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Original article

Cost analysis: treatment of chemotherapy-induced anemia with erythropoiesis-stimulating agents in five European countries

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Abstract

Objective:

Cost-analysis comparing darbepoetin-alfa (DARB), epoetin-alfa (EPO-A), and epoetin-beta (EPO-B) for treatment of chemotherapy-induced anemia in Belgium concluded that costs for DARB-treated patients were significantly lower than costs for EPO-A- or EPO-B-treated patients. The objective of the present study was to extend the Belgian analysis to Austria, France, Italy, Portugal, and Spain, estimating differences in costs between erythropoiesis-stimulating agents (ESAs) in each country.

Methods:

Differences in epidemiology and treatment patterns between countries were adjusted using data from Eurostat, national cancer registries, IMS sales data, and reimbursement and treatment guidelines. Belgian unit costs were replaced with country-specific costs. Costs were analyzed using a mixed-effects model stratifying for propensity score quintiles.

Results:

All populations were comparable to the Belgian population in terms of age, gender, ESA, and blood transfusions use. After adjusting for country-specific chemotherapy use and cancer incidence, total management costs per patient (Euro, 2010) were 19–26% (France, Spain) lower with DARB compared with EPO-A ($p < 0.0001$) and 20–36% (Portugal, Austria) compared with EPO-B ($p < 0.01$). Anemia-related costs with DARB were between 12% (Portugal; $p = 0.0235$) and 38% (Italy; $p < 0.0001$) lower compared with EPO-A ($p < 0.01$; all remaining countries), and between 13% (Austria; $p = 0.064$) and 19% (Portugal; $p = 0.0028$) lower compared with EPO-B ($p < 0.05$; all remaining countries except Italy; $p = 0.0935$).

Limitations:

Not all differences could be accounted for by a lack of country-specific data; however, the potential under- and over-estimation of costs should be similar for all three ESAs.

Conclusions:

These findings are in line with the Belgian analysis. In all countries, total and anemia-related costs were lowest in patients receiving DARB vs EPO-A or EPO-B. This study demonstrates the feasibility of adapting real-life country-specific data to other settings, adjusting for differences in patients' characteristics and treatment strategies. These findings should be valuable in healthcare decision-making in oncology patients treated in each of the countries studied.

Introduction

In patients with cancer, studies have shown that chemotherapy-induced anemia (CIA) and the associated fatigue have a large negative impact on patients' daily lives^{1–4}. Erythropoiesis-stimulating agents (ESAs) are used in the treatment of CIA, with the goal of correcting inadequate hemoglobin (Hb) levels and, as

indicated by the European Organization for Research and Treatment of Cancer (EORTC) guidelines in anemic patients with cancer, to improve quality-of-life (QoL)⁵ and reduce the need for red blood cells (RBC) transfusions⁶. Improvements in fatigue have been observed in patients treated with ESAs⁷. By improving the patient's QoL (secondary to corrected Hb), treatment with ESAs may allow patients to receive the correct treatment doses of chemotherapy in a more timely fashion than patients who remain anemic^{8–10}. ESAs used for the management of anemia in patients with cancer include darbepoetin alfa (DARB), epoetin alfa (EPO-A), and epoetin beta (EPO-B).

Given the substantial financial burden associated with the treatment of patients with cancer, there is general interest in understanding the cost of treating CIA and any potential cost savings that could be achieved by using one ESA compared with another. A recent example of this was published in 2008, where Spaepen *et al.*¹¹ reported the results of a health economic evaluation comparing costs and outcomes of DARB, EPO-A, and EPO-B for the management of CIA in Belgium. The authors concluded that, for propensity score-matched patient profiles, anemia-related treatment costs with DARB were ~20% lower compared with EPO-A or EPO-B from the health-care payer perspective. The evidence suggested that patients treated with DARB required proportionately less ESAs due to shorter treatment duration than patients treated with either EPO-A or EPO-B to achieve similar outcomes. The investigators applied propensity score matching using 13 epidemiology and treatment pattern-related variables to adjust for selection bias. Propensity score matching is an established method employed to calculate unbiased estimates of treatment effects, and is often used in conjunction with observational retrospective data^{12–14}. Only longitudinal, detailed, patient-level datasets allow for application of this methodology.

The Belgian analysis was performed using the IMS Hospital Disease Database (IMS HDD) (data from 2003–2005), which is a longitudinal database containing individual patient/admission-level data on diagnoses, procedures, and pharmaceutical products¹¹. This database is unique to Belgium, and includes information on 46 out of 110 hospitals representing 34% of the day-clinic visits and hospital beds in Belgium. As ESAs can only be dispensed by the hospital pharmacy (including outpatient/ambulatory use), all ESA use in patients with cancer was captured. In terms of the completeness and level of detail reported, IMS HDD is comparable to the General Practice Research Database (GPRD) in the UK¹⁵, although the GPRD focuses on primary care and IMS HDD on secondary care.

The objective of the present study was to extend the Belgian study to Austria, France, Italy, Portugal, and Spain in order to compare the cost of chemotherapy-induced

anemia per patient treated with DARB to the cost per patient treated with EPO-A or EPO-B in each country. The recommended methodology of adjusting for baseline characteristics using propensity score matching was applied.

Methods

During February–March 2010, a search was performed among the web pages of country-specific health authorities, international and local cancer registries, and local experts to identify longitudinal databases reporting patient-level data on diagnosis, drug use, and costs in secondary care in Austria, France, Italy, Portugal, and Spain. The following selection criteria were used: patient age and gender, cancer type and stage, longitudinal follow-up of at least 1 year, anemia-related clinical events, drug and other healthcare resource use and costs. No databases with the same characteristics as the IMS HDD could be identified. This is consistent with the evidence of the database index managed by the International Society of Pharmacoeconomics and Outcomes Research (ISPOR)¹⁶. An alternative approach had to be undertaken. In accordance with the indirect standardization method described by Kirkwood and Sterne¹⁷, by which demographic and epidemiological rates from a standard population are applied to the population under study, the Belgian data was applied to the setting of a country of interest, and differences in costs between ESAs within the different countries were evaluated.

To use the Belgian dataset, the comparability between the five country populations of interest and the Belgian population had to be established. The initial patient sample included a total of 2513 patients (Table 1) (patient selection described in Spaepen *et al.*¹¹). Belgian costs were replaced by country-specific unit costs. Discrepancies in demographics, epidemiology, and treatment patterns were examined. The demographic and epidemiological parameters considered were general population statistics, incidence, and distribution of cancer types. The treatment pattern factors included use of ESAs, use of blood transfusions, and use of chemotherapy. The selection of the parameters was based on variables that had an impact on results in the original analysis¹¹.

Country-specific unit costs

To account for the differences in the cost of pharmaceutical products, Belgian costs per unit were replaced at the individual product level within the original dataset with local costs for Austria, France, Italy, Portugal, and Spain^{18–21}. For other healthcare expenditure (including fixed fees for therapy administration, other procedures, and costs of hospitalization) the relative distributions of

Table 1. Analysis overview.

1	<i>Initial patient sample</i> IMS Hospital Disease Database, January 2003–June 2005 Cancer patients, receiving chemotherapy and ESA DARB (<i>n</i> = 539); EPO-A (<i>n</i> = 1594), EPO-B (<i>n</i> = 380)	
2	<i>Propensity score matching</i> DARB (<i>n</i> = 429); EPO-A (<i>n</i> = 1584), EPO-B (<i>n</i> = 380)	
3	<i>Country-specific costs</i> On propensity scores matched patients, replace Belgian costs with country-specific costs: • Drug costs (replace unit cost) • Procedures cost (replace on APR-DRG level) • Hospitalization cost (calculate APR-DRG country-specific day-cost and multiply with length of stay)	
4	<i>Population weights</i> Adjust on country-specific chemotherapy use and cancer incidence using sample weighting: Chemotherapy use: • On molecule level, assess the national ratio of sales in each country vs Belgium. • Average of molecule ratios per patient is 'chemotherapy weight'. • The higher the ratio, the higher the patient uses country-specific chemotherapy, the more weight the patient receives Cancer incidence: • For four major cancer types (breast, lung, ovarian, hematologic) assess the ratio of the incidence of each country vs Belgium. • The higher the ratio, the higher the patient has a country-specific cancer, the more weight the patient receives.	
5	<i>Final weighting</i> 1. Final weight: Chemotherapy weight × Cancer weight 2. Final normalized weight: Final weight adjusted for sample size per group (sum of weights has to equal sample size per treatment arm)	

these costs in the Belgian All Patient Refined-Diagnosis Related Groups (APR-DRG) costs dataset were estimated per APR-DRG. It should be noted that, in the database, both hospital and day clinic costs were captured, meaning that all therapies administered during a full hospitalization are captured, as are therapies administered at the day clinic. In Belgium, the latter includes ESAs and intravenous chemotherapy (i.e. ambulatory chemotherapy dispensed by the hospital pharmacy). Costs were then imputed for the five countries of interest by replacing the specific Belgian cost with the local costs based on the local DRG and fee system, and by applying the relative distribution of costs of the Belgian dataset to the country-specific DRGs. DRGs were combined wherever needed, to correctly replace a Belgian APR-DRG for the latest year available^{22–26}. Given that in France the dispensing of ESAs is divided between the hospital (14%) and the retail pharmacy setting (86%)²⁶, the costs were estimated as a weighted average of the hospital and retail costs to account for the delivery of ESA products in both settings in France.

Demographics and epidemiology

Statistics on gender and age distribution of the general population were derived from Eurostat, which provides harmonized statistical information across the member states of the European Union²⁷. Country-specific sources were used to estimate the incidence of the different cancer types. Local sources were selected over international

cancer registries as it was expected these would report more detailed and up-to-date information. The most recent epidemiological data available were derived from national cancer and public health registries for Belgium (2006)²⁸, Austria (2007)²⁹, France (2005)³⁰, Italy (2006)³¹, Portugal (2001)³², and Spain (2008)³³, and were classified according to the International Classification of Diseases, 10th Revision (ICD-10)³⁴. Four cancer types with significant differences between the treatment populations in the original analysis were included: hematological cancers (i.e., including all forms of leukemia (except leukemic reticuloendotheliosis and plasma cell leukemia), lymphoma, multiple myeloma, and other neoplasms of lymphoid or lymphatic tissue), female breast cancer, lung cancer, and ovarian cancer¹¹. To account for the differences in cancer incidence in the populations of interest compared with Belgium, the relative weight of these cancers in each country compared with Belgium was used to adjust the original dataset.

Treatment patterns

It was anticipated that differences in treatment patterns of patients with cancer in the different countries could influence incidence of CIA as well as the mean estimated costs in the analysis. Therefore, information on the use and reimbursement of ESAs for the treatment of CIA was compared between Belgium and each country on the basis of local clinical guidelines^{18,35,36}. For the use of blood

transfusions, no country-specific guidelines were identified, therefore it was assumed that the EORTC guidelines are followed³⁷.

To account for the differences in chemotherapy regimens used, a ratio of the number of chemotherapy-units (milligrams) used per cancer patient in each country was established. Data on chemotherapy use was derived from the IMS Multinational Integrated Data Analysis System (MIDAS) Quantum (2009) for Belgium, Austria, France, Italy, and Spain to adjust the original dataset³⁸. As IMS MIDAS Quantum does not record information on hospital sales in Portugal, sales data were derived from the Catálogo de Aproveitamento Público da Saúde²⁰. The Anatomical Classification Guidelines of Pharmaceutical Products (2010)³⁹ was used to establish the anatomical therapeutic class (ATC) corresponding to chemotherapeutic agents. Within section [L - Antineoplastic and Immunomodulating Agents] sub-sections L01 (Antineoplastics) and L02 (Cytostatic Hormone Therapy) were considered. A ratio of total annual chemotherapy consumption (in milligrams) per molecule (e.g., Austria vs Belgium) was calculated for all molecules of the L01 and L02 classes. These ratios were then used as relative weights in the Belgian dataset.

Analysis overview

Adjusting for country-specific chemotherapy use and cancer incidence, differences in total healthcare costs and anemia-related costs among the three ESAs were tested using a hierarchical mixed-effects model stratifying for propensity score quintiles, as described in Spaepen *et al.*¹¹. Total management costs (Euro, 2010) included the cost of pharmaceuticals (e.g., ESAs and chemotherapy costs), cost of procedures (e.g., chemotherapy administration), and the daily inpatient hospitalization cost (based on DRG costs, as described above). Anemia-related costs included the cost of ESAs, blood transfusions, and any other costs incurred during an admission for anemia, and were a sub-set of the total management costs. An overall normalized weight (including the cancer incidence ratio per country and the average chemotherapy consumption in milligrams per molecule per country) was calculated. This weighing was added to the existing propensity score matching¹¹, which allowed for the set-up of the original analysis to be maintained, so that the country-specific results could be compared with the Belgian data.

Statistical analyses

Statistical methods were as described in the original publication¹¹. In brief, propensity score-corrected costs were analyzed in a hierarchical mixed-effects model, with the

propensity quintiles included as random effects (for treatment selection bias correction) and the three study groups (DARB, EPO-A, and EPO-B) included as fixed effects. The 13 variables used to calculate the propensity scores were: age >65 years, male sex, platinum therapy, intravenous iron use at index stay, RBC transfusion at index stay, severity index at index stay, lung cancer, breast/ovarian cancer, hematological cancer, other metastatic cancer, months on chemotherapy (index stay to end of treatment), hospital transfusion rate (proxy of hospital transfusion policy), and death within 1 month after the index stay. The weighted, least squares estimated mean and standard error (SE) of the mean of the costs were calculated per study group for each cost of interest (cost of other pharmaceuticals, ESA cost, inpatient hospitalization cost, cost of procedures, total anemia cost, and total management cost). From these models, estimates of the differences in costs between the three study groups were calculated. For each estimate, the mean and SE are presented. For differences between study groups, *p*-values and 95% confidence intervals (CI) are also presented. All statistical analyses were performed with SAS V8.2 (The SAS Institute, Carey, NC).

Results

The general demographic country profile revealed broad similarities between the countries analyzed and Belgium in terms of average age and gender distribution, and overall cancer incidence, as shown in Table 2. Nevertheless, as the incidence of hematologic cancers, female breast cancer, lung cancer, and ovarian cancer were four of the parameters included in the propensity score matching in the original analysis¹¹, ratios on the incidence of these cancer types in each one of the countries compared to Belgium were used to adjust the population of the original publication and reflect country-specific characteristics. These ratios are presented in Table 3. No major differences were identified regarding the reimbursement of ESAs in the different countries, which were consistently found to be in line with the requirements cited in the summary of product characteristics for ESAs. After matching, the study included a total of 2393 patients (DARB, *n* = 429; EPO-A, *n* = 1584; EPO-B, *n* = 380).

In the chemotherapy use analysis, Antineoplastics (ATC class L01) represented the majority of the Antineoplastic and Immunomodulating Agents sold, compared with Cytostatic Hormone Therapy (ATC class L02) in Belgium (97.01%), Austria (95.65%), France (96.97%), Italy (94.37%), and Spain (93.93%). In Portugal, Cytostatic Hormone Therapy represented 57.19% of the chemotherapy sales.

Table 2. Epidemiology and demographic profiles.

		Belgium	Austria	France	Italy	Portugal	Spain
Total population, <i>n</i>	Females	5,442,557	4,269,959	30,082,766	30,669,537	5,358,646	22,921,983
	Males	5,224,309	4,048,633	32,047,441	28,949,747	5,080,268	22,355,470
	Total	10,666,866	8,318,592	62,130,207	59,619,284	10,438,914	45,277,453
% of total population	Females	51.02%	51.33%	51.58%	51.44%	51.33%	50.63%
	Males	48.98%	48.67%	48.42%	48.56%	48.67%	49.37%
	Total	100%	100%	100%	100%	100%	100%
Average age, years	Females	42.00	42.46	41.47	44.49	41.33	42.05
	Males	39.39	39.48	38.47	41.43	38.93	39.38
	Total	40.72	41.01	40.02	43.00	40.16	40.73
Total cancer incidence	Females	25,166	17,307	111,376	121,966	14,544	111,297
	Males	30,501	19,916	154,749	154,994	17,511	160,755
	Total	55,667	37,223	266,125	276,960	32,055	272,052
% of population with cancer	Females	0.46%	0.41%	0.35%	0.40%	0.27%	0.49%
	Males	0.58%	0.49%	0.51%	0.54%	0.34%	0.72%
	Total	0.52%	0.45%	0.43%	0.46%	0.31%	0.60%

Table 3. Cancer incidence ratios*.

	Austria	France	Italy	Portugal	Spain
Hematological cancers	0.6377	1.1458	1.1823	0.5964	1.2094
Female breast cancer	0.5102	1.1852	0.7966	0.4820	0.5654
Lung cancer	0.5618	0.8939	1.0476	0.3422	0.6716
Ovarian cancer	0.7787	1.0402	1.0555	0.7149	0.9589

*Country 'x' over Belgium.

Country-specific costs

After adjusting for country-specific chemotherapy use and cancer incidence, total mean management costs of patients treated with DARB ranged between €7275 (Portugal) and €10,546 (Italy), costs of patients treated with EPO-A between €9270 (Portugal) and €14,063 (Italy), and costs of patients treated with EPO-B between €9057 (Portugal) and €13,776 (Austria) (Table 4). Anemia-related costs with DARB were between 12% (Portugal; $p=0.0235$) and 38% (Italy; $p<0.0001$) lower compared with EPO-A ($p<0.01$; all remaining countries), and between 13% (Austria; $p=0.0640$) and 19% (Portugal; $p=0.0028$) lower compared with EPO-B ($p<0.05$; all remaining countries except Italy). ESA costs were lower for patients treated with DARB compared with EPO-A ($p<0.01$; all countries) or EPO-B ($p<0.05$; all countries except Austria) (Table 4). The cost of ESA treatment was numerically lower with DARB compared with EPO-A or EPO-B, and the costs of other pharmaceutical products and the costs of procedures were consistently numerically lower across countries (Figure 1). Differences between treatment arms and countries are summarized in Table 5.

As the original analysis concluded that the differences in costs between ESAs may have been due to the shorter

treatment duration with DARB compared with EPO-A and EPO-B, the impact of country-specific adjustments on this variable has been examined in the current analysis and results are presented in Table 6. DARB remains associated with shorter treatment duration across countries ($p<0.01$ vs EPO-A and EPO-B; all countries), although the absolute number of days varies by country due to different patient population weighing for each country. Mean treatment duration ranged from 40.63 days in Spain to 45.95 days in Portugal for DARB, from 53.34 days in Italy to 56.85 days in Portugal for EPO-A, and from 52.39 days in Spain to 56.19 days in Portugal for EPO-B (Table 6). Country-adjustment for population weighing had a similar impact on length of hospitalization, chemotherapy admissions, and blood transfusion use.

Discussion

The results of the current analysis showed similar findings in Austria, France, Italy, Portugal, and Spain compared with those reported by Spaepen *et al.*¹¹ for Belgium: treatment of CIA is less costly with DARB compared with EPO-A and EPO-B both at the overall treatment cost level and the anemia-related cost level. While the reasons for lower costs in the DARB group are beyond the scope of

Table 4. Mean (SE) total costs and anemia-related costs (including ESAs).

	Austria			France			Italy			Portugal			Spain		
	DARB (n = 429)	EPO-A (n = 1584)	EPO-B (n = 380)	DARB (n = 429)	EPO-A (n = 1584)	EPO-B (n = 380)	DARB (n = 429)	EPO-A (n = 1584)	EPO-B (n = 380)	DARB (n = 429)	EPO-A (n = 1584)	EPO-B (n = 380)	DARB (n = 429)	EPO-A (n = 1584)	EPO-B (n = 380)
Total management cost, €	8825 (SE 970)	11,693 (SE 871**)	13,776 (SE 997**)	7893 (SE 738)	9779 (SE 652**)	9903 (SE 755**)	10,546 (SE 873)	14,063 (SE 745**)	13,274 (SE 910**)	7275 (SE 759)	9270 (SE 677**)	9057 (SE 775**)	7747 (SE 739)	10,466 (SE 644**)	9723 (SE 761**)
Total anemia cost, €	2585 (SE 154)	3102 (SE 99**)	2969 (SE 166)	2225 (SE 142)	2916 (SE 79**)	2656 (SE 152*)	3144 (SE 211)	5049 (SE 119**)	3656 (SE 230)	2153 (SE 117)	2446 (SE 63*)	2654 (SE 124**)	2378 (SE 143)	3349 (SE 75**)	2857 (SE 153*)
ESA cost, €	1966 (SE 112)	2319 (SE 71**)	2259 (SE 121)	1689 (SE 99)	2193 (SE 52**)	2170 (SE 106**)	2475 (SE 187)	4241 (SE 115**)	3115 (SE 203*)	1659 (SE 105)	1944 (SE 71**)	2340 (SE 111**)	1827 (SE 112)	2675 (SE 59**)	2348 (SE 120**)

*Statistically significant differences compared with DARB ($p < 0.05$); **Statistically significant differences compared with DARB ($p < 0.01$).

this analysis, it has been previously suggested that shorter treatment duration of DARB compared with other ESAs may be a major contributing factor^{11,40}. Variables, where statistically significant differences were found when comparing EPO-A or EPO-B to DARB in the Belgian population, were still found to be significantly different in the studied countries (e.g., treatment duration, length of hospitalization, and admissions for chemotherapy).

Previous research demonstrates that clinical characteristics of patients, such as baseline Hb level, are likely to influence the choice of ESAs as well as dosing and costs. In line with the ISPOR checklist for Retrospective Databases Studies⁴¹, Polsky *et al.*⁴² highlighted the importance of analytical methods, such as propensity score matching, to adjust for patients' selection bias when comparing costs on observational patient-level data. The analysis by Polsky *et al.*⁴² was based on electronic medical records in two US databases and compared the cost of treatment of CIA with DARB and EPO-A. The study highlighted the importance of matching patients' characteristics at baseline, and showed that the number of statistically significant parameters in the analysis was reduced by 83% when adjustments for Hb level were made. Polsky *et al.*⁴² concluded that the cost of treatment with EPO-A was significantly higher than treatment with DARB when adjustments for baseline characteristics were made. These findings highlighted the importance of propensity score matching and were in line with the results obtained by Spaepen *et al.*¹¹, which are extended here for Austria, France, Italy, Portugal, and Spain, showing that costs of treatment with DARB are lower compared with EPO-A or EPO-B.

In this study, a search was performed to identify longitudinal databases reporting patient-level data in Austria, France, Italy, Portugal, and Spain. As this search did not identify databases in the countries of interest that would enable propensity-score matching analysis, the dataset from the original Belgian analysis was used. Adjustments were made to the dataset to estimate the costs of treatment of CIA in Austria, France, Italy, Portugal, and Spain, while allowing for the use of propensity-score matched dataset. Demographic profiles, as well as treatment and reimbursement guidelines, were found similar across the countries, supporting the transferability of the Belgian data to the countries of interest. Four tumor types where significant differences between the three treatment arms had been identified in the original analysis were included. Both cancer incidence and chemotherapy use influence the occurrence of chemotherapy-induced anemia and associated costs. By correcting for chemotherapy use and incidence of the four selected tumors types, adjustments were made for some of the treatment practice differences that may exist between the studied countries. The impact of the adjustments has been demonstrated on several key cost

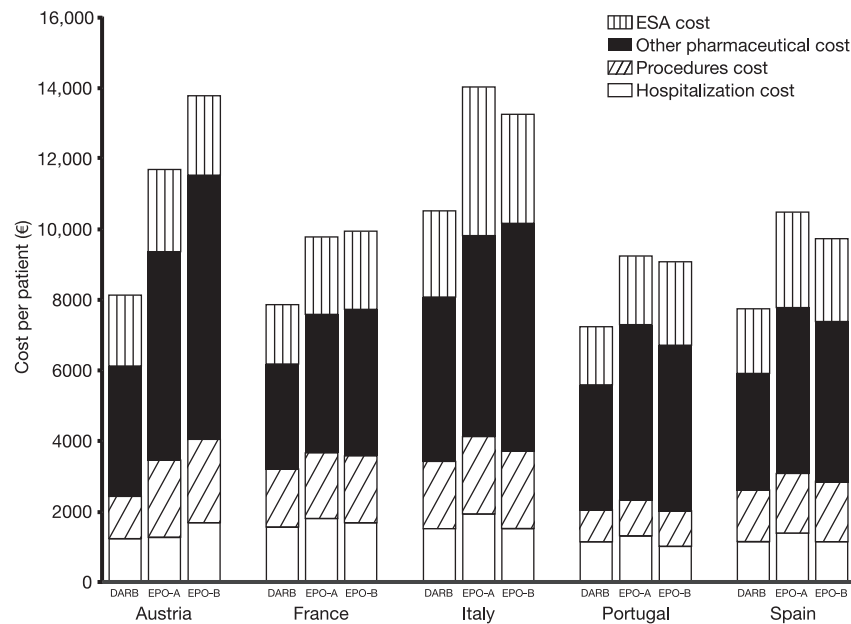


Figure 1. Mean total management costs of patients treated with ESAs.

Table 5. Comparison of total management costs and anemia-related costs between DARB and EPO-A or EPO-B per country.

	Austria	France	Italy	Portugal	Spain
% difference in mean total management costs					
DARB vs EPO-A	–25% ($p < 0.0001$) [95% CI 1749, 3988]	–19% ($p < 0.0001$) [95% CI 991, 2781]	–25% ($p < 0.0001$) [95% CI 2321, 4713]	–22% ($p < 0.0001$) [95% CI 1106, 2884]	–26% ($p < 0.0001$) [95% CI 1774, 3664]
DARB vs EPO-B	–36% ($p < 0.0001$) [95% CI 3471, 6432]	–20% ($p = 0.0009$) [95% CI 823, 3196]	–21% ($p = 0.0008$) [95% CI 1137, 4318]	–20% ($p = 0.0028$) [95% CI 616, 2948]	–20% ($p = 0.0019$) [95% CI 731, 3222]
% difference in mean anemia-related costs					
DARB vs EPO-A	–17% ($p = 0.0011$) [95% CI 208, 826]	–24% ($p < 0.0001$) [95% CI 385, 996]	–38% ($p < 0.0001$) [95% CI 1450, 2359]	–12% ($p = 0.0235$) [95% CI 39, 545]	–29% ($p < 0.0001$) [95% CI 654, 1289]
DARB vs EPO-B	–13% ($p = 0.064$) [95% CI –22, 791]	–16% ($p = 0.0343$) [95% CI 32, 829]	–14% ($p = 0.0935$) [95% CI –86, 1109]	–19% ($p = 0.0028$) [95% CI 172, 828]	–17% ($p = 0.0226$) [95% CI 67, 890]

driver variables. Adjusted cost drivers varied among countries, supporting the feasibility of applying data from one country to another while adjusting for potential differences.

Retrospective databases can offer a number of advantages over prospective clinical trials when conducting outcomes research studies. Some of these include representativeness of the data in a real-life setting, reduced cost and faster access to data, and no reliance on protocol-driven events and resource use⁴³. However, with this in mind, it is important to consider the results of this analysis in light of the fact that no comparable databases (to Belgium) were identified in any of the countries of interest. It was not possible to account for all differences in CIA management, treatment protocols, and exact chemotherapy regimens used between Belgium and the other countries examined, which may lead to differences in management and treatment costs. Given that the choice of ESAs is not usually

driven by the chemotherapy regimen used, the potential under- or over-estimation of costs should be similar for all three ESAs; therefore, the impact on the overall study results should be minimal. Despite the correlation between cancer incidence and chemotherapy regimen, adjusting for cancer incidence only would be insufficient, as standard local practice could lead to differences in the chemotherapy molecules used.

Although adjustments were made based on cancer incidence and chemotherapy use, not all confounders could be accounted for due to a lack of data. Some of these include disease severity and disease-specific mortality, which could influence the results of this analysis. The guidelines on anemia treatment with DARB allow a treatment schedule of 500 µg Q3W (as opposed to 150 µg QW at the time of the study by Spaepen *et al.*¹¹)³⁷. Although the current analysis does not include patients receiving 500 µg Q3W, this was considered a conservative approach, since

Table 6. Impact of country-specific adjustments on cost drivers.

		Belgium	Austria	France	Italy	Portugal	Spain
Mean (SE) treatment duration, days	DARB (n = 429)	41.39 (SE 2.33)	42.98 (SE 2.67)	41.74 (SE 2.45)	42.73 (SE 2.33)	45.95 (SE 2.62)	40.63 (SE 2.39)
	EPO-A (n = 1584)	52.82 (SE 1.28**)	54.72 (SE 1.81**)	53.57 (SE 1.42**)	53.34 (SE 1.22**)	56.85 (SE 1.35**)	53.59 (SE 1.25**)
	EPO-B (n = 380)	53.22 (SE 2.47**)	53.62 (SE 2.85**)	52.72 (SE 2.59**)	53.16 (SE 2.49**)	56.19 (SE 2.75**)	52.39 (SE 2.54**)
Mean (SE) length of hospitalization, days	DARB (n = 429)	6.79 (SE 2.42)	5.91 (SE 2.71)	6.55 (SE 2.66)	6.52 (SE 2.87)	7.34 (SE 2.79)	6.58 (SE 2.54)
	EPO-A (n = 1584)	9.59 (SE 2.33**)	9.35 (SE 2.63**)	9.72 (SE 2.57**)	10.44 (SE 2.78**)	10.57 (SE 2.69**)	10.39 (SE 2.43**)
	EPO-B (n = 380)	9.05 (SE 2.44)	7.82 (SE 2.74)	8.40 (SE 2.68)	8.22 (SE 2.89)	8.19 (SE 2.81)	8.05 (SE 2.56)
Mean (SE) % chemotherapy admissions, % of total	DARB (n = 429)	9.1 (SE 0.2)	9.3 (SE 0.2)	9.1 (SE 0.2)	9.0 (SE 0.2)	0.9 (SE 0.2)	9.2 (SE 0.2)
	EPO-A (n = 1584)	10.0 (SE 0.2**)	10.0 (SE 0.2**)	10.1 (SE 0.2**)	10.1 (SE 0.2**)	10.0 (SE 0.2**)	10.1 (SE 0.1**)
	EPO-B (n = 380)	10.1 (SE 0.2**)	9.5 (SE 0.2)	10.1 (SE 0.3**)	9.9 (SE 0.2**)	10.1 (SE 0.3**)	10.0 (SE 0.2**)
Mean (SE) % patients with RBC transfusion	DARB (n = 429)	37.5 (SE 3.5)	36.3 (SE 3.5)	36.5 (SE 3.2)	37.8 (SE 3.1)	42.9 (SE 2.4)	39.6 (SE 3.1)
	EPO-A (n = 1584)	39.9 (SE 2.9)	40.9 (SE 2.9)	41.8 (SE 2.5*)	43.0 (SE 2.3)	43.6 (SE 1.3)	44.4 (SE 2.3)
	EPO-B (n = 380)	34.7 (SE 3.6)	33.8 (SE 3.6)	32.6 (SE 3.3)	31.7 (SE 3.2)	30.3 (SE 2.5**)	33.9 (SE 3.2)

RBC, Red Blood Cell; *Statistically significant differences compared with DARB ($p < 0.05$); **Statistically significant differences compared with DARB ($p < 0.01$).

capturing the lower frequency of administration would probably imply greater cost savings for DARB due to, for example, fewer visits to physicians.

Overall, the methodology implemented in this study allowed extending the Belgian analysis to Austria, France, Italy, Portugal, and Spain. Further research should explore the applicability of this methodology to different treatment options or procedures in other disease areas and other countries.

Conclusions

Strong similarities were found between the Belgian, Austrian, Italian, French, Portuguese, and Spanish populations in terms of demographics (age and gender profile), while differences in the incidence of four specific tumor types and chemotherapy regimens used were found. After adjusting for patient baseline characteristics and country differences, mean total costs with DARB were 19–35% lower compared with EPO-A and EPO-B. Mean anemia-related costs were 12–37% lower for patients receiving DARB compared with those receiving EPO-A or EPO-B. The findings are in line with those from the Belgian analysis and demonstrate the feasibility of using this methodology to adapt such data to other settings, accounting for patient characteristics and treatment costs where needed. These findings should, therefore, be valuable in healthcare

decision-making in oncology patients being treated in each one of the five countries studied. The lack of granular, patient-level data in Europe that would allow for application of methods that address patient selection bias should be acknowledged. Further research examining the feasibility of the proposed methodology in another disease is warranted.

Transparency

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Declaration of financial/other relationships

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