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ORIGINAL ARTICLE

An imbalance between angiogenic and anti-angiogenic factors precedes fetal death in a subset of patients: results of a longitudinal study

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Abstract

Objective. Women with a fetal death at the time of diagnosis have higher maternal plasma concentrations of the antiangiogenic factor, soluble vascular endothelial growth factor receptor (sVEGFR)-1, than women with a normal pregnancy. An important question is whether these changes are the cause or consequence of fetal death. To address this issue, we conducted a longitudinal study and measured the maternal plasma concentrations of selective angiogenic and antiangiogenic factors before the diagnosis of a fetal death. The anti-angiogenic factors studied were sVEGFR-1 and soluble endoglin (sEng), and the angiogenic factor, placental growth factor (PIGF).

Methods. This retrospective longitudinal nested case–control study included 143 singleton pregnancies in the following groups: (1) patients with uncomplicated pregnancies who delivered a term infant with an appropriate weight for gestational age (n=124); and (2) patients who had a fetal death (n=19). Blood samples were collected at each prenatal visit, scheduled at 4-week intervals from the first trimester until delivery. Plasma concentrations of sVEGFR-1, sEng, and PIGF were determined by specific and sensitive ELISA. A linear mixed-effects model was used for analysis.

Results. (1) The average profiles of analyte concentrations as a function of gestational age for sVEGFR-1, sEng and PIGF were different between women destined to have a fetal death and those with a normal pregnancy after adjusting for covariates (p < 0.05); (2) Plasma sVEGFR-1 concentrations in patients destined to have a fetal death were significantly lower between 7 and 11 weeks of gestation and became significantly higher than those of women with a normal pregnancy between 20 and 37 weeks of gestation (p < 0.05); (3) Similarly, plasma sEng concentrations of women destined to have a fetal death were lower at 7 weeks of gestation (p = 0.04) and became higher than those of controls between 20 and 40 weeks of gestation (p < 0.05); (4) In contrast, plasma PIGF concentrations were higher among patients destined to develop a fetal death between 7 and 14 weeks of gestation and became significantly lower than those in the control group between 22 and 39 weeks of gestation (p < 0.05); (5) The ratio of PIGF/(sVEGFR-1 × sEng) was significantly higher in women destined to have a fetal death between 7 and 13 weeks of gestation (94-781%) and significantly lower (44-75%) than those in normal pregnant women between 20 and 40 weeks of gestation (p < 0.05); (6) Similar results were obtained when patients with a fetal death were stratified into those who were diagnosed before or after 37 weeks of gestation.

Conclusions. Fetal death is characterised by higher maternal plasma concentrations of PIGF during the first trimester compared to normal pregnancy. This profile changes into an anti-angiogenic one during the second and third trimesters.

Keywords: Soluble VEGF receptor-1, sFlt-1, soluble endoglin, placental growth factor, mixed- effect model, fetal demise, stillbirth, pregnancy, anti-angiogenic state

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Introduction

Fetal death is one of the 'great obstetrical syndromes' [1–3]. As such, it may be expected to have: (1) multiple aetiologies; (2) a preclinical stage; and (3) genetic and environmental predisposing factors (which, alone or in combination, may modify the risk of its occurrence) [1]. In addition, fetal death may be considered, in some cases, to be adaptive in nature. Indeed, fetal death of one twin may result in the improvement of preeclampsia [4–7]. Thus far, most research about the causes of fetal death has been based on epidemiologic studies [8–17].

The 'Tulip' classification system suggests that the leading causes of fetal death are: (1) pathology of the placenta and the placental bed (64.3%); (2) congenital anomalies (5.8%); (3) infection (1.7%); (4) others (4.9%); and (5) unknown causes (23.3%) [18]. It is important to recognise that the term 'cause' is used when referring to an association between fetal death and a clinical or pathologic condition, and that the postulates for causation are not often met. Another limitation of the current classifications of the factors associated with fetal death is that subclinical pathologic processes have not been studied. For example, intra-amniotic infection/inflammation is rigorously excluded only in a minority of cases [19-22]. Inadequate fetal growth is often considered a cause of fetal death [9,23–25], but many cases of intrauterine growth restriction result in a live birth. Thus, the causal link remains open to question. We propose that progress in understanding the causes of fetal death has been hampered by the cross-sectional nature of the studies. Indeed, most reports examine conditions present at the time of fetal death or after (but not before). Therefore, longitudinal studies are required to gain insight into pathogensis.

Pregnancy is a unique state in which both vasculogenesis and extensive angiogenesis are required for fetal and placental development [26,27]. The balance between angiogenesis and anti-angiogenesis is important for successful reproduction [28–30]. Indeed, increased circulating concentrations of anti-angiogenic factors -soluble vascular endothelial growth factor receptor (sVEGFR)-1 and soluble endoglin (sEng)- and decreased concentrations of an angiogenic factor -placental growth factor (PIGF)-have been reported in patients with preeclampsia [31–65], a small for gestational age (SGA) fetus [38,46,49,57,66–70], placental abruption [71], 'mirror syndrome' [72–74], and twin-to-twin transfusion syndrome [75].

The overlapping clinical features, as well as placental pathology among fetal death, preeclampsia and fetal growth restriction [9,23,76–81], suggest

that pregnancies with a fetal death may have an antiangiogenic state as reflected by abnormal profiles of the maternal plasma concentrations of angiogenic and anti-angiogenic factors. A cross-sectional study also demonstrated a higher median delta maternal plasma sVEGFR-1 concentration among patients presenting with a fetal death than those with a normal pregnancy [82]. Moreover, spontaneous resolution of early-onset preeclampsia accompanied by an improvement of the anti-angiogenic state after fetal demise in a twin pregnancy has recently been reported [83].

A longitudinal study reported by our group demonstrated that patients with an SGA neonate and those who developed preeclampsia differ in the maternal plasma concentration of specific angiogenic and anti-angiogenic factors [84]. This observation suggests that each obstetrical syndrome may have a unique angiogenic and anti-angiogenic profile, and that these differences may reflect the underlying mechanisms of disease, as well as the timing and magnitude of the insult responsible for the clinical phenotype. To test this hypothesis, we conducted a longitudinal study to determine whether patients who subsequently had a fetal death have a different profile in maternal plasma concentrations of sVEGFR-1, sEng, and PIGF as a function of gestational age than those with normal pregnancy outcome.

Material and methods

This retrospective, longitudinal nested case–control study included 143 women with singleton pregnancies in the following groups: (1) uncomplicated pregnancies who delivered an appropriate for gestational age neonate (controls; n = 124); and (2) patients who had a fetal death (n = 19).

Plasma samples were obtained at each prenatal visit, scheduled at 4-week intervals from the first or early second trimester until delivery. In cases in which more than one sample from the same patient in a specific gestational age group was available, the earliest sample was chosen. Fetal death was defined as death of the fetus after 20 weeks of gestation diagnosed by ultrasound examination. Fetuses with known congenital and/or chromosomal abnormalities, as well as pregnancies complicated by preeclampsia were excluded. SGA was diagnosed as a birth weight below the 10th percentile for gestational age [85].

The collection and utilisation of the samples was approved by both the Human Investigation Committee of the Sotero del Rio Hospital, Santiago, Chile (a major affiliate of the Catholic University of Santiago) and the Institutional Review Board of the *Eunice Kennedy Shriver* National Institute of Child Health and Human Development (NICHD/NIH/DHHS). Many of these samples were used in previous studies.

Doppler velocimetry

Pulsed-wave and colour Doppler ultrasound examination of the uterine and umbilical arteries was performed in some patients. The pulsatility index (PI) of the right and left uterine arteries was measured and the mean PI of the two vessels was calculated. Uterine artery Doppler velocimetry was defined as abnormal if the mean PI was above the 95th percentile for gestational age using the reference range proposed by Gomez et al. [86]. The Doppler signal of the umbilical artery was obtained from a free floating loop of the umbilical cord during the absence of fetal breathing and body movement. The PI was measured. Umbilical artery Doppler velocimetry was defined as abnormal if the PI was above the 95th percentile for gestational age using the reference range proposed by Aruduini and Rizzo [87].

Sample collection

Blood samples were collected into tubes containing EDTA. The samples were centrifuged for 10 min at 4° C and stored at -70° C. Laboratory personnel were blinded to the clinical diagnosis.

Human sVEGFR-1, sEng, and PlGF immunoassays

Maternal plasma concentrations of sVEGFR-1, sEng and PIGF were determined by sensitive and specific immunoassays (R&D Systems. Minneapolis, MN, USA). All immunoassays utilised a sandwich enzyme based technique and had been validated for plasma determinations of the analytes. The inter- and intraassay coefficients of variation (CV) were: sVEGFR-1: 1.4% and 3.9%, sEng: 2.3% and 4.6% respectively; and PIGF: 6.02% and 4.8%, respectively. The sensitivity of the assays was: sVEGFR-1: 16.97 pg/ ml, sEng: 0.08 ng/ml and PIGF: 9.52 pg/ml.

Statistical analysis

Cross-sectional analysis of demographic and clinical characteristic data

The Kolmogrov–Smirnov and the Shapiro–Wilk tests were used to assess the distribution of the data. Since the data were not normally distributed, we used the Kruskal–Wallis test for comparisons among groups, and the Mann–Whitney U test for comparisons between groups for continuous variables. Chi-square or Fisher's exact tests were used for comparisons of categorical variables.

Longitudinal analysis of plasma sVEGFR-1, sEng and PlGF concentrations

Changes in the plasma concentrations of angiogenicrelated factors over time and between groups were determined using a linear mixed-effects model [fixed effects + random effects]. The fixed effects were the diagnosis (a factor with two levels: normal pregnancy and fetal death), the linear and quadratic effects of gestational age on the concentration of the analytes, and several covariates including maternal age, body mass index (BMI), smoking, nulliparity and duration of sample storage. The interaction terms of the linear and quadratic effects of gestational age with the diagnosis were included in the model. This allowed testing the difference in analyte concentrations between the fetal death and control groups at specific gestational ages. The random effect used in the mixed-effects model was the intercept of each individual patient (i.e. the baseline concentration at 7 weeks of gestation). The model was fitted to the natural log (log_e) transformed plasma concentration after replacement of zero concentration (below the detection limit) with 99% of the smallest non-zero concentration observed in the entire dataset for a given analyte (there were 16 zero values for PIGF in the control group and they were replaced with 6.33 pg/ml, and there was 1 zero value in the control group for sVEGFR-1 which was replaced with 384.6 pg/ml).

A natural logarithmic transformation was employed to stabilise the variance across the entire gestational age range. Statistical significance of the fixed effects model was assessed using *t*-tests, and a p < 0.05 was considered significant. The R statistical environment (www.r-project.org) and the specialised *nlme* package [Jose Pinheiro, Douglas Bates, Saikat DebRoy, Deepayan Sarkar and the R Core team (2008). nlme: Linear and Non-linear Mixed Effects Models. R package version 3.1–90] were used for all longitudinal analyses.

Results

The demographic and clinical characteristics of the study population

The demographic and clinical characteristics of the study groups are displayed in Table I. There was no significant difference in the frequency of nulliparity, smoking, the median maternal age and the median gestational age at enrollment between patients destined to have a fetal death and those who had a normal pregnancy.

	Normal pregnancy $(n = 124)$	Fetal death $(n=19)$	Þ
Maternal age (years)	24 (16–47)	24 (16-44)	0.4
Body mass index (BMI) (kg/m ²)	23.5 (16–37)	23.7 (19–44)	0.4
Smoking	14 (11.3%)	1 (5.3%)	0.7
Nulliparity	58 (46.8%)	11 (57.9%)	0.4
GA at enrollment (weeks)	12.2 (7.9–14.9)	11.1 (6.3–19.4)	0.3
GA at delivery (weeks)	40.0 (37.3–41.9)	36.0 (20.6–40.3)	< 0.001
Birthweight (g)*	3390 (2580-4090)	2280 (420-3650)	< 0.001
Birthweight <10th percentile	0	6 (33.3%)	< 0.001
Delivery < 37 weeks	0	11 (57.9%)	< 0.001

Table I. Demographic and clinical characteristics of the study groups.

Data expressed as median (range) and number (percentage). GA, gestational age. \star : *n* of fetal death group = 18.

The median gestational age at delivery and the median birthweight were lower in patients with a fetal death than that of those in the control group (p < 0.001; Table I). Two patients (10.5%) with a fetal demise had clinical placental abruption, and six patients (33%) delivered neonates whose birthweights were <10th percentile for gestational age. The median gestational age at diagnosis of fetal death was 35.9 weeks (range 20–40). Fetal death was diagnosed before 24 weeks in three patients (15.7%) and at term gestation (37 weeks or more) in eight patients (42%).

This study included a total of 973 samples with 867 samples from the control group and 106 samples from patients with a fetal death. All patients except one in the control group had seven blood samples, while patients in the fetal death group had a median of six blood samples, with a range of 2-10.

Plasma concentrations of sVEGFR-1, sEng and PlGF

Plasma concentrations of sVEGFR-1, sEng, and PlGF in normal pregnant women and those of patients with fetal death for each gestational age interval are displayed in Table II. The plasma concentration of PlGF in the first trimester (6–13 weeks) was above the detection limit of the assay in 83% (72/87) of the control group, and all samples (n = 12) obtained in the first trimester (6– 13 weeks) from women destined to have a fetal death had PlGF concentrations above the sensitivity of the assay.

The changes in plasma concentrations of sVEGFR-1, sEng and PIGF in patients destined to have a fetal death and those who had a normal pregnancy across all gestational ages are displayed in Figures 1, 2 and 3, respectively. The curves in the figures represent a quadratic fit of the analyte concentration based on the gestational age (without adjusting for covariates). By examining these curves, an overview of the relationship between plasma

concentrations of sVEGFR-1, sEng, PIGF and gestational age in patients who subsequently had a fetal death and those with a normal pregnancy outcome can be surmised. The mean maternal plasma concentration of sVEGFR-1 in the fetal death group was lower during the first trimester, and became higher than that of the control group during the second and third trimesters (Figure 1). Similar changes were observed for sEng (Figure 2). In contrast, the mean maternal plasma PIGF concentration in patients destined to have a fetal death was higher in the first trimester, but lower than that of the control group until term (Figure 3). Individual profiles of the maternal plasma concentrations of sVEGFR-1, sEng and PlGF in women destined to have a normal pregnancy (controls) and those destined to have a fetal death are displayed in Figure 4.

Longitudinal analysis of plasma sVEGFR-1, sEng and PlGF concentrations

A linear mixed-effects model was used to assess the relationship between fetal death and angiogenic/antiangiogenic factor plasma concentrations while adjusting for gestational age at venipuncture, maternal age (years), BMI (Kg/m²), smoking, nulliparity and duration of sample storage (years). Overall, the average profiles of analyte concentrations as a function of gestational age for sVEGFR-1, sEng and PIGF were different between the two groups as determined by the *p*-values (p < 0.05) for the 'Fetal death \times GA' and 'Fetal death \times GA²' coefficients in Table III (see also Figure 1-3). The inclusion of the interaction terms 'Fetal death \times GA' and 'Fetal death \times GA², in the mixed effects model allowed evaluation of the significance and magnitude of the differences in plasma angiogenic/anti-angiogenic factor concentrations between groups at the origin of the GA scale (i.e. GA = 0). Since a gestational age of 0 does not have a meaningful interpretation, the origin was shifted to 7 weeks. Table III demonstrates

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		Controls	Fetal death
1st interval (6–10 weeks)	GA	9.3 (8.9–9.4)	8.8 (8.5–9.5)
	sVEGFR-1 (pg/ml)	1363 (1006–1746)	1258 (886–2999)
	sEng (ng/ml)	7.1 (6.3–7.6)	7.3 (6.6–7.9)
	PlGF (pg/ml)	9.8 (6.3–24.4)	18.2 (13.3–21.3)
	n	16	8
2nd interval (10.1-14 weeks)	GA	12.3 (11.3–13.0)	12.3 (11.2–13.6)
	sVEGFR-1 (pg/ml)	1732 (1287–2238)	1810 (1549–2333)
	sEng (ng/ml)	7.3 (6.3–8.6)	7.5 (6.6–9.1)
	PlGF (pg/ml)	34.3 (24.5-48.9)	38.0 (26.1-45.1)
	n	98	10
3rd interval (14.1-18 weeks)	GA	16.7 (16.0-17.5)	15.4 (15.0-17.0)
	sVEGFR-1 (pg/ml)	1628 (991–2378)	1931 (1514–2772)
	sEng (ng/ml)	7.0 (6.0–7.7)	6.4 (6.0–7.8)
	PlGF (pg/ml)	99.1 (79.1–121.7)	88.9 (45.8–108.9)
	n	99	17
4th interval (18,1–22 weeks)	GA	20.7(19.3-21.4)	20.4(19.3-21.1)
	sVEGER-1 (pg/ml)	1606 (1192–2357)	1658 (1362-2986)
	sEng (ng/ml)	6.0(5.2-7.0)	7.1 (6.0–8.4)
	PIGE (ng/ml)	229.2(154.5-323.4)	142.6 (99.0–235.8)
	<i>n</i>	95	17
5th interval (22, 1–26 weeks)	GA	24.0(22.7-25.4)	24.3(23.9-25.1)
5th interval (22.1 20 weeks)	eVEGER-1 (ng/ml)	1607 (1124 - 2605)	1802 (1184 - 2460)
	sFng (ng/ml)	61(51-74)	6.8 (5.8-8.9)
	PICE (ng/ml)	300.0 (275.3_565.0)	3181(1756-4426)
		108	12
6th interval (26.1.30 weeks)	GA	27.6 (26.8, 20.6)	284(272200)
our interval (20.1–50 weeks)	eVEGER-1 (ng/ml)	1672 (1236-2300)	20.4(21.2-29.0) 3320(2502-4873)
	sEng (ng/ml)	72(6188)	10.0(7.1,11.4)
	DICE (ng/ml)	7.2 (0.1-0.0)	10.0(7.1-11.4)
		108	10
7th interval (20, 1, 24 weeks)	n	21 1 (20 6 21 7)	22.7(22.0, 22.0)
Thi lineival (50.1–54 weeks)	VECEP 1 (ng/ml)	31.1 (30.0-31.7) 2060 (1473 2712)	52.7 (52.0-55.0) 6425 (4820, 7008)
	$s_{\text{Eng}} (ng/ml)$	2009 (1475-2712)	16.2(11.0, 20.3)
	DICE (ng/ml)	5.0 (0.9-11.9)	10.2 (11.0-20.3)
	rior (pg/iii)	79	203.7 (00.7–394.8)
	n	78 25 ((24 0, 26 1)	11
8th interval (34.1–38 weeks)		55.0 (54.9-50.1) 2686 (2621, 4077)	55.5 (54.4-50.4) 5590 (2002 7525)
	svEGFR-1 (pg/mi)	3080 (2021-4977)	5580 (3805-7555)
	sEng (ng/ml)	11.9 (9.1-17.1)	14.8 (12.8–24.6)
	PIGF (pg/ml)	312.9 (185.8–654.5)	443.1 (109.1–1001.5)
	n		
9th interval (38.1–42 weeks)	GA	39.9 (39.4–40.7)	39.4 (39.3–39.4)
	sVEGFR-1 (pg/ml)	7571 (5855–10965)	9166 (2958–12936)
	sEng (ng/ml)	13.1 (9.8–19.3)	18.1 (15.0–23.4)
	PlGF (pg/ml)	128.2 (86.8–194.7)	184.1 (15.6–438.8)
	n	112	5

Table II. Median (interquartile range) plasma concentrations of sVEGFR-1, sEng, and PIGF in each gestational age interval.

that the difference in concentrations of each analyte at 7 weeks was significant (sVEGFR-1: p = 0.0002; sEng: p = 0.0464 and PIGF: p < 0.0001; see supplementary Table I).

By preserving the same model structure, the differences in plasma angiogenic/anti-angiogenic factor concentrations between the two groups while adjusting for all covariates were evaluated from 7 to 40 weeks of gestation (Table IV and supplementary Table I). The magnitude of differences in plasma concentrations of sVEGFR-1, sEng and PIGF between the two groups was a function of gestational age. The maternal plasma sVEGFR-1

concentrations were significantly lower (26–48%) among patients destined to have a fetal death than those of the control group from 7 to 11 weeks of gestation (each p < 0.05; Table IV). Subsequently, maternal plasma sVEGFR-1 concentrations in the cases increased until term, while those of normal pregnancy trended down in the second trimester and rose again in the third trimester (see Figure 1). Maternal plasma sVEGFR-1 concentrations in women destined to have a fetal death were significantly higher (26–51%) than in those with a normal pregnancy from 20 to 37 weeks of gestation (p < 0.05; Table IV).



Figure 1. Maternal plasma concentrations (actual data on a loge scale) of soluble vascular endothelial growth factor receptor-1 (sVEGFR-1) in women with a normal pregnancy (\circ) and patients destined to have a fetal death (\bullet). Each curve represents a quadratic model fit of the concentrations as a function of gestational age in normal pregnant women (dashed line) and those with a fetal death (solid line) without adjusting for covariates. The short vertical lines on the solid curve denote statistical significance between the two groups at the corresponding gestational age according to a linear mixed-effects model adjusting for covariates.



Figure 2. Maternal plasma concentrations (actual data on a log_e scale) of soluble endoglin (sEng) in women with a normal pregnancy (\circ) and patients destined to have a fetal death (\bullet). Each curve represents a quadratic model fit of the concentrations as a function of gestational age in normal pregnant women (dashed line) and those with a fetal death (solid line) without adjusting for covariates. The short vertical lines on the solid curve denote statistical significance between the two groups at the corresponding gestational age according to a linear mixed-effects model adjusting for covariates.



Figure 3. Maternal plasma concentrations (actual data on a loge scale) of placental growth factor (PIGF) in women with a normal pregnancy (\circ) and patients destined to have a fetal death (\bullet). Each curve represents a quadratic model fit of the concentrations as a function of gestational age in normal pregnant women (dashed line) and those with a fetal death (solid line) without adjusting for covariates. The short vertical lines on the solid curve denote statistical significance between the two groups at the corresponding gestational age according to a linear mixed-effects model adjusting for covariates.

Similarly, plasma sEng concentrations of women destined to have a fetal death were lower (21%) at 7 weeks of gestation (p = 0.04) and became significantly higher (18-62%) between 20 and 40 weeks of gestation than those of women destined to have a normal pregnancy (p < 0.05; Table IV). In contrast to the anti-angiogenic analytes, the maternal plasma PIGF concentrations were higher (46-262%) among patients destined to have a fetal death than in women who had a normal pregnancy outcome between 7 and 14 weeks of gestation (p < 0.05; Table IV). After the first trimester, plasma concentrations of PIGF in patients with fetal death increased at a slower rate than those with a normal pregnancy until the early third trimester (see Figure 3). Between 22 and 39 weeks of gestation, the maternal plasma PlGF concentrations became significantly lower (26-46%) among patients destined to have a fetal death than in those in the control group (p < 0.05; Table IV). Note that the assessment of the magnitude and significance of the between group differences shown in Table IV and supplementary Table I included an adjustment for all covariates explored in this study.

Collectively, patients destined to have a fetal death compared to those who had a normal pregnancy were characterised by higher plasma concentration of PIGF in the first trimester, and lower plasma concentrations of sVEGFR-1 and sEng. This profile changed to favour higher concentrations of



Figure 4. Individual profiles of maternal plasma concentrations (actual data on a log_e scale) of sVEGFR-1, sEng and PIGF as a function of gestational age in women destined to have a normal pregnancy (controls) and those destined to have a fetal death.

sVEGFR-1 and sEng, but lower PIGF in the second and third trimesters.

Longitudinal analysis of the ratio between angiogenic factor (PlGF) and anti-angiogenic factor (sVEGFR-1 and/or sEng) concentrations

A similar longitudinal analysis was conducted on the ratios of analytes [PIGF/sVEGFR-1, PIGF/sEng, and $PlGF/(sVEGFR-1 \times sEng)$] instead of individual concentrations (see Table V and supplementary Table II). The ratio of PlGF/sVEGFR-1 \times sEng was significantly higher in women destined to have a fetal death between 7 and 13 weeks of gestation (94–781%) and significantly lower (44-75%) between 20 and 40 weeks of gestation than those in normal pregnant women (each p < 0.05; Table V and Figure 5). The ratio of PlGF/(sVEGFR-1 \times sEng), PlGF/sEng or PIGF/sVEGFR-1 differed significantly (p < 0.05) between patients with fetal death and those with normal pregnancy in 28 out of 34 (82%) gestational weeks evaluated (Table V and supplementary Table II). However, among the three ratios evaluated, the ratio PlGF/(sVEGFR-1 \times sEng) provided the best discrimination between women destined to have a fetal death and those destined to have a normal pregnancy outcome (as determined by the number of weeks from 7 to 40 when the differences were statistically significant and also based on the magnitude of the differences expressed in percentages, Table V and supplementary Table II). When the patients with placental abruption and those who had an SGA fetus were excluded, the ratios of PlGF/(sVEGFR-1 × sEng) were significantly higher in women destined to have a fetal death between 7 and 12 weeks of gestation (103–585%) and significantly lower (47–61%) between 21 and 34 weeks of gestation than those in normal pregnant women (each p < 0.05).

Longitudinal analysis of the ratio of $PlGF/(sVEGFR-1 \times sEng)$ in fetal death in preterm and term gestations

We subdivided patients with fetal death into those who were diagnosed before or after 37 weeks and compared the results with those of normal pregnancy (Table VI and supplementary Table III). The ratio of PIGF/(sVEGFR-1 × sEng) in patients with preterm fetal death was significantly higher between 7 and 11

		[Vs	EGFR-1				ري ا	s-Eng				I	PIGF		
	Value	Std. error	DF	t	þ	Value	Std. error	DF	t	þ	Value	Std. error	DF	t	þ
(Intercept)	8.1391	0.2522	825	32.28	0.0000	2.3068	0.1687	825	13.67	0.0000	2.2029	0.3295	825	6.69	0.0000
Fetal death	-0.6585	0.1722	137	-3.82	0.0002	-0.2350	0.1169	137	-2.01	0.0464	1.2877	0.2278	137	5.65	0.0000
GA	-0.1015	0.0064	825	-15.78	0.0000	-0.0507	0.0044	825	-11.49	0.0000	0.4430	0.0086	825	51.63	0.0000
GA^2	0.0039	0.0002	825	22.19	0.0000	0.0020	0.0001	825	17.06	0.0000	-0.0100	0.0002	825	-43.02	0.0000
Maternal age	-0.0022	0.0058	137	-0.39	0.7007	0.0058	0.0039	137	1.49	0.1380	-0.0097	0.0076	137	-1.28	0.2026
BMI	-0.0172	0.0079	137	-2.19	0.0300	-0.0150	0.0053	137	-2.85	0.0050	-0.0112	0.0103	137	-1.09	0.2774
smoking	-0.0730	0.1082	137	-0.68	0.5007	0.0132	0.0722	137	0.18	0.8550	0.2394	0.1411	137	1.70	0.0920
Nulliparity	0.2112	0.0749	137	2.82	0.0055	0.0768	0.0500	137	1.54	0.1271	-0.1544	0.0977	137	-1.58	0.1164
Duration of storage	0.0002	0.0001	825	3.45	0.0006	0.0000	0.0000	825	0.97	0.3342	-0.0003	0.0001	825	-4.15	0.0000
Fetal death \times GA	0.0975	0.0188	825	5.19	0.0000	0.0368	0.0129	825	2.86	0.0043	-0.1514	0.0251	825	-6.04	0.0000
Fetal death $\times \text{GA}^2$	-0.0022	0.0005	825	-4.05	0.0001	-0.0005	0.0004	825	-1.23	0.2203	0.0030	0.0007	825	4.14	0.0000
GA restational area 1	BMI hody m	and av													

Table III. Longitudinal analysis of the association between anti-angiogenic (sVEGFR-1 and sEng) or angiogenic factor (PIGF) and fetal death after adjusting for confounding factors.

GA, gestational age: DIVIL, DOLY MASS MILLA. Fetal death \times GA², interaction between diagnosis and GA; Fetal death \times GA², interaction between diagnosis and GA².

weeks of gestation (111–328%) and significantly lower (49–94%) between 20 and 37 weeks of gestation than those in normal pregnant women (each p < 0.05; Table VI and Figure 6). In patients with term fetal death, the ratio of PIGF/(sVEGFR-1 × sEng) was significantly higher between 7 and 14 weeks of gestation (119–1146%) and significantly lower (48–54%) between 25 and 34 weeks of gestation than those in normal pregnant women (each p < 0.05; Table VI and Figure 7). The ratio of PIGF/(sVEGFR-1 × sEng) in patients with fetal death in preterm and term gestation was significantly different from that of normal pregnant women in 74% (23/31) and in 53% (18/34) of the number of weeks evaluated (supplementary Table III).

Umbilical and uterine artery Doppler velocimetry in patients with a fetal death

Seventeen patients (89%) in the fetal death group had results of Doppler interrogation on umbilical and uterine arteries. The median gestational age at Doppler examination was 24 weeks (range 15.7-32.4) and the median duration from the examination to the diagnosis of fetal death was 57 days (range 15-151 days). The median umbilical artery PI was 1.5 (range 0.9-2.2). There were two patients who had Doppler examination at <20 weeks and there was no standard curve for umbilical artery PI published to interpret the results. One-fifth (3/15) of patients destined to develop fetal death had an abnormal umbilical artery PI. Similarly, the median mean uterine artery (average from the left and the right) PI was 0.9 (range 0.54-2.01). Four patients (23.5%) had an abnormal mean uterine artery PI. Three of them also had an abnormal umbilical artery PI.

Histological examination of the placenta

Ten (53%) placentas of patients with a fetal death were available for histological examination. Forty percent (4/10) had lesions consistent with maternal under perfusion (villous infarction, increased syncytial knots, intervillous fibrin, mural hypertrophy of the decidual arterioles and acute atherosis of the basal plate arterioles) according to the criteria proposed by Redline et al. [88]. Other lesions were chronic villitis (n=3), avascular villi (n=1), and villous stromalvascular karyorrhexis (n=1).

Comments

Principal findings of the study

(1) This is the first longitudinal study, that we are aware of, reporting a change in biological markers before fetal death. The analytes measured included

Table IV. The statistical differences (p) and percentage changes [(fetal death – control)/control × 100] in the maternal plasma concentrations of angiogenic and anti-angiogenic factors between patients with a fetal death and normal pregnant women according to gestational age.

	sVEGFR-1			sEng			PlGF	
GA (weeks)	Þ	% change	GA (weeks)	Þ	% change	GA (weeks)	Þ	% change
7-11	< 0.05	- (26-48)	7	0.04	-21	7-14	< 0.05	+(46-262)
12-19	> 0.05	_	8-19	> 0.05	_	15-21	> 0.05	-
20-37	< 0.05	+(26-51)	20-40	< 0.05	+(18-62)	22-39	< 0.05	- (26-46)
38–40	>0.05	_				40	0.06	_

The full version of this table is displayed in Supplementary Table I.

Table V. The statistical differences (p) and percentage changes [(fetal death – control)/control × 100] in the ratio of maternal plasma concentrations of angiogenic and anti-angiogenic factors between patients with a fetal death and normal pregnant women according to gestational age.

PlGF/(sVEGFR-1 >	< sEng)		PlGF/sEng		PIGF/sVEGFR-1		
GA (weeks)	Þ	% change	GA (weeks)	Þ	% change	GA (weeks)	Þ	% change
7–13	< 0.05	+(94-781)	7–14	< 0.05	+(47 - 362)	7-14	< 0.05	+ (56–593)
14-19	> 0.05	_	15-20	> 0.05	_	15-19	> 0.05	_
20-40	< 0.05	- (44-75)	21–40	< 0.05	- (35-64)	20–39 40	<0.05 0.06	- (34–64) -

The full version of this table is displayed in Supplementary Table II.



Figure 5. The ratio (log_e scale) of maternal plasma concentrations of PIGF/(sEng × sVEGFR-1) in women with a normal pregnancy (\circ) and patients destined to have a fetal death (\bullet). Each curve represents a quadratic model fit of the concentrations as a function of gestational age in normal pregnant women (dashed line) and those with a fetal death (solid line) without adjusting for covariates. The short vertical lines on the solid curve denote statistical significance between the two groups at the corresponding gestational age according to a linear mixed-effects model adjusting for covariates.

angiogenic and anti-angiogenic factors implicated in the genesis of pregnancy complications; (2) Patients destined to have a fetal death had a higher maternal plasma concentrations of PlGF and lower plasma concentrations of sVEGFR-1 and sEng in the first trimester than women destined to have a normal pregnancy; (3) In contrast, during the second and third trimesters, patients destined to have a fetal death had higher plasma concentrations of sVEGFR-1 and sEng, but lower plasma PlGF concentrations than women destined to have a normal pregnancy; and (4) The ratio of PlGF/(sVEGFR-1 × sEng) in patients destined to have a fetal death is higher in the first trimester, and lower in the second and third trimesters than that in normal pregnant women. The association between fetal death and the profile of the ratio of PlGF/(sEng × sVEGFR-1) is present in both preterm and term fetal deaths.

Fetal death has a unique anti-angiogenic profile

We have previously proposed that fetal death is one of the 'great obstetrical syndromes' [1]. The observations herein demonstrate that mothers destined to have a fetal death have a different angiogenic and anti-angiogenic profile than the profiles previously described in other obstetrical syndromes in the context of longitudinal studies (e.g. preeclampsia and SGA) [84]. The most obvious difference among fetal death, preeclampsia and SGA is that a subset of patients destined to have a fetal death had higher concentrations of PlGF in the first trimester of pregnancy and lower concentrations of sVEGFR-1 compared to those who had a normal pregnancy. The opposite is the case for preeclampsia, in which

Table VI. The statistical differences (p) and percentage changes [(fetal death – control)/control × 100] in the ratio of maternal plasma concentrations of angiogenic and anti-angiogenic factors [PIGF/ (sVEGFR-1 × sEng)] between patients with a fetal death and normal pregnant women stratified by gestational age at which fetal death was diagnosed.

	Fetal death at < 37 we	eks	I	Fetal death at > 37 we	eeks
GA (weeks)	Þ	% change	GA (weeks)	Þ	% change
7–11	< 0.05	+(111 - 328)	7-14	< 0.05	+(119-1146)
12-19	> 0.05	_	15-24	> 0.05	_
20–37	< 0.05	- (49-94)	25–34 35–40	<0.05 >0.05	- (48-54)

The full version of this table is displayed in Supplementary Table III.



Figure 6. The ratio (log_e scale) of maternal plasma concentrations of PIGF/(sEng × sVEGFR-1) in women with a normal pregnancy (\circ) and patients destined to have a fetal death before 37 weeks of gestation (•). Each curve represents a quadratic model fit of the concentrations as a function of gestational age in normal pregnant women (dashed line) and those with a fetal death (solid line) without adjusting for covariates. The short vertical lines on the solid curve denote statistical significance between the two groups at the corresponding gestational age according to a linear mixed-effects model adjusting for covariates.

PIGF concentrations are lower in the first trimester while there is no difference in the maternal plasma concentration of sVEGFR-1 [37,84,89]. In SGA, the maternal plasma concentrations of sEng are higher in the first trimester, while PIGF concentrations are lower than in normal pregnancy [84]. Of interest is that in a subset of patients destined to develop preterm labour with intact membranes, changes in PIGF, sVEGFR-1 and sEng in maternal plasma were not detected in the first trimester in a longitudinal study reported by our group [90]. Collectively, these observations suggest that the behaviour of maternal concentrations of angiogenic and anti-angiogenic factors among different complications of pregnancy differ according to the specific phenotype. Thus, it is not simply a matter of whether there is an angiogenic



Figure 7. The ratio (log_e scale) of maternal plasma concentrations of PlGF/(sEng × sVEGFR-1) in women with a normal pregnancy (\circ) and patients destined to have a fetal death after 37 weeks of gestation (•). Each curve represents a quadratic model fit of the concentrations as a function of gestational age in normal pregnant women (dashed line) and those with a fetal death (solid line) without adjusting for covariates. The short vertical lines on the solid curve denote statistical significance between the two groups at the corresponding gestational age according to a linear mixed-effects model adjusting for covariates.

or anti-angiogenic profile, but also when such a profile exists and what specific growth factors are involved.

Changes in maternal plasma sVEGFR-1

Patients destined to have a fetal death, compared to those destined to have a normal pregnancy, had lower maternal plasma sVEGFR-1 concentrations in the first trimester (between 7 and 11 weeks), which then became higher between 20 and 37 weeks of gestation. This observation is consistent with a previous cross-sectional study which demonstrated that high maternal serum concentrations of sVEGFR-1 between 10 and 14 weeks were associated with a reduced risk of stillbirth [57]. Previous studies indicate that patients destined to develop early-onset preeclampsia and late-onset preeclampsia have a significantly higher plasma sVEGFR-1 concentration than those destined to have a normal pregnancy only after 26 (range 24–28) and 30 (range 28–32) weeks of gestation, respectively [37,41,84]. Moreover, the magnitude of the changes is much higher in patients destined to develop preeclampsia than those destined to have a fetal death.

The changes in sVEGFR-1 concentrations in patients who delivered an SGA neonate were less dramatic than those observed in patients who developed preeclampsia [84]. Indeed, significantly higher maternal plasma concentrations of sVEGFR-1 were reported among patients with an SGA neonate at the time of diagnosis, in particular, among those with Doppler abnormalities in the uterine and umbilical arteries [70]. However, in a previous longitudinal study reported by our group, there was no significant difference in the changes of maternal plasma sVEGFR-1 concentrations between patients who were destined to deliver an SGA neonate and those with a normal pregnancy [84]. This suggests that sVEGFR-1 may be more important in determining the phenotype of preeclampsia and fetal death than that of SGA without Doppler abnormalities.

Changes in maternal plasma sEng

The pattern of maternal plasma sEng concentrations among patients destined to have a fetal death throughout pregnancy is unique. During the first trimester, the maternal plasma concentration of sEng is lower than that of women destined to have a normal pregnancy only at 7 weeks of gestation, and the change over time (advancing gestational age) is subtle in comparison to the magnitude of the change of sVEGFR-1. After the first trimester, the sEng concentrations increased in women destined to have a fetal death in comparison to those who went on to have a normal pregnancy; these became statistically significant between 20 and 40 weeks of gestation.

Our group reported that sEng was elevated from the 10th week of gestation among patients who were destined to deliver an SGA neonate [84]. In contrast, patients who developed preterm preeclampsia had a significant elevation of the maternal plasma concentrations of this analyte starting at 23 weeks of gestation, while those who subsequently developed term preeclampsia had a significant increase in maternal plasma sEng concentration only after 30 weeks of gestation [84]. Similarly, in the study conducted by Levine et al. [46], sEng was increased among patients who developed preterm preeclampsia or delivered an SGA neonate between 17 and 20 weeks of gestation, and between 25 and 28 weeks among those destined to develop term preeclampsia.

Changes in maternal plasma PlGF

The changes in the maternal plasma PlGF concentrations among patients destined to have a fetal death demonstrated a different pattern than those previously reported in patients destined to develop preeclampsia or deliver an SGA neonate [84]. While our previous longitudinal study demonstrated that the plasma PlGF concentrations in patients destined to develop preeclampsia or deliver an SGA neonate were significantly lower than those with a normal pregnancy in the first trimester from 10 to 11 weeks [84], the plasma PIGF concentration in patients with a fetal death reported herein was higher than that in normal pregnant women between 7 and 14 weeks. Moreover, the gestational age at which maternal plasma PIGF concentration peaked among patients destined to have a fetal death was slightly earlier (approximately 26 weeks) than that of normal pregnant women (approximately 28-30 weeks), and that of patients with an SGA neonate or term preeclampsia (approximately 27 weeks) as reported in a previous longitudinal study [84]. In contrast, patients with preterm preeclampsia had an earlier peak in their maternal plasma PIGF concentrations (before 25 weeks of gestation) [84] and substantially lower PIGF concentrations during the third trimester than normal pregnant women [37,84].

Possible mechanisms to explain the changes in angiogenic and anti-angiogenic factors in fetal death

Recent studies using hysteroscopy [91], hysterectomy specimens [91-93], Doppler velocimetry [94-97] and an advanced oxygen sensing probe [98–100] suggest that the circulation in the intervillous space is not established until 10-12 weeks [101]. Before this time, extravillous trophoblast plugs the tips of the spiral arteries; therefore, the conceptus is in a state of hypoxia. Upon dislodgement of the trophoblast plugs between 10 and 14 weeks, maternal blood enters the intervillous space and the oxygen tension increases. These developmental stages are designed to limit exposure of the trophoblast to oxygen [98,102-104]. The latter can induce the production of reactive oxygen radicals and oxidative stress and damage the placenta [105-109]. Untimely and premature opening of the spiral arteries leads to a state of hyperoxia in the intervillous space, and this can damage the placenta and lead to a spontaneous abortion [110-112].

A recent study of pregnancies undergoing voluntary termination between 6 and 12 weeks of gestation demonstrated an inverse relationship between the partial pressure of oxygen and the concentrations of sVEGFR-1 in blood from the placental bed, suggesting that the changes in oxygen tension can modulate the expression of specific placental proteins including anti-angiogenic factors in early pregnancy [113]. Moreover, high oxygen tension (40%) has been shown to up-regulate PlGF and down-regulate sVEGFR-1 protein expression in term villous explants [114,115]. Thus, it is possible that the observed lower plasma concentrations of sVEGFR-1 and higher plasma concentrations of PlGF in patients destined to have a fetal death in the early first trimester compared to those with a normal pregnancy result from abnormal high oxygen tension in the intervillous space.

Although the profile of angiogenic and antiangiogenic factors in the second and third trimesters of patients destined to have a fetal death is somewhat similar to that of those destined to develop preeclampsia, the magnitude of the changes is much higher in those with preeclampsia, especially for early-onset disease. It is noteworthy that in contrast to patients destined to have a fetal death, those who subsequently developed preeclampsia have lower plasma concentrations of PIGF than normal pregnant women, while there is no difference in sVEGFR-1 or sEng concentrations in the first trimester. Future studies should be performed to determine the biological activity of maternal blood (functional assay) and confirm that there is an anti-angiogenic state in patients with a fetal death.

Strengths and limitations of this study

The strengths of this study are its longitudinal nature and that several analytes have been measured. This represents the first longitudinal study of angiogenic and anti-angiogenic factors in women destined to have a fetal death. Another strength of this study is the analytical approach. Many longitudinal studies have been analysed using a cross-sectional approach. We have previously discussed the limitations of such an approach [84].

It is now accepted that testing hypotheses about the association between the maternal plasma concentration of anti-angiogenic/angiogenic factors or other analytes and important covariates [such as pregnancy outcome (normal pregnancy or fetal death), gestational age, BMI, etc.] requires a different set of analytical tools. The classical use of generalised linear models or repeated measure analysis of variance has limitations. Generalised linear models could overestimate the significance of the covariates, while the use of repeated measure ANOVA has limitations when there is missing data. These problems are overcome by using the linear mixed-effects model analysis. Other statistical approaches may also be appropriate. It is important to stress that whatever analytical approach is employed, it must take into account the correlated nature of the observations and

missing values. A mixed-effects model addresses this issue by allowing each individual to have its own 'random effect' on the baseline analyte concentration. Therefore, these models have the capability to fit the observed data much better than generalised linear models.

We have incorporated all the available data in the figures to enable the reader to visualise the main trends in the raw data on a logarithmic scale in each study group, while the individual profiles are presented in Figure 4. The curves in the figures presented in the manuscript represent a quadratic fit of the analyte concentration based on the gestational age alone. The purpose of these overall curves is to provide the reader with a description of the behaviour of the group's average concentration for a particular analyte at a given gestational age.

Limitations of this study are that the change of plasma angiogenic/anti-angiogenic factor concentrations in fetal demise was based on the assumption that the early or late fetal demise group had similar profiles of angiogenic/anti-angiogenic factor concentrations. We tried to address this potential problem by comparing plasma angiogenic/anti-angiogenic concentrations between cases of fetal death that occurred before 24 or 28 weeks of gestation and controls and could not demonstrate a statistically significant difference between the two groups. However, we acknowledge that we have a small sample size (n=3)and 4, respectively), and the small number of repeat measurements for each patient were obtained before 24 or 28 weeks of gestation. It is possible that we do not have the statistical power to detect a difference. However, we have demonstrated that patients destined to have a fetal death (preterm and term) had a different profile of maternal angiogenic/anti-angiogenic factors from that of women with normal pregnancies. Since the mechanisms leading to a fetal death in the second and third trimester may be different [8,116], one would expect that the gestational age at which the fetal death was diagnosed might influence the maternal profile of angiogenic and antiangiogenic factors. A larger study that is specifically designed to address this question is necessary; yet the low prevalence of fetal death in the general obstetric population makes this a challenge. It could also be argued that the observed higher PIGF concentrations in women destined to have a fetal death than those in the control group could result from undetectable concentrations of PIGF in the controls in the first trimester. We have replaced these values with 99% of the smallest non-zero concentration observed in the entire dataset. This was done to reduce the chance of type I error for this observation. The development of more sensitive assays for PIGF should address this problem, and we will be in a position to employ such assays in the near future.

Conclusions

(1) Patients destined to have a fetal death have higher maternal plasma concentrations of PIGF and lower plasma concentrations of sVEGFR-1 and sEng in the first trimester than women destined to have a normal pregnancy; (2) In contrast, during the second and third trimesters, patients destined to have a fetal death have higher plasma concentrations of sVEGFR-1 and sEng, but lower plasma PIGF concentrations than that of women destined to have a normal pregnancy; (3) Changes in maternal plasma concentrations of these angiogenic/anti-angiogenic factors, especially in the first trimester, are different from those we have previously reported in patients destined to develop preeclampsia or SGA. The mechanisms responsible for the occurrence of a fetal death may be operational in the first trimester of pregnancy. This has important implications because it requires a major emphasis on the organisation of prenatal care so that we can focus on the study of biological markers of disease and interventions in early pregnancy.

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