1.23 µM/1.22 ± 0.344 µM) were almost in range with those of salacinol (9.58 µM/0.95 µM) but higher than those of kotalanol (6.58 µM/0.54 µM), acarbose (2.0 µM/0.18 µM) and voglibose (1.19 µM/0.11 µM). Similarly, IC₅₀ and Ki of nimbidol on intestinal sucrose (6.75 ± 0.80 µM/0.7 ± 0.12 µM) were almost similar to those for salacinol (2.51 µM/0.95 µM), but higher than those for kotalanol (1.37 µM/0.42 µM), acarbose (1.7 µM/0.57 µM) and voglibose (0.22 µM/0.067 µM). Nimbidol inhibited maltase-glucoamylase strongly when maltotriose and maltotetraose were used as substrates. The compound also inhibited intestinal lactase and trehalase with IC₅₀ value of 20 ± 1.3 and 30 ± 1.75, respectively (Table 2). IC₅₀, Ki and Ki' value (µM) of nimbidol for fungal glucosidases were 14.23 ± 1.40, 1.8 ± 0.20 and 4.25 ± 0.54 respectively for maltase and 10.85 ± 0.75, 1.068 ± 0.080 and 2.66 ± 0.78 for sucrase (Tables 2–3).

Discussion

In mammalian digestive system, six enzyme activities (two α -amylases and four α -glucosidases) are involved in the complete digestion of starch into glucose. Salivary and pancreatic α -amylases (EC 3.2.1.1) are endohydrolases that cleave the internal α -1,4 bonds of amylose and amylopectin, and bypasses the α -1,6 branch points, thus resulting into shorter linear and branched dextrin chains. The resultant mixture is further hydrolyzed into glucose by two small-intestinal brush-border exohydrolases

maltase-glucoamylase (EC 3.2.1.20 and 3.2.1.3) and sucrase-isomaltase (EC 3.2.1.48 and 3.2.1.10) before being absorbed into the bloodstream. These intestinal enzymes are crucial for the transport of glucose monosaccharides and control blood sugar level. Maltase-glucoamylase has very little activity on starch but rapidly hydrolyses α -amylase pretreated starch¹⁸.

Attempts in developing antidiabetic drug using α -glucosidase inhibitor started since the end of last century. Valiolamine, produced by *Streptomyces hygroscopicus* var *linoneus* was reported as a potent inhibitor of pig intestinal maltase and sucrase¹⁹. Acarbose, produced by *Actinoplanes* sp. was introduced in USA under the name "Precose." 1-deoxynojirimycin, a potent inhibitor of α -glucosidase was isolated from the roots of mulberry trees and from many strains of *Bacillus* and *Streptomyces*^{20,21}. Among the large number of derivatives of 1-deoxynojirimycin prepared, a selected derivative Migilitol was found to be highly active under *in vivo* condition²². Salacinol and kotalanol have been identified as α -glucosidase inhibitors present in water-soluble fraction of the roots and stems of *Salacia reticulata*^{23,24}. We reported earlier in a patent that crude methanolic extract of *Azadirachta indica* contained a potent inhibitor of mammalian intestinal and fungal glucosidases. The root extract was most potent followed by stem-bark, leaves and seed extract¹⁰. Table 1 shows the inhibitory activities of the methanolic extract (both stem-bark and root) to be higher than the aqueous extract, indicating the active compound to be more soluble in methanol. The crude extracts did not inhibit pancreatic amylase but inhibited hydrolysis of malto-oligosaccharides (maltotetraose, maltotriose) strongly indicating possible inhibition of intestinal maltase-glucoamylase complex. The crude extracts inhibited intestinal maltase, sucrase,

Figure 1. Structure of various α -glucosidase inhibitors.

isomaltase, lactase and trehalase and could also inhibit the activities of fungal α -glucosidases. The ratio of IC_{50} values for methanolic extracts towards different enzymes was calculated and was compared with that of aqueous extracts. Comparative study showed that the degree of accuracy of the method used for determination of IC_{50} value for most of the glycosidase activities varies from 85–100% using aqueous or methanolic extracts (Table 1). However, the values vary more than 50% when trehalase or lactase activities were determined. It must be mentioned here that each enzyme has its own K_m value and thus requires a specific substrate concentration. However, IC_{50} value must be determined at a uniform substrate concentration for all enzymes. Thus, this may probably be the reason for the method being less accurate towards intestinal lactase and trehalase. In the assessment of crude extracts from root and stem-bark of *Azadirachta*

indica, inhibitory unit (IU) present in crude extracts were about 55000 ± 500 and 47000 ± 2000 for intestinal maltase-glucoamylase using maltotetraose and maltotriose as substrate respectively (data not given). The apparent higher inhibitory value of the crude methanolic root extract indicates that root and stem-bark might contain either other inhibitors or some factor(s) that synergistically stimulate the activity of nimbidiol. Figure 1 shows the structure of various α -glucosidase inhibitors of microbial and plant origin. Although nimbidiol was purified from root and stem-bark of the tree with a poor yield of 0.00176%, yet the compound could easily be synthesized²⁵. ^{13}C NMR data of the purified compound was compared with earlier reports¹⁶ which confirmed the isolated compound to be nimbidiol. Nimbidiol has been isolated and purified earlier by Majumder et al.¹⁶ by extracting the air dried root-bark with $CHCl_3$ and

Table 2. Comparison of IC₅₀ values of nimbidol and other glucosidase inhibitors.

	IC ₅₀ value (μM)						1-deoxynojirimycin ⁴⁰
	Nimbidol	Acarbose ^{26,30}	Voglibose ³⁰	Salacinol ³⁰	Kotalanol ³⁰	Mangiferin ³⁰	
Intestinal maltase	12 ± 1.23	2.0	1.19	9.58	6.85	>710	1.287
Intestinal sucrase	6.75 ± 0.80	1.7	0.22	2.51	1.37	206	0.091
Intestinal isomaltase	0.85 ± 0.035	154.89	2.09	1.76	4.476	511.4	-
Intestinal lactase	20 ± 1.33	Negligible	-	-	-	-	-
Intestinal trehalase	30 ± 1.75	>600	711.26	>1 mM	>942.4	-	-
Intestinal glucoamylase (maltotriose as substrates)	1.56 ± 0.24	-	-	-	-	-	-
(maltotetraose as substrates)	1.35 ± 0.12						
Fungal maltase (<i>A. niger</i>)	14.23 ± 1.40	-	-	-	-	-	-
Fungal sucrase (Baker's yeast)	10.85 ± 0.75	-	-	-	-	-	-

Mean values presented here (for nimbidol) were obtained from three similar sets of experiments.

Table 3. Comparison of inhibitor constants of nimbidol and other glucosidase inhibitors.

	Ki/Ki' values (μM)						1-deoxynojirimycin ^{13,26}
	Nimbidol	Acarbose ^{13,30}	Voglibose ³⁰	Salacinol ³⁰	Kotalanol ³⁰	Mangiferin ³⁰	
Intestinal maltase	1.22 ± 0.344/3.65 ± 0.48	0.18/-	0.11/-	0.95/-	0.54/-	-	-
Intestinal sucrase	0.7 ± 0.12/1.44 ± 0.65	0.57/-	0.067/-	0.95/-	0.42/-	130.2/-	8.6 × 10 ⁻⁸ M/-
Intestinal isomaltase	0.071 ± 0.008/0.19 ± 0.05	116.17/-	1.533/-	1.4/-	4.24/-	165.73/-	-
Intestinal lactase	Not determined	-	-	-	-	-	67/-
Intestinal trehalase	Not determined	-	-	-	-	-	-
Intestinal glucoamylase (maltotriose as substrate)	0.11 ± 0.055/0.41 ± 0.13	0.4/- (malto-oligosaccharide as substrate)	-	-	-	-	0.3/- (malto-oligosaccharide as substrate)
(maltotetraose as substrate)	0.08 ± 0.01/0.25 ± 0.11						
Fungal maltase (<i>A. niger</i>)	1.8 ± 0.20/4.25 ± 0.54	-	-	-	-	-	-
Fungal sucrase (Baker's yeast)	1.068 ± 0.080/2.66 ± 0.78	-	-	-	-	-	-

Enzyme inhibition assay methodologies for nimbidol are mentioned in the text. Ki and Ki' values were determined from Dixon plots (1/V vs I) and S/V vs I plots (Figures 2–5). Mean values shown here were obtained from three similar sets of experiments.

subjecting it to silica gel column chromatography. The petrol-EtOAc (5:1) fraction gave a gummy residue mainly containing nimbidol which was further purified by repeated chromatography. It may be mentioned that present bioefficacy guided purification protocol recovered lower amount of nimbidol from the plant, compared to yields reported by other workers from the

same source¹⁶. However, the comparison is insignificant as many easy routes for the synthesis of the compound were reported subsequently²⁵. Though the IC₅₀ and Ki values of nimbidol for intestinal maltase and sucrase are higher than that of acarbose, the compound (nimbidol) more strongly inhibits intestinal maltase-glucoamylase when malto-oligosaccharides are used as

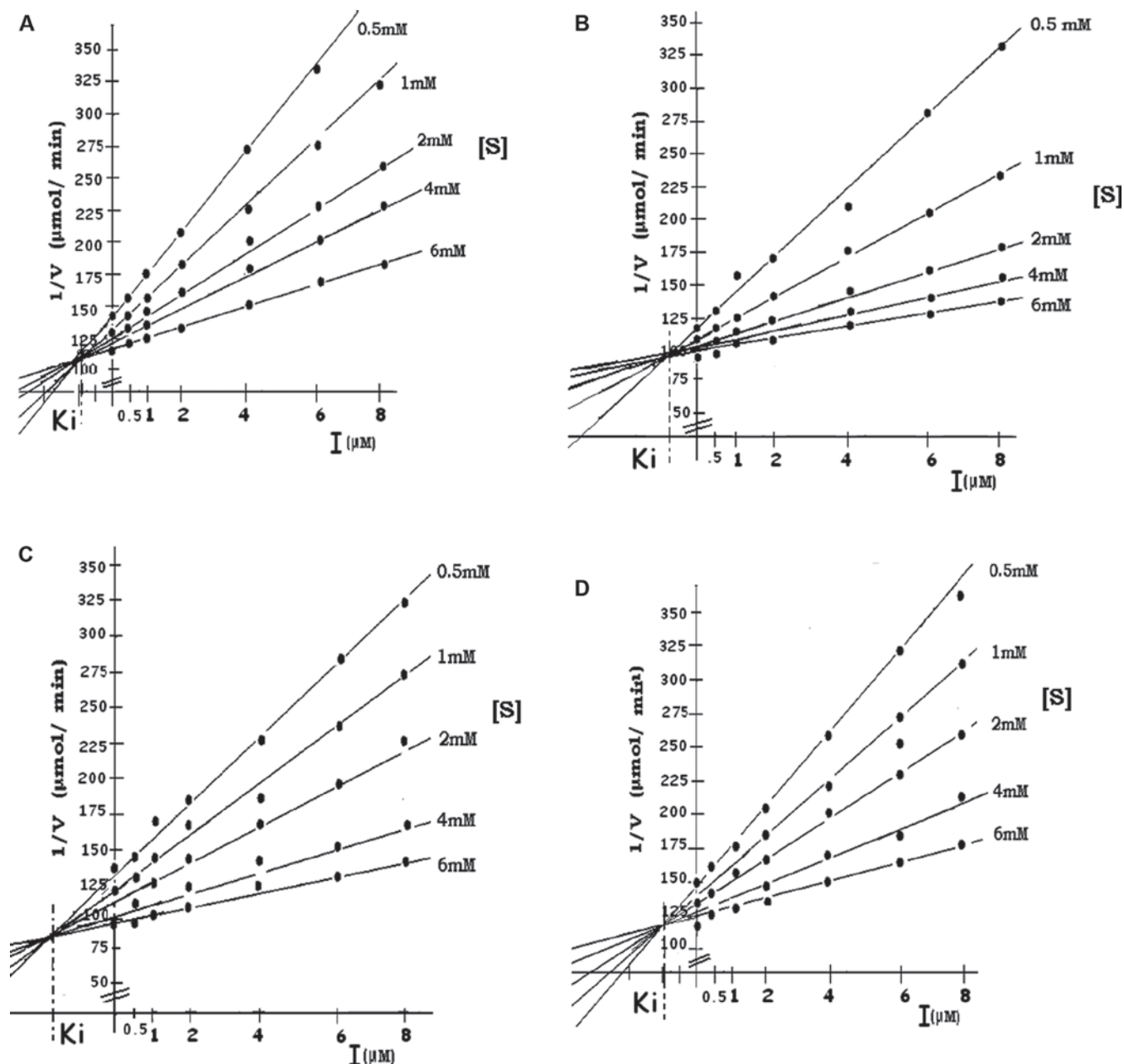


Figure 2. Determination of K_i of nimbidiol on maltase and sucrase. Dixon plot ($1/V$ vs I) for inhibition of nimbidiol on activities of intestinal maltase (a), intestinal sucrase (b), fungal maltase (c) and fungal sucrase (d). Nimbidiol (0.5–8 μM) was added against different concentrations (0.5–6 mM) of maltose and sucrose $[S]$. Enzyme activities were determined as mentioned in the text.

substrates (Table 2). Breitmeier et al.¹³ reported the K_i value of acarbose and 1-deoxynojirimycin for intestinal maltase glucoamylase complex using malto-oligosaccharides (maltopentaose, maltotetraose, maltotriose) to be 0.4 and 0.3 μM respectively which is about four times and three times higher than that for nimbidiol (Table 3) respectively. It has also been reported that acarbose at a concentration of 4 μM inhibited the activities of glucoamylase by 98%²⁶ while nimbidiol showed a IC_{50} value of 1.56 ± 0.24 μM with maltotetraose as substrate. Interestingly, the IC_{50} and K_i values of nimbidiol for isomaltase were much lower than that of acarbose, voglibose, salacinol, kotalanol

and mangiferin (Table 2–3). It has been reported that acarbose at 200 μM concentration could inhibit only 28% of intestinal isomaltase activity. The IC_{50} values of acarbose, voglibose, salacinol and kotalanol for intestinal trehalase were also much higher than that for nimbidiol (Table 2 and 3). Nimbidiol also showed potent inhibitory activity towards intestinal lactase (IC_{50} 20 ± 1.33 μM) while acarbose has been reported to show negligible inhibition towards the same²⁶. Though 1-deoxynojirimycin and its derivatives were potent inhibitors of intestinal maltase and sucrase, but unlike acarbose they did not inhibit α -amylase activity²⁶. However, 1-deoxynojirimycin and its derivatives at high

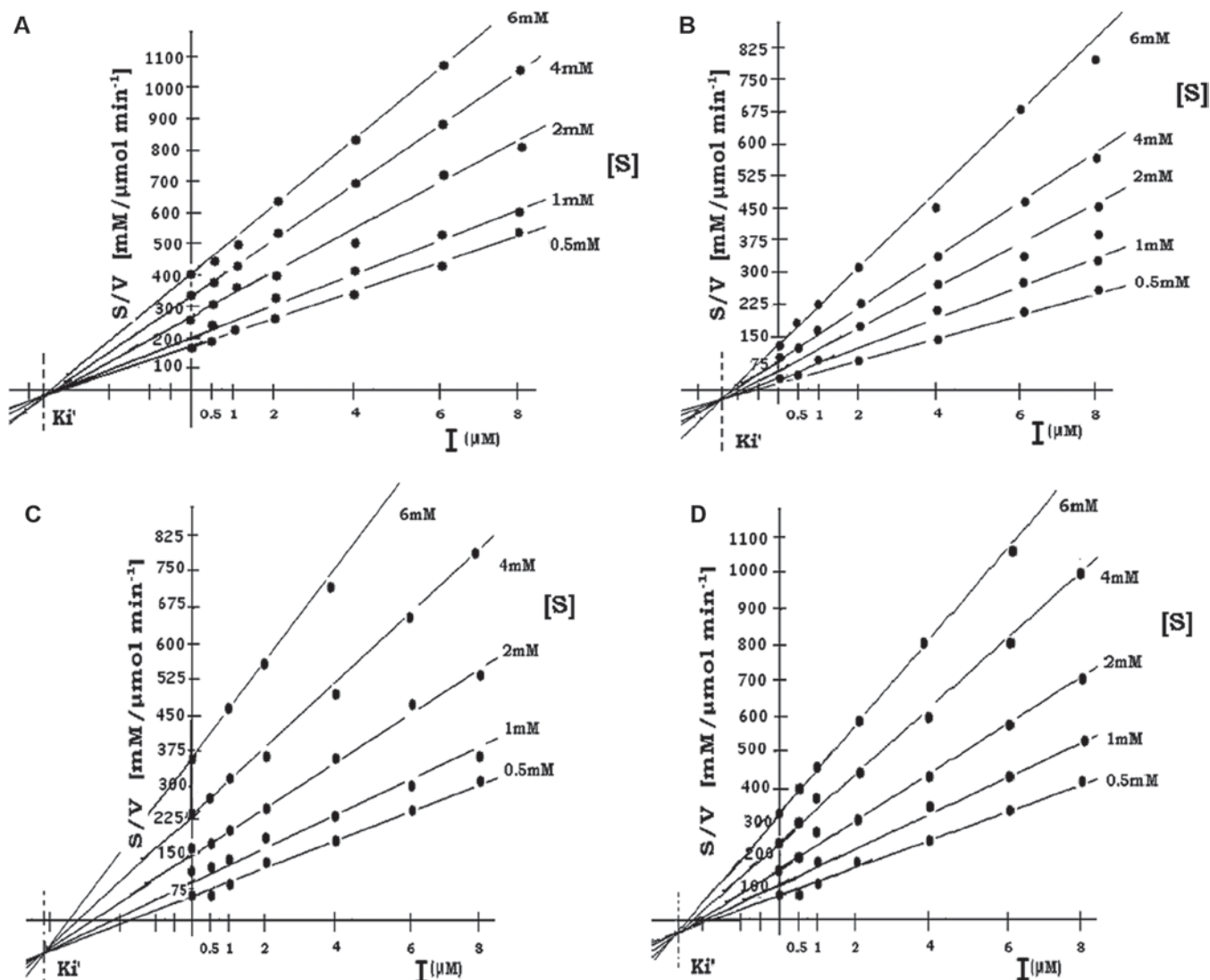


Figure 3. Determination of K_i' of nimbidiol on maltase and sucrase. S/V vs I plot for inhibition of nimbidiol on activities of intestinal maltase (a), intestinal sucrase (b), fungal maltase (c) and fungal sucrase (d). nimbidiol (0.5–8 μM) was added against different concentrations (0.5–6 mM) of maltose and sucrose $[S]$. Enzyme activities were determined as mentioned in the text.

concentrations (20–200 μM) inhibited trehalase and lactase activities considerably²⁶. Mangiferin appeared a much less potent inhibitor of intestinal disaccharidases than nimbidiol (Table 2, Table 3). It appears that nimbidiol may prove to be a broad spectrum intestinal carbohydrase inhibitor useful for non-insulin dependent diabetes. It must be mentioned here that IC_{50} and K_i values (μM) of saponarin (isolated from *T. cordifolia* leaves) were 48 ± 3.55 and 8 ± 0.15 (for intestinal maltase) and 35 ± 1.95 and 6 ± 1.33 (for intestinal sucrase)⁸. Three active ellagitannins, identified as chebulanin, chebulagic acid and chebulinic acid isolated from dried *Terminalia chebula* fruits were reported to possess intestinal maltase inhibitory activity but with quite high IC_{50} values of 690, 97 and 36 μM , respectively²⁷. Chebulagic acid was a reversible and noncompetitive inhibitor of intestinal maltase and a more potent inhibitor of maltase-glucoamylase complex

than that of sucrase-isomaltase complex²⁸. Compounds like 3,4-dicaffeoylquinic acid, 3,5-dicaffeoylquinic acid and 4,5-dicaffeoylquinic acid isolated from the flower buds of *Tussilago farfara* L. also inhibited intestinal maltase activity but with IC_{50} value in mM range²⁹. The Dixon plots and S/v vs I plots showed that nimbidiol inhibited various glucosidases in a mixed competitive fashion (Figures 2–5). Saponarin, isolated from *Tinospora cordifolia* also showed mixed competitive inhibition towards various glucosidases⁸. It is to be mentioned here that salacinol and kotalanol showed a fully competitive type of inhibition on each α -glucosidase³⁰, while acarbose showed a full competitive inhibition towards intestinal sucrase³¹ and maltase¹³ but noncompetitive type of inhibition towards pancreatic amylase³². Flavonoids isolated from the roots of *Sophora flavescens* showed a noncompetitive type of inhibition for α -glucosidases³³. It was reported that

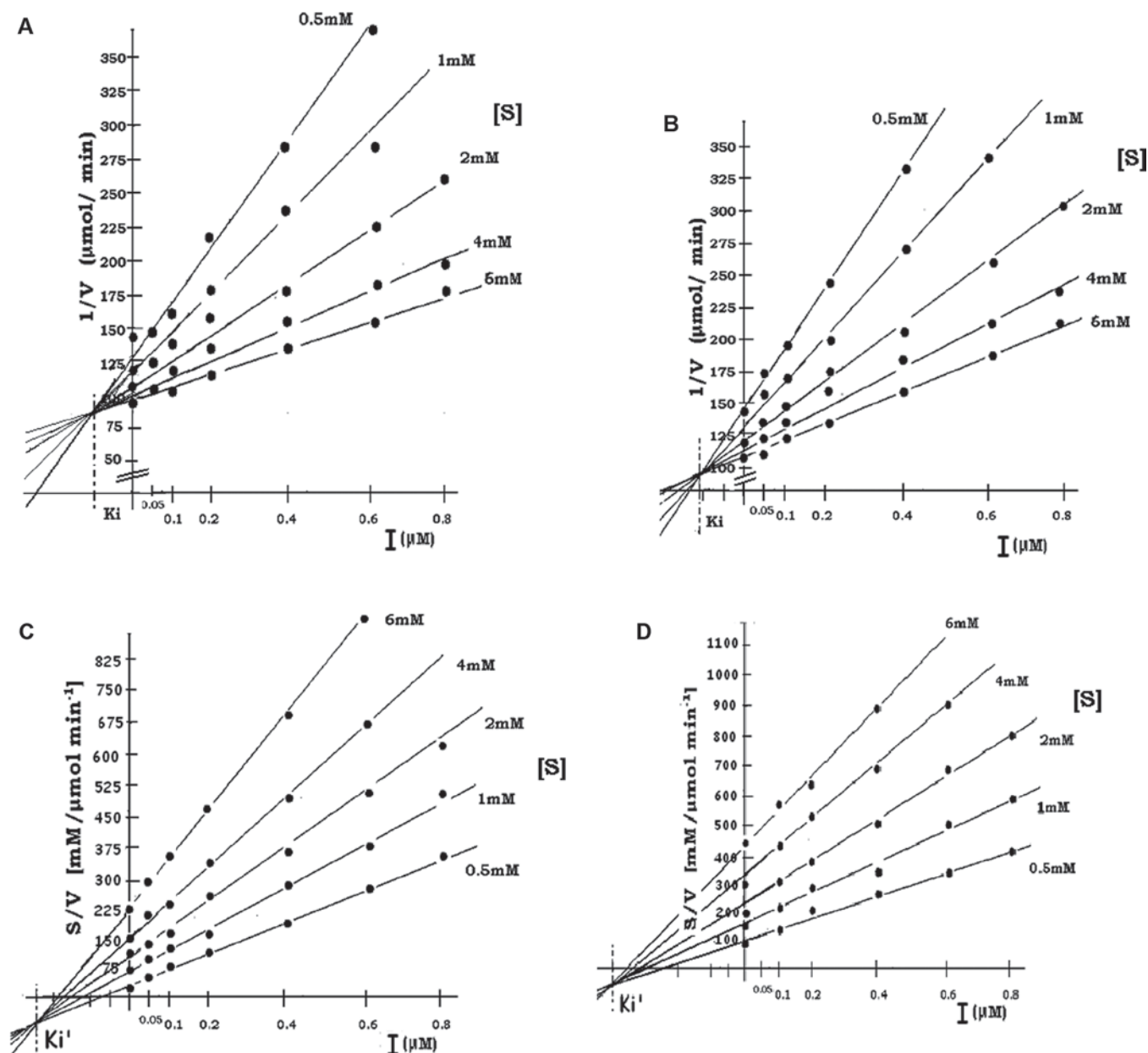


Figure 4. Determination of K_i and K_i' of nimbidiol on intestinal glucoamylase. Dixon plot ($1/V$ vs I) for inhibition of nimbidiol on activities of intestinal glucoamylase using maltotetraose as substrate (a), and maltotriose as substrate (b). S/V vs I plot for inhibition of nimbidiol on intestinal glucoamylase using maltotetraose as substrate (c) and maltotriose as substrate (d). Nimbidiol (0.05–0.8 μM) was added against different concentrations (0.5–6 mM) of maltotetraose and maltotriose. $[S]$. Enzyme activities were determined as mentioned in the text.

natural circuminoid (bisdemethoxycurcumin) inhibited α -glucosidase in a noncompetitive fashion³⁴. Inhibitors from plant sources like mangiferin with xanthinone aglycon and salacinol or kotalanol with thiosugar moieties have received attention for the development of antidiabetic drug³⁰. Tadera et al.³⁵ extensively studied inhibitory activity of flavonoids on α -glucosidase activity and reported relatively poor inhibition of rat intestinal enzymes by the flavonoids. Recently, it was reported that catechin analogues with alkyl side chains were potential antioxidant molecules with α -glucosidase inhibitor activities³⁶. Diterpenoids have also gained much importance as α -glucosidase inhibitors. Recently,

a labdane type diterpene (spicatanol) isolated from the rhizomes of *Hedychium spicatum* showed α -glucosidase inhibitory activities but with a higher IC_{50} value of 34.1 μM ³⁷. Another new diterpenoid, 15-angeloyloxy-16,17-epoxy-19-kauronic acid along with its known metabolite 16-kauren-19-oic acid isolated from the roots of *Chromolaena odorata*, exhibited strong α -glucosidase inhibitory activities³⁸. Two new icetexane diterpenes-8,11,13-icetexatriene-10-hydroxy,11,12,16-triacetoxyl and 8,11,13-icetexatriene-7,10,11-dihydroxy-12,13-dihydrofuran isolated from the roots of *Premna tomentosa* displayed intestinal α -glucosidase inhibitory activities³⁹. Thus, nimbidiol appears to have broad

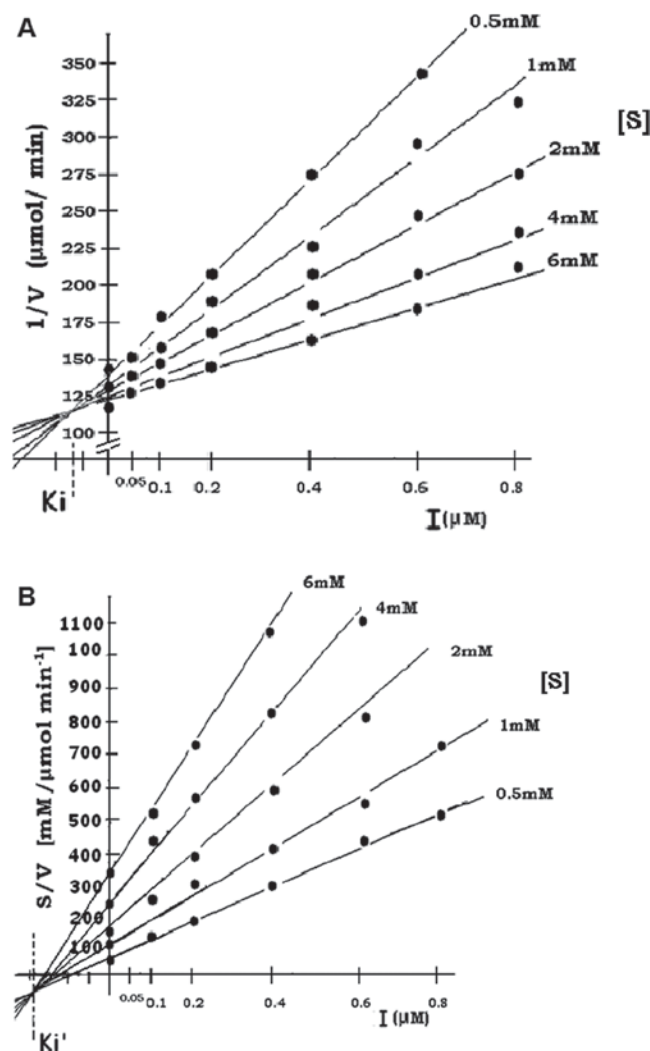


Figure 5. Determination of K_i and K_i' of nimbidiol on intestinal isomaltase. Dixon plot ($1/V$ vs I) for inhibition of nimbidiol on activities of intestinal isomaltase (a) and S/V vs I plot for inhibition of nimbidiol on intestinal isomaltase (b). Nimbidiol (0.05–0.8 μM) was added against different concentrations (0.5–6 mM) of isomaltose $[S]$. Enzyme activities were determined as mentioned in the text.

inhibitory activities on almost all glucosidases involved not only with digestion of starch but also other dietary sugars like sucrose and lactose.

Conclusion

Nimbidiol, which could be synthesized easily²⁵, is a broad spectrum inhibitor of all intestinal glucosidases (maltase-glucoamylase, sucrase-isomaltase, lactase and trehalase). Thus, the plant bioactive molecule shows much promise to be developed as an antidiabetic drug.

Declaration of interest

The authors declare no conflicts of interest. The authors alone are responsible for the content and writing of the article.

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